



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, April 30, 2023

*Fourth Sunday of Easter*

10 a.m.



[www.stainedglassinc.com](http://www.stainedglassinc.com)

### Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

### Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

**The Rev. Franklin Morales**, Latino Service Priest

**Deb Angerman**, Bookkeeper (x13)

**Julio Cuellar**, Latino Service Musician

**Todd Grivetti**, Organist/Choirmaster (x16)

**Allyson Showalter**, Preschool Director (x14)

**Debbie Stolar**, Parish Administrator (x10)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

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## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## HOLY EUCHARIST The Word of God

### Prelude

*Will You Dance*  
*At the tolling of the bell, all stand.*

John Druitt

### Opening Hymn (205 v 1, 3-5)

*Good Christians All, Rejoice and Sing!*

*Gelobt sei Gott*

### Opening Acclamations (BCP 355)

Celebrant: Alleluia. Christ is risen.

**People: The Lord is risen indeed. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### Gloria (S280)

*Glory to God*

Robert Powell

### The Collect for the Day (BCP 225) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. **Amen.**

## The Lessons

### A Reading from Acts 2:42-47

Those who had been baptized devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### Psalm 23

Robert Knox Kennedy

*Move to the next note of the chant on the underlined text.*



- 1 The Lord is my shepherd; \*  
I shall not be in want.
- 2 He makes me lie down in green pastures \*  
and leads me beside still waters.
- 3 He revives my soul \*  
and guides me along right pathways for his Name's sake.
- 4 Though I walk through the valley of the shadow of death,  
I shall fear no evil; \*  
for you are with me;  
your rod and your staff, they comfort me.
- 5 You spread a table before me in the presence of those who trouble me; \*  
you have anointed my head with oil,  
and my cup is running over.
- 6 Surely your goodness and mercy shall follow me all the days of my life; \*  
and I will dwell in the house of the Lord for ever.

### A Reading from 1 Peter 2:19-25

It is a credit to you if, being aware of God, you endure pain while suffering unjustly. If you endure when you are beaten for doing wrong, what credit is that? But if you endure when you do right and suffer for it, you have God's approval. For to this you have been called, because

Christ also suffered for you, leaving you an example, so that you should follow in his steps. “He committed no sin, and no deceit was found in his mouth.” When he was abused, he did not return abuse; when he suffered, he did not threaten; but he entrusted himself to the one who judges justly. He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed. For you were going astray like sheep, but now you have returned to the shepherd and guardian of your souls.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn (645)**

*The King of Love My Shepherd Is*

St. Columba

**Holy Gospel: John 10:1-10**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus said, “Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run from him because they do not know the voice of strangers.” Jesus used this figure of speech with them, but they did not understand what he was saying to them. So again Jesus said to them, “Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.”

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

**Sermon**

The Rev. Charles R. Cowherd

*Please stand as you are able.*

**The Nicene Creed (BCP 358)**

People: **We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand or kneel, as you are able.*

### **The Prayers of the People, Form III (BCP 387)**

Father, we pray for your holy Catholic Church;

**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;

**That they may be faithful ministers to your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;

**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy:  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*Silence.*

*Celebrant will add a concluding collect.*

*Please stand.*

### **The Peace (BCP 360)**

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

### **Welcome & Announcements**

### **Offertory Sentence**

### **The Offering**

## **Holy Communion - Eucharistic Prayer B (BCP 367)**

### **Choral Anthem**

*Lord of the Dance*

American Shaker Tune

*(Terry Biederman, John Druitt, Genevieve Masters,  
Jack Rudolph, Paige Williamson, guitar)*

arr. Sydney Carter

I danced in the morning when the world was begun,  
And I danced in the moon and the stars and the sun,  
And I came down from heaven and I danced on the earth,  
At Bethlehem I had my birth.

Dance, then, wherever you may be;  
I am the Lord of the Dance, said he.

And I'll lead you all wherever you may be,  
And I'll lead you all in the dance, said he.

I danced for the scribe and the Pharisee,  
But they would not dance and they would not follow me;  
I danced for the fishermen, for James and John;  
They came with me and the dance went on.

I danced on the sabbath and I cured the lame,  
The holy people said it was a shame;  
They whipped and they stripped and they hung me high;  
And left me there on a cross to die.

I danced on a Friday when the sky turned black;  
It's hard to dance with the devil on your back;  
They buried my body and they thought I'd gone,  
But I am the dance and I still go on.

They cut me down and I leapt up high,  
I am the life that'll never, never die;  
I'll live in you if you'll live in me;  
I am the Lord of the Dance, said he.

-Sydney Carter, 1963

*Please stand as able.*

**Presentation Hymn**

*Praise God, From Whom All Blessings Flow*

Truro

The musical score is written on four staves of a single treble clef. The lyrics are: Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost.

## The Great Thanksgiving

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voice with Angels and Archangels and will all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Sanctus (S129)

*Holy, Holy, Holy Lord*

Robert Powell

*Please stand or kneel, as you are able.*

Celebrant: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days, you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is the Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

Celebrant: And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament



of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Timothy and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem (S156)**

*Christ our Passover*

Gerald Near

**The Invitation (BCP 364)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Administration of Communion**

**Communion Hymn (664)**

*My Shepherd Will Supply My Need*

Resignation

*Please stand or kneel, as you are able.*

**Postcommunion Prayer (BCP 365)**

Celebrant: Let us pray.

