



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, June 4, 2023

Trinity Sunday

8:00 a.m.



Weekly Services:

Sunday, 8:00 a.m.

Holy Eucharist Rite I, spoken

Sunday, 10:00 a.m.

Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

Saint Timothy's Mission Statement

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

The Rev. Franklin Morales, Latino Service Priest

latinoministry@saint-timothys.org

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothypreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Sr. Warden - Maria LaWalt (2025)

Jr. Warden – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Julie Gray Roller, Cynthia Cook, & Jeremy Cook
In memory of Rex Roller's birthday, June 20th.*

HOLY EUCHARIST- RITE I

The Word of God

At the tolling of the bell, please stand as able.

Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 176)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Almighty and everlasting God, who hast given unto us thy servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We beseech thee that thou wouldest keep us steadfast in this faith and worship, and bring us at last to see thee in thy one and eternal glory, O Father; who with the Son and the Holy Spirit livest and reignest, one God, for ever and ever. **Amen.**

Please be seated.

The Lessons

A Reading from Genesis 1:1-2:4a

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day. And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there

was morning, the second day. And God said, “Let the waters under the sky be gathered together into one place, and let the dry land appear.” And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, “Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.” And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day. And God said, “Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day. And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day. And God said, “Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.” And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good. Then God said, “Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.” So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, “Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.” God said, “See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day. Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God

blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation. These are the generations of the heavens and the earth when they were created.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 8 (Read responsively)

1 O Lord our Governor, *

how exalted is your Name in all the world!

2 Out of the mouths of infants and children *

your majesty is praised above the heavens.

3 You have set up a stronghold against your adversaries, *

to quell the enemy and the avenger.

4 When I consider your heavens, the work of your fingers, *

the moon and the stars you have set in their courses,

5 What is man that you should be mindful of him? *

the son of man that you should seek him out?

6 You have made him but little lower than the angels; *

you adorn him with glory and honor;

7 You give him mastery over the works of your hands; *

you put all things under his feet:

8 All sheep and oxen, *

even the wild beasts of the field,

9 The birds of the air, the fish of the sea, *

and whatsoever walks in the paths of the sea.

10 O Lord our Governor, *

how exalted is your Name in all the world!

A Reading from 2 Corinthians 13:11-13

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as able.

Holy Gospel: Matthew 28:16-20

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory be to thee, O Lord.

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Reader: The Gospel of the Lord.

People: Praise be to thee, O Christ.

Please be seated.

Sermon

The Rev. Charles R. Cowherd

Please stand as able.

The Nicene Creed (BCP 326)

**People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able.

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Please stand as able.

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Please be seated.

Welcome & Announcements

The Offering

Please Stand

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Please stand as able.

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. For with thy co-eternal Son and Holy Spirit, thou art one God, one Lord, in Trinity of Persons and in Unity of Substance; and we celebrate the one and equal glory of thee, O Father, and of the Son, and of the Holy Spirit. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

Stand or kneel, as you are able.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us

our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Please stand or kneel as able.

Postcommunion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant: May God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Please stand as able.

Dismissal (BCP 340)

Celebrant: Alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God. Alleluia.**

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Health: Elaine Horsfield (broken foot), Lee Whitcomb (health issues), Randy Scrapper, Terry Biederman, Erica Alvarado (friend of David Pratt), Stephanie Eskins Gleason, Nate Scappers, Ann Chladon

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), Emma, AG Miammee (Parkinson's & Alzheimers)

Mission Work: St. Timothy's & Oak Grove Baptist trips to Pine Ridge, St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

THIS WEEK at ST. TIMOTHY'S

Sunday, June 4

8:00 AM Rite I Holy Eucharist - Sanctuary
9:00 AM Confirmation Class – Sanctuary
9:15 AM Adult Choir Warm-up – Music Room
10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream
7:30 PM Serenity Seekers Al Anon – Virtual

Monday, June 5

12:15 PM Step Into Recovery AA
4:00 PM DanceWorx – Narthex
6:30 PM Boy Scout Troop 159
7:00 PM Hope For Today Al Anon
8:30 PM Monday Night Milkshake Group AA

Tuesday, June 6

4:00 PM DanceWorx

Wednesday, June 7

10:00 AM Blood Drive – Henry Hall
1:00 PM Shawl Ministry - Narthex
4:00 PM Community Engagement - Kitchen
4:00 PM DanceWorx
7:30 PM Latino Ministry Prayer – Offsite
7:30 PM SA Meeting
8:00 PM New Hopefuls AA

Thursday, June 8

12:15 PM Came to Believe AA
7:00 PM Debtors Anonymous

Friday, June 9

10:00 AM Friday Gratitude AA
9:30 PM Friday Night Lights AA

Saturday, June 10

9:00 AM Altar Guild Set-Up – Sanctuary
7:00 PM Rite II Santa Eucarista - Sanctuary

CONFIRMATION CLASSES

This Sunday is our last day of Confirmation Class which starts at 9 AM between our two services, being led by our Priest-in-Charge. It will also be livestreamed. For further details please email priest@saint-timothys.org.

THANK YOU PENTECOST SUNDAY READERS!

A BIG thank you to all who helped with readings on Pentecost Sunday.

LITURGICAL MINISTERS TRAINING- Today!

Calling all LEMS (Lay Eucharistic Minister): Vergers, Lectors, Chalice-Bearers, Intercessors, and Ushers! A training/ refresher course will be held today, **after the 10 am service in the Sanctuary**. If you are interested in being a part of this important ministry, please also plan on attending.

SHAWL MINISTRY FUNDRAISER – Sunday June 11th

There will be a Shawl Ministry Fundraiser on Sunday, June 11th, after the 8 & 10 am services. Come explore the many homemade beautifully knitted and crocheted baby blankets, hats, scarves, and shawls for sale. There will also be some lovely crafted Christmas items available for the early shopper!

CHURCH CLEANUP

St. Timothy's is looking for volunteers on June 24th from 8a-12p to help clean up in and around the church. This is a great time to make things sparkle, as the Bishop will be visiting the next day! Lunch will be provided. Please email office@saint-timothys.org if you would like to help.

ROOTED IN HERNDON COMMUNITY GARDEN

"Rooted in Herndon." This name was chosen because it emphasizes St. Timothy's Episcopal Church being rooted in Herndon since 1868, with the hope that it will also be an opportunity to make further connections between the church and the local community.

St. Timothy's aims to connect with local families through the garden's shared work and time with one another. The goal is to provide a place where you can grow flowers, vegetables, fruits, etc., while also ensuring that this is done in a respectful environment.

If you would like to rent a "block" of the garden or just want more information, please email office@saint-timothys.org.

VISIONWALK 2023

My name is Michelle Duquette, secretary of St. Timothy's Service Ministry. I was diagnosed with Retinitis Pigmentosa, a degenerative retinal disease, which eventually took my sight. Every year I walk on behalf of the Foundation Fighting Blindness, and the millions of people affected with eye diseases. This year is the 18th annual DC Metro VisionWalk. Since its inception in 2005, our VW chapter has raised over \$3 million to fund sight-saving research. As promising treatments move into critical human studies, the need for research funding is greater than ever. This year's VisionWalk will take place on Sunday June 11th, at Yards Park in Washington, DC. Please consider joining me on June 11 and supporting those affected by retinal diseases. Visit my page at <https://give.fightingblindness.org/MichelleDuquette> There is a CURE IN SIGHT!