



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

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Sunday, December 3, 2023

*First Sunday of Advent*

8 a.m.



### **Weekly Services:**

Sunday, 8:00 a.m.

Holy Eucharist Rite I, spoken

Sunday, 10:00 a.m.

Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

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## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Brad Rundlett**, Rector Emeritus

**The Rev. Philene Ware Dunn**, Interim Latino Supply Priest

[pwardunn@cox.net](mailto:pwardunn@cox.net)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothyspreschool432@gmail.com](mailto:sttimothyspreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

**Jr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Rick Wilson (2024)

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

# HOLY EUCHARIST- RITE I

## The Word of God

*At the tolling of the bell, please stand.*

### Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Bless the Lord who forgiveth all our sins.

**People: His mercy endureth for ever.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### Trisagion (BCP 324)

Celebrant: Holy God,

Celebrant: Holy Mighty,

Celebrant: Holy Immortal One,

**People: Have mercy upon us.**

### The Collect for the Day (BCP 159)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armor of light, now in the time of this mortal life in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Ghost, one God, now and for ever. **Amen.**

### The Lessons

#### A Reading from Isaiah 64:1-9

O that you would tear open the heavens and come down, so that the mountains would quake at your presence--as when fire kindles brushwood and the fire causes water to boil--to make your name known to your adversaries, so that the nations might tremble at your presence! When you did awesome deeds that we did not expect, you came down, the mountains quaked at your presence. From ages past no one has heard, no ear has perceived, no eye has seen any God besides you, who works for those who wait for him. You meet those who gladly do right, those who remember you in your ways. But you were angry, and we sinned; because you hid yourself we transgressed. We have all become like one who is unclean, and all our righteous

deeds are like a filthy cloth. We all fade like a leaf, and our iniquities, like the wind, take us away. There is no one who calls on your name, or attempts to take hold of you; for you have hidden your face from us, and have delivered us into the hand of our iniquity. Yet, O LORD, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. Do not be exceedingly angry, O LORD, and do not remember iniquity forever. Now consider, we are all your people.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 80:1-7, 16-18 (Read responsively)**

- 1 Hear O Shepherd of Israel, leading Joseph like a flock; \*  
**shine forth, you that are enthroned upon the cherubim.**
- 2 In the presence of Ephraim, Benjamin and Manasseh, \*  
**stir up your strength and come to help us.**
- 3 Restore us, O God of hosts; \*  
**show the light of your countenance, and we shall be saved.**
- 4 O LORD God of hosts, \*  
**how long will you be angered despite the prayers of your people?**
- 5 You have fed them with the bread of tears; \*  
**you have given them bowls of tears to drink.**
- 6 You have made us the derision of our neighbors, \*  
**and our enemies laugh us to scorn.**
- 7 Restore us, O God of hosts; \*  
**show the light of your countenance, and we shall be saved.**
- 16 Let your hand be upon the man of your right hand, \*  
**the son of man you have made so strong for yourself.**
- 17 And so will we never turn away from you; \*  
**give us life, that we may call upon your Name.**
- 18 Restore us, O LORD God of hosts; \*  
**show the light of your countenance, and we shall be saved.**

### **A Reading from 1 Corinthians 1:3-9**

Grace to you and peace from God our Father and the Lord Jesus Christ. I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind-- just as the

testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Reader:           The Word of the Lord.

**People:**           **Thanks be to God.**

*Please stand.*

**Holy Gospel: Mark 13:24-37**

Celebrant:        The Holy Gospel of our Lord Jesus Christ according to Mark.

**People:**           **Glory be to thee, O Lord.**

Jesus said, "In those days, after that suffering, the sun will be darkened, and the moon will not give its light, and the stars will be falling from heaven, and the powers in the heavens will be shaken. Then they will see 'the Son of Man coming in clouds' with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven. "From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away. "But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake."

Celebrant:        The Gospel of the Lord.

**People:**           **Praise be to thee, Lord Christ.**

*Please be seated.*

**Sermon**

The Reverend Charles R. Cowherd

*Please stand.*

**The Nicene Creed (BCP 326)**

**People:**        **We believe in one God,  
                  the Father Almighty,**

maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand, or kneel, as you are able.*

### **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and

Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

## **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

*(John 3:16)*

*Please stand*

## **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

## **Welcome & Announcements**

### **The Offering**

## **The Holy Communion**

### **The Great Thanksgiving (Prayer I, BCP 333)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because thou didst send thy beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **The Sanctus (BCP 334)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**



**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*Stand or kneel, as you are able.*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

## The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## Administration of Communion

### Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## The Blessing

Celebrant: May he whose second Coming in power and great glory we await, make you steadfast in faith, joyful in hope, and constant in love. **Amen.**

*Please stand.*

## Dismissal (BCP 340)

Celebrant: Alleluia, alleluia. Let us bless the Lord.

