



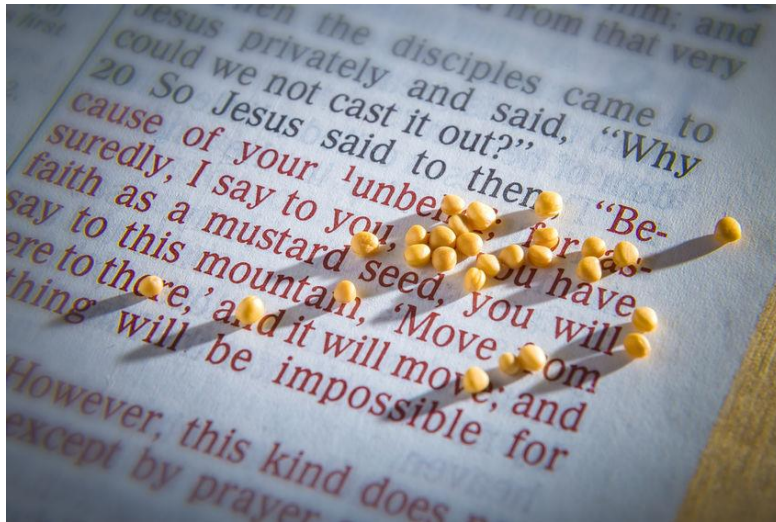
**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, July 30, 2023

*Ninth Sunday after Pentecost*

8 a.m.



[www.catholiclifeministries.org](http://www.catholiclifeministries.org)

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

**SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.**

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothyspreschool432@gmail.com](mailto:sttimothyspreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

**Jr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by the Mary McLenigan  
In memory of Robert Wellford Phillips*

# HOLY EUCHARIST- RITE I

*At the tolling of the bell, please stand.*

## Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

## Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

## The Collect for the Day (BCP 180)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O God, the protector of all that trust in thee, without whom nothing is strong, nothing is holy: Increase and multiply upon us thy mercy; that, thou being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Genesis 29:15-28

Laban said to Jacob, "Because you are my kinsman, should you therefore serve me for nothing? Tell me, what shall your wages be?" Now Laban had two daughters; the name of the elder was Leah, and the name of the younger was Rachel. Leah's eyes were lovely, and Rachel was graceful and beautiful. Jacob loved Rachel; so he said, "I will serve you seven years for your younger daughter Rachel." Laban said, "It is better that I give her to you than that I should give her to any other man; stay with me." So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her. Then Jacob said to Laban, "Give me my wife that I may go in to her, for my time is completed." So Laban gathered together all the people of the place, and made a feast. But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. (Laban gave his maid Zilpah to his daughter Leah to be her maid.) When morning came, it was Leah! And Jacob said to Laban, "What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?" Laban said, "This is not done in our country—giving the younger before the firstborn. Complete the week of this one, and we will

give you the other also in return for serving me another seven years.” Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife.

Reader: The Word of the Lord.

People: **Thanks be to God.**

**Psalms 105:1-11, 45b (Read responsively)**

Confitemini Domino

- 1 Give thanks to the LORD and call upon his Name; \*  
**make known his deeds among the peoples.**
  - 2 Sing to him, sing praises to him, \*  
**and speak of all his marvelous works.**
  - 3 Glory in his holy Name; \*  
**let the hearts of those who seek the LORD rejoice.**
  - 4 Search for the LORD and his strength; \*  
**continually seek his face.**
  - 5 Remember the marvels he has done, \*  
**his wonders and the judgments of his mouth,**
  - 6 O offspring of Abraham his servant, \*  
**O children of Jacob his chosen.**
  - 7 He is the LORD our God; \*  
**his judgments prevail in all the world.**
  - 8 He has always been mindful of his covenant, \*  
**the promise he made for a thousand generations:**
  - 9 The covenant he made with Abraham, \*  
**the oath that he swore to Isaac,**
  - 10 Which he established as a statute for Jacob, \*  
**an everlasting covenant for Israel,**
  - 11 Saying, "To you will I give the land of Canaan \*  
**to be your allotted inheritance."**
- 45b **Hallelujah!**

**A Reading from Romans 8:26-39**

The Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined

he also called; and those whom he called he also justified; and those whom he justified he also glorified. What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For your sake we are being killed all day long; we are accounted as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Reader: The Word of the Lord.

**People: Thanks be to God.**

*Please stand as you are able.*

**Holy Gospel: Matthew 13:31-33, 44-52**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People: Glory to you, Lord Christ.**

Jesus put before the crowds another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches." He told them another parable: "The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened." "The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field. "Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it. "Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth. "Have you understood all this?" They answered, "Yes." And he said to them, "Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old."

Celebrant: The Gospel of the Lord.

