



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, September 29, 2024

*Nineteenth Sunday after Pentecost*

8 a.m.



*fpcdurham.org*

### Weekly Services:

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken  
Sunday, 10:00 a.m. Holy Eucharist Rite II with Choir  
(Godly Play for ages 3–8, Sunday School for ages 9-12)  
Sábado, 7:00 p.m. La Santa Misa, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12) [priest@saint-timothys.org](mailto:priest@saint-timothys.org)  
**The Rev. Mario Meléndez**, Associate Rector (x11) [mario@saint-timothys.org](mailto:mario@saint-timothys.org)  
**The Rev. Brad Rundlett**, Rector Emeritus  
**Ms. Ellie Singer**, Seminarian [esinger@vts.edu](mailto:esinger@vts.edu)  
**Deb Angerman**, Bookkeeper (x13) [bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)  
**Julio Cuellar**, Latino Service Musician [juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)  
**Todd Grivetti**, Organist/Choirmaster (x16) [music@saint-timothys.org](mailto:music@saint-timothys.org)  
**Allyson Showalter**, Preschool Director (x14) [sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)  
**Debbie Stolar**, Parish Administrator (x10) [office@saint-timothys.org](mailto:office@saint-timothys.org)

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For those with little ones, there are rocking chairs located at the back of the sanctuary and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Vestry

**Sr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Maria LaWalt (2025)

Matt Schumann (2027)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Midori Yanagihara (2026)

**Jr. Warden** – Rick Wilson (2027)

Rob Huizar (2027)

John McGrath (alternate)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Diane & Kent Miller*

*In thanksgiving for our birthdays*

## **HOLY EUCHARIST- RITE I**

*At the tolling of the bell, please stand.*

### **Opening Acclamation and Collect for Purity (BCP 323-324)**

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### **Gloria (together)**

**Glory be to God on high,**

**and on earth peace, good will towards men.**

We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.  
O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
art most high in the glory of God the Father. Amen.

### **The Collect for the Day (BCP 182)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Grant us, O Lord, not to mind earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to cleave to those that shall abide; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

### **The Lessons**

#### **A Reading from Book of Esther 7:1-6, 9-10, 20-22**

The king and Haman went in to feast with Queen Esther. On the second day, as they were drinking wine, the king again said to Esther, "What is your petition, Queen Esther? It shall be granted you. And what is your request? Even to the half of my kingdom, it shall be fulfilled." Then Queen Esther answered, "If I have won your favor, O king, and if it pleases the king, let my life be given me-- that is my petition-- and the lives of my people-- that is my request. For we have been sold, I and my people, to be destroyed, to be killed, and to be annihilated. If we had been sold merely as slaves, men and women, I would have held my peace; but no enemy can compensate for this damage to the king." Then King Ahasuerus said to Queen Esther, "Who is he, and where is he,

who has presumed to do this?” Esther said, “A foe and enemy, this wicked Haman!” Then Haman was terrified before the king and the queen. Then Harbona, one of the eunuchs in attendance on the king, said, “Look, the very gallows that Haman has prepared for Mordecai, whose word saved the king, stands at Haman’s house, fifty cubits high.” And the king said, “Hang him on that.” So they hanged Haman on the gallows that he had prepared for Mordecai. Then the anger of the king abated. Mordecai recorded these things, and sent letters to all the Jews who were in all the provinces of King Ahasuerus, both near and far, enjoining them that they should keep the fourteenth day of the month Adar and also the fifteenth day of the same month, year by year, as the days on which the Jews gained relief from their enemies, and as the month that had been turned for them from sorrow into gladness and from mourning into a holiday; that they should make them days of feasting and gladness, days for sending gifts of food to one another and presents to the poor.

Reader:           The Word of the Lord.

People:           **Thanks be to God.**

### **Psalm 124 (Read Responsively)**

- 1 If the Lord had not been on our side, \*  
    let Israel now say;
- 2 If the Lord had not been on our side, \*  
    when enemies rose up against us;
- 3 Then would they have swallowed us up alive \*  
    in their fierce anger toward us;
- 4 Then would the waters have overwhelmed us \*  
    and the torrent gone over us;
- 5 Then would the raging waters \*  
    have gone right over us.
- 6 Blessed be the Lord! \*  
    he has not given us over to be a prey for their teeth.
- 7 We have escaped like a bird from the snare of the fowler; \*  
    the snare is broken, and we have escaped.
- 8 Our help is in the Name of the Lord, \*  
    the maker of heaven and earth.

