



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothis.org](http://www.saint-timothis.org)

Sunday, June 18, 2023

*Third Sunday after Pentecost*

8 a.m.



*clickbale.org*

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

**SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.**

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Franklin Morales**, Latino Service Priest

[latinoministry@saint-timothys.org](mailto:latinoministry@saint-timothys.org)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothyspreschool432@gmail.com](mailto:sttimothyspreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

**Jr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Tom & Betsy Bosworth  
In memory of Kerry Knoizen & Bobbie Bosworth*

# HOLY EUCHARIST- RITE I

*At the tolling of the bell, please stand.*

## Opening Acclamations (BCP 323)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

## Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: **Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

## The Collect for the Day (BCP 178)

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: O God, from whom all good doth come: Grant that by thy inspiration we may think those things that are right, and by thy merciful guiding may perform the same; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Genesis 12:1-9

Now the LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran. Abram took his wife Sarai and his brother's son Lot, and all the possessions that they had gathered, and the persons whom they had acquired in Haran; and they set forth to go to the land of Canaan. When they had come to the land of Canaan, Abram passed through the land to the place at Shechem, to the oak of Moreh. At that time the Canaanites were in the land. Then the LORD appeared to Abram, and said, "To your offspring I will give this land." So he built there an altar to the LORD, who had appeared to him. From there he moved on to the hill country on the east of Bethel, and pitched his tent, with Bethel on the west and Ai on the east; and there he built an altar to the LORD and invoked the name of the LORD. And Abram journeyed on by stages toward the Negeb.

Reader: The Word of the Lord.

People: **Thanks be to God.**

## Psalm 33:1-12 (Read responsively)

1 I love the Lord, because he has heard the voice of my supplication, \*  
**because he has inclined his ear to me whenever I called upon him.**

10 How shall I repay the Lord \*  
**for all the good things he has done for me?**

11 I will lift up the cup of salvation \*  
**and call upon the Name of the Lord.**

12 I will fulfill my vows to the Lord \*  
**in the presence of all his people.**

13 Precious in the sight of the Lord \*  
**is the death of his servants.**

14 O Lord, I am your servant; \*  
I am your servant and the child of your handmaid;  
**you have freed me from my bonds.**

15 I will offer you the sacrifice of thanksgiving \*  
**and call upon the Name of the Lord.**

16 I will fulfill my vows to the Lord \*  
**in the presence of all his people,**

|| 17 In the courts of the Lord's house, \*  
**in the midst of you, O Jerusalem.  
Hallelujah!**

## A Reading from Romans 5:1-8

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

## **Holy Gospel: Matthew 9:35-10:8-23**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People: Glory to you, Lord Christ.**

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest." Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with the following instructions: "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, 'The kingdom of heaven has come near.' Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for laborers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgment than for that town. "See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes."

Celebrant: The Gospel of the Lord.

**People: Praise be to thee, Lord Christ.**

*Please stand as able.*

**The Nicene Creed (BCP 326)**

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand, or kneel, as you are able*

**The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
by what we have left undone.**

**We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.**

**For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy way,  
to the glory of thy Name. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: Come unto me, all ye that travail and are heavy laden, and I will refresh you.  
*(Matthew 11:28)*

*Please stand.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

*Please be seated.*

### **Welcome & Announcements**

### **The Offering**

*Please Stand*

### **The Holy Communion**

#### **The Great Thanksgiving (Prayer II, BCP 340)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all



places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through the great shepherd of thy flock, Jesus Christ our Lord; who after his resurrection sent forth his apostles to preach the Gospel and to teach all nations; and promised to be with them always, even unto the end of the ages. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### **The Sanctus (BCP 341)**

**All: Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*Stand or kneel, as you are able.*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All:**           **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

**Celebrant:**       Christ our Passover is sacrificed for us.

**People:**         **Therefore let us keep the feast.**

### **The Invitation (BCP 338)**

**Celebrant:**       The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

#### **Post-Communion Prayer (BCP 339)**

**Celebrant:**       Let us pray.

**All:**           **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

#### **Blessing**

**Celebrant:**       The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

*Please stand.*

#### **Dismissal (BCP 339)**

**Celebrant:**       Let us go forth in the name of Christ.

**People:**         **Thanks be to God.**

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Felicita Majano (Grandmother of Vilma Lemus)

