



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, April 28, 2024

*Fifth Sunday in Easter*

8:00 a.m.



CelebratingWeakness.com

"I am the vine;  
you are the  
branches. If  
you remain in  
me and I in you,  
you will bear much  
fruit; apart from  
me you can do  
nothing."

*John 15:5*

pinterest.com

**Weekly Services:**

Sunday, 8:00 a.m.  
Sunday, 10:00 a.m.

Holy Eucharist Rite I, spoken  
Holy Eucharist Rite II with Choir  
(Godly Play for ages 3–8, Sunday School for ages 9-12)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

**Saint Timothy's Mission Statement**

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Mario Meléndez**, Associate Rector (x11)

[mario@saint-timothys.org](mailto:mario@saint-timothys.org)

**The Rev. Brad Rundlett**, Rector Emeritus

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** – Kristie Rudolph (2025)

**Jr. Warden** – Rick Wilson (2027)

Betsy Bosworth (2025)

Carolyn Hamm (2025)

Rob Huizar (2027)

Maria LaWalt (2025)

Vilma Lemus (2026)

John McGrath (alternate)

Matt Schumann (2027)

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

# HOLY EUCHARIST- RITE I

## The Word of God

*At the tolling of the bell, please stand as able.*

### Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Alleluia. Christ is risen.

**People: The Lord is risen indeed. Alleluia.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

### The Collect for the Day (BCP 173)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O Almighty God, whom truly to know is everlasting life: Grant us so perfectly to know thy Son Jesus Christ to be the way, the truth, and the life, that we may steadfastly follow his steps in the way that leadeth to eternal life; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated.*

### The Lessons

#### A Reading from Acts 6:26-40

An angel of the Lord said to Philip, "Get up and go toward the south to the road that goes down from Jerusalem to Gaza." (This is a wilderness road.) So he got up and went. Now there was an Ethiopian eunuch, a court official of the Candace, queen of the Ethiopians, in charge of her entire treasury. He had come to Jerusalem to worship and was returning home; seated in his chariot, he was reading the prophet Isaiah. Then the Spirit said to Philip, "Go over to this chariot and join it." So Philip ran up to it and heard him reading the prophet Isaiah. He asked, "Do you understand what you are reading?" He replied, "How can I, unless someone guides me?" And he invited Philip to get in and sit beside him. Now the passage of the scripture that he

was reading was this: "Like a sheep he was led to the slaughter, and like a lamb silent before its shearer, so he does not open his mouth. In his humiliation justice was denied him. Who can describe his generation? For his life is taken away from the earth." The eunuch asked Philip, "About whom, may I ask you, does the prophet say this, about himself or about someone else?" Then Philip began to speak, and starting with this scripture, he proclaimed to him the good news about Jesus. As they were going along the road, they came to some water; and the eunuch said, "Look, here is water! What is to prevent me from being baptized?" He commanded the chariot to stop, and both of them, Philip and the eunuch, went down into the water, and Philip baptized him. When they came up out of the water, the Spirit of the Lord snatched Philip away; the eunuch saw him no more, and went on his way rejoicing. But Philip found himself at Azotus, and as he was passing through the region, he proclaimed the good news to all the towns until he came to Caesarea.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 22:24-30 (Read responsively)**

24 My praise is of him in the great assembly; \*

**I will perform my vows in the presence of those who worship him.**

25 The poor shall eat and be satisfied, and those who seek the Lord shall praise him: \*

**"May your heart live for ever!"**

26 All the ends of the earth shall remember and turn to the Lord, \*

**and all the families of the nations shall bow before him.**

27 For kingship belongs to the Lord; \*

**he rules over the nations.**

28 To him alone all who sleep in the earth bow down in worship; \*

**all who go down to the dust fall before him.**

29 My soul shall live for him; my descendants shall serve him; \*

**they shall be known as the Lord's for ever.**

|| 30 They shall come and make known to a people yet unborn \*

**the saving deeds that he has done.**

### **A Reading from 1 John 4:7-21**

Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live

through him. In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. Beloved, since God loved us so much, we also ought to love one another. No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us. By this we know that we abide in him and he in us, because he has given us of his Spirit. And we have seen and do testify that the Father has sent his Son as the Savior of the world. God abides in those who confess that Jesus is the Son of God, and they abide in God. So we have known and believe the love that God has for us. God is love, and those who abide in love abide in God, and God abides in them. Love has been perfected among us in this: that we may have boldness on the day of judgment, because as he is, so are we in this world. There is no fear in love, but perfect love casts out fear; for fear has to do with punishment, and whoever fears has not reached perfection in love. We love because he first loved us. Those who say, "I love God," and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. The commandment we have from him is this: those who love God must love their brothers and sisters also.

