



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, May 12, 2024

*Seventh Sunday of Easter*

8:00 a.m.



**Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

**Saint Timothy's Mission Statement**

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Mario Meléndez**, Associate Rector (x11)

[mario@saint-timothys.org](mailto:mario@saint-timothys.org)

**The Rev. Brad Rundlett**, Rector Emeritus

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** – Kristie Rudolph (2025)

**Jr. Warden** – Rick Wilson (2027)

Betsy Bosworth (2025)

Carolyn Hamm (2025)

Rob Huizar (2027)

Maria LaWalt (2025)

Vilma Lemus (2026)

John McGrath (alternate)

Matt Schumann (2027)

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Diane Miller*

*In thanksgiving for my children*

# HOLY EUCHARIST- RITE I

## The Word of God

*At the tolling of the bell, please stand as able.*

### Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Alleluia. Christ is risen.

**People: The Lord is risen indeed. Alleluia.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

### The Collect for the Day (BCP 175)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O God, the King of glory, who hast exalted thine only Son Jesus Christ with great triumph unto thy kingdom in heaven: We beseech thee, leave us not comfortless, but send to us thine Holy Ghost to comfort us, and exalt us unto the same place whither our Savior Christ is gone before; who liveth and reigneth with thee and the same Holy Ghost, one God, world without end. **Amen.**

*Please be seated.*

### The Lessons

#### A Reading from Acts 1:15-17, 21-26

In those days Peter stood up among the believers (together the crowd numbered about one hundred twenty persons) and said, "Friends, the scripture had to be fulfilled, which the Holy Spirit through David foretold concerning Judas, who became a guide for those who arrested Jesus-- for he was numbered among us and was allotted his share in this ministry. So one of the men who have accompanied us during all the time that the Lord Jesus went in and out among us, beginning from the baptism of John until the day when he was taken up from us-- one of these must become a witness with us to his resurrection." So they proposed two, Joseph called Barsabbas, who was also known as Justus, and Matthias. Then they prayed and said, "Lord, you

know everyone's heart. Show us which one of these two you have chosen to take the place in this ministry and apostleship from which Judas turned aside to go to his own place." And they cast lots for them, and the lot fell on Matthias; and he was added to the eleven apostles.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 1 (Read responsively)**

- 1 Happy are they who have not walked in the counsel of the wicked, \*  
**nor lingered in the way of sinners, nor sat in the seats of the scornful!**
- 2 Their delight is in the law of the Lord, \*  
**and they meditate on his law day and night.**
- 3 They are like trees planted by streams of water,  
bearing fruit in due season, with leaves that do not wither; \*  
**everything they do shall prosper.**
- 4 It is not so with the wicked; \*  
**they are like chaff which the wind blows away.**
- 5 Therefore the wicked shall not stand upright when judgment comes, \*  
**nor the sinner in the council of the righteous.**
- 6 For the Lord knows the way of the righteous, \*  
**but the way of the wicked is doomed.**

### **A Reading from 1 John 5:9-13**

If we receive human testimony, the testimony of God is greater; for this is the testimony of God that he has testified to his Son. Those who believe in the Son of God have the testimony in their hearts. Those who do not believe in God have made him a liar by not believing in the testimony that God has given concerning his Son. And this is the testimony: God gave us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life. I write these things to you who believe in the name of the Son of God, so that you may know that you have eternal life.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as able.*

### **Holy Gospel: John 17:6-19**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory be to thee, O Lord.**

Jesus prayed for his disciples, “I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth. As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth.”

Celebrant: The Gospel of the Lord.

**People: Praise be to thee, O Christ.**

*Please be seated.*

**Sermon**

The Rev. Dr. Ross Kane

*Please stand as able.*

**The Nicene Creed (BCP 326)**

**People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand, or kneel, as you are able.*

### **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, Charles, and Mario, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

*Please stand as able.*

### **The Peace (BCP 332)**

**Celebrant:** The peace of the Lord be always with you.

**People:** **And with thy spirit.**

*Please be seated.*

### **Welcome & Announcements**

### **The Offering**

*Please Stand*

## **The Holy Communion**

### **The Great Thanksgiving (Prayer II, BCP 340)**

**Celebrant:** The Lord be with you.

**People:** **And with thy spirit.**

**Celebrant:** Lift up your hearts.

**People:** **We lift them unto the Lord.**

**Celebrant:** Let us give thanks unto our Lord God.

**People:** **It is meet and right so to do.**

**Celebrant:** It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. But chiefly are we bound to praise thee for the glorious resurrection of thy Son Jesus Christ our Lord; for he is the very Paschal Lamb, who was sacrificed for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again hath won for us everlasting life. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*Stand or kneel, as you are able.*

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us**



our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **The Fraction (BCP 337)**

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

### **The Invitation (BCP 338)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

*Please stand or kneel as able.*

### **Postcommunion Prayer (BCP 339)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

### **The Blessing**

Celebrant: The God of peace, who brought again from the dead, our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

*Please stand as able.*

## Dismissal (BCP 340)

Celebrant: Alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God. Alleluia.

