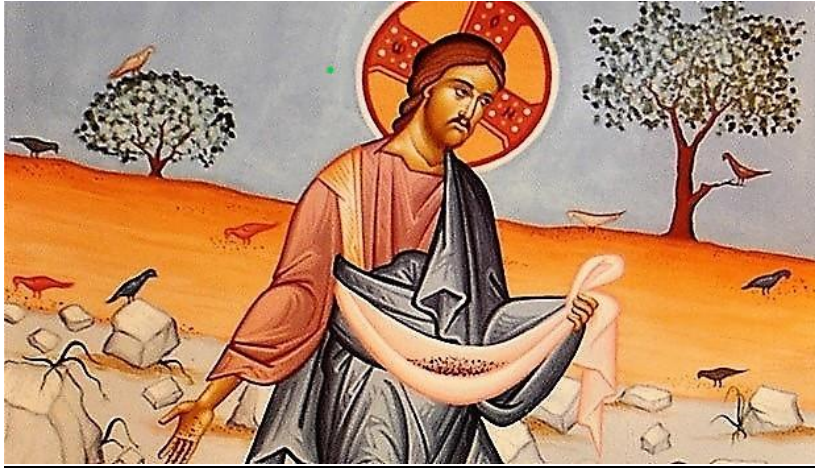




Sunday July 16, 2023

*Seventh Sunday after Pentecost*

10 a.m.



*Bigcatholic.blogspot*

### Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)  
**Deb Angerman**, Bookkeeper (x13)  
**Julio Cuellar**, Latino Service Musician  
**Todd Grivetti**, Organist/Choirmaster (x16)  
**Allyson Showalter**, Preschool Director (x14)  
**Debbie Stolar**, Parish Administrator (x10)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)  
[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)  
[juliocuellarusic@yahoo.com](mailto:juliocuellarusic@yahoo.com)  
[music@saint-timothys.org](mailto:music@saint-timothys.org)  
[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)  
[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST

### The Word of God

#### Prelude

*There Is a Fountain*  
*At the tolling of the bell, all stand.*

arr. Rick Parks  
(Michele Bair, guest organist)

#### Opening Hymn (516)

*Come Down, O Love Divine*

Down Ampney

#### Opening Acclamations (EOW 50)

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever. Amen.**

#### Kyrie (S96)

*Lord, Have Mercy*

Schubert/Proulx

#### Opening Collect (EOW 52) - *Children may head downstairs after this reading.*

Celebrant: Loving Jesus: Protect and sustain us with your hand. Open the door of your love that, sealed with your wisdom, we may be free to serve you with joy. **Amen.**

#### The Lessons

##### A Reading from Genesis 25:19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the LORD for his wife, because she was

barren; and the LORD granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the LORD. And the LORD said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 119:105-112 (Read responsively)**

Lucerna pedibus meis

105 Your word is a lantern to my feet \*  
**and a light upon my path.**

106 I have sworn and am determined \*  
**to keep your righteous judgments.**

107 I am deeply troubled; \*  
**preserve my life, O LORD, according to your word.**

108 Accept, O LORD, the willing tribute of my lips, \*  
**and teach me your judgments.**

109 My life is always in my hand, \*  
**yet I do not forget your law.**

110 The wicked have set a trap for me, \*  
**but I have not strayed from your commandments.**

111 Your decrees are my inheritance for ever; \*  
**truly, they are the joy of my heart.**

112 I have applied my heart to fulfill your statutes \*  
**for ever and to the end.**

## **A Reading from Romans 8:1-11**

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader:           The Word of the Lord.

People:           **Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn (440)**

*Blessed Jesus, At Thy Word*

Liebster Jesu

## **Holy Gospel: Matthew 13:1-9, 18-23**

Celebrant:       The Holy Gospel of our Lord Jesus Christ according to Matthew.

People:           **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!" "Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears

the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

## **Sermon**

The Rev. Charles R. Cowherd

*Please stand as you are able.*

### **The Nicene Creed (BCP 358)**

People: **We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form V (BCP 389)**

Leader: For peace, let us pray to the Lord, saying, “Lord, have mercy”

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For our Bishop, Mark, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For those in positions of public trust, especially Joe our president, Glenn our governor, and Sheila our mayor that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For this congregation of St. Timothy’s, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

**People: Lord, have mercy.**

Leader: Rejoicing in the fellowship of blessed Timothy and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

**People: Lord, have mercy.**

*Silence.*

*Celebrant will add a concluding collect.*

### **Confession of Sin (EOW 56)**

Celebrant: Let us confess our sins to God.

**All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

### **Absolution**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**Amen.**

*Please stand.*

### **The Peace (EOW 56)**

Celebrant: The peace of the Christ be always with you.

**People: And also with you.**

### **Welcome & Announcements**

### **Offertory Sentence**

### **The Offering**

### **Choral Anthem**

*Be Thou My Vision*

Richard Shephard

(If you would like to reflect on the text, it can be found in Hymn 488 ).

*Please stand as able.*

## Presentation Hymn

*Praise God, From Whom All Blessings Flow*

Duke Street



Praise God, from whom all blessings flow;  
praise him, all creatures here be low;  
praise him above, ye heavenly host:  
praise Father, Son and Holy Ghost.

