



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, October 29, 2023

*Twenty Second Sunday after Pentecost*

10 a.m



[www.metmuseum.org](http://www.metmuseum.org)

### Weekly Services:

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken  
Sunday, 10:00 a.m. Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)  
Sábado, 7:00 p.m. Santa Eucaristía Rito II, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Rector (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Philene Ware Dunn**, Interim Latino Supply Priest

[pwardunn@cox.net](mailto:pwardunn@cox.net)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread (gluten free available on request) and wine (either sip from the chalice or allow the chalice-bearer to intinct) will be offered. If you don't wish to receive, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST The Word of God

### Prelude

*Thy Strong Word*  
*At the tolling of the bell, all stand.*

arr. Kevin Hildebrand

### Opening Hymn (381)

*Thy Strong Word Did Cleave the Darkness*

Ton-y-Botel

### Opening Acclamation (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### Gloria (S202)

Glory be to God

Healey Willan

### Opening Collect (BCP 235) - *Children may head downstairs after this reading.*

Celebrant: Almighty and everlasting God, increase in us the gifts of faith, hope, and charity; and, that we may obtain what you promise, make us love what you command; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**



- 5 You sweep us away like a dream; \*  
we fade away suddenly like the grass.
- 6 In the morning it is green and flourishes; \*  
in the evening it is dried up and withered.
- 13 Return, O LORD; how long will you tarry? \*  
be gracious to your servants.
- 14 Satisfy us by your loving-kindness in the morning; \*  
so shall we rejoice and be glad all the days of our life.
- 15 Make us glad by the measure of the days that you afflicted us \*  
and the years in which we suffered adversity.
- 16 Show your servants your works \*  
and your splendor to their children.
- || 17 May the graciousness of the LORD our God be upon us; \*  
prosper the work of our hands; prosper our handiwork.

### **A Reading from 1 Thessalonians 2:1-8**

You yourselves know, brothers and sisters, that our coming to you was not in vain, but though we had already suffered and been shamefully mistreated at Philippi, as you know, we had courage in our God to declare to you the gospel of God in spite of great opposition. For our appeal does not spring from deceit or impure motives or trickery, but just as we have been approved by God to be entrusted with the message of the gospel, even so we speak, not to please mortals, but to please God who tests our hearts. As you know and as God is our witness, we never came with words of flattery or with a pretext for greed; nor did we seek praise from mortals, whether from you or from others, though we might have made demands as apostles of Christ. But we were gentle among you, like a nurse tenderly caring for her own children. So deeply do we care for you that we are determined to share with you not only the gospel of God but also our own selves, because you have become very dear to us.

Reader: The Word of the Lord.

**People: Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn (707)**

*Take My Life and Let it Be*

Hollingside

### **Holy Gospel: Matthew 22:34-46**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People: Glory to you, Lord Christ.**

When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together, and one

of them, a lawyer, asked him a question to test him. “Teacher, which commandment in the law is the greatest?” He said to him, “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And a second is like it: ‘You shall love your neighbor as yourself.’ On these two commandments hang all the law and the prophets.” Now while the Pharisees were gathered together, Jesus asked them this question: “What do you think of the Messiah? Whose son is he?” They said to him, “The son of David.” He said to them, “How is it then that David by the Spirit calls him Lord, saying, ‘The Lord said to my Lord, “Sit at my right hand, until I put your enemies under your feet”’? If David thus calls him Lord, how can he be his son?” No one was able to give him an answer, nor from that day did anyone dare to ask him any more questions.

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

## Sermon

The Reverend Charles R. Cowherd

*Please stand as you are able.*

### The Nicene Creed (BCP 358)

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,

and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form III (BCP 387)**

Leader: Father, we pray for your holy catholic Church;  
**People: That we all may be one.**

Leader: Grant that every member of the Church may truly and humbly serve you;  
**People: That your Name may be glorified by all people.**

Leader: We pray for all bishops, priests, and deacons;  
**People: That they may be faithful ministers of your Word and Sacraments.**

Leader: We pray for all who govern and hold authority in the nations of the world, especially Joe our President, and Glenn our governor;  
**People: That there may be justice and peace on the earth.**

Leader: Give us grace to do your will in all that we undertake;  
**People: That our works may find favor in your sight.**

Leader: Have compassion on all those who suffer from any grief or trouble;  
**People: That they may be delivered from their distress.**

Leader: Give to the departed eternal rest;  
**People: Let light perpetual shine upon them.**

Leader: We praise you for your saints who have entered into joy;  
**People: May we also come to share in your heavenly kingdom.**

Leader: Let us pray for our own needs and those of others.

