



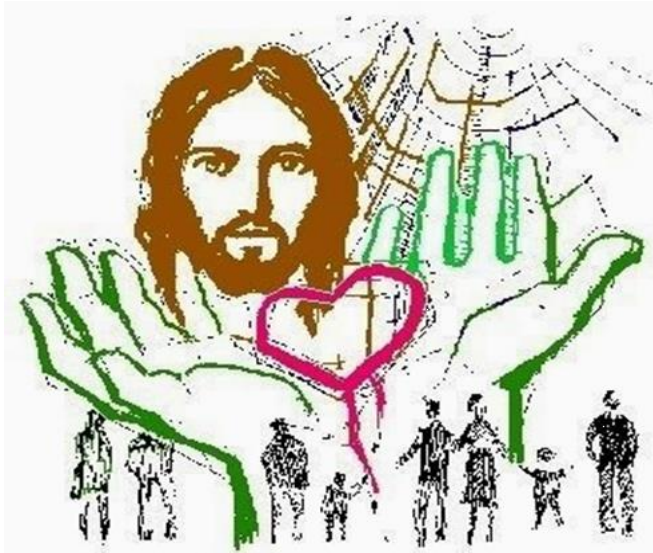
**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, May 21, 2023

*Seventh Sunday of Easter*

10 a.m.



*a dr*

### **Weekly Services:**

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### **Staff**

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

**The Rev. Franklin Morales**, Latino Service Priest

**Deb Angerman**, Bookkeeper (x13)

**Julio Cuellar**, Latino Service Musician

**Todd Grivetti**, Organist/Choirmaster (x16)

**Allyson Showalter**, Preschool Director (x14)

**Debbie Stolar**, Parish Administrator (x10)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

[latinoministry@saint-timothys.org](mailto:latinoministry@saint-timothys.org)

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[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST The Word of God

### Prelude

*All Hail the Power of Jesus' Name  
At the tolling of the bell, all stand.*

arr. Roger House

### Opening Hymn (450 v. 1-3, 6)

*All Hail the Power of Jesus' Name*

Coronation

### Opening Acclamations (BCP 355)

Celebrant: Alleluia. Christ is risen.

People: **The Lord is risen indeed. Alleluia.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### Gloria (S280)

*Glory to God*

Robert Powell

### The Collect for the Day (BCP 226) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

## The Lessons

### A Reading from Acts 1:6-14

When the apostles had come together, they asked Jesus, “Lord, is this the time when you will restore the kingdom to Israel?” He replied, “It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, “Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.” Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day’s journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### Psalm 68:1-10, 33-36

Robert Knox Kennedy

*Move to the next note of the chant on the underlined text.*



- 1 Let God arise, and let his enemies be scattered; \*  
let those who hate him flee before him.
- 2 Let them vanish like smoke when the wind drives it away; \*  
as the wax melts at the fire, so let the wicked perish at the presence of God.
- 3 But let the righteous be glad and rejoice before God; \*  
let them also be merry and joyful.
- 4 Sing to God, sing praises to his Name;  
exalt him who rides upon the heavens; \*  
YAHWEH is his Name, rejoice before him!
- 5 Father of orphans, defender of widows, \*  
God in his holy habitation!
- 6 God gives the solitary a home and brings forth prisoners into freedom; \*  
but the rebels shall live in dry places.

7 O God, when you went forth before your people, \*  
 when you marched through the wilderness,

8 The earth shook, and the skies poured down rain,  
 at the presence of God, the God of Sinai, \*  
 at the presence of God, the God of Israel.

9 You sent a gracious rain, O God, upon your inheritance; \*  
 you refreshed the land when it was weary.

10 Your people found their home in it; \*  
 in your goodness, O God, you have made provision for the poor.

33 Sing to God, O kingdoms of the earth; \*  
 sing praises to the Lord.

34 He rides in the heavens, the ancient heavens; \*  
 he sends forth his voice, his mighty voice.

35 Ascribe power to God; \*  
 his majesty is over Israel;  
 his strength is in the skies.

36 How wonderful is God in his holy places! \*  
 the God of Israel giving strength and power to his people!  
 Blessed be God!