**Health:** Terry Biederman, Erica Alvarado (friend of David Pratt), Stephanie Eskins Gleason, Nate Scrappers, Ann Chladon, Jeannie Bates, Christie Donaldson (brain surgery), Clayton Davis (neck & head pain), Topsy, Stephen Eichelberger (health issues due to Agent Orange), Vincent Roque (surgery)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), Emma, AG Miamee (Parkinson's & Alzheimer's)

**Mission Work:** St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

## THIS WEEK at ST. TIMOTHY'S

### Sunday, June 18

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:00 AM Coffee Hour – Henry Hall  
9:15 AM Adult Choir Warm-up – Music Room  
10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream  
11:00 AM Coffee Hour – Henry Hall  
7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, June 19

12:15 PM Step Into Recovery AA  
4:00 PM DanceWorx – Narthex  
6:30 PM Boy Scout Troop 159  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, June 20

4:00 PM DanceWorx

### Wednesday, June 21

4:00 PM DanceWorx  
7:30 PM Finance Committee Meeting - ZOOM  
7:30 PM Latino Ministry Prayer – Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, June 22

12:15 PM Came to Believe AA  
7:00 PM Choir Rehearsal (Music Room)  
7:00 PM Debtors Anonymous

### Friday, June 23

10:00 AM Friday Gratitude AA  
9:30 PM Friday Night Lights AA

### Saturday, June 24

9:00 AM Altar Guild Set-Up – Sanctuary  
7:00 PM Rite II Santa Eucarista - Sanctuary

## INSTAGRAM PAGE LAUNCHED

St. Timothy's now has an Instagram! Instagram is a social media platform where we can put pictures, videos, etc. that showcase our parish family and all that is going on at St. Tim's. Please follow our handle "sttimsherndon" or go to <https://www.instagram.com/sttimsherndon/> to access all the content. If you have any questions or would like to post something, please contact Johnny Ellis ([jellis.ems@gmail.com](mailto:jellis.ems@gmail.com)) who has faithfully curated the page into existence.

## **NEXT WEEK! BISHOP'S VISIT – 10 am on Sunday June 25, 2023**

We are excited to welcome the Right Reverend Dabney Smith, Visiting Bishop in the Diocese of Virginia, to St. Timothy's on June 25th, 2023. We have a group of confirmands ready to be received, confirmed and reaffirmed into the Episcopal Church. We have a group meeting on Saturday the 24<sup>th</sup> to help clean up the church prior to the visit. All we need is you! There will be special music and a reception for the bishop to follow in Henry Hall. (NOTE: No 8 AM service that Sunday.)

## **CHURCH CLEANUP**

St. Timothy's is looking for volunteers on Saturday, June 24<sup>th</sup>, from 8a-12p to help clean up in and around the church. This is a great time to make things sparkle, as the Bishop will be visiting the next day! Lunch will be provided. Please email [office@saint-timothys.org](mailto:office@saint-timothys.org) if you would like to help.

## **EAGLE SCOUT PROJECT**

Suraj Pedineedi is leading an Eagle Scout project to paint and enhance the church's youth group room (the loft) at St. Timothy's. He is looking for the church's support to help create a more inviting space for the Scouts and others who meet in this room.

Please consider donating to help in the purchase of paint and other supplies for the project. You may access the GoFundMe link at <https://gofund.me/1ec73ef8> or check out Suraj's flyer with scannable bar code in the eNews. Thank you for your generosity!

## **FATHER FRANKLIN DEPARTING GIFT**

Since Father Franklin Morales joined St. Timothy's on November 27, 2021, he has been a joyful presence, dedicated to our Latino Ministry and to St. Timothy's at large. In addition to conducting regular Saturday evening services in Spanish, he has provided supply ministry on Sunday Morning and participated in many bilingual services with Fr. Charles. While we are very sad to say goodbye, we are excited about the opportunity his new position as Canon Missioner for Latino/Hispanic Ministries in the Episcopal Diocese of North Carolina will provide for him and his family.

We are grateful for the time we've shared and wish him, and his family, all of God's blessings as he transitions to his new job and his new home. To show our appreciation we are collecting a monetary gift. You may contribute to the gift by check or on-line at <https://www.saint-timothys.org/giving/> (click the red "Donate" button then select "Father Franklin Departing Gift" in the drop-down box). If paying by check, please notate "Franklin Gift" in the memo.