



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, October 20, 2024 *Twenty-second Sunday after Pentecost*

10 am



*christianity.com*

### Weekly Services

Sunday, 8:00 am	Holy Eucharist Rite I, spoken
Sunday, 10:00 am	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 pm	La Santa Misa, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

<b>The Rev. Charles R. Cowherd</b> , Rector (x12)	<a href="mailto:priest@saint-timothys.org">priest@saint-timothys.org</a>
<b>The Rev. Mario Meléndez</b> , Associate Rector (x11)	<a href="mailto:mario@saint-timothys.org">mario@saint-timothys.org</a>
<b>The Rev. Brad Rundlett</b> , Rector Emeritus	
<b>Ms. Ellie Singer</b> , Seminarian	<a href="mailto:esinger@vts.edu">esinger@vts.edu</a>
<b>Deb Angerman</b> , Bookkeeper (x13)	<a href="mailto:bookkeeper@saint-timothys.org">bookkeeper@saint-timothys.org</a>
<b>Julio Cuellar</b> , Latino Service Musician	<a href="mailto:juliocuellarmusic@yahoo.com">juliocuellarmusic@yahoo.com</a>
<b>Todd Grivetti</b> , Organist/Choirmaster (x16)	<a href="mailto:music@saint-timothys.org">music@saint-timothys.org</a>
<b>Allyson Showalter</b> , Preschool Director (x14)	<a href="mailto:sttimothypreschool432@gmail.com">sttimothypreschool432@gmail.com</a>
<b>Debbie Stolar</b> , Parish Administrator (x10)	<a href="mailto:office@saint-timothys.org">office@saint-timothys.org</a>

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST The Word of God

### Prelude

*Andante Religioso*  
*At the tolling of the bell, all stand*

Felix Mendelssohn  
(Laura Henderson, organist)

### Opening Hymn (477)

*All Praise to Thee*

Engelberg

### Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### Gloria (S 202 v 1-3, 8-9)

*Glory be to God*

Healey Willan

### Opening Collect (BCP 235) - *Children may head downstairs after this reading.*

Celebrant: Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Book of Job 38:1-7

The Lord answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me.

"Where were you when I laid the foundation of the earth? Tell me, if you have understanding.

Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy?

Reader: The Word of the Lord.

People: **Thanks be to God.**

### Psalm 104:1-9, 25

Robert Knox Kennedy

*Move to the next note of the chant on the underlined text.*



1 Bless the Lord, O my soul; \*

O Lord my God, how excellent is your greatness!  
you are clothed with majesty and splendor.

2 You wrap yourself with light as with a cloak \*

and spread out the heavens like a curtain.

3 You lay the beams of your chambers in the waters above; \*

you make the clouds your chariot; you ride on the wings of the wind.

4 You make the winds your messengers \*

and flames of fire your servants.

5 You have set the earth upon its foundations, \*

so that it never shall move at any time.

6 You covered it with the Deep as with a mantle; \*

the waters stood higher than the mountains.

7 At your rebuke they fled; \*

at the voice of your thunder they hastened away.

8 They went up into the hills and down to the valleys beneath, \*  
to the places you had appointed for them.

9 You set the limits that they should not pass; \*  
they shall not again cover the earth.

25 O Lord, how manifold are your works! \*  
in wisdom you have made them all;  
the earth is full of your creatures. Hallelujah!

### **A Reading from Hebrews 5:1-10**

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honor, but takes it only when called by God, just as Aaron was. So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, “You are my Son, today I have begotten you” as he says also in another place, “You are a priest forever, according to the order of Melchizedek.” In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

**Sequence Hymn (660)**

*O Master, Let Me Walk with Thee*

Maryton

### **Holy Gospel: Mark 10:35-45**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

James and John, the sons of Zebedee, came forward to Jesus and said to him, “Teacher, we want you to do for us whatever we ask of you.” And he said to them, “What is it you want me to do for you?” And they said to him, “Grant us to sit, one at your right hand and one at your left, in your

glory.” But Jesus said to them, “You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?” They replied, “We are able.” Then Jesus said to them, “The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared. When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, “You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

## Sermon

Ellie Singer

*Please stand as you are able.*

### The Nicene Creed (BCP 358)

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form II (BCP 385)**

I ask your prayers for God's people throughout the world; for Michael, Our Bishop, for Sean, our Presiding Bishop Elect, for Mark, our Diocesan Bishop, for Charles and Mario; for this gathering; and for all ministers and people Pray for the church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him.

