



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, September 29, 2024 *Nineteenth Sunday after Pentecost*

10 a.m.



fpdurham.org

Weekly Services

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m. Holy Eucharist Rite II with Choir
(Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m. La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12) priest@saint-timothys.org
The Rev. Mario Meléndez, Associate Rector (x11) mario@saint-timothys.org
The Rev. Brad Rundlett, Rector Emeritus
Ms. Ellie Singer, Seminarian esinger@vts.edu
Deb Angerman, Bookkeeper (x13) bookkeeper@saint-timothys.org
Julio Cuellar, Latino Service Musician juliocuellarmusic@yahoo.com
Todd Grivetti, Organist/Choirmaster (x16) music@saint-timothys.org
Allyson Showalter, Preschool Director (x14) sttimothypreschool432@gmail.com
Debbie Stolar, Parish Administrator (x10) office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

*If Thou But Trust in God to Guide Thee
At the tolling of the bell, all stand.*

Michael Costello

Opening Hymn (546)

Awake, My Soul, Stretch Every Nerve

Siroe

Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S 204

Glory be to God

Old Scottish Chant

Opening Collect (BCP 234) - *Children may head downstairs after this reading.*

Celebrant: O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from Book of Esther 7:1-6, 9-10, 20-22

The king and Haman went in to feast with Queen Esther. On the second day, as they were drinking wine, the king again said to Esther, "What is your petition, Queen Esther? It shall be granted you. And what is your request? Even to the half of my kingdom, it shall be fulfilled." Then Queen Esther answered, "If I have won your favor, O king, and if it pleases the king, let my life be given me-- that is my petition-- and the lives of my people-- that is my request. For we have been sold, I and my people, to be destroyed, to be killed, and to be annihilated. If we had been sold merely as slaves, men and women, I would have held my peace; but no enemy can compensate for this damage to the king." Then King Ahasuerus said to Queen Esther, "Who is he, and where is he, who has presumed to do this?" Esther said, "A foe and enemy, this wicked Haman!" Then Haman was terrified before the king and the queen. Then Harbona, one of the eunuchs in attendance on the king, said, "Look, the very gallows that Haman has prepared for Mordecai, whose word saved the king, stands at Haman's house, fifty cubits high." And the king said, "Hang him on that." So they hanged Haman on the gallows that he had prepared for Mordecai. Then the anger of the king abated. Mordecai recorded these things, and sent letters to all the Jews who were in all the provinces of King Ahasuerus, both near and far, enjoining them that they should keep the fourteenth day of the month Adar and also the fifteenth day of the same month, year by year, as the days on which the Jews gained relief from their enemies, and as the month that had been turned for them from sorrow into gladness and from mourning into a holiday; that they should make them days of feasting and gladness, days for sending gifts of food to one another and presents to the poor.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 124

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



1 If the Lord had not been on our side, *
let Israel now say;

2 If the Lord had not been on our side, *
when enemies rose up against us;

3 Then would they have swallowed us up alive *
in their fierce anger toward us;

4 Then would the waters have overwhelmed us *
and the torrent gone over us;

5 Then would the raging waters *
have gone right over us.

6 Blessed be the Lord! *
he has not given us over to be a prey for their teeth.

7 We have escaped like a bird from the snare of the fowler; *
the snare is broken, and we have escaped.

8 Our help is in the Name of the Lord, *
the maker of heaven and earth.

A Reading from James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn (635)

If Thou But Trust in God to Guide Thee

Wer nur den lieben Gott

Holy Gospel: Mark 9:38-50

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

John said to Jesus, “Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us.” But Jesus said, “Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. “If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. “For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Reverend Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:**

by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and
peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its
resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ
in them, and love one another as he loves us.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

People: Hear our prayer.

The Celebrant adds a concluding Collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.

Amen.

Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

God be in my Head

arr. Philip Wilby

God be in my head and in my understanding.
God be in mine eyes and in my looking.
God be in my mouth and in my speaking.
God be in mine heart and in my thinking.
God be at my end and in my departing.

Sarum Primer, 1514

Please stand as able.

Presentation Hymn (43 v4) *Praise God, From Whom All Blessings Flow*

The Eighth Tune

Holy Communion - Eucharistic Prayer B (BCP 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (S 113)

Holy, Holy, Holy

John Merbecke

Please stand or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks

to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (WLP 876) *The Disciples Knew the Lord Jesus* Jack Burnam
(The choir will sing the antiphon first, then the congregation.)

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (609) *Where Cross the Crowded Ways of Life* Gardiner

Please stand or kneel, as you are able.

Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Closing Hymn (347)

Go Forth for God; Go to the World in Peace

Litton

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Go in peace to love and serve the Lord.

People: Thanks be to God. Alleluia, alleluia.

Postlude

Toccata in E Minor

Johann Pachelbel

Flowers are given by Diane & Kent Miller

In thanksgiving for our birthdays

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Darlene (Aunt of Ashley Johnson), Dorothy Wilson (mother of Rick Wilson)

Health: Will LaWalt, Scott Moore, Linda Shutes, Linda Craig, Nancy O'Malley, Mary Perez, Jamal Rorie, Dick Joyce, Rick Chambers, Allen C., Bob Fritzsche, Ann Kordenback, Julius Koenig

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Susan Kruchten, Elizabeth Martinson, Ted Grivetti

THIS WEEK at ST. TIMOTHY'S

Sunday, September 29

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Sunday Adult Forum – Sanctuary/Livestream

9:15 AM Adult Choir Warm-up - Music Room

10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream

Monday, September 30

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

Tuesday, October 1

9:15 AM Staff Meeting - Conference Room

4:00 PM DanceWorx - Narthex

6:30 PM Scouts Troop 159

Wednesday, October 2

Community Engagement Meeting (TBD)

10:00 AM Red Cross Blood Drive – Henry Hall

1:00 PM Shawl Ministry Meeting - Narthex

4:00 PM DanceWorx - Narthex

7:30 PM SA Meeting

Thursday, October 3

7:00 PM Choir Rehearsal - Music Room

7:00 PM Debtors Anonymous

Friday, October 4

No Events

Saturday, October 5

9:00 AM Altar Guild Set-Up - Sanctuary

7:00 PM La Santa Misa - Sanctuary

SUNDAY ADULT FORUM - Today

“I am the Church.” In this final session, our Associate Rector, the Reverend Mario Melendez, will share with us the story of his spiritual journey. Come to learn more about how Mario’s life has been a witness and testimony of his faith! (in the Sanctuary during the 9 am hour, also livestreamed)

TOWN OF HERNDON MAYORAL CANDIDATES' FORUM

On **Monday, September 30 at 7:30pm**, Cornerstones and the Dulles Regional Chamber of Commerce will be hosting a Town of Herndon Mayoral Candidates Forum at Trinity Presbyterian Church. Our own Charles Cowherd+ will serve as a panelist for the forum.

SONGS OF INSPIRATION & HOPE – Piano Concert by Todd Grivetti

Join us at St. Timothy’s on **November 1st at 7:30 p.m.** for a contemplative evening of hymn favorites and offer prayers for the Saints and the upcoming election.

RED CROSS BLOOD DRIVE – October 2nd

The Red Cross will be holding a blood drive at Saint Timothy’s on October 2nd from 10am – 3pm in Henry Hall. If you are interested in donating for the first time or wish to start giving again, please visit <https://www.redcross.org/give-blood.html> or call **800 RED CROSS (1-800-733-2767)**.

