



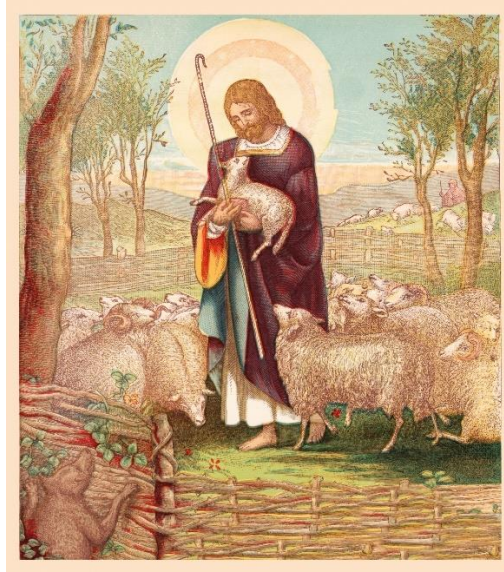
**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothis.org](http://www.saint-timothis.org)

Sunday, May 7, 2023

*Fifth Sunday of Easter*

10 a.m.



[www.publicdomainpictures.net](http://www.publicdomainpictures.net)

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### **Staff**

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

**The Rev. Franklin Morales**, Latino Service Priest

**Deb Angerman**, Bookkeeper (x13)

**Julio Cuellar**, Latino Service Musician

**Todd Grivetti**, Organist/Choirmaster (x16)

**Allyson Showalter**, Preschool Director (x14)

**Debbie Stolar**, Parish Administrator (x10)

[priest@saint-timothis.org](mailto:priest@saint-timothis.org)

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## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST The Word of God

### Prelude

*Variations on 'Aurelia'*  
*At the tolling of the bell, all stand.*

arr. Randolph Curie

### Opening Hymn (518)

*Christ is Made the Sure Foundation*

Westminster Abbey

### Opening Acclamations (BCP 355)

Celebrant: Alleluia. Christ is risen.

**People: The Lord is risen indeed. Alleluia.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### Gloria (S280)

*Glory to God*

Robert Powell

### The Collect for the Day (BCP 225) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Almighty God, whom truly to know is everlasting life: Grant us so perfectly to know your Son Jesus Christ to be the way, the truth, and the life, that we may steadfastly follow his steps in the way that leads to eternal life; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Acts 7:55-60

Filled with the Holy Spirit, Stephen gazed into heaven and saw the glory of God and Jesus standing at the right hand of God. "Look," he said, "I see the heavens opened and the Son of Man standing at the right hand of God!" But they covered their ears, and with a loud shout all rushed together against him. Then they dragged him out of the city and began to stone him; and the witnesses laid their coats at the feet of a young man named Saul. While they were stoning Stephen, he prayed, "Lord Jesus, receive my spirit." Then he knelt down and cried out in a loud voice, "Lord, do not hold this sin against them." When he had said this, he died.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### Psalm 31: 1-5, 15-16

Robert Knox Kennedy

*Move to the next note of the chant on the underlined text.*



- 1 In you, O Lord, have I taken refuge;  
let me never be put to shame; \*  
deliver me in your righteousness.
- 2 Incline your ear to me; \*  
make haste to deliver me.
- 3 Be my strong rock, a castle to keep me safe,  
for you are my crag and my stronghold; \*  
for the sake of your Name, lead me and guide me.
- 4 Take me out of the net that they have secretly set for me; \*  
for you are my tower of strength.
- 5 Into your hands I commend my spirit; \*  
for you have redeemed me,  
O Lord, O God of truth.
- 15 My times are in your hand; \*  
rescue me from the hand of my enemies,  
and from those who persecute me.
- || 16 Make your face to shine upon your servant; \*  
and in your loving-kindness save me."

## **A Reading from 1 Peter 2:2-10**

Like newborn infants, long for the pure, spiritual milk, so that by it you may grow into salvation— if indeed you have tasted that the Lord is good. Come to him, a living stone, though rejected by mortals yet chosen and precious in God’s sight, and like living stones, let yourselves be built into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ. For it stands in scripture: “See, I am laying in Zion a stone, a cornerstone chosen and precious; and whoever believes in him will not be put to shame.” To you then who believe, he is precious; but for those who do not believe, “The stone that the builders rejected has become the very head of the corner”, and “A stone that makes them stumble, and a rock that makes them fall.” They stumble because they disobey the word, as they were destined to do. But you are a chosen race, a royal priesthood, a holy nation, God’s own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvelous light. Once you were not a people, but now you are God’s people; once you had not received mercy, but now you have received mercy.

Reader:           The Word of the Lord.

**People:           Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn (WLP 754)**

*When from Bondage We are Summoned*

Haywood’s Home

## **Holy Gospel: John 14:1-14**

Celebrant:       The Holy Gospel of our Lord Jesus Christ according to John.

**People:           Glory to you, Lord Christ.**

Jesus said, “Do not let your hearts be troubled. Believe in God, believe also in me. In my Father’s house there are many dwelling places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going.” Thomas said to him, “Lord, we do not know where you are going. How can we know the way?” Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me. If you know me, you will know my Father also. From now on you do know him and have seen him.” Philip said to him, “Lord, show us the Father, and we will be satisfied.” Jesus said to him, “Have I been with you all this time, Philip, and you still do not know me? Whoever has seen me has seen the Father. How can you say, ‘Show us the Father’? Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own; but the Father who dwells in me does his works. Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. Very truly, I tell you, the one who believes in me will also

do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it.”

