



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothis.org](http://www.saint-timothis.org)

Sunday, October 29, 2023

*Twenty Second Sunday after Pentecost*

8 a.m.



[www.metmuseum.org](http://www.metmuseum.org)

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

**SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.**

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## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Philene Ware Dunn**, Interim Latino Supply Priest

[pwardunn@cox.net](mailto:pwardunn@cox.net)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

**Jr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Rick Wilson (2024)

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Jeanne Bennett  
In memory of Guy William Bennett, III*

# HOLY EUCHARIST- RITE I

*At the tolling of the bell, please stand.*

## Opening Acclamations (BCP 323-324)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

## Kyrie (BCP 324)

Celebrant: Kyrie eleison.

**People: Christe eleison.**

Celebrant: Kyrie eleison.

## The Collect for the Day (BCP 183)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Almighty and everlasting God, give unto us the increase of faith, hope, and charity; and, that we may obtain that which thou dost promise, make us to love that which thou dost command; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Deuteronomy 34:1-12

Moses went up from the plains of Moab to Mount Nebo, to the top of Pisgah, which is opposite Jericho, and the LORD showed him the whole land: Gilead as far as Dan, all Naphtali, the land of Ephraim and Manasseh, all the land of Judah as far as the Western Sea, the Negeb, and the Plain—that is, the valley of Jericho, the city of palm trees—as far as Zoar. The LORD said to him, “This is the land of which I swore to Abraham, to Isaac, and to Jacob, saying, ‘I will give it to your descendants’; I have let you see it with your eyes, but you shall not cross over there.” Then Moses, the servant of the LORD, died there in the land of Moab, at the LORD’s command. He was buried in a valley in the land of Moab, opposite Beth-peor, but no one knows his burial place to this day.

Moses was one hundred twenty years old when he died; his sight was unimpaired and his vigor had not abated. The Israelites wept for Moses in the plains of Moab thirty days; then the period of mourning for Moses was ended. Joshua son of Nun was full of the spirit of wisdom, because Moses had laid his hands on him; and the Israelites obeyed him, doing as the LORD had commanded Moses. Never since has there arisen a prophet in Israel like Moses, whom the LORD knew face to face. He was unequalled for all the signs and wonders that the LORD sent him to perform in the land of Egypt, against Pharaoh and all his servants and his entire land, and for all the mighty deeds and all the terrifying displays of power that Moses performed in the sight of all Israel.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 90:1-6, 13-17 (Read responsively)**

- 1 Lord, you have been our refuge \*  
**from one generation to another.**
- 2 Before the mountains were brought forth, or the land and the earth were born, \*  
**from age to age you are God.**
- 3 You turn us back to the dust and say, \*  
**"Go back, O child of earth."**
- 4 For a thousand years in your sight are like yesterday when it is past \*  
**and like a watch in the night.**
- 5 You sweep us away like a dream; \*  
**we fade away suddenly like the grass.**
- 6 In the morning it is green and flourishes; \*  
**in the evening it is dried up and withered.**
- 13 Return, O LORD; how long will you tarry? \*  
**be gracious to your servants.**
- 14 Satisfy us by your loving-kindness in the morning; \*  
**so shall we rejoice and be glad all the days of our life.**
- 15 Make us glad by the measure of the days that you afflicted us \*  
**and the years in which we suffered adversity.**
- 16 Show your servants your works \*  
**and your splendor to their children.**
- || 17 May the graciousness of the LORD our God be upon us; \*  
**prosper the work of our hands; prosper our handiwork.**

### **A Reading from 1 Thessalonians 2:1-8**

You yourselves know, brothers and sisters, that our coming to you was not in vain, but though we

had already suffered and been shamefully mistreated at Philippi, as you know, we had courage in our God to declare to you the gospel of God in spite of great opposition. For our appeal does not spring from deceit or impure motives or trickery, but just as we have been approved by God to be entrusted with the message of the gospel, even so we speak, not to please mortals, but to please God who tests our hearts. As you know and as God is our witness, we never came with words of flattery or with a pretext for greed; nor did we seek praise from mortals, whether from you or from others, though we might have made demands as apostles of Christ. But we were gentle among you, like a nurse tenderly caring for her own children. So deeply do we care for you that we are determined to share with you not only the gospel of God but also our own selves, because you have become very dear to us.

Reader: The Word of the Lord.

**People: Thanks be to God.**

*Please stand as you are able.*

### **Holy Gospel: Matthew 22:34-46**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People: Glory to you, Lord Christ.**

When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together, and one of them, a lawyer, asked him a question to test him. "Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.' This is the greatest and first commandment. And a second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the law and the prophets." Now while the Pharisees were gathered together, Jesus asked them this question: "What do you think of the Messiah? Whose son is he?" They said to him, "The son of David." He said to them, "How is it then that David by the Spirit calls him Lord, saying, 'The Lord said to my Lord, "Sit at my right hand, until I put your enemies under your feet"'? If David thus calls him Lord, how can he be his son?" No one was able to give him an answer, nor from that day did anyone dare to ask him any more questions.

Celebrant: The Gospel of the Lord.

**People: Praise be to thee, Lord Christ.**

### **Sermon**

The Reverend Charles R. Cowherd

*Please stand as able.*

### **The Nicene Creed (BCP 326)**

**People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,**

of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand, or kneel, as you are able*

### **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised

forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: Come unto me, all ye that travail and are heavy laden, and I will refresh you.  
*(Matthew 11:28)*

*Please stand.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

### **Welcome, Announcements, & Stewardship Campaign Report The Offering**

*Please Stand*

### **The Holy Communion**

#### **The Great Thanksgiving (Prayer II, BCP 340)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them unto Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

#### **The Sanctus (BCP 341)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is He that cometh in the name of the Lord.  
Hosanna in the highest.**

*Stand or kneel, as you are able.*



Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

## The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## Administration of Communion

### Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

**All:** Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### Blessing

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

*Please stand.*

### Dismissal (BCP 340)

Celebrant: Alleluia, alleluia. Let us bless the Lord.