*Silence.*

*Celebrant will add a concluding collect.*

### **Confession of Sin (BCP 360)**

Celebrant: Let us confess our sins against God and our neighbor.  
**All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry**

**and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**Amen.**

*Please stand.*

### **The Peace (BCP 360)**

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

### **Welcome/Announcements/Stewardship Campaign Report**

### **Offertory Sentence**

### **The Offering**

### **Choral Anthem**

*If Ye Love Me*  
*(John 14:15-17)*

Thomas Tallis  
*(c. 1565)*

*Please stand as able.*

### **Presentation Hymn (11 v4) *Awake, My Soul, and With the Sun***

Morning Hymn

### **Holy Communion – Eucharistic Prayer A (BCP 361)**

### **The Great Thanksgiving**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

## Sanctus (S114)

*Holy, Holy, Holy*

Healey Willan

*Please stand or kneel, as you are able.*

Celebrant: Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**All: Christ has died.  
Christ is risen.  
Christ will come again.**

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## Fraction Anthem (WLP 865)

*Christ our Passover*

Thaddeus Cavuoti



## The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## Administration of Communion

**Communion Hymn (602)**      *Jesu, Jesu, Fill Us With Your Love*      Chereponi

## Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

**All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## Blessing

Celebrant: And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

**Closing Hymn (688)**      *A Mighty Fortress is Our God*      *Ein feste Burg*

## Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Let us bless the Lord.

People: **Thanks be to God. Alleluia, alleluia.**

**Postlude**      *Toccata on 'Ein feste Burg'*      arr. Gordon Young

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*Flowers are given by Jeanne Bennett  
In memory of Guy William Bennett, III*

*PLEASE JOIN US FOR COFFEE HOUR IN HENRY HALL AFTER THE SERVICE*

# PRAYER LIST

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Georgene Kauffman (wife of Richard Kauffman), José Napoleon Hernández (father of Maritza Hernandez), Gail Masters (sister of Hugh Masters)

**Health:** Frank Martin (husband of Tricia Mussante), Marcel J. (grief for death of family members), Steve Beggs, Drew Guidry, Landford family (healing), Grace & Woody M. (grief), Catherine Lamb (pneumonia), Jackson (Carolyn Hamm's great nephew), Kay Reddit (pneumonia), Midori Y. (lung infection), Helen & Louis (bone & brain cancer)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg, Fred McBride, David Hixon (brain surgery)

## THIS WEEK at ST. TIMOTHY'S

### Sunday, October 29

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:15 AM Adult Choir Warm-up – Music Room  
10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream  
11:00 AM Coffee Hour – Henry Hall  
7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, October 30

12:15 PM Step Into Recovery - AA  
4:00 PM DanceWorx – Narthex  
7:00 PM Scout Troop 159 – Henry Hall  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, October 31

4:00 PM DanceWorx

### Wednesday, November 1 – All Saints' Day

1:00 PM Shawl Ministry – Narthex  
4:00 PM Community Engagement - Kitchen  
4:00 PM DanceWorx – Narthex  
7:00 PM Choral Evensong – St. Andrews, Arlington  
7:30 PM Latino Ministry Prayer – Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, November 2

7:00 PM Debtors Anonymous

### Friday, November 3

10:00 AM Friday Gratitude AA

### Saturday, November 4

9:00 AM Altar Guild Set-Up – Sanctuary

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

Betsy Bosworth (2025)  
Carolyn Hamm (2025)  
Rick Wilson (2024)

Tom Davis (2024)  
Vilma Lemus (2026)  
Midori Yanagihara (2026)

**Jr. Warden** – Kristie Rudolph (2025)

David Dopsovic (2024)  
Matt Schumann - Alternate

## **CHORAL EVENSONG – November 1<sup>ST</sup> at 7 pm**

Come enjoy an evening of sacred music and prayers in thanksgiving for the lives of all the departed being held in collaboration with St. Andrew's and St. Timothy's. Event is being held at St. Andrew's Episcopal Church at 4000 Lorcom Lane, Arlington, VA.

