



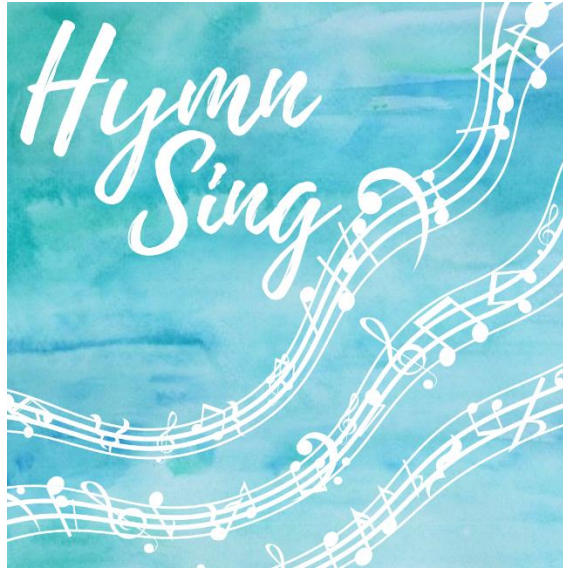
ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, July 21, 2024

Ninth Sunday after Pentecost

10 a.m.



Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m.	La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd , Rector (x12)	priest@saint-timothys.org
The Rev. Mario Meléndez , Associate Rector (x11)	mario@saint-timothys.org
The Rev. Brad Rundlett , Rector Emeritus	
Deb Angerman , Bookkeeper (x13)	bookkeeper@saint-timothys.org
Julio Cuellar , Latino Service Musician	juliocuellarusic@yahoo.com
Todd Grivetti , Organist/Choirmaster (x16)	music@saint-timothys.org
Allyson Showalter , Preschool Director (x14)	sttimothypreschool432@gmail.com
Debbie Stolar , Parish Administrator (x10)	office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST

The Word of God

Prelude

“Concerto for Clarinet and Piano”
(Rob Huizar, clarinet)

W.A. Mozart

Opening Hymn (518)

Christ is Made the Sure Foundation

Westminster Abbey

Opening Acclamations (EOW 50)

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever. Amen.**

Opening Collect (EOW 51)

Celebrant: God be with you.

People: **And also with you.**

Celebrant: Sun of Righteousness, so gloriously risen, shine in our hearts as we celebrate our redemption, that we may see your way to our eternal home, where you reign, one holy and undivided Trinity, now and for ever. **Amen.**

The Lessons

A Reading from 2 Samuel 7:1-14a

When the king was settled in his house, and the LORD had given him rest from all his enemies

around him, the king said to the prophet Nathan, “See now, I am living in a house of cedar, but the ark of God stays in a tent.” Nathan said to the king, “Go, do all that you have in mind; for the LORD is with you.” But that same night the word of the LORD came to Nathan: Go and tell my servant David: Thus says the Lord: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, “Why have you not built me a house of cedar?” Now therefore thus you shall say to my servant David: Thus says the LORD of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover the LORD declares to you that the LORD will make you a house. When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom forever. I will be a father to him, and he shall be a son to me.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn (653)

Dear Lord and Father of Mankind

Repton

Holy Gospel: Mark 6:30-34, 53-56

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole

region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Hymn Sing

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form VI (BCP 392)

Leader: In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

People: For our families, friends, and neighbors, and for those who are alone.

Leader: For this community, the nation, and the world;

People: For all who work for justice, freedom, and peace.

Leader: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice, and oppression.

Leader: For all who are in danger, sorrow, or any kind of trouble;

People: For those who minister to the sick, the friendless, and the needy.

Leader: For the peace and unity of the Church of God;

People: For all who proclaim the Gospel, and all who seek the Truth.

Leader: For Michael, Our Presiding Bishop, for Sean, our Presiding Bishop Elect, and for Mark, our Diocesan Bishop, and all bishops and other ministers;

People: For all who serve God in his Church.