**All: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen**

**Blessing**

Celebrant: May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing. And the blessing of

God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.  
**Amen.**

**Closing Hymn**  
**(708 v 1, 2, 1)**

*Savior, Like a Shepherd Lead Us*

Sicilian Mariners

**Dismissal (BCP 366)**

Celebrant: Alleluia, alleluia. Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia, alleluia.**

**Postlude**

*Praeludium in A Minor*

Georg Böhm

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## **PRAYER LIST:**

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:**

**Health:** Bishop Shannon Johnston (Parkinson's disease)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law, Jane Perry, Caroline Arlington (stroke)

**Mission Work:** St. Timothy's & Oak Grove Baptist trips to Pine Ridge, St. Mathieu's in Haiti.

## THIS WEEK at ST. TIMOTHY'S

### Sunday, April 30

7:30 - 11:30 PM LINK Food Drive  
8:00 AM Rite I Holy Eucharist – Sanctuary  
9:15 AM Adult Choir Warm-up – Music Room  
10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream  
7:30 PM Serenity Seekers Al Anon – Virtual

### Monday, May 1

12:15 PM Monday Gratitude AA  
4:00 PM DanceWorx – Narthex  
6:30 PM Boy Scout Troop 159  
7:00 PM Hope For Today Al Anon  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, May 2

4:00 PM DanceWorx

### Wednesday, May 3

1:00 PM Shawl Ministry Meeting - Narthex  
4:00 PM Community Engagement - Kitchen  
4:00 PM DanceWorx  
7:30 PM Latino Ministry Prayer – Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, May 4

12:15 PM Came to Believe AA  
7:00 PM Choir Rehearsal – Music Room  
7:00 PM Debtors Anonymous

### Friday, May 5

10:00 AM Friday Gratitude AA  
9:30 PM Friday Night Lights AA

### Saturday, May 6

9:00 AM Altar Guild Set-Up – Sanctuary  
7:00 PM Rite II Santa Eucarista – Sanctuary

## LINK SPRING FOOD DRIVE TODAY!

Today starts the beginning of the LINK Spring Food Drive. The food will be collected after service today. If you have more to donate, you may donate anytime by dropping your food goods off in the basket set up in Henry Hall. Thank you for helping with this truly lifesaving cause.

## ALTAR FLOWERS

Please consider making a donation for altar flowers. They are a wonderful way to celebrate an occasion such as a birthday/anniversary or honoring a loved one who has passed. You may use the sign-up sheet in the hallway, near the church office, fill out a Flower Envelope located in the Narthex, donate through the St. Timothy's website, [saint-timothys.org](http://saint-timothys.org) (please note any dedications), or email [altarguild@saint-timothys.org](mailto:altarguild@saint-timothys.org). The requested donation amounts is \$65. If paying by check, please note "Altar Flowers" in the memo.

## ST. TIMOTHY'S PRESCHOOL- REGISTRATION FOR 2023-2024

It's hard to believe it but it's already time to register for the upcoming school year. St. Timothy's preschool is currently accepting applicants for all age ranges. Please visit the (newly updated and redesigned!) website at [www.sttimothypreschool.com](http://www.sttimothypreschool.com) or contact Allyson Showalter, St. Timothy's preschool director, at [sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com).

## CONFIRMATION CLASSES - begin May 7, 2023

In anticipation of our biennial bishop's visit on June 25th, St. Timothy's will be offering Confirmation classes for all those interested in Confirmation, Reception and Reaffirmation in the Episcopal Church. These preparation classes will begin on Sunday, May 7th and continue every **Sunday until Trinity Sunday (June 4th)**. They will take place during the 9 AM hour in between our two services, be led by our Priest-in-Charge, and will also be livestreamed.

→ Who is invited to attend these classes?

All are invited to attend the classes, regardless of your confirmation status! Please come for a refresher, or to help answer questions and provide perspectives. Those seeking confirmation will need to attend most of the sessions.

NOTE:

→ While many consider Confirmation to be a rite exclusively for teens, anyone who has not been confirmed may seek formation for this mature commitment of faith. For more information, see page 412 of the Book of Common Prayer.

→ What is Confirmation?

Confirmation is a sacramental rite in which candidates "express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop." As such, the rite—just as with Baptism—marks a transition within a lifelong journey of formation in the Christian faith.

→ What is Reception?

Reception is designed for those who have already been Confirmed in another Christian denomination and who wish to be received into the fellowship of The Episcopal Church and the Anglican Communion.

→ What is Reaffirmation?

This rite is designed for those candidates who have returned from a time of religious inactivity or wish to publicly recommit themselves to an active practice of faith.

Please indicate interest by registering in the Signup Genius by visiting [www.saint-timothys.org](http://www.saint-timothys.org). Questions? Please email Charles at [priest@saint-timothys.org](mailto:priest@saint-timothys.org).