



Sunday, September 22, 2024 *Seventeenth Sunday after Pentecost*

10 a.m.



pinterest.com

Weekly Services

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m. Holy Eucharist Rite II with Choir
 (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m. La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12) priest@saint-timothys.org
The Rev. Mario Meléndez, Associate Rector (x11) mario@saint-timothys.org
The Rev. Brad Rundlett, Rector Emeritus
Ms. Ellie Singer, Seminarian esinger@vts.edu
Deb Angerman, Bookkeeper (x13) bookkeeper@saint-timothys.org
Julio Cuellar, Latino Service Musician juliocuellarmusic@yahoo.com
Todd Grivetti, Organist/Choirmaster (x16) music@saint-timothys.org
Allyson Showalter, Preschool Director (x14) sttimothypreschool432@gmail.com
Debbie Stolar, Parish Administrator (x10) office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

*Lobe den Herren
At the tolling of the bell, all stand.*

Cynthia Goff

Opening Hymn (390)

Praise to the Lord, the Almighty

Lobe den Herren

Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S 204

Glory be to God

Old Scottish Chant

Opening Collect (BCP 234) - *Children may head downstairs after this reading.*

Celebrant: Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from Book of Proverbs 31:10-31

A capable wife who can find? She is far more precious than jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good, and not harm, all the days of her life. She seeks wool and flax, and works with willing hands. She is like the ships of the merchant, she brings her food from far away. She rises while it is still night and provides food for her household and tasks for her servant-girls. She considers a field and buys it; with the fruit of her hands she plants a vineyard. She girds herself with strength, and makes her arms strong. She perceives that her merchandise is profitable. Her lamp does not go out at night. She puts her hands to the distaff, and her hands hold the spindle. She opens her hand to the poor, and reaches out her hands to the needy. She is not afraid for her household when it snows, for all her household are clothed in crimson. She makes herself coverings; her clothing is fine linen and purple. Her husband is known in the city gates, taking his seat among the elders of the land. She makes linen garments and sells them; she supplies the merchant with sashes. Strength and dignity are her clothing, and she laughs at the time to come. She opens her mouth with wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household, and does not eat the bread of idleness. Her children rise up and call her happy; her husband too, and he praises her: "Many women have done excellently, but you surpass them all." Charm is deceitful, and beauty is vain, but a woman who fears the Lord is to be praised. Give her a share in the fruit of her hands, and let her works praise her in the city gates.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 1

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



1 Happy are they who have not walked in the counsel of the wicked, *
nor lingered in the way of sinners, nor sat in the seats of the scornful!

2 Their delight is in the law of the Lord, *
and they meditate on his law day and night.

3 They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.

4 It is not so with the wicked; *
they are like chaff which the wind blows away.

5 Therefore the wicked shall not stand upright when judgment comes, *
nor the sinner in the council of the righteous.

6 For the Lord knows the way of the righteous, *
but the way of the wicked is doomed.

A Reading from James 3:13-4:3, 7-8a

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace. Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Sequence Hymn (574)

Before Thy Throne

St. Petersburg

Holy Gospel: Mark 9:30-37

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

Jesus and his disciples passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him. Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on

the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, “Whoever wants to be first must be last of all and servant of all.” Then he took a little child and put it among them; and taking it in his arms, he said to them, “Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Reverend Liz Tomlinson

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and
peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its
resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ
in them, and love one another as he loves us.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage
and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be
fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

People: Hear our prayer.

The Celebrant adds a concluding Collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

The Lamb

Gerald Coleman

The Lamb, the Lamb,
O Father, where's the sacrifice?
Faith sees, believes
God will provide the Lamb of price!

Worthy is the Lamb
Whose death makes me His own!
The Lamb is reigning on His throne!

The Lamb, the Lamb,
As wayward sheep their shepherd kill
So still, His will
On our behalf the Law to fill.

He sighs, he dies,
He takes my sin and wretchedness.
He lives, forgives,
He gives me His own righteousness.

The Lamb, the Lamb,
One perfect final offering.
The Lamb, the Lamb,
Let earth join heav'n His praise to sing.

