



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, June 30, 2024

*Sixth Sunday after Pentecost*

10 a.m.



*dominicusgent.be*

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m.	La Santa Misa, en español

### **Staff**

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Mario Meléndez**, Associate Rector (x11)

[mario@saint-timothys.org](mailto:mario@saint-timothys.org)

**The Rev. Brad Rundlett**, Rector Emeritus

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

For those with little ones, there are rocking chairs located at the back of the sanctuary and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## **HOLY EUCHARIST** **The Word of God**

### **Prelude**

*“Turn Your Eyes Upon Jesus/Wonderful Peace”*

arr. Ron Sprunger  
(Michele Bair, organist)

*At the tolling of the bell, all stand.*

### **Opening Hymn (423)**

*Immortal, Invisible, God Only Wise*

St. Denio

### **Opening Acclamation (EOW 50)**

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever. Amen.**

### **Kyrie (S96)**

*Lord, Have Mercy*

Schubert/Proulx

### **Opening Collect (EOW 51)**

Celebrant: Holy Wisdom, in your loving kindness you created and restored us when we were lost: inspire us with your truth, that we may love you with our whole minds and run to you with open hearts, through Christ our Savior. **Amen.**

### **The Collect for the Day (BCP 230)**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Almighty God, you have built your Church upon the foundation of the apostles and

prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **The Lessons**

### **A Reading from 1 Samuel 1:1, 17-27**

After the death of Saul, when David had returned from defeating the Amalekites, David remained two days in Ziklag. David intoned this lamentation over Saul and his son Jonathan. (He ordered that The Song of the Bow be taught to the people of Judah; it is written in the Book of Jashar.) He said: Your glory, O Israel, lies slain upon your high places! How the mighty have fallen! Tell it not in Gath, proclaim it not in the streets of Ashkelon; or the daughters of the Philistines will rejoice, the daughters of the uncircumcised will exult. You mountains of Gilboa, let there be no dew or rain upon you, nor bounteous fields! For there the shield of the mighty was defiled, the shield of Saul, anointed with oil no more. From the blood of the slain, from the fat of the mighty, the bow of Jonathan did not turn back, nor the sword of Saul return empty. Saul and Jonathan, beloved and lovely! In life and in death they were not divided; they were swifter than eagles, they were stronger than lions. O daughters of Israel, weep over Saul, who clothed you with crimson, in luxury, who put ornaments of gold on your apparel. How the mighty have fallen in the midst of the battle! Jonathan lies slain upon your high places. I am distressed for you, my brother Jonathan; greatly beloved were you to me; your love to me was wonderful, passing the love of women. How the mighty have fallen, and the weapons of war perished!

Reader:           The Word of the Lord.

People:           **Thanks be to God.**

### **Psalm 130 (Read Responsively)**

De profundis

- 1 Out of the depths have I called to you, O LORD;  
LORD, hear my voice; \*  
**let your ears consider well the voice of my supplication.**
- 2 If you, LORD, were to note what is done amiss, \*  
**O Lord, who could stand?**
- 3 For there is forgiveness with you; \*  
**therefore you shall be feared.**
- 4 I wait for the LORD; my soul waits for him; \*  
**in his word is my hope.**
- 5 My soul waits for the LORD,  
more than watchmen for the morning, \*  
**more than watchmen for the morning.**

6 O Israel, wait for the LORD, \*  
**for with the LORD there is mercy;**  
7 With him there is plenteous redemption, \*  
**and he shall redeem Israel from all their sins.**

### **A Reading from 2 Corinthians 8:7-15**

As you excel in everything-- in faith, in speech, in knowledge, in utmost eagerness, and in our love for you-- so we want you to excel also in this generous undertaking. I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something-- now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has-- not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written, "The one who had much did not have too much, and the one who had little did not have too little."

Reader:           The Word of the Lord.  
People:           **Thanks be to God.**

*Please stand as you are able.*

**Sequence Hymn (707)**

*Take My Life and Let it Be*

Hollingside

### **Holy Gospel: Mark 5:21-43**

Celebrant:       The Holy Gospel of our Lord Jesus Christ according to Mark.

