



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday June 2, 2024

Second Sunday after Pentecost

10 a.m.



chasingthevind.net

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m.	La Santa Misa, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd , Rector (x12)	priest@saint-timothys.org
The Rev. Mario Meléndez , Associate Rector (x11)	mario@saint-timothys.org
The Rev. Brad Rundlett , Rector Emeritus	
Deb Angerman , Bookkeeper (x13)	bookkeeper@saint-timothys.org
Julio Cuellar , Latino Service Musician	juliocuellarmusic@yahoo.com
Todd Grivetti , Organist/Choirmaster (x16)	music@saint-timothys.org
Allyson Showalter , Preschool Director (x14)	sttimothypreschool432@gmail.com
Debbie Stolar , Parish Administrator (x10)	office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

Duke Street
At the tolling of the bell, all stand.

Gayden Sikes

Opening Hymn (48)

Oh Day of Radiant Gladness

Es flog ein kleins
Waldvoegelein

Opening Acclamations (EOW 50)

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever. Amen.**

Kyrie (S96)

Lord, Have Mercy

Schubert/Proulx

Opening Collect (EOW 51)

Celebrant: Holy Wisdom, in your loving kindness you created and restored us when we were lost: inspire us with your truth, that we may love you with our whole minds and run to you with open hearts, through Christ our Savior. **Amen.**

The Collect for the Day (BCP 229) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: O God, your never-failing providence sets in order all things both in heaven and

earth: Put away from us, we entreat you, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from 1 Samuel 3:1-10

Now the boy Samuel was ministering to the LORD under Eli. The word of the LORD was rare in those days; visions were not widespread. At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his room; the lamp of God had not yet gone out, and Samuel was lying down in the temple of the LORD, where the ark of God was. Then the Lord called, "Samuel! Samuel!" and he said, "Here I am!" and ran to Eli, and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. The Lord called. The LORD called again, "Samuel!" Samuel got up and went to Eli, and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." Now Samuel did not yet know the LORD, and the word of the LORD had not yet been revealed to him. The LORD called Samuel again, a third time. And he got up and went to Eli, and said, "Here I am, for you called me." Then Eli perceived that the LORD was calling the boy. Therefore Eli said to Samuel, "Go, lie down; and if he calls you, you shall say, 'Speak, LORD, for your servant is listening.'" So Samuel went and lay down in his place. Now the LORD came and stood there, calling as before, "Samuel! Samuel!" And Samuel said, "Speak, for your servant is listening."

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 4:1-15, 12-17 (Read Responsively)

Domine, probasti

- 1 LORD, you have searched me out and known me; *
**you know my sitting down and my rising up;
you discern my thoughts from afar.**
- 2 You trace my journeys and my resting-places *
and are acquainted with all my ways.
- 3 Indeed, there is not a word on my lips, *
but you, O LORD, know it altogether.
- 4 You press upon me behind and before *
and lay your hand upon me.
- 5 Such knowledge is too wonderful for me; *
it is so high that I cannot attain to it.

- 12 For you yourself created my inmost parts; *
you knit me together in my mother's womb.
- 13 I will thank you because I am marvelously made; *
your works are wonderful, and I know it well.
- 14 My body was not hidden from you, *
**while I was being made in secret
and woven in the depths of the earth.**
- 15 Your eyes beheld my limbs, yet unfinished in the womb;
all of them were written in your book; *
**they were fashioned day by day,
when as yet there was none of them.**
- 16 How deep I find your thoughts, O God! *
how great is the sum of them!
- 17 If I were to count them, they would be more in number than the sand; *
to count them all, my life span would need to be like yours.

A Reading from 2 Corinthians 4:5-12

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Sequence Hymn (466)

Eternal Light, Shine in My Heart

Jacob

Holy Gospel: Mark 2:23-3:6

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

One sabbath Jesus and his disciples were going through the grainfields; and as they made their

way his disciples began to pluck heads of grain. The Pharisees said to him, “Look, why are they doing what is not lawful on the sabbath?” And he said to them, “Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.” Then he said to them, “The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.”

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, “Come forward.” Then he said to them, “Is it lawful to do good or to do harm on the sabbath, to save life or to kill?” But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, “Stretch out your hand.” He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: **We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;**

he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form V (BCP 389)

Leader: For peace, let us pray to the Lord, saying, “Lord, have mercy”

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For our Bishop, Mark, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For those in positions of public trust, especially Joe our president, Glenn our governor, and Sheila our mayor that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For this congregation of St. Timothy's, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People: Lord, have mercy.

