



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, April 14, 2024

Third Sunday in Easter

8:00 a.m.



chenmybear-t.blogspot.com

Weekly Services:

Sunday, 8:00 a.m.

Holy Eucharist Rite I, spoken

Sunday, 10:00 a.m.

Holy Eucharist Rite II with Choir

(Godly Play for ages 3–8, Sunday School for ages 9-12)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

Saint Timothy's Mission Statement

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe the little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Rector (x12)

priest@saint-timothys.org

The Rev. Mario Meléndez, Associate Rector (x11)

mario@saint-timothys.org

The Rev. Brad Rundlett, Rector Emeritus

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothypreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Sr. Warden – Kristie Rudolph (2025)

Jr. Warden – Rick Wilson (2027)

Betsy Bosworth (2025)

Carolyn Hamm (2025)

Rob Huizar (2027)

Maria LaWalt (2025)

Vilma Lemus (2026)

John McGrath (alternate)

Matt Schumann (2027)

Midori Yanagihara (2026)

*Flowers are given by Beth & Peter Hwoskechinsky
In memory of Morlyn and Elinor Hurley, parents of Beth*

*Flowers are given by Robin Richards, Paul & Lisa Sullivan
In memory of Muriel Turner*

HOLY EUCHARIST- RITE I

The Word of God

At the tolling of the bell, please stand as able.

Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 173)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: O God, whose blessed Son did manifest himself to his disciples in the breaking of bread: Open, we pray thee, the eyes of our faith, that we may behold him in all his redeeming work; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

The Lessons

A Reading from Acts 3:12-19

Peter addressed the people, “You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you. “And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God

fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out.”

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 4 (Read responsively)

- 1 Answer me when I call O God, defender of my cause; *
you set me free when I am hard-pressed; have mercy on me and hear my prayer.
- 2 "You mortals, how long will you dishonor my glory; *
how long will you worship dumb idols and run after false gods?"
- 3 Know that the Lord does wonders for the faithful; *
when I call upon the Lord, he will hear me.
- 4 Tremble then, and do not sin; *
speak to your heart in silence upon your bed.
- 5 Offer the appointed sacrifices *
and put your trust in the Lord.
- 6 Many are saying, "Oh that we might see better times!" *
Lift up the light of your countenance upon us, O Lord.
- 7 You have put gladness in my heart, *
more than when grain and wine and oil increase.
- 8 I lie down in peace; at once I fall asleep; *
for only you Lord, make me dwell in safety.

A Reading from 1 John 3:1-7

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure. Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as able.

Holy Gospel: Luke 24:36b-48

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: Glory be to thee, O Lord.

Jesus himself stood among the disciples and said to them, “Peace be with you.” They were startled and terrified, and thought that they were seeing a ghost. He said to them, “Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have.” And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, “Have you anything here to eat?” They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, “These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.” Then he opened their minds to understand the scriptures, and he said to them, “Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

Celebrant: The Gospel of the Lord.

People: Praise be to thee, O Christ.

Please be seated.

Sermon

The Rev. Charles R. Cowherd

Please stand as able.

The Nicene Creed (BCP 326)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:**

by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son;

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able.

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, Charles, and Mario, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Please stand as able.

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Please be seated.

Welcome & Announcements

The Offering

Please Stand

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. But chiefly are we bound to praise thee for the glorious resurrection of thy Son Jesus Christ our Lord; for he is the very Paschal Lamb, who was sacrificed for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again hath won for us everlasting life. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

Stand or kneel, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Please stand or kneel as able.

Postcommunion Prayer (BCP 339)

Celebrant: Let us pray.

All: **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

The Blessing

Celebrant: May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer, bring you to your eternal inheritance. **Amen.**

Please stand as able.