He rose, He rose,
My heart with thanks now overflows.
His song prolong
Till ev'ry heart to Him belong.

Please stand as able.

Presentation Hymn (43 v4) *Praise God, From Whom All Blessings Flow* The Eighth Tune

Holy Communion - Eucharistic Prayer B (BCP 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (S 113)

Holy, Holy, Holy

John Merbecke

Please stand or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all;
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us
our trespasses, as we forgive those who trespass against us. And lead us not into temptation
but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever
and ever. Amen.**

The Fraction (WLP 876) *The Disciples Knew the Lord Jesus* Jack Burnam
(The choir will sing the antiphon first, then the congregation.)

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ
died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (789) *Peace Among Earth's Peoples is Like a Star* Peace

Please stand or kneel, as you are able.

Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

**All: Eternal God, heavenly Father, you have graciously accepted us as living
members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the**

Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Closing Hymn (408)

Sing Praise to God

Mit freuden zart

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Go in peace to love and serve the Lord.

People: **Thanks be to God. Alleluia, alleluia.**

Postlude

Rondo in G

Bull/Ellsasser

Flowers are given by Beth & Peter Hwoskchinsky

In memory of Jeanette Corah, Aunt of Beth & Stephanie Gaiek, adopted mother of Beth & Peter

CCLI Copyright License #21359315

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Darlene (Aunt of Ashley Johnson)

Health: Ted Grivetti, Will LaWalt, Scott Moore, Linda Shutes, Linda Craig, Nancy O'Malley, Mary Perez, Jamal Rorie

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Susan Kruchten, Elizabeth Martinson, Dorothy Wilson (mother of Rick Wilson)

SHRINE MONT WEEKEND RECAP

A wonderful weekend was had by all at our annual Shrine Mont Retreat. Saint Timothy's wants to thank all who made this event a special and memorable time for so many. We want to especially thank Rob Huziar, the Shrine Mont Retreat Coordinator, for all his effort in organizing the weekend. Thank you, Rob!

NAME TAGS

As you may have noticed, Saint Timothy's has made parishioner name tags to be worn at our services. The tags help put a name to a face, which is especially helpful for visitors and new members. If you do not have a name tag, please reach out to the church office.

THIS WEEK at ST. TIMOTHY'S

Sunday, September 22

8:00 AM Rite I Holy Eucharist - Sanctuary

9:15 AM Adult Choir Warm-up - Music Room

10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream

Monday, September 23

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

Tuesday, September 24

9:15 AM Staff Meeting - Conference Room

4:00 PM DanceWorx - Narthex

6:30 PM Scouts Troop 159

7:00 PM Vestry Meeting - Narthex

Wednesday, September 25

4:00 PM DanceWorx - Narthex

7:30 PM SA Meeting

Thursday, September 26

7:00 PM Choir Rehearsal - Music Room

7:00 PM Debtors Anonymous

Friday, September 27

No Events

Saturday, September 28

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up - Sanctuary

7:00 PM La Santa Misa - Sanctuary

UPCOMING EVENTS

FAITH FORMATION for ALL AGES - Sunday September 29th

“I am the Church.” In this final session, our Associate Rector, the Reverend Mario Melendez, will share with us the story of his spiritual journey. Come to learn more about how Mario’s life has been a witness and testimony of his faith! (in the Sanctuary during the 9 am hour, also livestreamed)

TOWN OF HERNDON MAYORAL CANDIDATES' FORUM

On Monday, September 30 at 7:30pm, Cornerstones and the Dulles Regional Chamber of Commerce will be hosting a Town of Herndon Mayoral Candidates Forum at Trinity Presbyterian Church. Our own Charles Cowherd+ will serve as a panelist for the forum.

RED CROSS BLOOD DRIVE – October 2nd

The Red Cross will be holding a blood drive at Saint Timothy’s on October 2nd from 10am – 3pm in Henry Hall. If you are interested in donating for the first time or wish to start giving again, please visit <https://www.redcross.org/give-blood.html> or call 800 RED CROSS (1-800-733-2767).

