



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday July 9, 2023

Sixth Sunday after Pentecost

10 a.m.

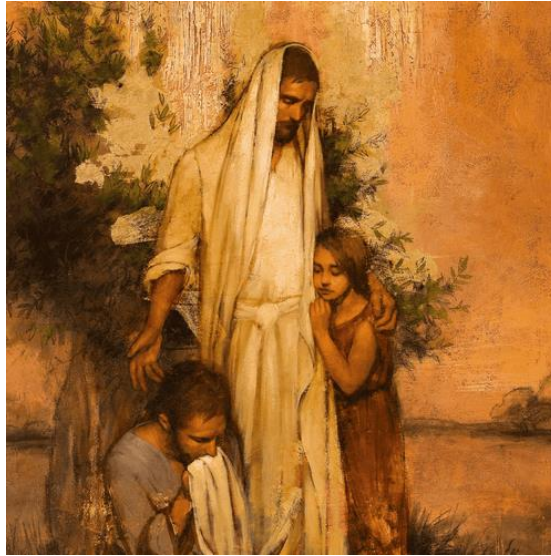


Illustration by Annie Henrie Nader

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

Deb Angerman, Bookkeeper (x13)

Julio Cuellar, Latino Service Musician

Todd Grivetti, Organist/Choirmaster (x16)

Allyson Showalter, Preschool Director (x14)

Debbie Stolar, Parish Administrator (x10)

priest@saint-timothys.org

bookkeeper@saint-timothys.org

juliocuellarmusic@yahoo.com

music@saint-timothys.org

sttimothypreschool432@gmail.com

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST

The Word of God

Prelude

Love Divine, All Loves Excelling
At the tolling of the bell, all stand.

arr. Joel Raney

Opening Hymn (657)

Love Divine, All Loves Excelling

Hyfrydol

Opening Acclamations (EOW 50)

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever. Amen.**

Kyrie (S96)

Lord, Have Mercy

Schubert/Proulx

Opening Collect (EOW 51)

Celebrant: Holy Wisdom, in your loving kindness you created and restored us when we were lost: inspire us with your truth, that we may love you with our whole minds and run to you with open hearts, through Christ our Savior. **Amen.**

The Collect for the Day (BCP 230) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: O God, you have taught us to keep all your commandments by loving you and our

neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from Genesis 24:34-38, 42-49, 58-67

The servant said to Laban, “I am Abraham’s servant. The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master’s wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, ‘You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father’s house, to my kindred, and get a wife for my son.’ “I came today to the spring, and said, ‘O LORD, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, “Please give me a little water from your jar to drink,” and who will say to me, “Drink, and I will draw for your camels also” —let her be the woman whom the LORD has appointed for my master’s son.’ “Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, ‘Please let me drink.’ She quickly let down her jar from her shoulder, and said, ‘Drink, and I will also water your camels.’ So I drank, and she also watered the camels. Then I asked her, ‘Whose daughter are you?’ She said, ‘The daughter of Bethuel, Nahor’s son, whom Milcah bore to him.’ So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshiped the LORD, and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master’s kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.” And they called Rebekah, and said to her, “Will you go with this man?” She said, “I will.” So they sent away their sister Rebekah and her nurse along with Abraham’s servant and his men. And they blessed Rebekah and said to her, “May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.” Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, “Who is the man over there, walking in the field to meet us?” The servant said, “It is my master.” So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac

brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 45:1-11 (Read responsively)

Eructavit cor meum

- 11 "Hear, O daughter; consider and listen closely; *
forget your people and your father's house.
- 12 The king will have pleasure in your beauty; *
he is your master; therefore do him honor.
- 13 The people of Tyre are here with a gift; *
the rich among the people seek your favor."
- 14 All glorious is the princess as she enters; *
her gown is cloth-of-gold.
- 15 In embroidered apparel she is brought to the king; *
after her the bridesmaids follow in procession.
- 16 With joy and gladness they are brought, *
and enter into the palace of the king.
- 17 "In place of fathers, O king, you shall have sons; *
you shall make them princes over all the earth.
- 18 I will make your name to be remembered
from one generation to another; *
therefore nations will praise you for ever and ever."

A Reading from Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Gradual Hymn (11 v 1-3)

Awake, My Soul, and With the Sun

Morning Hymn

Holy Gospel: Matthew 11:16-19, 25-30

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus said to the crowd, “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’ For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.” At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;**

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form V (BCP 389)

Leader: For peace, let us pray to the Lord, saying, “Lord, have mercy”

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For our Bishop, Mark, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For those in positions of public trust, especially Joe our president, Glenn our governor, and Sheila our mayor that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For this congregation of St. Timothy's, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People: Lord, have mercy.

Leader: Rejoicing in the fellowship of blessed Timothy and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People: Lord, have mercy.

Silence.

Celebrant will add a concluding collect.

