



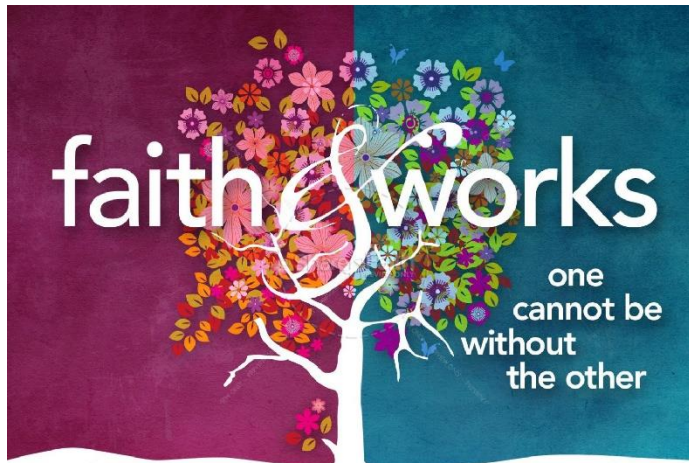
ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothis.org

Sunday, September 8, 2024

Sixteenth Sunday after Pentecost

10 a.m.



James 2:15-18

cornerstonependleton.com

Weekly Services

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken
(Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m. La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothis.org

The Rev. Mario Meléndez, Associate Rector (x11)

mario@saint-timothis.org

The Rev. Brad Rundlett, Rector Emeritus

Ms. Ellie Singer, Seminarian

esinger@vts.edu

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothis.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothis.org

Allyson Showalter, Preschool Director (x14)

sttimothispreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothis.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

*Dearest Jesus, We Are Here
At the tolling of the bell, all stand.*

J. S. Bach

Opening Hymn (412)

Earth and All Stars

Earth and All Stars

Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S 204

Glory be to God

Old Scottish Chant

Opening Collect (BCP 233) - *Children may head downstairs after this reading.*

Celebrant: Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

A Reading from Book of Proverbs 22:1-2, 8-9, 22-23

A good name is to be chosen rather than great riches,
and favour is better than silver or gold.

The rich and the poor have this in common:
the Lord is the maker of them all.

Whoever sows injustice will reap calamity,
and the rod of anger will fail.

Those who are generous are blessed,
for they share their bread with the poor.

Do not rob the poor because they are poor,
or crush the afflicted at the gate;

for the Lord pleads their cause
and despoils of life those who despoil them.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 125

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



1 Those who trust in the Lord are like Mount Zion, *
which cannot be moved, but stands fast for ever.

2 The hills stand about Jerusalem; *
so does the Lord stand round about his people, from this time forth for evermore.

3 The scepter of the wicked shall not hold sway over the land allotted to the just, *
so that the just shall not put their hands to evil.

4 Show your goodness O Lord, to those who are good *
and to those who are true of heart.

|| 5 As for those who turn aside to crooked ways,
the Lord will lead them away with the evildoers; *
but peace be upon Israel.

A Reading from James 2:1-10, 14-17

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn (603)

When Christ Was Lifted from the Sky

St. Botolph

Holy Gospel: Mark 7:24-37

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd,

and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Reverend Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and
peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its
resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ
in them, and love one another as he loves us.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage
and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be
fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

People: Hear our prayer.

The Celebrant adds a concluding Collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.
Amen.

Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

Go Ye Into All the World

Robert Wetzler

Go ye into all the world, and preach the Gospel to every creature.

Mark 16: 15

Please stand as able.

Presentation Hymn (43 v4) *Praise God, From Whom All Blessings Flow*

The Eighth Tune

Holy Communion - Eucharistic Prayer B (BCP 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (S 113)

Holy, Holy, Holy

John Merbecke

Please stand or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Prayer List:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Constance Willingham, Jill Reichow, Cameron Barr

Health: Ted Grivetti, Will LaWalt, Mark Thompson, Stephanie Mathias, Mary Perez, Mike Savage, Valerie Stucky, Mike Dropik, Dottie Wilson, Scott Moore, Linda Shutes

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Susan Kruchten, Elizabeth Martinson

THIS WEEK at ST. TIMOTHY'S

Sunday, September 8

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Adult Forum – Sanctuary/Livestream

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

Monday, September 9

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

7:30 PM Service Ministry Meeting – Conference Room

8:30 PM Monday Night Milkshake Group AA

Tuesday, September 10

4:00 PM DanceWorx - Narthex

6:30 PM Scouts Troop 159

Wednesday, September 11

1:45 PM Staff Meeting – Conference Room

4:00 PM DanceWorx - Narthex

7:30 PM SA Meeting

Thursday, September 12

7:00 PM Choir Rehearsal – Music Room

7:00 PM Debtors Anonymous

Friday, September 13

Shrine Mont Retreat Weekend

Saturday, September 7

Shrine Mont Retreat Weekend

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa - Sanctuary

FAITH FORMATION for ALL AGES -

(in the Sanctuary during the 9 am hour, also livestreamed)

TODAY - “You are the Church.” Our Ecumenical Round Table will again feature different members of our congregation sharing how they landed at St. Timothy's Episcopal Church. This year, we have invited our members who grew up on the continent of Africa to share their faith journey from their home country and church to Herndon!