**People: Praise be to thee, Lord Christ.**

*Please stand as able.*

**The Nicene Creed (BCP 326)**

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand, or kneel, as you are able*

**The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
by what we have left undone.  
We have not loved thee with our whole heart;**

**we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: Come unto me, all ye that travail and are heavy laden, and I will refresh you.  
*(Matthew 11:28)*

*Please stand.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

### **Welcome & Announcements**

#### **The Offering**

*Please Stand*

### **The Holy Communion**

#### **The Great Thanksgiving (Prayer II, BCP 340)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, with Angels and Archangels, and with



all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **The Sanctus (BCP 341)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Stand or kneel, as you are able.*

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but**

deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever.  
**Amen.**

### **The Fraction (BCP 337)**

**Celebrant:** Christ our Passover is sacrificed for us.

**People:** Therefore let us keep the feast.

### **The Invitation (BCP 338)**

**Celebrant:** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

#### **Post-Communion Prayer (BCP 339)**

**Celebrant:** Let us pray.

**All:** Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### **Blessing**

*Please stand.*

#### **Dismissal (BCP 339)**

**Celebrant:** Let us go forth in the name of Christ.

**People:** Thanks be to God.

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Health:** Don Durand (stroke), Eddie McKulsky (back surgery), Terry Biederman (broken wrist), Michael Cornwell (motor cross accident), Dustin Vandenberg

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamee (Parkinson's disease & Alzheimers), Jerry Vandenberg

**Mission Work:** St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

## THIS WEEK at ST. TIMOTHY'S

### Sunday, July 30

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:15 AM Adult Choir Warm-up – Music Room  
10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream  
7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, July 31

12:15 PM Step Into Recovery AA  
6:30 PM Boy Scout Troop 159  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, August 1

4:00 PM DanceWorx

### Wednesday, August 2

4:00 PM DanceWorx  
4:00 PM Community Engagement - Kitchen  
7:30 PM Latino Ministry Prayer – Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, August 3

10:00 AM Recording in Sanctuary  
12:15 PM Came to Believe AA  
7:00 PM Debtors Anonymous

### Friday, August 4

10:00 AM Friday Gratitude AA  
9:30 PM Friday Night Lights AA

### Saturday, August 5

9:00 AM Altar Guild Set-Up – Sanctuary  
7:00 PM Rite II Santa Eucarista – Sanctuary

## CORNERSTONES BACK-TO-SCHOOL DRIVE

Due to financial constraints, not every child will be well equipped for that experience, so the Service Ministry is partnering with Cornerstones to provide backpacks to students in 16 area schools, now through August 7th. Here are the details: Backpacks must be new and without wheels or logos (other than the manufacturers' logo), backpacks are needed for all ages, grades K – 12, however the greatest need is for high school students (approx. 19" H by 10" W), you may shop from home by using Cornerstones **Amazon wish list** (Items will ship directly to Cornerstones), please place your donation in the large bin in the Narthex by August 7<sup>th</sup>.

Questions? Write or speak to Carolyn Hamm, St. Timothy's representative on the Cornerstones Board of Directors, [service@saint-timothys.org](mailto:service@saint-timothys.org).

## **SHRINE MONT RETREAT WEEKEND – SIGN UP NOW!**

St. Timothy's Shrine Mont retreat is happening on **September 15th-17th, 2023**. Come enjoy this wonderful opportunity to rest, recharge, and renew with your parish family. Rob Huizar is the Trip Coordinator.

The rates for the weekend are: **Double Occupancy - \$182, Single Occupancy - \$240, Youth (4-13 years old): \$120. Children under three are FREE!** These rates include 2 nights of lodging, 6 meals (2 each of breakfast, lunch, and dinner) & use of Shrine Mont facilities. Day passes are also available for \$30. Scholarships are also available.

To reserve a spot, e-mail Rob at [retreatcoordinator@saint-timothys.com](mailto:retreatcoordinator@saint-timothys.com). Please provide the following information: the size of your group, preference for single/double occupancy or day pass, as well as any dietary or mobility restrictions. Forms can be provided for those with no e-mail access.

Payment is due by **September 10th, 2023**. You can pay via check (made to "St. Timothy's Episcopal Church" with "Shrine Mont 2023" in the Memo line), via credit card on the church website (select "Shrine Mont 2023" for the "Fund" in the drop-down menu), or cash. You can leave payments with the front office or in the "Shrine Mont" mailbox located in the hall next to the front office. **Please do not put payments in the collection plates during services.**

Please contact Fr. Charles or Rob if you have any questions. You can also visit the Shrine Mont website (<https://shrinemont.com/>). Be on the lookout for more updates in the bulletin and our Facebook page.

## **SUMMER HYMN SING!**

What's your favorite hymn? Write down your requests and be ready to call them out - we are having a hymn sing. On **Sunday, August 6**, in place of the sermon you get to sing your favorite hymns. Try to stump the organist with a request from our blue hymnal (1982) or the green supplement (Wonder, Love, and Praise). Have your choices ready - any season, any theme, any time! If you have a hymn you're dying to sing that's not in our Episcopal repertoire, please email Todd at [music@saint-timothys.org](mailto:music@saint-timothys.org) and he'll try to make your wish come true.