



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, April 21, 2024

Fourth Sunday in Easter

8:00 a.m.



paintingvalley.com

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–8, Sunday School for ages 9-12)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Saint Timothy's Mission Statement

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Mario Meléndez, Associate Rector (x11)

mario@saint-timothys.org

The Rev. Brad Rundlett, Rector Emeritus

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothypreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Sr. Warden – Kristie Rudolph (2025)

Jr. Warden – Rick Wilson (2027)

Betsy Bosworth (2025)

Carolyn Hamm (2025)

Rob Huizar (2027)

Maria LaWalt (2025)

Vilma Lemus (2026)

John McGrath (alternate)

Matt Schumann (2027)

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Caithyn Smith
In thanksgiving for my daughter's birthday*

HOLY EUCHARIST- RITE I

The Word of God

At the tolling of the bell, please stand as able.

Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 173)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: O God, whose Son Jesus is the good shepherd of thy people: Grant that when we hear his voice we may know him who calleth us each by name, and follow where he doth lead; who, with thee and the Holy Spirit, liveth and reigneth, one God, for ever and ever. **Amen.**

Please be seated.

The Lessons

A Reading from Acts 4:5-12

The rulers, elders, and scribes assembled in Jerusalem, with Annas the high priest, Caiaphas, John, and Alexander, and all who were of the high-priestly family. When they had made the prisoners stand in their midst, they inquired, "By what power or by what name did you do this?" Then Peter, filled with the Holy Spirit, said to them, "Rulers of the people and elders, if we are questioned today because of a good deed done to someone who was sick and are asked how this man has been healed, let it be known to all of you, and to all the people of Israel, that this man is standing before you in good health by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead. This Jesus is `the stone that was rejected by you, the builders; it has become the cornerstone.' There is salvation in no one else, for there is no other

name under heaven given among mortals by which we must be saved."

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 23 (Read responsively)

The LORD is my shepherd; *

I shall not want.

He maketh me to lie down in green pastures; *

he leadeth me beside the still waters.

He restoreth my soul; *

he leadeth me in the paths of righteousness for his Name's sake.

Yea, though I walk through the valley of the shadow of death,

I will fear no evil; *

for thou art with me; thy rod and thy staff, they comfort me.

Thou preparest a table before me in the presence of mine enemies; *

thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life, *

and I will dwell in the house of the LORD for ever.

A Reading from 1 John 3:16-24

We know love by this, that he laid down his life for us-- and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help? Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him. And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as able.

Holy Gospel: John 10:11-18

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory be to thee, O Lord.

Jesus said, “I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father.”

Celebrant: The Gospel of the Lord.

People: Praise be to thee, O Christ.

Please be seated.

Sermon

The Rev. Charles R. Cowherd

Please stand as able.

The Nicene Creed (BCP 326)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able.

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, Charles, and Mario, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear,

beseeking thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Please stand as able.

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Please be seated.

Welcome & Announcements

The Offering

Please Stand

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. But chiefly are we bound to praise thee for the glorious resurrection of thy Son Jesus Christ our Lord; for he is the very Paschal Lamb, who was sacrificed for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again hath won for us everlasting life. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

Stand or kneel, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Please stand or kneel as able.

Postcommunion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant: The God of peace, who brought again from the dead, our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Please stand as able.

Dismissal (BCP 340)

Celebrant: Alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God. Alleluia.

SUNDAY ADULT FORUM: “FAITH & POLITICS” – TODAY!

Beginning today at 9 AM, we will begin a month-long series as a part of our “Joy in 2024” commitment in this election year. Over four sessions (4/21, 4/28, 5/5 and 5/12) we will explore the intersection of our spiritual lives and our civic lives. The type of questions to be raised: “How do we live in our polarized world? What does the Bible have to tell us about being a witness in this socio-religious dynamic? How has God called St. Timothy’s in the past in this endeavor and what is God’s plan for us in the future?”

