



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, June 11, 2023

Second Sunday after Pentecost

10:00 a.m.



"The Calling of Matthew"- Caravaggio (1599)

Weekly Services:

Sunday, 8:00 a.m.
Sunday, 10:00 a.m.
Sábado, 7:00 p.m.

Holy Eucharist Rite I, spoken
Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Santa Eucaristía Rito II, en español

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST WITH BAPTISM

The Word of God

Prelude

O Mighty God
At the tolling of the bell, all stand as able.

arr. John F. Wilson
(Michele Bair, guest organist)

Opening Hymn (8)

Morning Has Broken

Bunessan

Opening Acclamations (BCP 299)

Celebrant: Blessed be God; Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen

Celebrant: There is one Body and one Spirit;

People: There is one hope in God's call to us;

Celebrant: One Lord, one Faith, one Baptism;

People: One God and Father of all.

Kyrie (S96)

Lord Have Mercy

Franz Schubert

The Collect for the Day (BCP 229)

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: O God, from whom all good proceeds: Grant that by your inspiration we may think

those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

The Lessons

A Reading from Genesis 12:1-9

Now the LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran. Abram took his wife Sarai and his brother's son Lot, and all the possessions that they had gathered, and the persons whom they had acquired in Haran; and they set forth to go to the land of Canaan. When they had come to the land of Canaan, Abram passed through the land to the place at Shechem, to the oak of Moreh. At that time the Canaanites were in the land. Then the LORD appeared to Abram, and said, "To your offspring I will give this land." So he built there an altar to the LORD, who had appeared to him. From there he moved on to the hill country on the east of Bethel, and pitched his tent, with Bethel on the west and Ai on the east; and there he built an altar to the LORD and invoked the name of the LORD. And Abram journeyed on by stages toward the Negeb.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 33:1-12

Jeffrey H. Rickard

Move to the next note of the chant on the underlined text.



- 1 Rejoice in the Lord, you righteous; *
it is good for the just to sing praises.
- 2 Praise the Lord with the harp; *
play to him upon the psaltery and lyre.
- 3 Sing for him a new song; *
sound a fanfare with all your skill upon the trumpet.
- 4 For the word of the Lord is right, *
and all his works are sure.

- 5 He loves righteousness and justice; *
the loving-kindness of the Lord fills the whole earth.
- 6 By the word of the Lord were the heavens made, *
by the breath of his mouth all the heavenly hosts.
- 7 He gathers up the waters of the ocean as in a water-skin *
and stores up the depths of the sea.
- 8 Let all the earth fear the Lord; *
let all who dwell in the world stand in awe of him.
- 9 For he spoke, and it came to pass; *
he commanded, and it stood fast.
- 10 The Lord brings the will of the nations to naught; *
he thwarts the designs of the peoples.
- 11 But the Lord'S will stands fast for ever, *
and the designs of his heart from age to age.
- 12 Happy is the nation whose God is the Lord! *
happy the people he has chosen to be his own!

A Reading from Romans 4:13-25

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and

was raised for our justification.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as able.

Gradual Hymn (393)

Praise Our Great and Gracious Lord

Maos Zur

Holy Gospel: Matthew 9:9-13, 18-26

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

As Jesus was walking along, he saw a man called Matthew sitting at the tax booth; and he said to him, "Follow me." And he got up and followed him. And as he sat at dinner in the house, many tax collectors and sinners came and were sitting with him and his disciples. When the Pharisees saw this, they said to his disciples, "Why does your teacher eat with tax collectors and sinners?" But when he heard this, he said, "Those who are well have no need of a physician, but those who are sick. Go and learn what this means, 'I desire mercy, not sacrifice.' For I have come to call not the righteous but sinners."

While he was saying these things to them, suddenly a leader of the synagogue came in and knelt before him, saying, "My daughter has just died; but come and lay your hand on her, and she will live." And Jesus got up and followed him, with his disciples. Then suddenly a woman who had been suffering from hemorrhages for twelve years came up behind him and touched the fringe of his cloak, for she said to herself, "If I only touch his cloak, I will be made well." Jesus turned, and seeing her he said, "Take heart, daughter; your faith has made you well." And instantly the woman was made well. When Jesus came to the leader's house and saw the flute players and the crowd making a commotion, he said, "Go away; for the girl is not dead but sleeping." And they laughed at him. But when the crowd had been put outside, he went in and took her by the hand, and the girl got up. And the report of this spread throughout that district.

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Please be seated.

Sermon

The Rev. Charles R. Cowherd

Baptism

Presentation and Examination of the Candidates (BCP 301)

Celebrant: The Candidates for Holy Baptism will now be presented.

Sponsors: **I present Ryleigh Grace Field to receive the Sacrament of Baptism.**
I present Isaac William Lal to receive the Sacrament of Baptism.

Celebrant: Will you be responsible for seeing that the child you present is brought up in the Christian faith and life?

Sponsors: **I will, with God's help.**

Celebrant: Will you by your prayers and witness help these children to grow into the full stature of Christ?

