



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, September 3, 2023

Fourteenth Sunday after Pentecost

10 a.m.



www.maristmessenger.co.nz

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

The Rev. Philene Ware Dunn, Interim Latino Supply Priest

pwardunn@cox.net

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothyspreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

*Here I Am, Lord
At the tolling of the bell, all stand.*

arr. Mark Hayes

Opening Hymn (199)

Come, Ye Faithful, Raise the Strain

St. Kevin

Opening Acclamation and Collect (EOW 50, 52)

Celebrant: Blessed be our God

People: **For ever and ever. Amen.**

Celebrant: God of unchangeable power, when you fashioned the world, the morning stars sang together and the host of heaven shouted for joy; open our eyes to the wonders of creation and teach us to use all things for good, to the honor of your glorious name; through Jesus Christ our Lord. **Amen.**

Gloria S204

Glory be to God

Old Scottish Chant

Opening Collect (BCP 233) - *Children may head downstairs after this reading.*

Celebrant: Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. . **Amen.**

The Lessons

A Reading from Exodus 3:1-5

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 105: 1-6, 23-26, 45c

Jerome Webster Meachen

Move to the next note of the chant on the underlined text.



- 1 Give thanks to the LORD and call upon his Name; *
make known his deeds among the peoples.
- 2 Sing to him, sing praises to him, *
and speak of all his marvelous works.
- 3 Glory in his holy Name; *
let the hearts of those who seek the LORD rejoice.
- 4 Search for the LORD and his strength; *
continually seek his face.
- 5 Remember the marvels he has done, *
his wonders and the judgments of his mouth,
- 6 O offspring of Abraham his servant, *
O children of Jacob his chosen.
- 23 Israel came into Egypt, *
and Jacob became a sojourner in the land of Ham.
- 24 The LORD made his people exceedingly fruitful; *
he made them stronger than their enemies;
- 25 Whose heart he turned, so that they hated his people, *
and dealt unjustly with his servants.
- 26 He sent Moses his servant, *
and Aaron whom he had chosen.
- 45 Hallelujah!

A Reading from Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is

possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” Do not be overcome by evil, but overcome evil with good.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Gradual Hymn (674)

Forgive Our Sins As We Forgive

Detroit

Holy Gospel: Matthew 16:21-28

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you.” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.” Then Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? “For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon

The Reverend Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: **We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.**

Please stand or kneel, as you are able.

The Prayers of the People, Form IV (BCP 388)

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and
peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation.

Silence

Lord, in your mercy

People: Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

People: Hear our prayer.

The Celebrant adds a concluding Collect.

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please stand.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

Save Me, O God

Richard Shephard

Save me, O God for thy name's sake and avenge me in thy strength. For tyrants which have not God before them seek after my soul. Behold God is my helper, the Lord is with them that uphold my soul. Amen. - Psalm 54:24

Please stand as able.

Presentation Hymn (43 v4)

All Praise to Thee, My God

The Eighth Tune

(Sing twice. The choir will join the congregation in canon on the repeat.)

Holy Communion – Eucharistic Prayer 2 (EOW 60)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: We praise you and we bless you, holy and gracious God, source of life abundant.

From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (S113)

Holy, Holy, Holy

John Merbecke

Please stand or kneel, as you are able.

Celebrant: Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself, yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with Timothy and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem (WLP 876) *The Disciples Knew the Lord Jesus*

Jack Burnam

(The choir will sing the antiphon first, then the congregation.)

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ

died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (WLP 757) *Will You Come and Follow Me* Iona

Postcommunion Prayer (EOW 70)

Celebrant: Let us pray.

All: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: Holy eternal Majesty, Holy incarnate Word, Holy abiding Spirit, Bless you for evermore. **Amen.**

Closing Hymn (WLP 779) *The Church of Christ in Every Age* Dunedin

Dismissal (BCP 366)

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude *When In Our Music God is Glorified* arr. Wilbur Held

*Flowers are given by Caitlyn Smith
In thanksgiving for our 23rd wedding anniversary
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PRAYER LIST

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Anna Beckett (Midori Yanagihara's Mother-In-Law)

Health: Dustin Vandenberg, Bill Morse (heart, stroke), Andy Keathley

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamiec (Parkinson's disease & Alzheimers), Jerry Vandenberg, Fred McBride

THIS WEEK at ST. TIMOTHY'S

Sunday, September 3

- 8:00 AM Rite I Holy Eucharist - Sanctuary
- 9:15 AM Adult Choir Warm-up – Music Room
- 10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream
- 7:30 PM Serenity Seekers Al Anon – Virtual

Monday, September 4

- 12:15 PM Step Into Recovery AA
- 7:00 PM Hope For Today Al Anon
- 8:30 PM Monday Night Milkshake Group AA