Confession of Sin (EOW 56)

Celebrant: Let us confess our sins to God.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Please stand.

The Peace (EOW 56)

Celebrant: The peace of the Christ be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Choral Anthem

Praise the Lord! Ye Heavens Adore Him

Charles Beaudrot

(If you would like to reflect on the text, it can be found in Hymn 373).

Please stand as able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Duke Street



Praise God, from whom all blessings flow;
praise him, all creatures here be low;
praise him above, ye heavenly host:
praise Father, Son and Holy Ghost.

Holy Communion- Eucharistic Prayer I (EOW 57)

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Sanctus (S130)

Holy, Holy, Holy Lord

Schubert/Proulx

Please stand or kneel, as you are able.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**All: We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (S164)

Jesus, Lamb of God

Schubert/Proulx

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (302)

Father, We Thank Thee Who Hast Planted

Rendez à Dieu

Postcommunion Prayer (EOW 69)

Celebrant: Let us pray.

All: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The Blessing (EOW 70)

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

Closing Hymn (347)

Go Forth for God; Go to the World in Peace

Litton

Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: Thanks be to God.

*Flowers are given by the Cowberd Family
In thanksgiving for Charles and Leonard Cowberd*

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the soul: Jo Lombard (Mother of Kathy Lombard), Máximo Vélez (Father of Daniel Vélez-Rivera+)

Health: Jeannie Bates, Christie Donaldson (brain surgery), Clayton Davis (neck & head pain), Topsy, Stephen Eichelberger (health issues due to Agent Orange), Vincent Roque (surgery), Stephanie D. (diverticulosis), Laura W., Jimmy Dowell (Uncle of Michelle Davis), Maryam R. (hit by car), Marcel Jacks (grief), Heather S. (complex health emergency), Teresa A. (heart and other health needs), Diane K. (pulmonary concern), Kathleen Kinsolving (foot surgery), Don Durand, (stroke)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamee (Parkinson's disease & Alzheimers)

Mission Work: St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

THIS WEEK at ST. TIMOTHY'S

Sunday, July 9

8:00 AM Rite I Holy Eucharist – Sanctuary
9:15 AM Adult Choir Warm-up – Music Room
10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream
7:30 PM Serenity Seekers Al Anon – Virtual

Monday, July 10

12:15 PM Step Into Recovery AA
4:00 PM DanceWorx – Narthex
6:30 PM Boy Scout Troop 159
7:00 PM Hope For Today Al Anon
7:30 PM Service Ministry Meeting - Narthex
8:30 PM Monday Night Milkshake Group AA

Tuesday, July 11

4:00 DanceWorx

Wednesday, July 12

4:00 PM DanceWorx
6:30 PM Worship Committee Meeting- ZOOM
7:30 PM Latino Ministry Prayer – Offsite
7:30 PM SA Meeting
8:00 PM New Hopefuls AA

Thursday, July 13

12:15 PM Came to Believe AA
7:00 PM Debtors Anonymous

Friday, July 14

10:00 AM Friday Gratitude AA
9:30 PM Friday Night Lights AA

Saturday, July 15

9:00 AM Altar Guild Set-Up – Sanctuary
7:00 PM Rite II Santa Eucarista - Sanctuary

SHRINE MONT RETREAT WEEKEND SIGN-UP AVAILABLE!

St. Timothy's is headed to Shrine Mont for our retreat weekend on **September 15th-17th, 2023**.

This is a wonderful opportunity to rest, recharge, and renew with your parish family! You can reserve your spot by emailing the church office, office@saint-timothys.org

Please indicate in your email the size of your group, if you prefer single occupancy or double occupancy, as well as any dietary or mobility restrictions. Below are the rates for the weekend stay, please know there are scholarships available (as well as day pass [\$30] opportunities):

Double Occupancy: \$182; Single Occupancy: \$240; Youth 4-13: \$120; Children 0-3: Free!

In the meantime, check out the Shrine Mont website at www.shrinemont.com and be on the lookout in the coming weeks for more info about programming, etc.

ANNOUNCEMENT

Due to safety concerns, all those entering St. Timothy's are asked not to enter the building through the lower level during preschool hours. All should instead come into the church via the upper entrance, through the red doors near the office. If you require the handicapped entrance, please use the **RING** doorbell or call ahead.

PRESCHOOL SUMMER HOURS

The preschool office summer hours are Monday – Friday, 9-2:00 p.m. The office will be closed July 10 – 14th.

THE CLOSET TOY SALE – July 15th

Preparation for the sale (sorting, pricing, and display) will be at Moose Lodge, Herndon, 779 Center Street, from Monday July 10th through July 14th. Volunteers are asked to sign up on SignUpGenius - <https://tinyurl.com/ClosetToySale2023>. High School Students are especially needed on Monday, July 10th (2:00-4:00pm) and Saturday, July 15th (12:30-4:00pm). The Closet will verify students' hours for school credit, which we know is important to them.