



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday August 25, 2024

Fourteenth Sunday after Pentecost

10 a.m.



Weekly Services:

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m. Holy Eucharist Rite II with Choir
(Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m. La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12) priest@saint-timothys.org
The Rev. Mario Meléndez, Associate Rector (x11) mario@saint-timothys.org
The Rev. Brad Rundlett, Rector Emeritus
Deb Angerman, Bookkeeper (x13) bookkeeper@saint-timothys.org
Julio Cuellar, Latino Service Musician juliocuellarmusic@yahoo.com
Todd Grivetti, Organist/Choirmaster (x16) music@saint-timothys.org
Allyson Showalter, Preschool Director (x14) sttimothypreschool432@gmail.com
Debbie Stolar, Parish Administrator (x10) office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

*I Call on Thee, Lord Jesus Christ
At the tolling of the bell, all stand.*

J. S. Bach

Opening Hymn (47)

On This Day, the First of Days

Gott sei Dank

Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S 204

Glory be to God

Old Scottish Chant

Opening Collect (BCP 232) - *Children may head downstairs after this reading.*

Celebrant: Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from 1 Kings 8:22-30

Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel, and spread out his hands to heaven. He said, “O Lord, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, the covenant that you kept for your servant my father David as you declared to him; you promised with your mouth and have this day fulfilled with your hand. Therefore, O Lord, God of Israel, keep for your servant my father David that which you promised him, saying, ‘There shall never fail you a successor before me to sit on the throne of Israel, if only your children look to their way, to walk before me as you have walked before me.’ Therefore, O God of Israel, let your word be confirmed, which you promised to your servant my father David. “But will God indeed dwell on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! Regard your servant’s prayer and his plea, O Lord my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day toward this house, the place of which you said, ‘My name shall be there,’ that you may heed the prayer that your servant prays toward this place. Hear the plea of your servant and of your people Israel when they pray toward this place; O hear in heaven your dwelling place; heed and forgive.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 84

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



- 1 How dear to me is your dwelling, O Lord of hosts! *
My soul has a desire and longing for the courts of the Lord;
my heart and my flesh rejoice in the living God.
- 2 The sparrow has found her a house and the swallow a nest where she may lay her young; *
by the side of your altars, O Lord of hosts, my King and my God.
- 3 Happy are they who dwell in your house! *
they will always be praising you.
- 4 Happy are the people whose strength is in you! *
whose hearts are set on the pilgrims' way.
- 5 Those who go through the desolate valley will find it a place of springs, *

for the early rains have covered it with pools of water.

6 They will climb from height to height, *
and the God of gods will reveal himself in Zion.

7 Lord God of hosts, hear my prayer; *
hearken, O God of Jacob.

8 Behold our defender, O God; *
and look upon the face of your Anointed.

9 For one day in your courts is better than a thousand in my own room, *
and to stand at the threshold of the house of my God than to dwell in the tents of the
wicked.

10 For the Lord God is both sun and shield; *
he will give grace and glory;

11 No good thing will the Lord withhold *
from those who walk with integrity.

12 O Lord of hosts, *
happy are they who put their trust in you!

A Reading from Ephesians 6:10-20

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Holy Gospel: John 6:56-69

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Christ.

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Reverend Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,**

of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and
peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its
resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

People: **Hear our prayer.**

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

People: **Hear our prayer.**

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy

People: **Hear our prayer.**

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

People: **Hear our prayer.**

The Celebrant adds a concluding Collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

Seek the Lord
(Janice Burford, solo)

John Carter

Please stand as able.

Presentation Hymn (43 v4)

All Praise to Thee, My God

The Eighth Tune

(Sing twice. The choir will join the congregation in canon on the repeat.)

Holy Communion - Eucharistic Prayer B (BCP 367)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (S 113)

Holy, Holy, Holy

John Merbecke

Please stand or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

Please stand or kneel, as you are able.

Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Closing Hymn (561)

Stand Up, Stand Up, For Jesus

Engelberg

Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Go in peace to love and serve the Lord.

People: Thanks be to God. Alleluia, alleluia.