*Silence*

I ask your prayers for the families of the departed. Pray for the families of who have died.

*Silence*

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

*Silence*

Celebrant: Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

## Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

**All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

## Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

*Please stand.*

## The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

## Welcome, Announcements, & Stewardship Moment

### Offertory Sentence

### The Offering

### Choral Anthem

*"Bless the Lord, My Soul"*

Bach/Hopson

1. Bless the Lord, my soul; Bless His holy name,  
All within me bless and praise His name  
forevermore.  
He forgives all wrong; saving health bestows.  
He redeems my life from death, His love is ever sure.
2. Praise the Righteous Lord. He brings hope, and  
justice;  
He brings hope to all. The Lord brings hope.  
The cry of the oppressed He hears. His power is  
just,  
His love is ever sure.
3. Bless, bless the Lord forever. All within me bless His name.  
As the heavens are high above the earth,  
So His love is forever sure.  
Bless His holy name.

*Please stand as able.*

**Presentation Hymn (11 v4)** *Praise God, From Whom All Blessings Flow*

Morning Hymn

## **Holy Communion – Eucharistic Prayer A (BCP 361)**

### **The Great Thanksgiving**

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

### **Sanctus (S 114)**

*Holy, Holy, Holy*

Healey Willan

*Please stand or kneel, as you are able.*

Celebrant: Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**All: Christ has died.  
Christ is risen.  
Christ will come again.**

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise



and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem (WLP 865)**

*Christ our Passover*

Thaddeus Cavuoti

**The Invitation (BCP 364)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Administration of Communion**

**Communion Hymn (602)**

*Jesu, Jesu, Fill Us With Your Love*

Chereponi

*Please stand or kneel, as you are able.*

**Postcommunion Prayer (BCP 366)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

**Closing Hymn (583)**

*O Holy City, Seen of God*

Morning Song

## Dismissal (BCP 366)

Celebrant: Let us bless the Lord.

People: **Thanks be to God.**

## Postlude

*Fugue in F Major*  
BWV 556

J.S. Bach

*Flowers are given by Jeanne Bennett  
In memory of my husband Guy William Bennett, III*

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## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Sandy

**Health:** Will LaWalt, Dick Joyce, Randy, Nellie, Beth Hwoschinsky, Margaret Bash (Marybeth Henry's mother), Betty Beard (lung cancer), Robert Bumbary (prostate cancer)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Susan Kruchten, Elizabeth Martinson, Ted Grivetti

## THIS WEEK at ST. TIMOTHY'S

### Sunday, October 20 – Stewardship Week III

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Adult Sunday Forum – Sanctuary/Livestream

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

2:00 PM Growing Hope in Democracy Event – Tree planting (Off-Site)

### Monday, October 21

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

### Tuesday, October 22

9:15 AM Staff Meeting – Conference Room

4:00 PM DanceWorx – Narthex

6:30 PM Scouts Troop 159

7:00 PM Vestry Meeting – Narthex

### Wednesday, October 23

3:30 PM Pre-School Scholastic Book Fair – Henry Hall

4:00 PM DanceWorx – Narthex

4:00 PM Pre-School Back to School Night – Henry Hall

7:30 PM SA Meeting

### Thursday, October 24

8:00 AM Pre-School Scholastic Book Fair – Henry Hall

7:00 PM Choir Rehearsal – Music Room

7:00 PM Debtors Anonymous

### Friday, October 25

8:00 AM Pre-School Scholastic Book Fair – Henry Hall

### Saturday, October 26 – Fall LINK Food Drive

(TBD) Pre-School Scholastic Book Fair – Henry Hall

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

## **THANK YOU:**

*To Our Church Family,*

*On behalf of Kerrie and myself, my brothers Tim and Greg and the entire Wilson family I would like to thank you all for the kind words and prayers at my Mom's passing.*