Leader: For the special needs and concerns of this congregation.

The People may add their own petitions

Leader: Hear us, Lord:

People: For your mercy is great.

Leader: We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

Leader: We will exalt you, O God our King;

People: And praise your Name for ever and ever.

Leader: We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions

Leader: Lord, let your loving-kindness be upon them;

People: Who put their trust in you.

Leader: We pray to you also for the forgiveness of our sins.

The Celebrant adds a concluding Collect.

Please stand.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

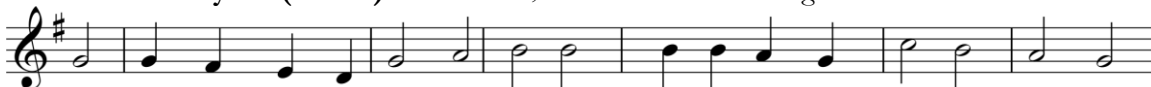
Anthem

“Amazing Grace”
(Fr. Mario Meléndez, solo)

Traditional

Please stand as able.

Presentation Hymn (380 v3) *Praise God, From Whom All Blessings Flow* Old 100th



Praise God, from whom all bless-ings flow; praise him, all crea-tures here be - low; praise



him a-bove, ye heaven - ly host: praise Fa-ther, Son, and Ho - ly Ghost.

Holy Communion- Eucharistic Prayer I (EOW 57)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Sanctus

Holy, Holy, Holy

Llainfair

Ho - ly, ho - ly, ho - ly_ Lord, God of pow - er and God of might,
Hea-ven and earth are full of your glo - ry. Ho - san - na in the_ high - est.
Bless - ed is the one_ who comes in the name of the Lord.
Ho - san - na in the high - est. Ho - san - na in the_ high - est.

Please stand or kneel, as you are able.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**All: Christ has died.
Christ is risen.
Christ will come again.**

Celebrant: Remembering his death and resurrection, we now present to you from your creation

this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Fraction (WLP 877)

The Disciples Knew the Lord Jesus

Mark Sedio

Choir




The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.

All



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.

Choir



The bread which we break, al - le - lu - ia, is the commun-ion of the bod - y of Christ.

All



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread.

Choir



One bo - dy are we, al - le - lu - ia, though ma - ny we share one bread.

All



The dis - ci - ples knew the Lord Je - sus in the break-ing of the bread._____

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (663)

The Lord my God my Shepherd Is

Crimond

Postcommunion Prayer (EOW 70)

Celebrant: Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.**

Closing Hymn (345)

Savior, Again to Thy Dear Name We Raise

Ellers

Dismissal (BCP 366)

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude

“Ein feste burg”

J. C. Kittel

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Eugene Cowan, Kim Smith Somers, Frank Vandenberg

Health: Carolyn Hamm, Lorna Moran

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

THIS WEEK at ST. TIMOTHY'S

Sunday, July 21 – LINK Summer Food Drive

8:00 AM Hymn Sing – Sanctuary

9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Hymn Sing – Sanctuary & Livestream

Monday, July 22

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

Tuesday, July 23

7:00 PM Scouts Troop 159

7:00 PM Vestry Meeting - Narthex

Wednesday, July 24

1:45 PM Staff Meeting – Conference Room

7:30 PM SA Meeting

Thursday, July 25

7:00 PM Debtors Anonymous

Friday, July 26

No Events

Saturday, July 27

8:00 AM – MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

HYMN SING – TODAY at the 8 & 10am Services

What's your favorite hymn? Write down your requests and be ready to call them out - we are having a hymn sing today! In place of the sermon, you get to sing your favorite hymns. Try to stump the organist with a request from our blue hymnal (1982) or the green supplement (Wonder, Love, and Praise). Have your choices ready - any season, any theme, any time!

LINK SUMMER FOOD DRIVE – Starts Today!