**People:           Glory to you, Lord Christ.**

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." So he went with him. And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, "If I but touch his clothes, I will be made well." Immediately her hemorrhage stopped; and she felt in her body that she was healed of

her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease." While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

## Sermon

The Rev. Charles R. Cowherd

*Please stand as you are able.*

## The Nicene Creed (BCP 358)

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form V (BCP 389)**

Leader: For peace, let us pray to the Lord, saying, "Lord, have mercy"

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For our Bishop, Mark, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For those in positions of public trust, especially Joe our president, Glenn our governor, and Sheila our mayor that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For this congregation of St. Timothy's, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: Rejoicing in the fellowship of blessed Timothy and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

**People: Lord, have mercy.**

*Silence.*

*Celebrant will add a concluding collect.*

### **Confession of Sin (EOW 56)**

Celebrant: Let us confess our sins to God.

**All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

### **Absolution**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Please stand.*

### **The Peace (EOW 56)**

Celebrant: The peace of the Christ be always with you.

**People: And also with you.**

## Welcome & Announcements

### Offertory Sentence

### The Offering

#### Anthem

*“Wayfaring Stranger”*  
(Nancy Miller, solo & John Druitt, guitar)

Traditional

*Please stand as able.*

#### Presentation Hymn

*Praise God, From Whom All Blessings Flow*

Duke Street



Praise God, from whom all blessings flow;  
praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son and Holy Ghost.

## Holy Communion- Eucharistic Prayer I (EOW 57)

### The Great Thanksgiving

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



## Sanctus (S130)

*Holy, Holy, Holy Lord*

Schubert/Proulx

*Please stand or kneel, as you are able.*

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**All:               We remember his death,  
                      We proclaim his resurrection,  
                      We await his coming in glory:**

Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All:               Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Fraction (S164)

*Jesus, Lamb of God*

Schubert/Proulx

## The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God.

## Administration of Communion

**Communion Hymn (292)** *O Jesus, Crowned with All Renown*

Kingsfold

## Postcommunion Prayer (EOW 69)

Celebrant: Let us pray.

**All: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## The Blessing (EOW 70)

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

## Closing Hymn (717)

*My Country, 'Tis of Thee*

America

## Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

## Postlude

*"America, the Beautiful"*

arr. Anna Laura Page

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## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Health:** Elaine Horsfield (Covid), Barry, Ted Grivetti (father of Todd Grivetti)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamée (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

## THIS WEEK at ST. TIMOTHY'S

### Sunday, June 30

8:00 AM Rite I Holy Eucharist – Sanctuary

9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream

### Monday, July 1

12:15 PM Step Into Recovery AA

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

### Tuesday, July 2

7:00 PM Scouts Troop 159

### Wednesday, July 3

1:45 PM Staff Meeting – Conference Room

4:00 PM Community Engagement - Kitchen

7:30 PM SA Meeting

### Thursday, July 4 – Church Office Closed

7:00 PM Debtors Anonymous

### Friday, July 5 – Church Office Closed

10:00 AM Friday Gratitude AA

### Saturday, July 6

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

## VACATION BIBLE SCHOOL, VOLUNTEERS NEEDED!

This summer, July 29<sup>th</sup> – August 2<sup>nd</sup>, St. Timothy's will host a summer camp for children (ages 4 to rising 5<sup>th</sup> grade). We have a great group of around 25 kids; **now we need a few more volunteers to supplement our core team.** The camp will run from 9 AM to 12 PM Monday through Friday. You can volunteer for the whole week, for just one day, or anything in between! **More information is available at the signup sheet in the Narthex (including Volunteer descriptions) and at our website [saint-timothys.org](http://saint-timothys.org) (registration link for both campers and volunteers!)**

## SHRINE MONT SAVE THE DATE 2024 RETREAT

St. Timothy's is headed to Shrine Mont September 13<sup>th</sup> – 15<sup>th</sup>, 2024. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$190 (double occupancy) or \$245 (single occupancy). All children 17 and under will attend for FREE! Scholarships will be available again this year. Registration ends **August 25<sup>th</sup>**. For more details please visit <https://shrinemont.com/> or contact Rob Huizar with questions and to register at [RetreatCoordinator@saint-timothys.org](mailto:RetreatCoordinator@saint-timothys.org).



present

## *Choral Evensong*

Sunday, July 14, 5:00 pm  
St. Timothy's Episcopal Church, 432 Van Buren St., Herndon

**The Piedmont Singers** is a musical outreach ministry of Grace Episcopal Church, Berryville, and Grace Episcopal Church, The Plains. They will embark on their seventh Choral Pilgrimage and serve as the "visiting choir-in-residence" Aug. 5-11 at Wells Cathedral in Somerset, UK. This Choral Evensong is last of three they will present before their residency.

All are invited to participate in this lovely medieval service of music, scripture and prayer largely unchanged since the first English-language *Book of Common Prayer* of 1549. The service is free and open to the public. Donations will be gratefully accepted.