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

## Sermon

The Rev. Charles R. Cowherd

*Please stand as you are able.*

## The Nicene Creed (BCP 358)

People: **We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form III (BCP 387)**

Father, we pray for your holy Catholic Church;

**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;

**That they may be faithful ministers to your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;

**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;

**That they may be delivered from their distress.**

Give to the departed eternal rest;

**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy:

**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*Silence.*

*Celebrant will add a concluding collect.*

*Please stand.*

### **The Peace (BCP 360)**

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

### **Welcome & Announcements**

### **Offertory Sentence**

### **The Offering**

## **Holy Communion - Eucharistic Prayer B (BCP 367)**

## Choral Anthem

*Come, My Way*

Mark Schweizer

(If you would like to reflect on the text while you listen, it can be found in Hymn 487).

*Please stand as able.*

## Presentation Hymn

*Praise God, From Whom All Blessings Flow*

Truro

Praise God, from whom all blessings flow;  
praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son, and Holy Ghost.

## The Great Thanksgiving

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Sanctus (S129)

*Holy, Holy, Holy Lord*

Robert Powell

*Please stand or kneel, as you are able.*

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**



**Fraction Anthem (S156)**

*Christ our Passover*

Gerald Near

**The Invitation (BCP 364)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Administration of Communion**

**Communion Hymn (487)**

*Come, My Way, My Truth, My Life*

The Call

*Please stand or kneel, as you are able.*

**Postcommunion Prayer (BCP 365)**

Celebrant: Let us pray.

**All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen**

**Blessing**

Celebrant: May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

**Closing Hymn (525)**

*The Church's One Foundation*

Aurelia

**Dismissal (BCP 366)**

Celebrant: Alleluia, alleluia. Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia, alleluia.**

**Postlude**

*Truro*

Michael Bedford

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Repose of the Soul:** Joan Hubbard

**Health:** Kendall Martin, Elaine Horsfield (broken foot), Lee Whitcomb (health issues)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law, Jane Perry, Caroline Arlington (stroke)

**Mission Work:** St. Timothy's & Oak Grove Baptist trips to Pine Ridge, St. Mathieu's in Haiti.

## THIS WEEK at ST. TIMOTHY'S

### Sunday, May 7

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Confirmation Class – Sanctuary

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

4:00 PM Scouts Troop 159 – Henry Hall

7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, May 8

12:15 PM Step Into Recovery AA

4:00 PM DanceWorx – Narthex

6:30 PM Boy Scout Troop 159

7:00 PM Hope For Today Al Anon

7:30 PM Service Ministry Meeting - Narthex

8:30 PM Monday Night Milkshake Group AA

### Tuesday, May 9

4:00 PM DanceWorx

### Wednesday, May 10

4:00 PM DanceWorx

6:30 PM Worship Committee Meeting - ZOOM

7:30 PM Latino Ministry Prayer – Offsite

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

### Thursday, May 11

12:15 PM Came to Believe AA

7:00 PM Choir Rehearsal – Music Room

7:00 PM Debtors Anonymous

### Friday, May 12

10:00 AM Friday Gratitude AA

9:30 PM Friday Night Lights AA

### Saturday, May 13

9:00 AM Altar Guild Set-Up – Sanctuary

7:00 PM Rite II Santa Eucarista – Sanctuary

## ALTAR FLOWERS

Please consider making a donation for altar flowers. They are a wonderful way to celebrate an occasion such as a birthday/anniversary or honoring a loved one who has passed. You may use the sign-up sheet in the hallway, near the church office, fill out a Flower Envelope located in the Narthex, donate through the St. Timothy's website, [saint-timothys.org](http://saint-timothys.org) (please note any dedications), or email [altarguild@saint-timothys.org](mailto:altarguild@saint-timothys.org). The requested donation amounts is \$65. If paying by check, please note "Altar Flowers" in the memo.

## CONFIRMATION CLASSES – begin TODAY!

In anticipation of our biennial bishop's visit on June 25th, St. Timothy's will be offering Confirmation classes for all those interested in Confirmation, Reception and Reaffirmation in the Episcopal Church. These preparation classes begin today and will continue every **Sunday until Trinity Sunday (June 4th)**. They will take place during the 9 AM hour in between our two services, be led by our Priest-in-Charge, and will also be livestreamed.

→ Who is invited to attend these classes?

All are invited to attend the classes, regardless of your confirmation status! Please come for a refresher, or to help answer questions and provide perspectives. Those seeking confirmation will need to attend most of the sessions.

### NOTE:

→ While many consider Confirmation to be a rite exclusively for teens, anyone who has not been confirmed may seek formation for this mature commitment of faith. For more information, see page 412 of the Book of Common Prayer.

→ What is Confirmation?

Confirmation is a sacramental rite in which candidates "express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop." As such, the rite—just as with Baptism—marks a transition within a lifelong journey of formation in the Christian faith.

→ What is Reception?

Reception is designed for those who have already been Confirmed in another Christian denomination and who wish to be received into the fellowship of The Episcopal Church and the Anglican Communion.

→ What is Reaffirmation?

This rite is designed for those candidates who have returned from a time of religious inactivity or wish to publicly recommit themselves to an active practice of faith.