Dismissal (BCP 340)

Celebrant: Alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God. Alleluia.**

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: The Reverend Nancy Noall, Helen (sister of Terry Jones)

Health: Trum Tran (Ron Boggio's mother-in-law), Bobbe Duquette (heart surgery), Jones Family, Susan Kruchten (Jackie Hauslein Kruchten's mother-in-law), Clayton Davis (hip, knees, back, elbows, and neck pain), Liz Mullan, Stephanie Miller Mathias (brain surgery), Jamie Alexander Rigg (newborn granddaughter of Teena Hamill)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, AG Miamiee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Chris Connelly (Barb Kimmel's brother, severe depression), Barb Benson (friend of Bob Kimmel, Parkinson's), Cameron Barr

THIS WEEK at ST. TIMOTHY'S

Sunday, April 14 – LINK Spring Food Drive

8:00 AM Rite I Holy Eucharist – Sanctuary

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite I Holy Eucharist – Sanctuary/Livestream

Monday, April 15

12:15 PM Step into Recovery – AA

4:00 PM DanceWorx – Narthex

7:00 PM Hope For Today – Al Anon

8:30 PM Monday Night Milkshake Group – AA

Tuesday, April 16

4:00 PM DanceWorx – Narthex

7:00 PM Scout Troop 159 – Henry Hall

Wednesday, April 17

4:00 PM DanceWorx – Narthex

7:30 PM Finance Committee Meeting - Zoom

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

Thursday, April 18

7:00 PM Debtors Anonymous

7:00 PM Choir Rehearsal – Music Room

Friday, April 19

10:00 AM Friday Gratitude AA

Saturday, April 20

9:00 AM Altar Guild Set-Up – Sanctuary7

7:00 PM Rite II Santa Eucarista - Sanctuary

LINK SPRING FOOD DRIVE – Starts Today!

The Service Ministry is hosting a Spring food drive for LINK. **For the next two weekends**, members of the Service Ministry will be in the Narthex after each service to hand out cloth bags for you to fill with items for LINK. Attached to the bag will be a list of items that are in high demand. **We will collect the bags the weekends of (April 20th and 21st and April 27th and 28th) at the close of each service.**

Currently the pantry is experiencing a shortage of macaroni and cheese, jelly and jam, diapers six 6, baby wipes and personal items such as shampoo, soap, laundry pods and dishwasher pods.

You may also pick up a bag at the Church office and drop off the food during the week. Items can be dropped off at the LINK basket in the hallway between the office and the Narthex. We are grateful for anything you can contribute to help with hunger in our community.

APRIL IS NATIONAL VOLUNTEER MONTH

The Service Ministry invites you to share what you are passionate about by signing our “Volunteer Hall of Fame” poster in Henry Hall. We want to recognize everyone who puts their faith to work by helping, in big ways or small, neighbors in our community. **Please visit the display, sign your name and include the who, or the what you volunteer for.** Whether it be singing in the choir, donating to a food pantry, working at The Closet, or filling the role of the Girl Scout Cookie Mom, we want to hear from you! At the end of the month, we will celebrate with cake and a blessing in Henry Hall after the 10 am service. Looking for ways to volunteer? Contact service@saint-timothys.org for ideas.

SUNDAY ADULT FORUM: “FAITH & POLITICS”

Next week, Sunday April 21st at 9 AM, we will begin a month-long series as a part of our “Joy in 2024” commitment in this election year. Over four sessions (4/21, 4/28, 5/5 and 5/12) we will explore the intersection of our spiritual lives and our civic lives. The type of questions to be raised: “How do we live in our polarized world? What does the Bible have to tell us about being a witness in this socio-religious dynamic? How has God called St. Timothy’s in the past in this endeavor and what is God’s plan for us in the future?” **Come join us at 9 AM or on the Livestream beginning next Sunday April 21st!**

SAINT ISIDORE GUILD RECRUITING – We need your talents!