## **A Reading from James 5:13-20**

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

## **Holy Gospel: Mark 9:38-50**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory be to thee, O Lord.**

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. "If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. "For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, Lord Christ.**

## **Sermon**

The Reverend Charles R. Cowherd

*Please stand as able.*

## The Nicene Creed (BCP 326)

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand, or kneel, as you are able*

## The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth,

unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Sean, Mark, Charles, and Mario that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,**

**have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy way,  
to the glory of thy Name. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: Come unto me, all ye that travail and are heavy laden, and I will refresh you.  
*(Matthew 11:28)*

*Please stand.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

## **Welcome & Announcements**

### **The Offering**

*Please Stand*

## **The Holy Communion**

### **The Great Thanksgiving (Prayer I, BCP 333)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,



## **The Sanctus (BCP 334)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Stand or kneel, as you are able.*

Celebrant: All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

**Celebrant:** Alleluia. Christ our Passover is sacrificed for us.

**People:** Therefore let us keep the feast. Alleluia.

**People:** We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

### **The Invitation (BCP 338)**

**Celebrant:** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

#### **Post-Communion Prayer (BCP 339)**

**Celebrant:** Let us pray.

**All:** Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

## Blessing

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

*Please stand.*

## Dismissal (BCP 340)

Celebrant: Alleluia, alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.  
People: **Thanks be to God. Alleluia, alleluia.**

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Darlene (Aunt of Ashley Johnson), Dorothy Wilson (mother of Rick Wilson)

**Health:** Will LaWalt, Scott Moore, Linda Shutes, Linda Craig, Nancy O'Malley, Mary Perez, Jamal Rorie, Dick Joyce, Rick Chambers, Allen C., Bob Fritzsche, Ann Kordenback, Julius Koenig

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Susan Kruchten, Elizabeth Martinson, Ted Grivetti

## THIS WEEK at ST. TIMOTHY'S

### Sunday, September 29

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:00 AM Sunday Adult Forum – Sanctuary/Livestream  
9:15 AM Adult Choir Warm-up - Music Room  
10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream

### Monday, September 30

12:15 PM Step Into Recovery AA  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, October 1

9:15 AM Staff Meeting - Conference Room  
4:00 PM DanceWorx - Narthex  
6:30 PM Scouts Troop 159

### Wednesday, October 2

Community Engagement Meeting (TBD)  
10:00 AM Red Cross Blood Drive – Henry Hall  
1:00 PM Shawl Ministry Meeting - Narthex  
4:00 PM DanceWorx - Narthex  
7:30 PM SA Meeting

### Thursday, October 3

7:00 PM Choir Rehearsal - Music Room  
7:00 PM Debtors Anonymous

### Friday, October 4

No Events

### Saturday, October 5

9:00 AM Altar Guild Set-Up - Sanctuary  
7:00 PM La Santa Misa - Sanctuary

## **SUNDAY ADULT FORUM - Today**

**“I am the Church.”** In this final session, our Associate Rector, the Reverend Mario Melendez, will share with us the story of his spiritual journey. Come to learn more about how Mario’s life has been a witness and testimony of his faith! (in the Sanctuary during the 9 am hour, also livestreamed)

## **TOWN OF HERNDON MAYORAL CANDIDATES’ FORUM**

On **Monday, September 30 at 7:30pm**, Cornerstones and the Dulles Regional Chamber of Commerce will be hosting a Town of Herndon Mayoral Candidates Forum at Trinity Presbyterian Church. Our own Charles Cowherd+ will serve as a panelist for the forum.

## **SONGS OF INSPIRATION & HOPE – Piano Concert by Todd Grivetti**

Join us at St. Timothy’s on **November 1<sup>st</sup> at 7:30 p.m.** for a contemplative evening of hymn favorites and offer prayers for the Saints and the upcoming election.

## **RED CROSS BLOOD DRIVE – October 2<sup>nd</sup>**

The Red Cross will be holding a blood drive at Saint Timothy’s on October 2<sup>nd</sup> from 10am – 3pm in Henry Hall. If you are interested in donating for the first time or wish to start giving again, please visit <https://www.redcross.org/give-blood.html> or call **800 RED CROSS (1-800-733-2767)**.