**A Reading from 1 Peter 4:12-14, 5:6-11**

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you. Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn (WLP 776)**

*No Saint on Earth*

Song 1

## **Holy Gospel: John 17:1-11**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

**People: Glory to you, Lord Christ.**

Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. "I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one."

Celebrant: The Gospel of the Lord.

**People: Praise to you, Lord Christ.**

## **Sermon**

The Rev. Charles R. Cowherd

*Please stand as you are able.*

## **The Nicene Creed (BCP 358)**

**People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:**

by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form III (BCP 387)**

Father, we pray for your holy Catholic Church;

**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;

**That they may be faithful ministers to your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;

**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;

**That they may be delivered from their distress.**

Give to the departed eternal rest;

**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy:

**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*Silence.*

*Celebrant will add a concluding collect.*

*Please stand.*

### **The Peace (BCP 360)**

**Celebrant:** The peace of the Lord be always with you.

**People:** **And also with you.**

### **Welcome & Announcements**

### **Offertory Sentence**

### **The Offering**

## **Holy Communion - Eucharistic Prayer B (BCP 367)**

### **Choral Anthem**

*Draw Us in the Spirit's Tether*

Harold Friedell

Draw us in the Spirit's tether,  
For when humbly in Thy name,  
Two or three are met together  
Thou are in the midst of them;  
Alleluia! Alleluia!  
Touch we now Thy garment's hem.

As the brethren used to gather  
In the name of Christ to sup,  
Then with thanks to God the Father  
Break the bread and bless the cup,  
Alleluia! Alleluia!  
So knit Thou our friendship up.

All our meals and all our living.  
Make as sacraments of Thee,  
That by caring, helping, giving  
We may true disciples be.  
Alleluia! Alleluia!  
We will serve Thee faithfully.

-Percy Dearmer, 1931

*Please stand as able.*

## Presentation Hymn

*Praise God, From Whom All Blessings Flow*

Truro

Praise God, from whom all bless - ings flow;  
praise him, all crea - tures\_\_ here be - low;  
praise him a - bove, ye heaven - ly\_\_ host:  
praise Fa - ther, Son,\_\_ and\_\_ Ho - ly Ghost.

## The Great Thanksgiving

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Sanctus (S129)

*Holy, Holy, Holy Lord*

Robert Powell

*Please stand or kneel, as you are able.*

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.



On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All:            We remember his death,  
                  We proclaim his resurrection,  
                  We await his coming in glory;**

Celebrant:        And we offer our sacrifice of praise and thanksgiving to you, O Lord of all;  
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

**All:        Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem (S156)**

*Christ our Passover*

Gerald Near

**The Invitation (BCP 364)**

Celebrant:        The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Administration of Communion**

## Communion Hymn (307)

*Lord, Enthroned In Heavenly Splendor*

Bryn Calfaria

*Please stand or kneel, as you are able.*

## Postcommunion Prayer (BCP 365)

Celebrant: Let us pray.

**All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen**

## Blessing

Celebrant: May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

**Amen.**

## Closing Hymn (182)

*Christ is Alive, Let Christians Sing*

Truro

## Dismissal (BCP 366)

Celebrant: Alleluia, alleluia. Let us go forth in the name of Christ.

