



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothis.org

Sunday, July 2, 2023

Fifth Sunday after Pentecost

8 a.m.



www.churchleadership.com

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Saint Timothy's Mission Statement

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothyspreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Sr. Warden - Maria LaWalt (2025)

Jr. Warden – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Peter & Beth Hwoschinsky
In memory of Vladimir and Nancy Hwoschinsky, parents of Peter*

HOLY EUCHARIST- RITE I
with Renewal of Baptismal Vows
The Word of God

At the tolling of the bell, please stand.

Opening Acclamations (BCP 299)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Celebrant: There is one Body and one Spirit;

People: There is one hope in God's call to us;

Celebrant: One Lord, one Faith, one Baptism;

People: One God and Father of all.

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 178)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: O Almighty God, who hast built thy Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their doctrine, that we may be made an holy temple acceptable unto thee; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from Genesis 22:1-14

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on

his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the LORD called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place "The LORD will provide"; as it is said to this day, "On the mount of the LORD it shall be provided."

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalms 89:1-4, 15-18 (Read responsively)

Misericordias Domini

1 Your love, O LORD, for ever will I sing; *

from age to age my mouth will proclaim your faithfulness.

2 For I am persuaded that your love is established for ever; *

you have set your faithfulness firmly in the heavens.

3 "I have made a covenant with my chosen one; *

I have sworn an oath to David my servant:

4 "I will establish your line for ever, *

and preserve your throne for all generations."

15 Happy are the people who know the festal shout! *

they walk, O LORD, in the light of your presence.

16 They rejoice daily in your Name; *

they are jubilant in your righteousness.

17 For you are the glory of their strength, *

and by your favor our might is exalted.

18 Truly, the LORD is our ruler; *

the Holy One of Israel is our King.

A Reading from Romans 6:12-23

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God

as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Holy Gospel: Matthew 10:40-42

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, Lord Christ.**

Sermon

Please stand.

The Rev. Charles R. Cowherd

The Renewal of Baptismal Vows (BCP 292)

Celebrant: On this day, we remember that we are buried with Christ by Baptism into his death, and raised with him to newness of life. I invite you, therefore, to renew the solemn promises and vows of Holy Baptism, by which we renounced Satan and all his works, and promised to serve God faithfully in his holy Catholic Church.

Celebrant: Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

People: I do.

Celebrant: Do you believe in God the Father?

**People: I believe in God, the Father almighty,
creator of heaven and earth.**

Celebrant: Do you believe in Jesus Christ, the Son of God?

**People: I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

Celebrant: Do you believe in God the Holy Spirit?

**People: I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Celebrant: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: I will, with God's help.

Celebrant: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: I will, with God's help.

Celebrant: Will you proclaim by word and example the Good News of God in Christ?

People: I will, with God's help.

Celebrant: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: I will, with God's help.

Celebrant: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: I will, with God's help.

Celebrant: May Almighty God, the Father of our Lord Jesus Christ, who has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. Amen

Please stand, or kneel, as you are able.

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Amen.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Please stand.

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Please be seated.

Welcome & Announcements

The Offering

Please Stand

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because in Jesus Christ our Lord thou hast received us as they sons and daughters, made us citizens of thy kingdom, and given us the Holy Spirit to guide us into all truth. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 341)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.**

Stand or kneel, as you are able.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying,

"Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast.**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood

of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Blessing

Celebrant: The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Please stand.

Dismissal (BCP 339)

Celebrant: Let us go forth in the name of Christ.

People: Thanks be to God.

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Repose of the soul: Jo Lombard (Mother of Kathy Lombard)

Health: Jeannie Bates, Christie Donaldson (brain surgery), Clayton Davis (neck & head pain), Topsy, Stephen Eichelberger (health issues due to Agent Orange), Vincent Roque (surgery), Stephanie D. (diverticulosis), Laura W., Jimmy Dowell (Uncle of Michelle Davis), Maryam R. (hit by car), Marcel Jacks (grief), Heather S. (complex health emergency), Teresa A. (heart and other health needs), Diane K. (pulmonary concern), Kathleen Kinsolving (foot surgery)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamcee (Parkinson's disease & Alzheimers)

Mission Work: St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

THIS WEEK at ST. TIMOTHY'S

Sunday, July 2

- 8:00 AM Rite I Holy Eucharist – Sanctuary
- 9:15 AM Adult Choir Warm-up – Music Room
- 10:00 AM Rite II Holy Eucharist – Sanctuary &

Livestream

- 7:30 PM Serenity Seekers Al Anon – Virtual

Monday, July 3 – Church Office Closed

- 12:15 PM Step Into Recovery AA
- 4:00 PM DanceWorx – Narthex
- 6:30 PM Boy Scout Troop 159
- 7:00 PM Hope For Today Al Anon
- 8:30 PM Monday Night Milkshake Group AA

Tuesday, July 4 – Church Office Closed

Happy 4th of July!