The Service Ministry is hosting a Summer food drive for LINK. St. Timothy's is a member of LINK and has been helping our neighbors in need for over 40 years. LINK delivers food and other supplies to over 250 families a month in the Herndon and Sterling area. The demand is higher than ever, and LINK needs our support!

For the next two Sunday's, members of the Service Ministry will be in the Narthex after each service to hand out cloth bags for you to fill with items for LINK. Attached to the bag will be a list of items that are in high demand. **We will collect the bags the weekends (July 27th and 28th and August 3rd and 4th) at the close of each service.** Currently LINK is experiencing a shortage in household cleaning products such as dish washer pods and laundry pods. (If you buy a big container we can break them down into smaller quantities). The pantry is also experiencing a shortage of sanitary pads, tampons, shampoos, soap, body wash, toothpaste and deodorant. Baby wipes and diapers are always appreciated.

You may also pick up a bag at the Church office and drop off the food during the week. **Items can be dropped off at the LINK basket in the hallway between the office and the Narthex.** We are grateful for anything you can contribute to help with hunger in our community.

The Service Ministry thanks you for putting your faith to work to serve our neighbors.

CORNERSTONE BACK-TO-SCHOOL DRIVE

In a month students and teachers will be busily adjusting to the first weeks of school, full of hopeful expectations for the school year! We all know that a positive self-image is key to success in any undertaking, and nothing so easily promotes that as a brand-new backpack on the first day of school! The Service Ministry partners with Cornerstones to help provide over 2,000 backpacks requested by 18 area schools for families facing financial hardship. Here are the details and how YOU can help:

- Purchase a brand-new backpack - no wheels or logos other than the manufacturers' logo.
- The greatest need is for high school students, approximately (approx. 18 - 20" High by 13 - 14" Wide and 9 - 10" deep)
- You may shop from home by using Cornerstones **Amazon wish list** (contact the church office or see our latest eNews announcement for the link). Items will ship directly to Cornerstones (no shipping fee). If you choose this option, PLEASE notify the Service Ministry of your purchase (by emailing **service@saint-timothys.org**).
- Our goal this year is to provide 50 backpacks!
- Please place your donation in the large bin in the **Narthex by August 1st.**

Questions? Write or speak to Carolyn Hamm, St. Timothy's representative to the Cornerstones Board of Directors. ***Thank you for putting your faith to work.***

Cornerstones works with faith-based and corporate partners, to promote stability, empowerment, and hope through support, advocacy, and community-building for individuals and families in need. St. Timothy's has served as a partner and board member for over 20 years. Cornerstones is focused on several new projects, including a regional food rescue and distribution hub, building affordable housing, and expanding quality child-care services.

St. Timothy's Hymn Sing- July 21, 2024

"God Be In My Head"

Sarum Primer, 1514

H. Walford Davies
(1869-1941)

God be in my head, and in my un-der-stand-ing; God be in mine eyes, and in my look-ing;

God be in my mouth, and in my speak - ing; God be in my heart, and in my

think - ing; God be at mine end, and at my de - part - ing.

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"It Is Well with My Soul" (LEVAS 188)

Horatio Spafford, 1873

Phillip Bliss (1838-1876)

Please sing verses 1 and 4:

1. When peace, like a riv - er, at - tend - eth my way, When sor - rows like

2. Though sa - tan should buf - fet, though tri - als should come, Let this blest as -

3. My sin oh, the bliss of this glo - ri - ous thought My sin not in

4. And, Lord, haste the day when the faith shall be sight, The clouds be rolled

sea - bil - lows roll; What - ev - er my lot, thou hast taught me to say, It is

sur - ance con - trol, That Christ has re - gard - ed my help - less - e - tate, And has

part, but the whole Is nailed to the cross and I bear it no more, Praise the

back as a scroll, The trum - pet shall sound and the Lord shall de scend, "E - ven

well, it is well with my soul. It is well _____ with my

shed His own blood for my soul.

Lord, praise the Lord, O my soul!

so" it is well with my soul.

soul, _____ It is well, it is well with my soul.

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