



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, August 20, 2023

Twelfth Sunday after Pentecost

8 a.m.



HOPE FOR HAITI

Supporting St. Mathieu's School, Chapoteau

Weekly Services:

Sunday, 8:00 a.m.

Holy Eucharist Rite I, spoken

Sunday, 10:00 a.m.

Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

Saint Timothy's Mission Statement

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothyspreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Sr. Warden - Maria LaWalt (2025)

Jr. Warden – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

Flowers are given by Peter & Beth Hwoschinsky

In thanksgiving for their marriage

Flowers are given by Emma Spence

In memory of Mario & Aurea Blas

HOLY EUCHARIST- RITE I

At the tolling of the bell, please stand.

Opening Acclamations (BCP 323-324)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant: Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 180)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Almighty God, who hast given thy only Son to be unto us both a sacrifice for sin and also an example of godly life: Give us grace that we may always most thankfully receive that his inestimable benefit, and also daily endeavor ourselves to follow the blessed steps of his most holy life; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

A Reading from Genesis 45:1-15

Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for

God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, “Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’ And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 133 (Read responsively)

Ecce, quam bonum!

- 1 Oh, how good and pleasant it is, *
when brethren live together in unity!
- 2 It is like fine oil upon the head *
that runs down upon the beard,
- 3 Upon the beard of Aaron, *
**and runs down upon the collar of his robe.
his neck they put in an iron collar.**
- 4 It is like the dew of Hermon *
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: *
life for evermore.

A Reading from Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Holy Gospel: Matthew 15:22-28

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, Lord Christ.**

Sermon

The Reverend Roger Bowen

Please stand as able.

The Nicene Creed (BCP 326)

People: **We believe in one God,**

**the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,

**the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.**

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;**

For our sake he was crucified under Pontius Pilate;

**he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Confession of Sin (BCP 331)

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.**

Absolution (BCP 332)

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. (*1 Timothy 1:15*)

Please stand.

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Please be seated.

Welcome & Announcements

The Offering

Please Stand

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 341)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.**

Stand or kneel, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension;

and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast.

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace,

that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Blessing

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Please stand.

Dismissal (BCP 340)

Celebrant: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Health: Don Durand (stroke), Eddie McKulsky (back surgery), Terry Biederman (broken wrist), Michael Cornwell (motor cross accident), Dustin Vandenberg

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamée (Parkinson's disease & Alzheimers), Jerry Vandenberg, Fred McBride

THIS WEEK at ST. TIMOTHY'S

Sunday, August 20 – Haiti Agape

8:00 AM Rite I Holy Eucharist – Sanctuary

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream w/
Blessing of the Backpacks

7:30 PM Serenity Seekers Al Anon – Virtual

Monday, August 21

12:15 PM Step Into Recovery AA

4:00 PM DanceWorx - Narthex

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

Tuesday, August 22

4:00 PM DanceWorx

7:00 PM Vestry Meeting - Narthex

Wednesday, August 23

7:30 PM Latino Ministry Prayer – Offsite

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

Thursday, August 24

12:15 PM Came to Believe AA

7:00 PM Debtors Anonymous

Friday, August 25

10:00 AM Friday Gratitude AA

9:30 PM Friday Night Lights AA

Saturday, August 26

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM Rite II Santa Eucarista - Sanctuary



HOPE FOR HAITI

Supporting St. Mathieu's School, Chapoteau

HAITI AGAPE – WEEK 2

Today, the Second Sunday in our Haiti Agape, we welcome The Reverend Roger Bowen, from Staunton, Virginia. Roger is the founder of the Virginia Haiti Collaborative, a coalition of churches and individuals in the Staunton area that support St. Marc's Episcopal School in the rural village of Cerca-a-Source, Haiti. St. Marc's, much like St. Mathieu's, is solely supported by private donations with its partner churches in the United States. The Episcopal Diocese of Haiti is the largest Diocese in the Episcopal Church and their focus has been the establishment of schools. Not half of Haitians can read, so hope for the country's future is unsure without a generation of educated citizens. We thank Rev. Bowen for his devotion to the children of Haiti and for his sharing his time with us.