Reader:           The Word of the Lord.

**People:           Thanks be to God.**

*Please stand as able.*

### **Holy Gospel: John 15:1-8**

Celebrant:       The Holy Gospel of our Lord Jesus Christ according to John.

**People:           Glory be to thee, O Lord.**

Jesus said to his disciples, "I am the true vine, and my Father is the vinegrower. He removes every branch in me that bears no fruit. Every branch that bears fruit he prunes to make it bear more fruit. You have already been cleansed by the word that I have spoken to you. Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. Whoever does not abide in me is thrown away like a branch and withers; such branches are gathered, thrown into the fire, and burned. If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples."

Celebrant:       The Gospel of the Lord.

**People:           Praise be to thee, O Christ.**

*Please be seated.*

**Sermon**

The Rev. Charles R. Cowherd

*Please stand as able.*

## **The Nicene Creed (BCP 326)**

People:     **We believe in one God,  
                  the Father Almighty,  
                  maker of heaven and earth,  
                  of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
                  the only Son of God,  
                  eternally begotten of the Father,  
                  God from God, Light from Light,  
                  true God from true God,  
                  begotten, not made,  
                  of one Being with the Father;  
                  Through him all things were made.  
                  For us and for our salvation he came down from heaven:  
                  by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
                  and was made man;  
                  For our sake he was crucified under Pontius Pilate;  
                  he suffered death and was buried;  
                  On the third day he rose again in accordance with the Scriptures;  
                  he ascended into heaven and is seated at the right hand of the Father.  
                  He will come again in glory to judge the living and the dead,  
                  and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
                  who proceeds from the Father and the Son;  
                  With the Father and the Son he is worshiped and glorified.  
                  He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand, or kneel, as you are able.*

## **The Prayers of the People (BCP 328)**

Leader:   Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth,

unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, Charles, and Mario, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

*Please stand as able.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

People: **And with thy spirit.**

*Please be seated.*

### **Welcome & Announcements**

### **The Offering**

*Please Stand*

## **The Holy Communion**

### **The Great Thanksgiving (Prayer II, BCP 340)**

Celebrant: The Lord be with you.

**People:**           **And with thy spirit.**

Celebrant:       Lift up your hearts.

**People:**           **We lift them unto the Lord.**

Celebrant:       Let us give thanks unto our Lord God.

**People:**           **It is meet and right so to do.**

Celebrant:       It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. But chiefly are we bound to praise thee for the glorious resurrection of thy Son Jesus Christ our Lord; for he is the very Paschal Lamb, who was sacrificed for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again hath won for us everlasting life. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **The Sanctus (BCP 334)**

**All:**               **Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*Stand or kneel, as you are able.*

Celebrant:       All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy



Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All:               Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant:       Alleluia. Christ our Passover is sacrificed for us.

People:           **Therefore let us keep the feast. Alleluia.**

### **The Invitation (BCP 338)**

Celebrant:       The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

*Please stand or kneel as able.*

### **Postcommunion Prayer (BCP 339)**

Celebrant:       Let us pray.

**All:               Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared**

for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### **The Blessing**

Celebrant: The God of peace, who brought again from the dead, our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

*Please stand as able.*

### **Dismissal (BCP 340)**

Celebrant: Alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God. Alleluia.**

## **PRAYER LIST:**

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Health:** Clayton Davis (healing), Liz Mullan, Stephanie Miller Mathias (brain surgery), Jamie Alexander Rigg (newborn granddaughter of Teena Hamill), Brice Family, Bobbi & Bill Johnson (healing)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

## **SUNDAY ADULT FORUM: “FAITH & POLITICS” – TODAY!**

We continue with our month-long series as a part of our “Joy in 2024” commitment in this election year. Over four sessions (4/21, 4/28, 5/5 and 5/12) we will explore the intersection of our spiritual lives and our civic lives. The type of questions to be raised: “How do we live in our polarized world? What does the Bible have to tell us about being a witness in this socio-religious dynamic? How has God called St. Timothy’s in the past in this endeavor and what is God’s plan for us in the future?”

## THIS WEEK at ST. TIMOTHY'S

### Sunday, April 28 – LINK Spring Food Drive

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Adult Forum – “Faith & Politics”

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream

11:00 AM National Volunteer Month Celebration – Henry Hall

### Monday, April 29

12:15 PM Step into Recovery – AA

4:00 PM DanceWorx – Narthex

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

### Tuesday, April 30

4:00 PM DanceWorx – Narthex

7:00 PM Scout Troop 159 – Henry Hall

### Wednesday, May 1

1:00 PM Shawl Ministry – Narthex

1:45 PM Church Staff Meeting – Conf. Rm.