Leader: Rejoicing in the fellowship of blessed Timothy and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People: Lord, have mercy.

Silence.

Celebrant will add a concluding collect.

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please stand.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Anthem

Praeludium
(Ellen Grace Burke, violin)

Fritz Kreisler

Please stand as able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Duke Street



Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son and Holy Ghost.

Holy Communion- Eucharistic Prayer I (EOW 57)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Sanctus (S130)

Holy, Holy, Holy Lord

Schubert/Proulx

Please stand or kneel, as you are able.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**All: We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us
our trespasses, as we forgive those who trespass against us. And lead us not into temptation**

but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (S164)

Jesus, Lamb of God

Schubert/Proulx

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God.

Administration of Communion

**Communion Hymn
(WLP 773)**

Heal Me, Hands of Jesus

Sharpe

Postcommunion Prayer (EOW 69)

Celebrant: Let us pray.

All: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

Closing Hymn (567)

Thine Arm, O Lord, In Days of Old

St. Matthew

Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Postlude

Festival Piece on 'Nicaea'

Jerry Westenkuehler

*Flowers are given by Gio & Hugo
In memory of Maria Garcia*

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Sue Bosworth (Tom Bosworth's mother)

Health: Cathey Melton (Kristie Rudolph's mother), Tram Do (Ron Boggio's mother-in-law), Christine Sellers & George Ellis (Dorothy Fonow's cousins)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

THIS WEEK at ST. TIMOTHY'S

Sunday, June 2

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Confirmation Class – Sanctuary

9:30 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream

Monday, June 3

12:15 PM Step Into Recovery AA

4:00 PM DanceWorx – Narthex

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

Tuesday, June 4

4:00 PM DanceWorx

7:00 PM Scouts Troop 159

Wednesday, June 5

10:00 AM Blood Drive – Henry Hall

1:00 PM Shawl Ministry – Narthex

1:45 PM Staff Meeting – Conference Room

4:00 PM Community Engagement - Kitchen

4:00 PM DanceWorx

7:30 PM SA Meeting

Thursday, June 6

7:00 PM Debtors Anonymous

Friday, June 7

10:00 AM Friday Gratitude AA

Saturday, June 8

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM La Santa Misa – Sanctuary

LADIES SALAD LUNCHEON – June 9th

“Women of St. Tim’s, next Sunday we plan to gather in fellowship at a salad luncheon in the parish hall after the 10 o’clock service. Please call or email if you have questions or want to sign up to bring something. If you are making a salad, it can be fruit, meat, pasta, vegetable, dessert, or whatever. If making a salad is not “your thing,” please feel free to bring an alternative or simply come join us. I guarantee there will be leftovers.” ~ Sandy Schanne’ sandyschanne78@gmail.com.

FATHER'S DAY ICE CREAM SOCIAL – June 16th

Come celebrate Father's Day with an ice cream social after the 10 am service on **June 16th** in Henry Hall. Make your own sundae!

PARISH WIDE BBQ – June 23rd

Following the 10AM service (Rain or shine), the Generations Ministry will be hosting the BBQ and providing burgers, hotdogs, rolls and condiments. We are asking for salads, sides, or dessert donations. There will be sign-up sheets in the church entrance and Henry Hall starting June 2.

VACATION BIBLE STUDY, JULY 29 – AUGUST 2nd

“St. Timothy’s is Back!” and so is Vacation Bible School! We are excited to host a week of summer fun, faith, and fellowships here at St. Timothy’s. The camp will run from 9 AM to 12 PM Monday through Friday and feature music, games, and lots more. Registration has begun for both campers (ages 4 to rising 5th grade) and volunteers. Go to saint-timothys.org to see the registration link.

SHRINE MONT SAVE THE DATE 2024 RETREAT

Save the date for St. Timothy’s Annual Parish Weekend at Shrine Mont, happening **September 13th – 15th, 2024**. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$190 (double occupancy) or \$245 (single occupancy). All children 17 and under will attend for FREE! Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.

COFFEE HOUR for SUMMER 2024

We have had a wonderful year so far of Coffee Hour with fellowship and fun in Henry Hall after the 10 am service! We plan to continue this practice throughout the Summer but need volunteers to assist with set up, clean up and bringing light refreshments. If you are interested in helping or have any questions, contact Brooke Nunnally at **540-535-5189**.