## **FAITH FORMATION – Coming up in November**

**11/5, 11/12, 11/19**

As the lectionary year comes to a close, we will spend some time with the upcoming and outgoing gospels. We will end the Matthean year with one last look at the "First Gospel"—the Gospel that the Church has historically given "primacy of place" to. The first two sessions will give background and content-related to the Gospel while the final session (11/19) will be devoted to discussion and answering of questions of how the Gospel touches us in our lives today.

**(Join us in the Sanctuary at 9 am or by livestream)**

## **SHAWL MINISTRY CHRISTMAS CRAFT FUNDRAISER**

Several ministries at St. Timothy's will host a Christmas Crafts Fundraiser on Sunday, **November 12, 2023** in Henry Hall from 9 - 1pm. Come see and buy beautifully crafted items--Christmas items, angels, nativities, hand-knitted and crocheted Afghans, shawls, baby items, pocketbooks, authentic Native American jewelry, drawings, music, handmade crafts and more. Come, enjoy, and shop early for Christmas!

## **STEWARDSHIP SEASON CONTINUES!**

Stewardship Season is in full swing! Thanks to all those who have pledged already for 2024. As of 10/26, we have received **58 pledges** for **\$274,760**. This includes **eight new pledges** along with 48 returning pledges. Last year, we ended the campaign with 109 pledges and our goal for this year is around 120!

All throughout the month of October, we will celebrate the shared gifts of time, talent, and treasure in our St. Timothy's family. **Please do return your pledge card, either in person or on-line.** Know that every dollar goes to helping St. Timothy's plan its budget for next year and to fulfill its mission in Herndon and beyond.

## **DIA DE LOS MUERTOS/ALL SAINTS' DAY – November 11<sup>th</sup> at 7 PM**

Come join our Latino ministry service on Saturday evening to celebrate, pray, and give respect to our ancestors. Bring a photo and a favorite item of the person you wish to honor.

# CELEBRATION OF NEW MINISTRY - November 5<sup>th</sup> at 4 pm

Please join in the celebration of the Reverend Charles R. Cowherd as he becomes the 20<sup>th</sup> Rector at St. Timothy's! During this service:

- Charles will be presented by the Wardens to the Regional Dean, who serves as representative of the Bishop of Virginia
  - the Letter of Institution will be received from the Bishop and Charles will publicly make a commitment to this new trust and responsibility;
  - the congregation will pledge to support the Rector in their shared ministry together.
  - the congregation and staff will also present Charles with symbols of his office.
- A reception will then follow in Henry Hall!

## THE DIOCESE OF VIRGINIA LETTER OF INSTITUTION



*The Rev. Charles Robison Cowherd*

Presbyter of the Church of God, you have been called to work together with your Bishop and fellow Presbyters as a pastor, priest, and teacher, and to take your share in the councils of the Church.

Now, in accordance with the Canons, you have been selected to serve God as

*Rector of St. Timothy's Episcopal Church,  
Herndon, Virginia*

This letter is a sign that you are fully empowered and authorized to exercise this ministry, accepting its privileges and responsibilities as a priest of this Diocese, in communion with your Bishop.

Having committed yourself to do this work, do not forget the trust of those who have chosen you. Care alike for young and old, strong and weak, rich and poor. By your words, and in your life, proclaim the Gospel. Love and serve Christ's people. Nourish them, and strengthen them to glorify God in this life and in the life to come.

May the Lord, who has given you the will to do these things, give you the grace and power to perform them.



Given under my hand and seal in the City of Richmond on the 5<sup>th</sup> day of November, 2023, and in the first year of my consecration.

  
The Rt. Rev. E. Mark Stevenson  
Bishop of Virginia