4:00 PM Community Engagement - Kitchen

4:00 PM DanceWorx – Narthex

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

### Thursday, May 2

7:00 PM Debtors Anonymous

7:00 PM Choir Rehearsal – Music Room

### Friday, May 3

10:00 AM Friday Gratitude AA

### Saturday, May 4

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM Rite II Santa Eucarista - Sanctuary

## LINK SPRING FOOD DRIVE CONCLUDES TODAY

The Spring food drive for LINK is coming to an end. We received dozens of blue bags and the items collected have been delivered to the food pantry and will start going out to those in need this week. It is not too late to participate as we are still collecting food. Below is a list of items that are in high demand for LINK.

**WHEN DO I RETURN THE BLUE BAGS:** We will be in the Narthex to collect the bags at both services this Sunday April 28th. If you need help getting the bags out of your car, we will be glad to assist. You can also drop off the bags at the LINK basket in the hallway going to Henry Hall anytime during the week.

**WHAT ITEMS ARE NEEDED:** Currently the pantry is experiencing a shortage of macaroni and cheese, jelly and jam, diapers six 6, baby wipes and personal items such as shampoo, soap, laundry pods and dishwasher pods. We are gratified that you are bringing in the items of greatest need, such as personal items. For example, the pantry had ZERO deodorants and thanks to your generosity there are now 16 deodorants on the shelf!

The Service Ministry thanks you for putting your faith to work to serve our neighbors.

## NATIONAL VOLUNTEER MONTH CELEBRATION TODAY!

Join the Service Ministry in Henry Hall today after the 10:00 am service for cake and a blessing to celebrate our wonderful cadre of volunteers! It seems that everyone at St. Timothy's volunteers in some way, inside or outside the walls of our church. If you haven't had an opportunity to sign the “Volunteer

Hall of Fame” poster, its not to late to do so. Please visit the display, sign your name and include the who, or the what you volunteer for. Whether it be singing in the choir, donating to a food pantry, working at The Closet, or filling the role of the Girl Scout Cookie Mom, we want to hear from you! Thank you for putting your faith to work. Looking for ways to volunteer? Contact [service@saint-tomothys.org](mailto:service@saint-tomothys.org) for ideas.

## **CAROLINE ARLINGTON MEMORIAL SERVICE – MAY 5<sup>TH</sup>**

We will gather in the Sanctuary on **May 5th at 11:30 am, at St. Timothy's, Herndon**, for Caroline Arlington's memorial service. After the service, you are invited to join us in the Chapel Garden area for the scattering of ashes and for a light reception in Henry Hall.

## **ECLIPSE GLASSES DONATION**

Are your eclipse glasses still hanging around? If so, bring them to church starting this Sunday and donate them to children in South America who will get to experience a solar eclipse this fall. There will be a clearly marked box in the Narthex. Alex Schumann will be collecting them at the end of the month.

## **LADIES SALAD LUNCHEON – June 9<sup>th</sup>**

Women of St. Timothy's, please put "Ladies Salad Luncheon" on your calendars for after the 10 o'clock service on Sunday, June 9 in Henry Hall. The Community Engagement Team will furnish beverages and light desserts. Attendees are asked to bring a salad of their choice: fruit, vegetables, meat, pasta, etc. Hope to see you there! Can you join us? Please contact Sandy Schanné at [sandyschanne78@gmail.com](mailto:sandyschanne78@gmail.com) with any questions.

## **VACATION BIBLE STUDY, JULY 29 – AUGUST 2<sup>nd</sup>**

“St. Timothy’s is Back!” and so is Vacation Bible School! We are excited to host a week of summer fun, faith, and fellowships here at St. Timothy’s. The camp will run from 9 AM to 12 PM Monday through Friday and feature music, games, and lots more. Registration has begun for both campers (ages 4 to rising 5<sup>th</sup> grade) and volunteers. Go to [saint-timothys.org](http://saint-timothys.org) to see the registration link.

## **SHRINE MONT SAVE THE DATE 2024 RETREAT**

Save the date for St. Timothy’s Annual Parish Weekend at Shrine Mont, happening **September 13th – 15th, 2024**. If you are interested in helping with the retreat or have questions, contact Rob Huizar at [RetreatCoordinator@saint-timothys.org](mailto:RetreatCoordinator@saint-timothys.org).