Postlude

Toccata on 'Old 100th

Michael Burkhardt

Flowers are given by Tom & Betsy Bosworth

In memory of Sue Bosworth

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Leona Garner, Michael Stone, Eugene Scott (uncle to Stephanie Wolo)

Health: Ted Grivetti, Will LaWalt, Mark Thompson, Stephanie Mathias, Mary Perez, Mike Savage, Valerie Stucky

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

THIS WEEK at ST. TIMOTHY'S

Sunday, August 25

8:00 AM Rite I Holy Eucharist – Sanctuary
9:00 AM Adult Forum – Sanctuary/Livestream
9:30 AM Adult Choir Warm-up – Music Room
10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream
11:00 AM Ice Cream Social – Henry Hall

Monday, August 26

12:15 PM Step Into Recovery AA
7:00 PM Hope For Today Al Anon
8:30 PM Monday Night Milkshake Group AA

Tuesday, August 27

9:15 AM Staff Meeting – Conference Room
7:00 PM Scouts Troop 159
7:00 PM Vestry Meeting - Narthex

Wednesday, August 28

7:30 PM SA Meeting

Thursday, August 29

3:00 PM Bill Spence Memorial Service – Fort Myer Chapel, Arlington National Cemetery
7:00 PM Debtors Anonymous

Friday, August 30

No Events

Saturday, August 31

9:00 AM Altar Guild Set-Up – Sanctuary
7:00 PM La Santa Misa - Sanctuary

WELCOME HOME SUNDAY- TODAY!

ICE CREAM SOCIAL

All are invited to an Ice Cream Social dessert extravaganza in Henry Hall following the 10:00 am service. Thanks to Generations Ministry, we will have an opportunity to enjoy some tasty treats and catch up with friends old and new.

FAITH FORMATION for ALL AGES

Sunday Adult Forums (in the Sanctuary during the 9 am hour, also livestreamed)

We begin today with our 3rd Annual three-part series, taking its name from the famous church song: “I am the Church, You are the Church...”

Today we begin with, **“We are the Church.”** We will take a look at the history of Shrine Mont Camps. Charles Cowherd will present on “The Integration of Shrine Mont Camps”—a look at how our Diocesan camps struggled to racially integrate during the 1950s and 1960s. Based off of archival research, 1st person interviews, the presentation is set to be published (in print form) in *Anglican and Episcopal History*, the historical journal of the Episcopal Church, this coming Fall.

Sunday School

During the 10 AM Service, children and youth from 4th grade and up will gather first in the sanctuary, but then be shepherded by teachers out to meet at the outdoor chapel, weather permitting, where our kids will have time to gather, learn a bible story, and play on our beautiful church

grounds. We will rejoin worship before communion. In case of inclement weather, we will gather in Henry Hall.

Godly Play

We continue to have children, **age 3-3rd grade, attend Godly Play during the 10 AM Sunday Service.** This Montessori-based curriculum uses hands-on storytelling and wondering to introduce children to Bible stories and church traditions. Children who attend Godly Play head downstairs after the reading of the Collect and then rejoin their parents in the Sanctuary during the Peace prior to Eucharist.

SHRINE MONT RETREAT – Registration Closed

Shrine Mont Retreat registration has closed as of August 18th due to a shortage of rooms at Shrine Mont. We are there on the same weekend as some larger groups and we are being asked to return unused rooms for other churches to use.

There is still plenty of space for day attendees. If you are interested in attending, please contact Rob Huizar via e-mail: **RetreatCoordinator@saint-timothys.org** to get registered.

ALTAR GUILD SPONSORSHIPS

Are you looking for a way to honor a special occasion like a birthday or anniversary or to remember a departed loved one? Consider sponsoring Altar Flowers! Simply sign up for the Sunday you would like to sponsor using the sign-up sheet posted outside of the church offices. After signing up, simply use a Flower Envelope and drop your donation in the offering on a Sunday or mail it to the church office. Be sure to note Flower Donation on the memo line if giving by check. Suggested donation is \$65.

ST. TIMOTHY'S COFFEE HOUR SIGN UP

We have had a wonderful year so far of Coffee Hour with fellowship and fun in Henry Hall after the 10 am service! We plan to continue this practice but need volunteers to assist with set up, clean-up and bringing light refreshments. **If you are interested in helping, please contact the church office at office@saint-timothys.org or sign up via the spreadsheet link in the weekly eNews Coffee Hour announcement.**