## PRAYER LIST:

*(Please email [careteam@saint-timothy.org](mailto:careteam@saint-timothy.org) with any prayer concerns.)*

**Rest of the Soul:** Whit Fentem (friend of Wanda Rixon)

**Health:** Bobbi & Bill Johnson, Jenn Green Family, Nicole Pernsley Grice

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamiee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

## THIS WEEK at ST. TIMOTHY'S

### Sunday, May 12 – Happy Mother's Day

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Adult Forum – “Faith & Politics”

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream

### Monday, May 13

12:15 PM Step into Recovery – AA

4:00 PM DanceWorx – Narthex

7:00 PM Hope For Today – Al Anon

7:30 PM Service Ministry Meeting – Conference Room

8:30 PM Monday Night Milkshake Group – AA

### Tuesday, May 14

4:00 PM DanceWorx – Narthex

7:00 PM Choir Rehearsal – Music Room

### Wednesday, May 15

1:45 PM Church Staff Meeting – Conf. Rm.

4:00 PM DanceWorx – Narthex

7:30 PM Finance Committee Meeting - Zoom

7:30 PM SA Meeting

### Thursday, May 16

7:00 PM Choir Rehearsal – Music Room

7:00 PM Debtors Anonymous

### Friday, May 17

10:00 AM Friday Gratitude AA

### Saturday, May 18

9:00 AM Altar Guild Set-Up – Sanctuary

## SUNDAY ADULT FORUM: “FAITH & POLITICS” – TODAY

This Sunday will be the last of a month-long series as a part of our “Joy in 2024” commitment in this election year. We are excited to have the **Rev. Dr. Ross Kane** lead us in this final discussion. We have explored the intersection of our spiritual lives and our civic lives. The questions raised: How do we live in our polarized world? What does the Bible have to tell us about being a witness in this socio-religious dynamic? How has God called St. Timothy's in the past in this endeavor and what is God's plan for us in the future?”

## **FEAST OF PENTECOST SUNDAY May 19<sup>TH</sup>**

In celebration of the Feast of Pentecost on Sunday May 19th everyone is invited to wear red! **On that day, we will have one service at 10 am (no Saturday 7 pm service, no Sunday 8 am service)** as we join together to celebrate the gift of the Holy Spirit. We are also inviting readers for the Acts lesson. Anyone who speaks a foreign language and who wants to participate, please contact the office to sign up.

## **CONGRATULATIONS to ALL GRADUATES!**

It's that time of year again as we celebrate all those graduating from high school, college, and elsewhere. Please let the church office know if you have a graduate in your household and provide the following information: Graduate Name, School (/Major), Future Plans, and Picture. Email to [office@saint-timothys.org](mailto:office@saint-timothys.org) by **June 1**.

## **LADIES SALAD LUNCHEON – June 9<sup>th</sup>**

“Women of St. Tim’s, it’s only a month until we plan to gather in fellowship at a salad luncheon in the parish hall after the 10 o’clock service. There will be an electronic sign-up option soon. If you don’t use the internet much, email me or call. I’m listed in our directory. If you are making a salad, it can be fruit, meat, pasta, vegetable, dessert, whatever. If making a salad is not “your thing,” please feel free to bring an alternative or simply come join us. I guarantee there will be leftovers.” ~ Sandy Schanne’  
[sandyschanne78@gmail.com](mailto:sandyschanne78@gmail.com).

## **VACATION BIBLE STUDY, JULY 29 – AUGUST 2<sup>nd</sup>**

“St. Timothy’s is Back!” and so is Vacation Bible School! We are excited to host a week of summer fun, faith, and fellowships here at St. Timothy’s. The camp will run from 9 AM to 12 PM Monday through Friday and feature music, games, and lots more. Registration has begun for both campers (ages 4 to rising 5<sup>th</sup> grade) and volunteers. Go to [saint-timothys.org](http://saint-timothys.org) to see the registration link.

## **SHRINE MONT SAVE THE DATE 2024 RETREAT**

Save the date for St. Timothy’s Annual Parish Weekend at Shrine Mont, happening **September 13<sup>th</sup> – 15<sup>th</sup>, 2024**. Prices for the retreat (includes 2 nights of lodging and 6 meals): Adults (18+) - \$190 (double occupancy) or \$245 (single occupancy). All children 17 and under will attend for FREE! Scholarships will be available again this year. Registration will start in June and occur over the summer. Details about the retreat activities will be available at registration. If you are interested in helping with the retreat or have questions, contact Rob Huizar at [RetreatCoordinator@saint-timothys.org](mailto:RetreatCoordinator@saint-timothys.org).



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DIOCESE OF  
VIRGINIA**