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Health: Jones Family, Susan Kruchten (Jackie Hauslein Kruchten's mother-in-law), Clayton Davis (hip, knees, back, elbows, and neck pain), Liz Mullan, Stephanie Miller Mathias (brain surgery), Jamie Alexander Rigg (newborn granddaughter of Teena Hamill), Brice Family

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

THIS WEEK at ST. TIMOTHY'S

Sunday, April 21 – LINK Spring Food Drive

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Adult Forum – “Faith & Politics”

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream

Monday, April 22

12:15 PM Step into Recovery – AA

4:00 PM DanceWorx – Narthex

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, April 23

4:00 PM DanceWorx – Narthex

7:00 PM Vestry Meeting – Narthex

7:00 PM Scout Troop 159 – Henry Hall

Wednesday, April 24

4:00 PM DanceWorx – Narthex

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

Thursday, April 25

7:00 PM Debtors Anonymous

7:00 PM Choir Rehearsal – Music Room

Friday, April 26

10:00 AM Friday Gratitude AA

Saturday, April 27

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM Rite II Santa Eucarista - Sanctuary

LINK SPRING FOOD DRIVE CONTINUES!

The Service Ministry is hosting a Spring food drive for LINK. The drive got off to a successful start this past week as many of you took the blue bags that we were handing out.

HOW DO I GET A BAG: If you did not get a bag on Sunday, members of the Service Ministry will continue to hand out bags this Sunday morning. In addition, there are bags in the Church Office which you can pick up any weekday between 9 and 3 pm.

WHEN DO I RETURN THE BAGS WITH FOOD: We will be in the Narthex to collect the bags at each service on Sunday April 21st and Sunday April 28th. If you need help getting the bags out of your car, we will be glad to assist. You can also drop off the bags at the LINK basket in the hallway going to Henry Hall anytime during the week.

WHAT ITEMS ARE NEEDED: Attached to the bag will be a list of items that are in high demand. Currently the pantry is experiencing a shortage of macaroni and cheese, jelly and jam, diapers size 6, baby wipes and personal items such as shampoo, soap, laundry pods and dishwasher pods.

APRIL IS NATIONAL VOLUNTEER MONTH

The Service Ministry invites you to share what you are passionate about by signing our “Volunteer Hall of Fame” poster in Henry Hall. We want to recognize everyone who puts their faith to work by helping, in big ways or small, neighbors in our community. **Please visit the display, sign your name and include the who, or the what you volunteer for.** Whether it be singing in the choir, donating to a food pantry, working at The Closet, or filling the role of the Girl Scout Cookie Mom, we want to hear from you! At the end of the month, we will celebrate with cake and a blessing in Henry Hall after the 10 am service. Looking for ways to volunteer? Contact service@saint-timothys.org for ideas.

CAROLINE ARLINGTON MEMORIAL SERVICE – MAY 5TH

We will gather in the Sanctuary on **May 5th at 11:30 am, at St. Timothy's, Herndon**, for Caroline Arlington's memorial service. After the service, you are invited to join us in the Chapel Garden area for the scattering of ashes.

ECLIPSE GLASSES DONATION

Are your eclipse glasses still hanging around? If so, bring them to church starting this Sunday and donate them to children in South America who will get to experience a solar eclipse this fall. There will be a clearly marked box in the Narthex. Alex Schumann will be collecting them at the end of the month.

