



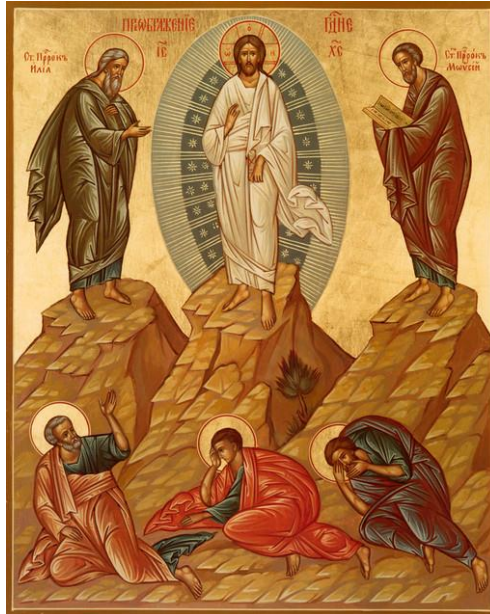
**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, August 6, 2023

*Feast of the Transfiguration*

8 a.m.



[www.uocofusa.org](http://www.uocofusa.org)

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

**SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.**

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothyspreschool432@gmail.com](mailto:sttimothyspreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

**Jr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by The Bunting/Wilson families  
In thanksgiving for family and in celebration of Rick & Kerrie's Wedding Anniversary  
Flowers are given by Diane & Kent Miller  
In thanksgiving for their wedding anniversary.*

# HOLY EUCHARIST- RITE I

*At the tolling of the bell, please stand.*

## Opening Acclamations (BCP 323-324)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and forever.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

## Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

## The Collect for the Day (BCP 191)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O God, who on the holy mount didst reveal to chosen witnesses thy well-beloved Son, wonderfully transfigured, in raiment white and glistening: Mercifully grant that we, being delivered from the disquietude of this world, may by faith behold the King in his beauty; who with thee, O Father, and thee, O Holy Ghost, liveth and reigneth, one God, world without end. **Amen.**

## The Lessons

### A Reading from Exodus 34:29-35

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he

came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

Reader: The Word of the Lord.

People: **Thanks be to God.**

**Psalm 99:5-9 (Read responsively)**

Dominus regnavit

5 Proclaim the greatness of the LORD our God  
and fall down before his footstool; \*

**he is the Holy One.**

6 Moses and Aaron among his priests,  
and Samuel among those who call upon his Name, \*

**they called upon the LORD, and he answered them.**

7 He spoke to them out of the pillar of cloud; \*

**they kept his testimonies and the decree that he gave them.**

8 O LORD our God, you answered them indeed; \*

**you were a God who forgave them,  
yet punished them for their evil deeds.**

9 Proclaim the greatness of the LORD our God  
and worship him upon his holy hill; \*

**for the LORD our God is the Holy One.**

**A Reading from 2 Peter 1:13-21**

I think it right, as long as I am in this body, to refresh your memory, since I know that my death will come soon, as indeed our Lord Jesus Christ has made clear to me. And I will make every effort so that after my departure you may be able at any time to recall these things. For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

### **Holy Gospel: Luke 9:28-36**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

**People: Glory to you, Lord Christ.**

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah” —not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

Celebrant: The Gospel of the Lord.

**People: Praise be to thee, Lord Christ.**

### **Sermon**

The Rev. Charles R. Cowherd

*Please stand as able.*

### **The Nicene Creed (BCP 326)**

**People: We believe in one God,**

the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ,**

the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,

of one Being with the Father;  
Through him all things were made.

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand, or kneel, as you are able*

### **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. (*1 Timothy 1:15*)

*Please stand.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

## **Welcome & Announcements**

### **The Offering**

*Please Stand*

## **The Holy Communion**

### **The Great Thanksgiving (Prayer II, BCP 340)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **The Sanctus (BCP 341)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Stand or kneel, as you are able.*

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in



remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant: Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast.**

### **The Invitation (BCP 338)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

#### **Post-Communion Prayer (BCP 339)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace,**

that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### **Blessing (BCP 339)**

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

*Please stand.*

### **Dismissal (BCP 340)**

Celebrant: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

## **PRAYER LIST:**

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Health:** Don Durand (stroke), Eddie McKulsky (back surgery), Terry Biederman (broken wrist), Michael Cornwell (motor cross accident), Dustin Vandenberg

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamcee (Parkinson's disease & Alzheimers), Jerry Vandenberg

**Mission Work:** St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

## **THIS WEEK at ST. TIMOTHY'S**

### **Sunday, August 6 – Feast of the Transfiguration**

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:15 AM Adult Choir Warm-up – Music Room  
10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream  
7:30 PM Serenity Seekers Al Anon – Virtual

### **Monday, August 7**

12:15 PM Step Into Recovery AA  
4:00 PM DanceWorx - Narthex  
6:30 PM Boy Scout Troop 159  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### **Tuesday, August 8**