**People:** Thanks be to God. Alleluia, alleluia.

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Georgene Kauffman (wife of Richard Kauffman), José Napoleon Hernández (father of Maritza Hernandez), Gail Masters (sister of Hugh Masters)

**Health:** Frank Martin (husband of Tricia Mussante), Marcel J. (grief for death of family members), Steve Beggs, Drew Guidry, Landford family (healing), Grace & Woody M. (grief), Catherine Lamb (pneumonia), Jackson (Carolyn Hamm's great nephew), Kay Reddit (pneumonia), Midori Y. (lung infection), Helen & Louis (bone & brain cancer)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke,

arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Fred McBride, David Hixon (brain surgery)

## **THIS WEEK at ST. TIMOTHY'S**

### **Sunday, October 29**

- 8:00 AM Rite I Holy Eucharist – Sanctuary
- 9:15 AM Adult Choir Warm-up – Music Room
- 10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream
- 11:00 AM Coffee Hour – Henry Hall
- 7:30 PM Serenity Seekers Al Anon – Virtual

### **Monday, October 30**

- 12:15 PM Step Into Recovery - AA
- 4:00 PM DanceWorx – Narthex
- 7:00 PM Scout Troop 159 – Henry Hall
- 7:00 PM Hope For Today Al Anon
- 8:30 PM Monday Night Milkshake Group AA

### **Tuesday, October 31**

- 4:00 PM DanceWorx

### **Wednesday, November 1 – All Saints' Day**

- 1:00 PM Shawl Ministry – Narthex
- 4:00 PM Community Engagement - Kitchen
- 4:00 PM DanceWorx – Narthex
- 7:00 PM Choral Evensong – St. Andrews, Arlington
- 7:30 PM Latino Ministry Prayer – Offsite
- 7:30 PM SA Meeting
- 8:00 PM New Hopefuls AA

### **Thursday, November 2**

- 7:00 PM Debtors Anonymous

### **Friday, November 3**

- 10:00 AM Friday Gratitude AA

### **Saturday, November 4**

- 9:00 AM Altar Guild Set-Up – Sanctuary

## **CHORAL EVENSONG – November 1<sup>ST</sup> at 7 pm**

Come enjoy an evening of sacred music and prayers in thanksgiving for the lives of all the departed being held in collaboration with St. Andrew's and St. Timothy's. Event is being held at St. Andrew's Episcopal Church at 4000 Lorcom Lane, Arlington, VA.

## **CELEBRATION OF NEW MINISTRY - November 5<sup>th</sup> at 4 pm**

Please join in the celebration of The Reverend Charles R. Cowherd as he becomes the 20<sup>th</sup> Rector at St. Timothy's! During this service, Charles will be presented by the Wardens to the Regional Dean, who serves as representative of the Bishop of Virginia; the Letter of Institution will be received from the Bishop; Charles will publicly make a commitment to this new trust and responsibility; and the congregation will pledge to support the Rector in their shared ministry together. During the service, the congregation and staff will also present Charles with symbols of his office. A reception will then follow in Henry Hall!

## **DIA DE LOS MUERTOS/ALL SAINTS' DAY – November 11<sup>th</sup> at 7 PM**

Come join our Latino ministry service on Saturday evening to celebrate, pray, and give respect to our ancestors. Bring a photo and a favorite item of the person you wish to honor.

## SHAWL MINISTRY CHRISTMAS CRAFT FUNDRAISER

Several ministries at St. Timothy's will host a Christmas Crafts Fundraiser on Sunday, **November 12, 2023** in Henry Hall from 9 - 1pm. Come see and buy beautifully crafted items--Christmas items, angels, nativities, hand-knitted and crocheted Afghans, shawls, baby items, pocketbooks, authentic Native American jewelry, drawings, music, handmade crafts and more. Come, enjoy, and shop early for Christmas!

## FAITH FORMATION – Coming up in November

**11/5, 11/12, 11/19**

As the lectionary year comes to a close, we will spend some time with the upcoming and outgoing gospels. We will end the Matthean year with one last look at the “First Gospel”—the Gospel that the Church has historically given “primacy of place” to. The first two sessions will give background and content-related to the Gospel while the final session (11/19) will be devoted to discussion and answering of questions of how the Gospel touches us in our lives today.

**(Join us in the Sanctuary at 9 am or by livestream)**

## STEWARDSHIP SEASON CONTINUES!

Stewardship Season is in full swing! Thanks to all those who have pledged already for 2024. As of 10/26, we have received **58 pledges** for **\$274,760**. This includes **eight new pledges** along with 48 returning pledges. Last year, we ended the campaign with 109 pledges and our goal for this year is around 120!

All throughout the month of October, we will celebrate the shared gifts of time, talent, and treasure in our St. Timothy's family. **Please do return your pledge card, either in person or on-line.** Know that every dollar goes to helping St. Timothy's plan its budget for next year and to fulfill its mission in Herndon and beyond.

## 3<sup>RD</sup> QUARTER GIVING STATEMENTS

If you did not get an opportunity to pick up your statements in the Narthex, you will be receiving it in the mail. If you have any question please contact the church office.