LADIES SALAD LUNCHEON – June 9th

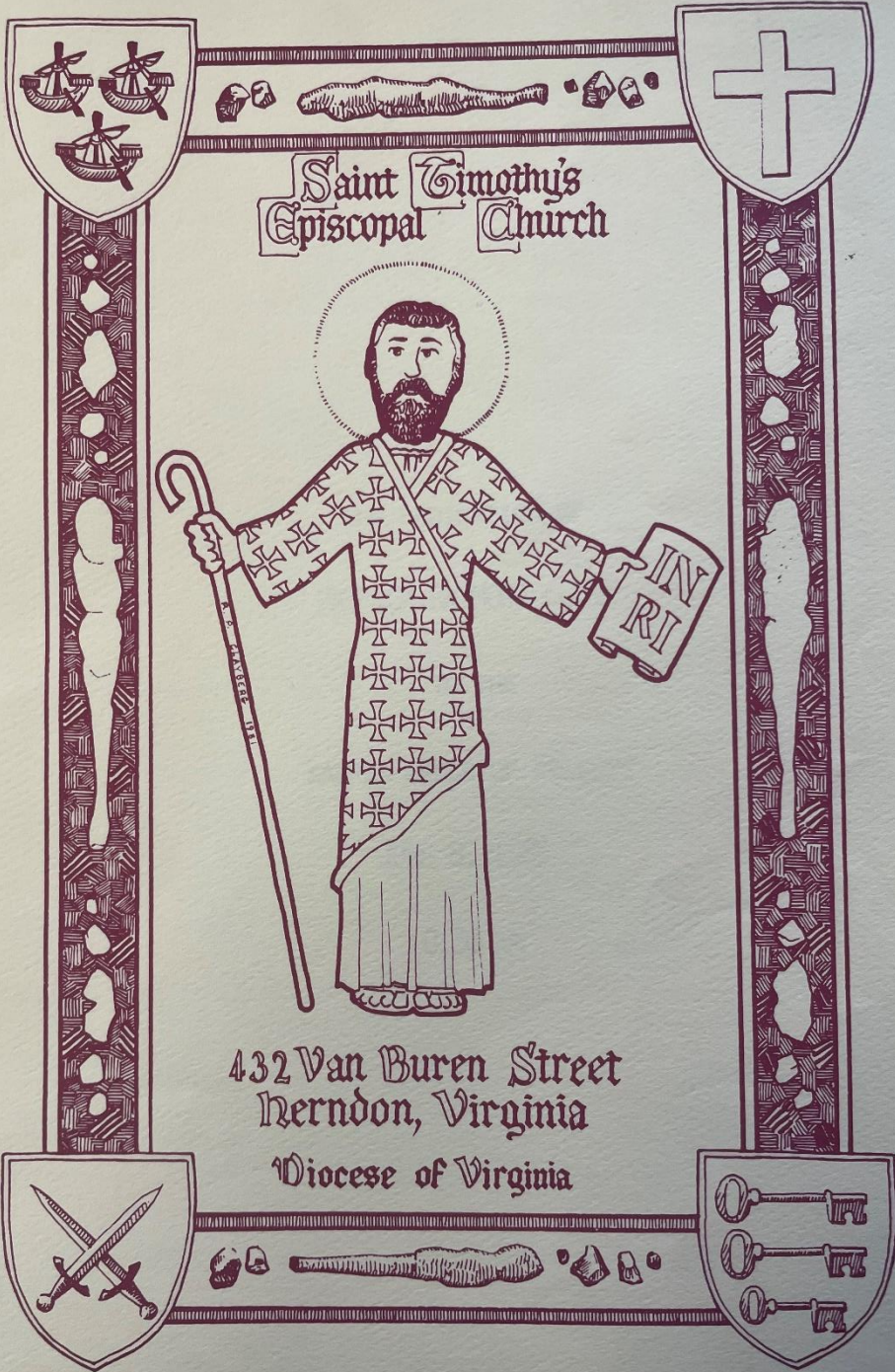
Women of St. Timothy's, please put "Ladies Salad Luncheon" on your calendars for after the 10 o'clock service on Sunday, June 9 in Henry Hall. The Community Engagement Team will furnish beverages and light desserts. Attendees are asked to bring a salad of their choice: fruit, vegetables, meat, pasta, etc. Hope to see you there! Can you join us? Please contact Sandy Schanné at sandyschanne78@gmail.com with any questions.

VACATION BIBLE STUDY, JULY 29 – AUGUST 2nd

“St. Timothy’s is Back!” and so is Vacation Bible School! We are excited to host a week of summer fun, faith, and fellowships here at St. Timothy’s. The camp will run from 9 AM to 12 PM Monday through Friday and feature music, games, and lots more. Registration has begun for both campers (ages 4 to rising 5th grade) and volunteers. Go to saint-timothys.org to see the registration link.

SHRINE MONT SAVE THE DATE 2024 RETREAT

Save the date for St. Timothy’s Annual Parish Weekend at Shrine Mont, happening **September 13th – 15th, 2024**. If you are interested in helping with the retreat or have questions, contact Rob Huizar at RetreatCoordinator@saint-timothys.org.



Saint Timothy's
Episcopal Church



432 Van Buren Street
Herndon, Virginia
Diocese of Virginia