SHRINE MONT RETREAT WEEKEND – SIGN UP NOW!

St. Timothy's Shrine Mont retreat is happening on **September 15th-17th, 2023**. Come enjoy this wonderful opportunity to rest, recharge, and renew with your parish family. Rob Huizar is the Trip Coordinator.

The rates for the weekend are: **Double Occupancy - \$182, Single Occupancy - \$240, Youth (4-13 years old): \$120. Children under three are FREE!** These rates include 2 nights of lodging, 6 meals (2 each of breakfast, lunch, and dinner) & use of Shrine Mont facilities. Day passes are also available for \$30. Scholarships are also available.

To reserve a spot, e-mail Rob at retreatcoordinator@saint-timothys.com. Please provide the following information: the size of your group, preference for single/double occupancy or day pass, as well as any dietary or mobility restrictions. Forms can be provided for those with no e-mail access.

Payment is due by **September 10th, 2023**. You can pay via check (made to "St. Timothy's Episcopal Church" with "Shrine Mont 2023" in the Memo line), via credit card on the church website (select "Shrine Mont 2023" for the "Fund" in the drop-down menu), or cash. You can leave payments with the front office or in the "Shrine Mont" mailbox located in the hall next to the front office. **Please do not put payments in the collection plates during services.**

BACK TO SCHOOL PICTURES

Parents of Children returning to school, please share any Back to School photos taken/posted on social media that we may share via our church communications.

Please email them to office@saint-timothys.org.

WELCOME HOME SUNDAY- NEXT SUNDAY AUGUST 27th

PICNIC – after the 10 AM service

The various ministries are contributing basic items for the Welcome Home Sunday picnic. For those of you who do not belong to a ministry (yet!), please feel free to bring a salad of your choice: pasta, fruit, dessert, meat, vegetable, etc. It would be helpful to attach a 3x5 card listing its ingredients to avoid any allergy reaction. Hope to see you there! Any questions, please contact Anne Vandenberg at alvanden56@gmail.com.

FAITH FORMATION for ALL AGES – resumes AUGUST 27th

Sunday Adult Forums (in the Sanctuary during the 9 am hour, also livestreamed)

We begin with a 3-part series, taking its name from the famous church song: “I am the Church, You are the Church...”

Sunday August 27th: “We are the Church.” We are blessed with a number of PKs (“Preacher’s Kids”) at St. Tim’s who have a unique perspective on growing up at church. Come hear from Lydia Gough (daughter of former Rector of St. Timothy’s Ralph Bayfield+) Midori Yanagihara, Emily Litz, and Hal Hallett!

Sunday September 10th: “You are the Church.” We had so much fun last year with our Ecumenical Round Table where different members shared how they landed at St. Timothy’s Episcopal Church... that we decided to do so again! This discussion will feature a different cast of newer and older members of St. Tim’s describing their faith journey.

Sunday September 24th: “I am the Church.” In this final session, our organist Todd Grivetti will step away from the organ console and share with us the story of his spiritual journey. Come to learn more about how Todd’s life has been a witness and testimony of his faith!

Outside Church for Youth

“St. Tim’s (Sunday School) is back”—outside! **During the 10 AM Sunday Service, children and youth from 4th grade** and up are invited to meet at the outdoor chapel, weather permitting, where our kids will have time to gather, learn a bible story, and play on our beautiful church grounds. We will rejoin worship before communion. In case of inclement weather we will gather in Henry Hall. Dates: **27 Aug**, 10 Sept, 24 Sept, 1 Oct, 22 Oct.

Godly Play

Last but not least, **our children (age 3-3rd grade) will continue to attend Godly Play during the 10 AM Sunday Service.** This Montessori-based curriculum uses hands-on storytelling and wondering to introduce children to Bible stories and church traditions. Children who attend Godly Play head downstairs after the reading of the Collect and then rejoin their parents in the Sanctuary during the Peace prior to Eucharist.

Look for more information in the coming weeks or check out the **“Formation Flyer”** that you can pick up in the Narthex or see in the eNews.