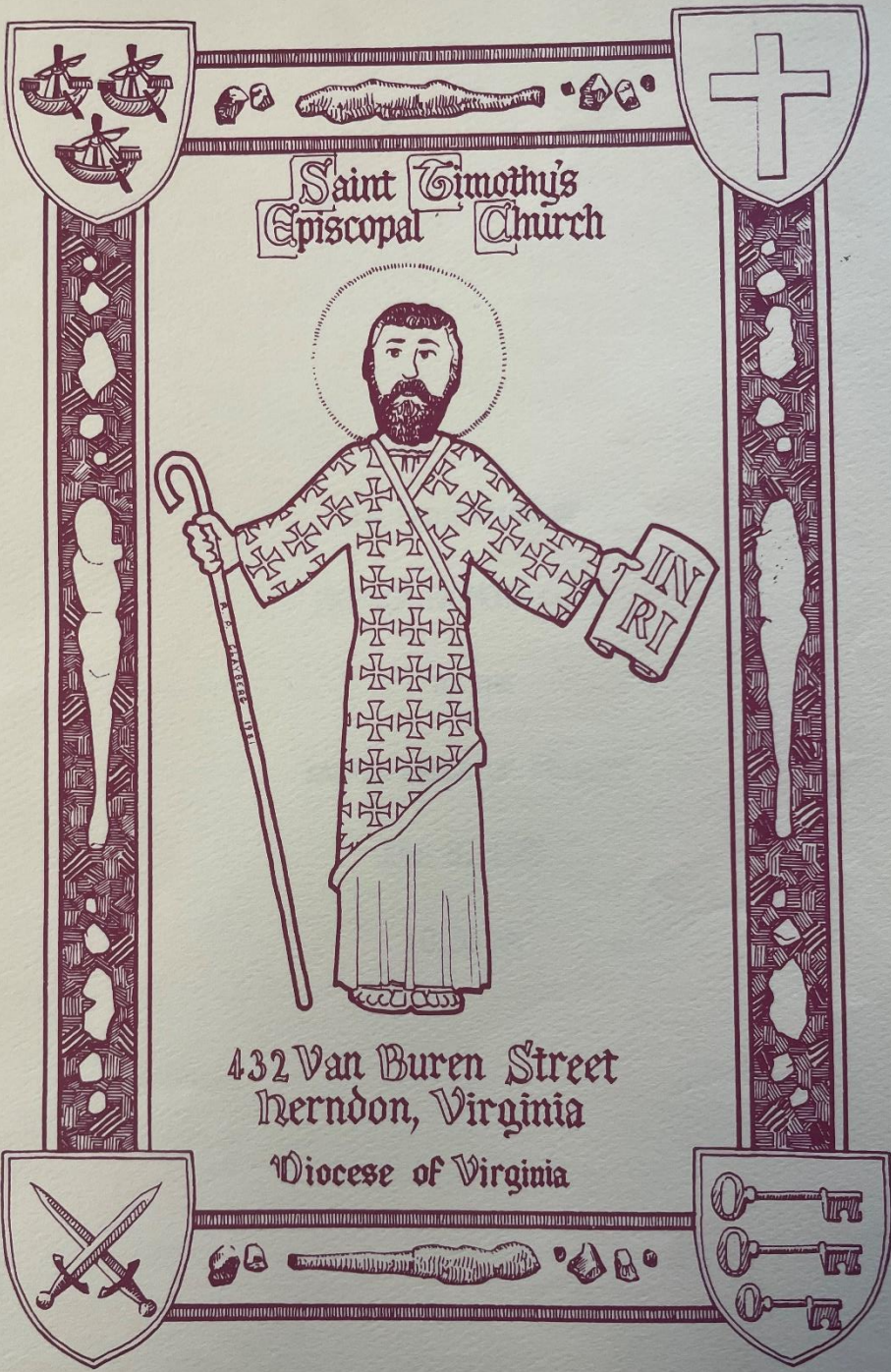
The Saint Isidore Guild needs additional people to help livestream our services. Social media skills are useful but not required - learn how to easily video, produce, and stream via Zoom post to St. Timothy's YouTube account, share to Facebook, and link to our WordPress homepage. The requirement would be to support livestreaming services for about an hour once or twice a month. Come behind the scenes and join our team! Please reach out to stisidore@saint-timothys.org or John Druitt at druitt@aol.com/703-989-0770 if you would like more information about joining us!

VACATION BIBLE STUDY, JULY 29 – AUGUST 2nd

“St. Timothy’s is Back!” and so is Vacation Bible School! We are excited to host a week of summer fun, faith, and fellowships here at St. Timothy’s. The camp will run from 9 AM to 12 PM Monday through Friday and feature music, games, and lots more. Registration has begun for both campers (ages 4 to rising 5th grade) and volunteers. Go to saint-timothys.org to see the registration link.

LADIES SALAD LUNCHEON – June 9th

Women of St. Timothy's, please put "Ladies Salad Luncheon" on your calendars for after the 10 o'clock service on Sunday, June 9 in Henry Hall. The Community Engagement Team will furnish beverages and light desserts. Attendees are asked to bring a salad of their choice: fruit, vegetables, meat, pasta, etc. Hope to see you there! Can you join us? Please contact Sandy Schanné at sandyschanne78@gmail.com with any questions.



Saint Timothy's
Episcopal Church

432 Van Buren Street
Herndon, Virginia

Diocese of Virginia