Sponsors: **I will, with God's help.**

Celebrant: Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Sponsors: **I renounce them.**

Celebrant: Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Sponsors: **I renounce them.**

Celebrant: Do you renounce all sinful desires that draw you from the love of God?

Sponsors: **I renounce them.**

Celebrant: Do you turn to Jesus Christ and accept him as your Savior?

Sponsors: **I do.**

Celebrant: Do you put your whole trust in his grace and love?

Sponsors: **I do.**

Celebrant: Do you promise to follow and obey him as your Lord?

Sponsors: **I do.**

Celebrant: Will you who witness these vows do all in your power to support these people in their life in Christ?

People: **We will.**

Celebrant: Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

Please stand.

The Baptismal Covenant (BCP 304)

Celebrant: Do you believe in God the Father?

**People: I believe in God, the Father almighty,
creator of heaven and earth.**

Celebrant: Do you believe in Jesus Christ, the Son of God?

**People: I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

Celebrant: Do you believe in God the Holy Spirit?

**People: I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Celebrant: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: I will, with God's help.

Celebrant: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: I will, with God's help.

Celebrant: Will you proclaim by word and example the Good News of God in Christ?

People: I will, with God's help.

Celebrant: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: I will, with God's help.

Celebrant: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: I will, with God's help.

Celebrant: Let us know pray Harrison who are to receive the Sacrament of new birth.

Please stand or kneel, as you are able.

The Prayers for the Candidates (BCP 305)

Leader: Deliver them, O Lord, from the way of sin and death.

People: Lord, hear our prayer.

Leader: Open their hearts to your grace and truth.

People: Lord, hear our prayer.

Leader: Fill them with your holy and life-giving Spirit.

People: Lord, hear our prayer.

Leader: Keep them in the faith and communion of your holy Church.

People: Lord, hear our prayer.

Leader: Teach them to love others in the power of the Spirit.

People: Lord, hear our prayer.

Leader: Send them into the fullness of your peace and glory.

People: Lord, hear our prayer.

Leader: Bring them into the fullness of your peace and glory.

People: Lord, hear our prayer.

Celebrant: Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. **Amen.**

The congregation may be seated.

Thanksgiving over the Water (BCP 306)

Celebrant: The Lord be with you

People: And also with you.

Celebrant: Let us give thanks to the Lord our God

People: It is right to give him thanks and praise.

Celebrant: We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are

cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior. To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. **Amen.**

The Baptism (BCP 307)

Celebrant: _____, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

_____, you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever. **Amen.**



Celebrant: Let us pray.

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon this your servants the forgiveness of sin, and have raised them to the new life of grace. Sustain them, O Lord, in your Holy Spirit. Give them an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. **Amen.**

Celebrant: Let us welcome the newly baptized.

All: We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Please be seated.

Welcome & Announcements

Offertory Sentence

The Offering

Holy Communion - Eucharistic Prayer B (BCP 367)

Choral Anthem

With All I Am

arr. Davis/Thornburg

Though I may master all things known,
Though I may forfeit all I own
And do not love, I search in vain
To find the God who knows my name.

Love does not hide or run away,
It does not threaten or delay.
Alive in hop, it braves our schemes,
It bears our pain, believes our dreams.

With all I am, in all I do,
I pledge my faith, I honor you.
I give you, Lord, my solemn vow;
My life, my love, I offer now.

Please stand as able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Duke Street

The musical score is written for a single voice part on a treble clef staff with a key signature of two sharps (F# and C#). The melody is simple and hymn-like, with lyrics written below the notes. The lyrics are: "Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son and Holy Ghost." The score consists of four lines of music, each with a corresponding line of lyrics. The first line ends with a semibreve note, and the second line ends with a half note. The third and fourth lines end with a full bar line.

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son and Holy Ghost.

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your sons and daughters, made us citizens of your kingdom, and given us the Holy Spirit to guide us into all truth. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (S130)

Holy, Holy, Holy Lord

Franz Schubert

Please stand or kneel, as you are able.

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all

things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and Matthew and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever for ever and ever. Amen.

The Fraction (S164)

Jesus, Lamb of God

Franz Schubert

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (676)

There is a Balm in Gilead

Balm in Gilead

Please stand or kneel as able.

Postcommunion Prayer (BCP 365)

Celebrant: Let us pray.

All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen

The Blessing

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Closing Hymn (493)

O For a Thousand Tonges to Sing

Azmon

Please stand as able.

Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Postlude

The Joy of the Lord
(Michele Bair, guest organist)

arr. John F. Wilson

*Flowers are given by Pam Love
In memory of mom, Irene Sanger*

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PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Health: Terry Biederman, Erica Alvarado (friend of David Pratt), Stephanie Eskins Gleason, Nate Scrappers, Ann Chladon, Jeannie Bates, Christie Donaldson (brain surgery), Clayton Davis (neck & head pain), Topsy, Stephen Eichelberger (health issues due to Agent Orange)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis, hip pain), Brian Law, Jane Perry, Caroline Arlington (stroke), Emma, AG Miamée (Parkinson's & Alzheimers)

Mission Work: St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

The Rev. Franklin Morales, Latino Service Priest

latinoministry@saint-timothys.org

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Latino Service Musician

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothyspreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Sr. Warden - Maria LaWalt (2025)

Jr. Warden – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

THIS WEEK at ST. TIMOTHY'S

Sunday, June 11

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Shawl Ministry Fundraiser (Henry Hall)

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary & Livestream

11:00 AM Shawl Ministry Fundraiser & Coffee Hour (Henry Hall)

7:30 PM Serenity Seekers Al Anon – Virtual

Monday, June 12

12:15 PM Step Into Recovery AA

4:00 PM DanceWorx – Narthex

6:30 PM Boy Scout Troop 159

7:00 PM Hope For Today Al Anon

7:30 PM Service Ministry Meeting - Narthex

8:30 PM Monday Night Milkshake Group AA

Tuesday, June 13

4:00 PM DanceWorx

Wednesday, June 14

4:00 PM DanceWorx

6:30 PM Worship Committee Meeting - ZOOM

7:30 PM Latino Ministry Prayer – Offsite

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

Thursday, June 15

12:15 PM Came to Believe AA

7:00 PM Debtors Anonymous

Friday, June 16

10:00 AM Friday Gratitude AA

9:30 PM Friday Night Lights AA

Saturday, June 17

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM Rite II Santa Eucarista - Sanctuary

SHAWL MINISTRY FUNDRAISER – Today!

There will be a Shawl Ministry Fundraiser today, after the 8 & 10 am services. Come explore the many homemade beautifully knitted and crocheted baby blankets, hats, scarves, and shawls for sale. There will also be some lovely, crafted Christmas items available for the early shopper!

CHURCH CLEANUP

St. Timothy's is looking for volunteers on June 24th from 8a-12p to help clean up in and around the church. This is a great time to make things sparkle, as the Bishop will be visiting the next day! Lunch will be provided. Please email office@saint-timothys.org if you would like to help.

BISHOP'S VISIT – 10 am on Sunday June 25, 2023

We are excited to welcome the Right Reverend Dabney Smith, Visiting Bishop in the Diocese of Virginia, to St. Timothy's on June 25th, 2023. We have a group of confirmands ready to be received, confirmed and reaffirmed into the Episcopal Church. We have a group meeting on Saturday the 24th to help clean up the church prior to the visit. All we need is you! There will also be special music and a reception for the bishop after the service in Henry Hall! (NOTE: There will be NO 8 AM service on that Sunday.)

FATHER FRANKLIN DEPARTING GIFT

Since Father Franklin Morales joined St. Timothy's on November 27, 2021, he has been a joyful presence, dedicated to our Latino Ministry and to St. Timothy's at large. In addition to conducting regular Saturday evening services in Spanish, he has provided supply ministry on Sunday Morning and participated in many bilingual services with Fr. Charles. While we are very sad to say goodbye, we are excited about the opportunity his new position as canon missionary for Latino/Hispanic Ministries in the Episcopal Diocese of North Carolina will provide for him and his family.

We are grateful for the time we've shared and wish him, and his family, all of God's blessings as he transitions to his new job and his new home. To show our appreciation we are collecting a monetary gift. You may contribute to the gift by check or on-line at <https://www.saint-timothys.org/giving/> (click the red donate button then select gift for Father Franklin in the drop-down box). If paying by check, please notate "Franklin Gift" in the memo."

EAGLE SCOUT PROJECT

Suraj Pedineedi is leading an Eagle Scout project to paint and enhance the church's youth group room (the loft) at St. Timothy's. He is looking for the church's support to help create a more inviting space for

the Scouts and others who meet in this room.

Please consider donating to help in the purchase of paint and other supplies for the project. You may access the GoFundMe link at <https://gofund.me/1ec73ef8> or check out Suraj's flyer with scannable bar code in the eNews. Thank you for your generosity!

VISIONWALK 2023

My name is Michelle Duquette, secretary of St. Timothy's Service Ministry. I was diagnosed with Retinitis Pigmentosa, a degenerative retinal disease, which eventually took my sight. Every year I walk on behalf of the Foundation Fighting Blindness, and the millions of people affected with eye diseases. This year is the 18th annual DC Metro VisionWalk. Since its inception in 2005, our VW chapter has raised over \$3 million to fund sight-saving research. As promising treatments move into critical human studies, the need for research funding is greater than ever. This year's VisionWalk will take place on Sunday June 11th, at Yards Park in Washington, DC. Please consider joining me on June 11 and supporting those affected by retinal diseases. Visit my page at <https://give.fightingblindness.org/MichelleDuquette> There is a CURE IN SIGHT!

ROOTED IN HERNDON COMMUNITY GARDEN

"Rooted in Herndon." This name was chosen because it emphasizes St. Timothy's Episcopal Church being rooted in Herndon since 1868, with the hope that it will also be an opportunity to make further connections between the church and the local community.

St. Timothy's aims to connect with local families through the garden's shared work and time with one another. The goal is to provide a place where you can grow flowers, vegetables, fruits, etc., while also ensuring that this is done in a respectful environment.

If you would like to rent a "block" of the garden or just want more information, please email office@saint-timothys.org.