Upcoming

Sunday September 29nd: “I am the Church.” In this final session, our Associate Rector, the Reverend Mario Melendez, will share with us the story of his spiritual journey. Come to learn more about how Mario's life has been a witness and testimony of his faith!

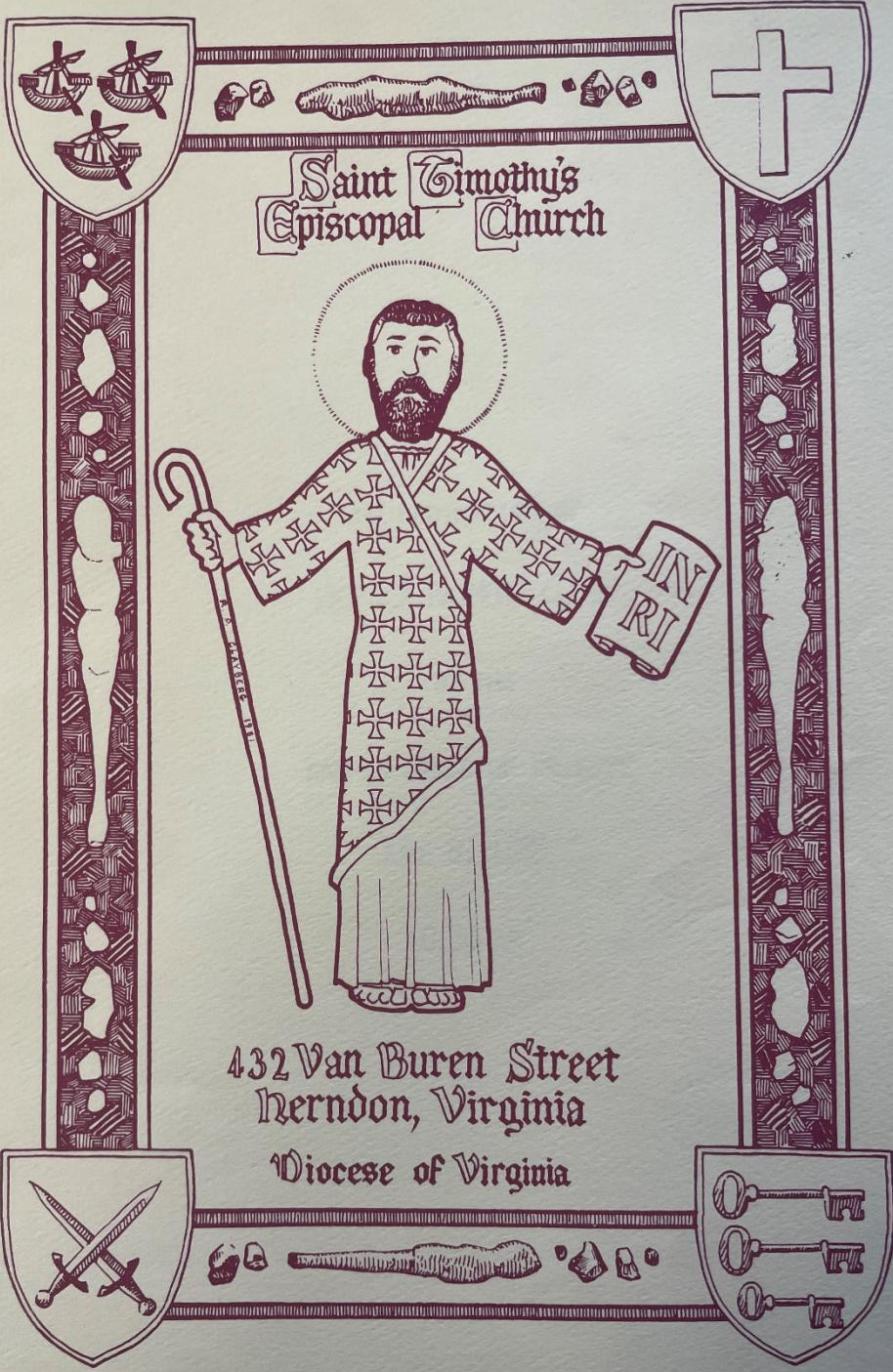
ST. TIMOTHY'S WELCOMES OUR NEW SEMINARIAN

Today we are excited to welcome to St. Timothy's our new seminarian from VTS. Be sure to welcome her and her husband Dan into the St. Tim's family.

A little about Ellie:

Ellen Singer is a Postulant for Holy Orders from the Episcopal Diocese of Texas. She is a second-year Masters in Divinity student at Virginia Theological Seminary, where she lives with her husband Dan and their two cats, Janet and Dana. Before seminary, Ellen worked in communications at diocesan and churchwide levels. She received a B.A. in Theology and Economics from Georgetown University and served as a case manager for asylum seekers and refugees through the Jesuit Volunteer Corps. She has also served as an editor at Earth & Altar Magazine and as a member of the Presiding Bishop's Delegation to the UN Climate Conference, COP26. Ellen belongs to the Order of the Daughters of the King and is a fan of Eurovision, crossword puzzles, and fashion history.





Saint Timothy's
Episcopal Church

432 Van Buren Street
Herndon, Virginia
Diocese of Virginia