Wednesday, July 5

- 4:00 PM DanceWorx
- 6:30 PM Community Engagement - Kitchen
- 7:30 PM Latino Ministry Prayer – Offsite
- 7:30 PM SA Meeting
- 8:00 PM New Hopefuls AA

Thursday, July 6

- 12:15 PM Came to Believe AA
- 7:00 PM Debtors Anonymous

Friday, July 7

- 10:00 AM Friday Gratitude AA
- 9:30 PM Friday Night Lights AA

Saturday, July 8

- 9:00 AM Altar Guild Set-Up – Sanctuary
- 7:00 PM Rite II Santa Eucarista - Sanctuary

BISHOP'S VISIT

The visit by the Right Reverend Dabney Smith, Visiting Bishop in the Diocese of Virginia, and his wife Mary, was a wonderful occasion, largely due to the cast of volunteers who turned out on Saturday and Sunday to ensure that St. Timothy's put its best foot forward on this very special day. The smell of Windex and the sounds of the vacuum were prevalent on Saturday as many polished, scrubbed, arranged, and swept until the place was shining. Others setup tables and chairs, prepared and served food, arranged flowers, entertained Mrs. Smith, and then cleaned it all up in the end. We particularly thank our staff, Deb Stolar, Parish Administrator, and Todd Grivetti, Organist and Choirmaster, for all they did to ensure the day was a memorable one.

Eric Barr, Shon Beury, Bonnie Bunting, Christine and Paul Cozza, Dave Dopsovic, Kathy Froemming, Julie Gray-Roller, Carolyn and Andy Hamm, Kathleen and Spencer Kinsolving, Jay and Maria LaWalt, Donna McGrath, Tom McLenigan, Tricia Mussante, Kristie and Glenn Rudolph, Kathryn Seih, Carol and Keith Sinclair, Deb Stolar, Kerrie and Rick Wilson, Eva Ablorh, Mary and Stephanie Wolo, and Sandy Wright.

FATHER FRANKLIN DEPARTING GIFT

Since Father Franklin Morales joined St. Timothy's on November 27, 2021, he has been a joyful presence, dedicated to our Latino Ministry and to St. Timothy's at large. In addition to conducting regular Saturday evening services in Spanish, he has provided supply ministry on Sunday Morning and participated in many bilingual services with Fr. Charles. While we are very sad to say goodbye, we are excited about the

opportunity his new position as Canon Missioner for Latino/Hispanic Ministries in the Episcopal Diocese of North Carolina will provide for him and his family.

We are grateful for the time we've shared and wish him, and his family, all of God's blessings as he transitions to his new job and his new home. To show our appreciation we are collecting a monetary gift. You may contribute to the gift by check or on-line at <https://www.saint-timothys.org/giving/> (click the red "Donate" button then select "Father Franklin Departing Gift" in the drop-down box). If paying by check, please notate "Franklin Gift" in the memo.

HAPPY 4TH OF JULY!

The church office will be closed Monday July 3rd – Tuesday July 4th in observance.

SAVE THE DATE - ST. TIMOTHY'S SHRINE MONT WEEKEND

Our parish will again be headed off to Shrine Mont, this year from **Friday September 15- Sunday September 17, 2023**. Shrine Mont is the Diocese of Virginia's Conference Center and is located in the Shenandoah Valley. It's the perfect place for a restful, fun, and spiritually nourishing retreat weekend. Look for signups in the future!

ANNOUNCEMENT

Due to safety concerns, all those entering St. Timothy's are asked not to enter the building through the lower level during preschool hours. All should instead come into the church via the upper entrance, through the red doors near the office. If you require the handicapped entrance, please use the **RING** doorbell or call ahead.

PRESCHOOL SUMMER HOURS

The preschool office summer hours are Monday – Friday, 9-2:00 p.m. The office will be closed July 10 – 14th.

THE CLOSET TOY SALE – July 15th

Preparation for the sale (sorting, pricing, and display) will be at Moose Lodge, Herndon, 779 Center Street, from Monday July 10th through July 14th. Volunteers are asked to sign up on SignUpGenius - <https://tinyurl.com/ClosetToySale2023>. High School Students are especially needed on Monday, July 10th (2:00-4:00pm) and Saturday, July 15th (12:30-4:00pm). The Closet will verify students' hours for school credit, which we know is important to them.