4:00 PM DanceWorx

### **Wednesday, August 9**

7:30 PM Latino Ministry Prayer – Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### **Thursday, August 10**

12:15 PM Came to Believe AA  
7:00 PM Debtors Anonymous

### **Friday, August 11**

10:00 AM Friday Gratitude AA  
9:30 PM Friday Night Lights AA

### **Saturday, August 12**

9:00 AM Altar Guild Set-Up – Sanctuary  
7:00 PM Rite II Santa Eucarista – Sanctuary

## CORNERSTONES BACK-TO-SCHOOL DRIVE

**Thank you – to everyone who has purchased a backpack for our drive-in support of Cornerstones!**

**Sunday, August 7th** is the last day to turn one in so if you haven't had the opportunity, please bring it in this Sunday or drop by the church during regular office hours. Here are the essentials:

- Backpacks must be new and without wheels or logos (other than the manufacturers' logo)
- Backpacks are needed for all ages, grades K – 12, however the greatest need is for high school students (approx. 19" H by 10" W)
- You may shop from home by using Cornerstones, **Amazon wish list**. Items will ship directly to Cornerstones.

Questions? Write or speak to Carolyn Hamm, St. Timothy's representative on the Cornerstones Board of Directors, **service@saint-timothys.org**. *Thank you for putting your faith to work.*



**HOPE FOR HAITI**

Supporting St. Mathieu's School, Chapoteau

### HAITI AGAPE AUGUST 13-27th

Since 2010 St. Timothy's has been sending children to school in Haiti. Because of your generosity, our support has grown from the original goal, sending six children to primary school for six years, to supporting the entire school.

St. Mathieu's Episcopal School, located in the rural village of Chapoteau, has no electricity, no running water, yet every year over 250 children attend daily where they are taught and nurtured by a dozen teachers. Over three Sundays, August 13, 20 and 27th the Haiti Ministry and the Service Ministry will update you on the status of the school, the political situation in Haiti, share words from the Priest-in-Charge for the area, and ask for your financial support in continuing this critical mission. On August 20th we will welcome The Reverend Roger Bowen, from Staunton, VA, as our guest priest, who has a long history of involvement with Episcopal schools in Haiti. We look forward to sharing news of this critical ministry.

The cost for running the school for a year is about \$21,000. Donations are accepted at any time, by check made out to **St. Timothy's with Haiti School Fund** on the memo line, or from the church **Credit Card Portal** selecting the Haiti School Fund from the drop down box. Funds are channeled to the school through wire transfer to the Episcopal Diocese of Haiti Partnership Program.

## **ANNUAL SPANISH SERVICE PICNIC – Saturday August 19, 4:30 pm**

All are invited to our Annual Spanish Service Picnic to join together as a community of faith and as a family in Christ. We will have steak, hamburgers, hot-dogs (and vegetarian options) on the grill, as well as games for the young ones. A bilingual service in our Outdoor Chapel will follow. Wear light and comfortable clothing.

## **CHURCH & PRESCHOOL OFFICES CLOSED**

The church office will be closed from August 8<sup>th</sup> – August 11<sup>th</sup>.

The preschool office will be closed August 7<sup>th</sup> – August 11<sup>th</sup>.

## **ON THE HORIZON 2023 EVENTS POSTCARD**

You should have received a postcard in the mail with some of St. Timothy's upcoming events. If you have not received it, please contact the church office so that your address can be verified. There are additional postcards in the Narthex. We hope you will be able to join us for some, if not all of the dates!

## **SHRINE MONT RETREAT WEEKEND – SIGN UP NOW!**

St. Timothy's Shrine Mont retreat is happening on **September 15th-17th, 2023**. Come enjoy this wonderful opportunity to rest, recharge, and renew with your parish family. Rob Huizar is the Trip Coordinator.

The rates for the weekend are: **Double Occupancy - \$182, Single Occupancy - \$240, Youth (4-13 years old): \$120. Children under three are FREE!** These rates include 2 nights of lodging, 6 meals (2 each of breakfast, lunch, and dinner) & use of Shrine Mont facilities. Day passes are also available for \$30.

Scholarships are also available.

To reserve a spot, e-mail Rob at [retreatcoordinator@saint-timothys.com](mailto:retreatcoordinator@saint-timothys.com). Please provide the following information: the size of your group, preference for single/double occupancy or day pass, as well as any dietary or mobility restrictions. Forms can be provided for those with no e-mail access.

Payment is due by **September 10th, 2023**. You can pay via check (made to "St. Timothy's Episcopal Church" with "Shrine Mont 2023" in the Memo line), via credit card on the church website (select "Shrine Mont 2023" for the "Fund" in the drop-down menu), or cash. You can leave payments with the front office or in the "Shrine Mont" mailbox located in the hall next to the front office. **Please do not put payments in the collection plates during services.**

Please contact Fr. Charles or Rob if you have any questions. You can also visit the Shrine Mont Website (<https://shrinemont.com/>). Be on the lookout for more updates in the bulletin and our Facebook page.