*I would especially like to thank Charles for allowing us to hold Mom's service at St. Tim's. Dottie Wilson was not a formal member of our church but always enjoyed attending special services for our families over the years. St. Timothy's is a special place and its members are special people.*

*Thank you. Rick Wilson*

## **LINK FALL FOOD DRIVE -Today!**

Members of the Service Ministry will be in the Narthex before and after services today to collect the food donation bags. We will also help carry bags from your car if you would like help. **We will continue to collect the bags the weekends of October 26<sup>th</sup> and 27<sup>th</sup>.**

## **TREE PLANTING #1 – Today! October 20, 2024, 2 pm**

Democracy in the United States of America is bigger than elections. It is a shared commitment to self-government, a respect for minority views, a trust in the institutions of local, state and national government, and a belief in the transcendent creed of the United States, that all people are created equal. However, elections stress these principles, because they inherently separate us into winners and losers. To overcome this tension, the United States depends upon rituals that reaffirm our shared commitments to the endeavor of democracy, to each other, and future generations.

**Growing Hope and Democracy: A Reston/Herndon Community Tree Planting** will bring together our entire community by planting a ceremonial tree to demonstrate our commitment to democracy, each other, and future generations. Event activities include both a Tree planting ceremony and Music & Readings. Together we will strengthen the ongoing fabric of our democracy, strengthen our commitment to one another, and bring hope to our local community. **Save the date: October 20, 2 pm, Haley M. Smith Park 324 Van Buren St. Herndon, VA 20170**

## **TREE PLANTING #2 – Sunday October 27, 2024, 11:30 am**

October 25<sup>th</sup> to October 28<sup>th</sup> is **Bird Sanctuary Planting Weekend!** This is a region-wide event sponsored by organizations including Plant NOVA Natives/Plant NOVA Trees, Northern Virginia Bird Alliance, Fairfax ReLeaf, McLean Trees Foundation, Fairfax Tree Stewards - plus other volunteers. St. Timothy's is fortunate to be receiving a tree to be planted on our campus during the previous week, on **Sunday October 27<sup>th</sup>** we will celebrate by planting it after our 10 AM Service! Look for details to follow.

## STEWARDSHIP SEASON CONTINUES!

Our Stewardship Campaign continues throughout the month of October, celebrating the shared gifts of time, talent and treasure in our St. Timothy's family. A letter was sent from the church asking you to fill out a pledge card for 2025. If you did not receive a pledge card, please contact the church office. You may mail or drop off your pledge cards to the church office at any time. **Giving statements for 2024 are also available at the back of the Narthex.**

## UPCOMING PRESCHOOL EVENTS

**Trunk or Treat, next Sunday, October 27.** Adults decorate cars and hand out treats from their trunks. Children dress in costumes and go car to car collecting candy. Registration forms are in the Narthex. Registration is extended to Wednesday, October 22.

**Scholastic Book Fair October 22-27.** The Book Fair will be open to the church during weekend services. Volunteers are needed to help staff the event. For more information, see the E-news or pick up a flyer in the Narthex.

## SONGS OF INSPIRATION & HOPE – Piano Concert by Todd Grivetti

Join us at St. Timothy's on **November 1<sup>st</sup> at 7:30 pm or view via livestream**, for a contemplative evening of hymn favorites and offer prayers for the Saints and the upcoming election.

**FROM TODD:** *I'm determined to exude JOY in 2024 and what better way than to be able to share this special evening with you. Are you anxious about the upcoming election? Have you lost someone that meant a lot to you in your life? Do you need some calm and peace in this hectic life of ours? If the answer to any of these questions is "YES," then I believe this is where you need to be on November 1 at 7:30 pm. Join me as I play some of my favorite arrangements of famous hymns, in the hopes of inspiring you and bringing you hope, joy, and peace. I hope to see you! Please share!*

## CHRISTMAS VILLAGE MARKET UPDATE

Tables are going fast for the Christmas Village Market! If you're looking for inspiration on how you can contribute to our 2024 church fundraiser on December 7th, check out the sign-up sheet in the Narthex for inspiration – can you sell something or lend your talents to other shop owners?

The deadline for sign-up is November 1st. Contact Janet Dopsovic: [jgdops@gmail.com](mailto:jgdops@gmail.com) with your questions.