People: **Thanks be to God. Alleluia, alleluia.**

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** John Rognlie (son-in-law of Nora St. Arnold), David Hixon

**Health:** Nelson Perez Jr. (grief), George Wiggin

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamcee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Fred McBride, Shannon Dailey (Ted Mankin's sister-in-law)

## THIS WEEK at ST. TIMOTHY'S

### Sunday, December 3

8:00 AM Rite I Holy Eucharist - Sanctuary  
9:00 AM Adult Forum - Gospel of Mark, part 1  
9:15 AM Adult Choir Warm-up - Music Room  
10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream  
5:00 PM Advent Lessons & Carols - Church of the Holy Cross  
7:30 PM Serenity Seekers Al Anon - Virtual

### Monday, December 4

12:15 PM Step Into Recovery - AA  
4:00 PM DanceWorx - Narthex  
7:00 PM Handbell Rehearsal - Music Room  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, December 5

4:00 PM DanceWorx

### Wednesday, December 6

10:00 AM Red Cross Blood Drive  
12:00 PM Advent Healing Eucharist  
1:00 PM Shawl Ministry Meeting - Narthex  
4:00 PM Community Engagement - Kitchen  
4:00 PM DanceWorx - Narthex  
7:30 PM Latino Ministry Prayer - Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, December 7

7:00 PM Choir Rehearsal - Music Room

### Friday, December 8

10:00 AM Friday Gratitude AA

### Saturday, December 9

9:00 AM Altar Guild Set-Up - Sanctuary  
7:00 PM Rite II Santa Eucarista - Sanctuary

## ADVENT LESSONS AND CAROLS – December 3<sup>rd</sup> at 5 PM

Come hear the lessons of Advent and listen to the St. Timothy's choir sing many of our favorite carols. This event will be held at the Church of the Holy Cross at 2455 Gallows Road, Dunn Loring, VA. Hope to see you there!

## FAITH FORMATION – Today!

### Coming Up - December 10, 17

(Join us in the Sanctuary at 9 am or by livestream)

In Advent we move to the "Second Gospel" - the shorter and oft-forgotten Gospel of Mark. Come hear from your Rector why this is his favorite Gospel! The first two sessions will give background and content-related to the Gospel while the final session (12/17) will be devoted to discussion.

## STEWARDSHIP CAMPAIGN REPORT

Thanks to all those who have pledged already for 2024. As of 11/28, we have received **109 pledges for \$459,729**. This includes **19 new pledges** along with 90 returning pledges. Last year, we ended the campaign with 109 pledges and our goal for this year is around 120 and \$500,000!

**Please do return your pledge card, either in person or email to [office@saint-timothys.org](mailto:office@saint-timothys.org).**

Know that every dollar goes to helping St. Timothy's plan its budget for next year and to fulfill its mission in Herndon and beyond.

## WEDNESDAY HEALING EUCHARIST - (12/6, 12/13, 12/20).

We have begun our Advent Wednesday Healing Eucharists at 12 pm in the Sanctuary. Come celebrate this liturgical season with a moment of meditation and prayer amidst the busy month of December. This year, we will focus on the Old Testament lesson with contemplative homily and visual image projected beyond the half-wall. Please write to [priest@saint-timothys.org](mailto:priest@saint-timothys.org) with any questions and to get involved!

## LAST WEEK FOR ANGEL TREE DONATIONS

All donations for the Angel Tree program are due by Sunday, December 3<sup>rd</sup>. As you've heard over the past weeks, Service Ministry partners with Cornerstones Gifts for Kids Program to make the holidays special for children in need in our community. Families will receive gift cards in early December so that they may shop for their children. We will also be supporting five senior citizens with gift cards (new this year). We ask for a financial donation to the [Service Ministry Fund](#). We will purchase the requested gift cards from various vendors and deliver them directly to Cornerstones. Your donation will appear on your giving statement. Ways to give include:

- by credit card from the church website [St. Timothy's Credit Card Giving](#), selecting the Service Fund from the drop down box;
- by [check made out to St. Timothy's with Service Fund on the memo line](#), placed in the offering plate or sent to the church office.

**Contributions are appreciated by December 3<sup>rd</sup>.** The need is great, so please, consider *putting your faith to work* by supporting our youngest and oldest neighbors through the Angel Tree project.

Questions? Contact Carolyn Hamm at [service@saint-timothys.org](mailto:service@saint-timothys.org).

## CHRISTMAS REVELS – December 15<sup>th</sup> at 6 PM

On **Friday, December 15<sup>th</sup>**, please join your church family for an informal evening of fellowship, entertainment and s'mores around a warm crackling bonfire. **This year's Revels will take place at our "new" firepit down in the Chapel Garden area.** The evening will comprise entertainment provided by yourselves, whatever the spirit moves you to do, or feel free just to come, watch and provide encouragement and applause. Please consider contributing something, such as a song, a poem, a reading, a joke, or a skit. If you have a contribution, please let Joe Weeden ([joeweeden99@yahoo.co.uk](mailto:joeweeden99@yahoo.co.uk)) know in advance. Please don't be shy! The evening will start at 6 pm and will be outdoors. If it is raining, we will move indoors.

## CHRISTMAS POINSETTIAS

Would you like to donate for a poinsettia plant to be displayed in our sanctuary during our Christmas services? **If you wish, you may dedicate the plant to a friend or loved one.** Please contact the church at [office@saint-timothys.org](mailto:office@saint-timothys.org) by **December 18<sup>th</sup>** with your special dedication. **Mark your check, "Poinsettia".**