Tuesday, September 5

- 4:00 PM DanceWorx

Wednesday, September 6

- 1:00 PM Shawl Ministry – Narthex
- 4:00 PM Community Engagement – Kitchen
- 4:00 PM DanceWorx - Narthex
- 7:30 PM Latino Ministry Prayer – Offsite
- 7:30 PM SA Meeting
- 8:00 PM New Hopefuls AA

Thursday, September 7

- 12:15 PM Came to Believe AA
- 7:00 PM Choir Rehearsal – Music Room
- 7:00 PM Debtors Anonymous

Friday, September 8

- 10:00 AM Friday Gratitude AA
- 9:30 PM Friday Night Lights AA

Saturday, September 9

- 9:00 AM Altar Guild Set-Up – Sanctuary
- 7:00 PM Rite II Santa Eucarista - Sanctuary

WELCOME HOME SUNDAY – A Huge Success!

By any stretch of the imagination, Welcome Home Sunday was a huge success! From the first offering in our Sunday Adult Faith Formation series (We are the Church) to the fabulous picnic in Henry Hall following the service, it was joyful to be together as “One St. Timothy’s”! Other highlights included videos from the Rev. Kesner Gracia, Priest in Charge at our school in Chapoteau, Haiti and Jacob Venet, the school’s director. It was announced that Charles will become the 20th Rector of St. Timothy’s effective October 1, with a Celebration of New Ministry on Sunday, November 5th at 4:00 pm. More about that to follow.

Thank you to all who made the day such a great success including Anne Vandenburg and the Community Engagement team for masterminding the event, the MOST team for setup and cleanup, Keith Sinclair and Johnny Ellis, our grill masters, and to everyone who shared a dish or pitched in to cleanup.

HAITI AGAPE – Thank you!

A huge thank you to everyone who contributed to the Haiti School Fund! To date giving to the fund totals \$15,803 and we know donations are still coming in. If you haven’t contributed there is still time! The total cost for the school year is \$21,000. Please consider helping our children at St. Mathieu’s School in Chapoteau, Haiti. Donations may be made by check to St. Timothy’s with Haiti School on the memo line, or by credit card at the St. Timothy's online portal, selecting Haiti School Fund, using the drop down box.



HOPE FOR HAITI

Supporting St. Mathieu's School, Chapoteau

FAITH FORMATION for ALL AGES – Fall 2023

Sunday Adult Forums

Last week's Preacher's Kids Forum was a rousing success as we heard from 5 parishioners who have experience as 'PKs!' Amazing stories included: a clergy parent baptizing their daughter's dolls and what happens when you get pulled over as a teenager and your priest father is the chaplain to the Herndon PD! If you missed, you can check it out on our home page : www.saint-timothis.org.

Our "I am the Church, You are the Church, We are the Church" sequence continues with another forum **next week on Sunday September 10th at 9 AM in the Sanctuary.**

We had so much fun last year with our Ecumenical Round Table where different members shared how they landed at St. Timothy's Episcopal Church... that we decided to do so again! This discussion will feature a different cast from St. Tim's describing their faith journey. Come hear from the following members of your church family talk about how they ended up in the Episcopal church: Stephanie Eskins-Gleason (Yoga/ Sacred Studies), Sarah Hobson (French Huguenot), Betty Beard (Adult Convert) and Johnny Ellis (Non-denominational)

(Join us in the Sanctuary during the 9 am hour or by livestream)

Outside Church- Teens and 'Tweens

Our first "Outside Church" is under our belt and we are looking forward to the next on **Sunday September 10.** (Other dates this Fall: 24 Sept, 1 Oct, 22 Oct.) Here's how it works: during the 10 AM Sunday Service, children and youth from 4th grade and up are invited to leave after the Collect and head to the outdoor chapel, weather permitting, where our kids will have time to gather, learn a bible story, and play on our beautiful church grounds. We will rejoin worship before communion. Come join the fun!

Godly Play- Age 3 to 3rd Grade

Godly Play continues to roll with our lively and energetic bunch. **Godly Play is held every Sunday at the 10 AM** service as our youngest members head downstairs with Mrs. Smith and Ms. Litz to "work" on their lesson for that week.. Parents can communicate via the email: godlyplay@saint-timothis.org.

CHURCH OFFICE CLOSED - September 4th, 2023

The church office will be closed September 4th in observance of Labor Day.

COFFEE HOUR

Coffee hour will resume after our **10AM service on Sunday, September, 10th!** It is an Episcopal tradition, after all. Stay tuned for ways to help, including volunteering to bring in refreshments and help with setup and cleanup. Please email coffeehour@saint-timothis.org to volunteer or if you have any questions!