## Holy Communion- Eucharistic Prayer I (EOW 57)

### The Great Thanksgiving

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

### Sanctus (S130)

*Holy, Holy, Holy Lord*

Schubert/Proulx

*Please stand or kneel, as you are able.*

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.



Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**All:                    We remember his death,  
                              We proclaim his resurrection,  
                              We await his coming in glory;**

Celebrant:            Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Timothy and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

**All:                    Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**The Fraction (S164)**

*Jesus, Lamb of God*

Schubert/Proulx

**The Invitation (BCP 364)**

Celebrant:            The Gifts of God for the People of God. Take them in remembrance that Christ

died for you, and feed on him in your hearts by faith, with thanksgiving.

## Administration of Communion

**Communion Hymn (593)**      *Lord, Make Us Servants of Your Peace*      Dickinson College

### Postcommunion Prayer (EOW 69)

Celebrant:      Let us pray.

**All:      God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

### The Blessing (EOW 70)

Celebrant:      God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

**Closing Hymn (632)**      *O Christ, the Word Incarnate*      Munich

### Dismissal (BCP 366)

Celebrant:      Let us go forth in the name of Christ.

**People:      Thanks be to God.**

**Postlude**      *How Firm a Foundation*      arr. Rick Parks  
(Michele Bair, guest organist)

*Flowers are given by the Jeanne Bennett  
In memory of my husband Guy William Bennett, III*

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## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the soul:** Jo Lombard (Mother of Kathy Lombard), Máximo Vélez (Father of Daniel Vélez-Rivera+)

**Health:** Jeannie Bates, Christie Donaldson (brain surgery), Clayton Davis (neck & head pain), Topsy, Stephen Eichelberger (health issues due to Agent Orange), Vincent Roque (surgery), Stephanie D. (diverticulosis), Laura W., Jimmy Dowell (Uncle of Michelle Davis), Maryam R. (hit by car), Marcel Jacks (grief), Heather S. (complex health emergency), Teresa A. (heart and other health needs), Diane K. (pulmonary concern), Kathleen Kinsolving (foot surgery), Don Durand (stroke)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), AG Miamcee (Parkinson's disease & Alzheimers)

**Mission Work:** St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

## THIS WEEK at ST. TIMOTHY'S

### Sunday, July 16

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:15 AM Adult Choir Warm-up – Music Room  
10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream  
7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, July 17

12:15 PM Step Into Recovery AA  
4:00 PM DanceWorx – Narthex  
6:30 PM Boy Scout Troop 159  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, July 18

4:00 DanceWorx

### Wednesday, July 19

4:00 PM DanceWorx  
6:30 PM Fiance Committee Meeting- ZOOM  
7:30 PM Latino Ministry Prayer – Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, July 20

12:15 PM Came to Believe AA  
7:00 PM Debtors Anonymous

### Friday, July 21

10:00 AM Friday Gratitude AA  
9:30 PM Friday Night Lights AA

### Saturday, July 22

8:00 AM MOST Breakfast  
9:00 AM Altar Guild Set-Up – Sanctuary  
7:00 PM Rite II Santa Eucarista - Sanctuary

## **SUPPORT FOR OUR SATURDAY SPANISH-SPEAKING SERVICE**

The departure of Father Franklin Morales was a great loss for St. Tim's but we are fortunate to have the Reverend Philene Ware Dunn, currently serving as our Interim Spanish Supply Priest, while we look for Father Franklin's replacement. Now is a great time to bolster support for our Spanish-speaking members by attending a Saturday service and showing that we are "One St. Timothy's".

To help in this commitment, select an upcoming Saturday to attend through the SignUp Genius link below (although one is always welcome to drop in anytime!):

**<https://www.signupgenius.com/go/10C0C4AAFAA2DABF58-vestry>**.

If you have any question please reach out to the church office.

## **SHRINE MONT RETREAT WEEKEND SIGN-UP AVAILABLE!**

St. Timothy's is headed to Shrine Mont for our retreat weekend on **September 15th-17th, 2023**.

This is a wonderful opportunity to rest, recharge, and renew with your parish family! You can reserve your spot by emailing Rob Huizar, Trip Coordinator, at **[rhuizar@gmail.com](mailto:rhuizar@gmail.com)**.

Please indicate in your email the size of your group, if you prefer single occupancy or double occupancy, as well any dietary or mobility restrictions. Below are the rates for the weekend stay, please know there are scholarships available (as well as day pass [\$30] opportunities):

**Double Occupancy: \$182; Single Occupancy: \$240; Youth 4-13: \$120; Children 0-3: Free!**

In the meantime, check out the Shrine Mont website at **[www.shrinemont.com](http://www.shrinemont.com)** and be on the lookout in the coming weeks for more info about programming, etc.

## **PRESCHOOL SUMMER HOURS**

The preschool office summer hours are Monday – Friday, 9-2:00 p.m. The office will be closed July 10 – 14<sup>th</sup>.

## **THE CLOSET TOY SALE – July 15th**

Preparation for the sale (sorting, pricing, and display) will be at Moose Lodge, Herndon, 779 Center Street, from Monday July 10th through July 14th. Volunteers are asked to sign up on SignUpGenius - **<https://tinyurl.com/ClosetToySale2023>**. High School Students are especially needed on Monday, July 10th (2:00-4:00pm) and Saturday, July 15th (12:30-4:00pm). The Closet will verify students' hours for school credit, which we know is important to them.