**People: Thanks be to God. Alleluia, alleluia.**

## Postlude

*Dance on 'Coronation'*

David Schelat

*Flowers are given by Emma Spence  
In memory of William Spence*

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## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Repose of the Soul:** Joan Hubbard

**Health:** Kendall Martin, Elaine Horsfield (broken foot), Lee Whitcomb (health issues), Randy Scrapper

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law, Jane Perry, Caroline Arlington (stroke)

**Mission Work:** St. Timothy's & Oak Grove Baptist trips to Pine Ridge, St. Mathieu's School in Haiti, North Fairfax Region trip to Dungannon

## THIS WEEK at ST. TIMOTHY'S

### Sunday, May 21

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Confirmation Class – Sanctuary/Livestream

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, May 22

12:15 PM Step Into Recovery AA

4:00 PM DanceWorx – Narthex

6:30 PM Boy Scout Troop 159

7:00 PM Hope For Today Al Anon

8:30 PM Monday Night Milkshake Group AA

### Tuesday, May 23

4:00 PM DanceWorx

7:00 PM Vestry Meeting - Narthex

### Wednesday, May 24

4:00 PM DanceWorx

7:30 PM Latino Ministry Prayer – Offsite

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

### Thursday, May 25

12:15 PM Came to Believe AA

7:00 PM Choir Rehearsal – Music Room

7:00 PM Debtors Anonymous

### Friday, May 26

10:00 AM Friday Gratitude AA

9:30 PM Friday Night Lights AA

### Saturday, May 27

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up – Sanctuary

## CONFIRMATION CLASSES

Confirmation classes continue every **Sunday until Trinity Sunday (June 4th)**. They will take place during the 9 AM hour in between our two services, be led by our Priest-in-Charge, and will also be livestreamed. For further details please email [priest@saint-timothys.org](mailto:priest@saint-timothys.org).

## FEAST OF PENTECOST SUNDAY May 28<sup>TH</sup>

In celebration of the Feast of Pentecost on Sunday May 28th everyone is invited to wear red! **On that day, we will have one service at 10 am (no Saturday 7 pm service, no Sunday 8 am service)** as we join together to celebrate the gift of the Holy Spirit. We are also inviting readers for the Acts lesson. Anyone who speaks a foreign language and who wants to participate, please contact the office to sign up.

## COFFEE HOUR

The Hospitality Ministry is looking for volunteers to assist with the coffee hour after the **Pentecost service on May 28<sup>th</sup> (one service, 10 am)**. We need people to order and pick up a large cake (with red flowers!), serve the cake along with coffee and juice, purchases and provide ice cream bars for the youth, and clean up. If you are able to help, please email [hospitality@saint-timothys.org](mailto:hospitality@saint-timothys.org). We are also looking for volunteers to provide regular coffee hour at the **8 & 10 am services on June 11<sup>th</sup>**.

## LITURGICAL MINISTERS TRAINING- Sunday June 4<sup>th</sup>

Calling all LEMS (Lay Eucharistic Minister): Vergers, Lectors, Chalice-Bearers, Intercessors, and Ushers! A training/ refresher course will be held on **Sunday, June 4<sup>th</sup>, after the 10 am service in the Sanctuary**. If you are interested in being a part of this important ministry, please also plan on attending. Any questions, please contact Keith Sinclair ([ksinclair1@msn.com](mailto:ksinclair1@msn.com)).

## CONGRATULATIONS to ALL GRADUATES!

It's that time of year again as we celebrate all those graduating from high school, college, and elsewhere. Please let the church office know if you have a graduate in your household and provide the following information: Graduate Name, School (/Major), Future Plans, and Picture. Email to [office@saint-timothys.org](mailto:office@saint-timothys.org).

## RING DOORBELL

Please be aware that if you come to the church during normal office hours and the door is locked, there is a Ring Doorbell to the left of the entrance. Please ring and someone will come and let you in.

## ROOTED IN HERNDON COMMUNITY GARDEN

"Rooted in Herndon." This name was chosen because it emphasizes St. Timothy's Episcopal Church being rooted in Herndon since 1868, with the hope that it will also be an opportunity to make further connections between the church and the local community.

St. Timothy's aims to connect with local families through the garden's shared work and time with one another. The goal is to provide a place where you can grow flowers, vegetables, fruits, etc., while also ensuring that this is done in a respectful environment.

If you would like to rent a "block" of the garden or just want more information, please email [office@saint-timothys.org](mailto:office@saint-timothys.org).