



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, February 19, 2023

*Last Sunday after the Epiphany*

8 a.m.



### **Weekly Services:**

Sunday, 8:00 a.m.  
Sunday, 10:00 a.m.  
Sábado, 7:00 p.m.

Holy Eucharist Rite I, spoken  
Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)  
Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

**SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.**

## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Franklin Morales**, Latino Service Priest

[latinoministry@saint-timothys.org](mailto:latinoministry@saint-timothys.org)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Latino Service Musician

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Sr. Warden** - Maria LaWalt (2025)

**Jr. Warden** – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by St. Timothy's Church  
In celebration of Kavoru (Carol) Yanagihara's 100<sup>th</sup> birthday*

# HOLY EUCHARIST- RITE I

## The Word of God

*At the tolling of the bell, please stand.*

### Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Blessed be God: Father, Son, and Holy Spirit

**People: And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

### The Collect for the Day (BCP 165)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: O God, who before the passion of thy only-begotten Son didst reveal his glory upon the holy mount: Grant unto us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

### The Lessons

#### A Reading from Exodus 24:12-18

The LORD said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the

mountain. Moses was on the mountain for forty days and forty nights.

Reader: The Word of the Lord.

People: **Thanks be to God.**

**Psalm 99 (Read responsively)**

1 The LORD is King;

let the people tremble; \*

**he is enthroned upon the cherubim;**

**let the earth shake.**

2 The LORD is great in Zion; \*

**he is high above all peoples.**

3 Let them confess his Name, which is great and awesome; \*

**he is the Holy One.**

4 "O mighty King, lover of justice,

you have established equity; \*

**you have executed justice and righteousness in Jacob."**

5 Proclaim the greatness of the LORD our God

and fall down before his footstool; \*

**he is the Holy One.**

6 Moses and Aaron among his priests,

and Samuel among those who call upon his Name, \*

**they called upon the LORD, and he answered them.**

7 He spoke to them out of the pillar of cloud; \*

**they kept his testimonies and the decree that he gave them.**

8 O LORD our God, you answered them indeed; \*

**you were a God who forgave them,**

**yet punished them for their evil deeds.**

|| 9 Proclaim the greatness of the LORD our God

and worship him upon his holy hill; \*

**for the Lord our God is the Holy One.**

**A Reading from 2 Peter 1:16-21**

We did not follow cleverly devised myths when we made known to you the power and coming

of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

**Reader:** The Word of the Lord.

**People:** **Thanks be to God.**

*Please stand.*

**Holy Gospel: Matthew 17:1-9**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People:** **Glory to you, Lord Christ.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

Celebrant: The Gospel of the Lord.

**People:** **Praise be to thee, Lord Christ.**

*Please be seated.*

**Sermon**

Carol Beckett

*Please stand.*

**The Nicene Creed (BCP 326)**

**People:** **We believe in one God,**

the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ,**  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,**  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

**We believe in one holy catholic and apostolic Church.**  
**We acknowledge one baptism for the forgiveness of sins.**  
**We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand, or kneel, as you are able.*

### **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

People: **Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,**

**and walk in thy way,  
to the glory of thy Name. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *(John 3:16)*  
*Please stand*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

### **Welcome & Announcements**

#### **The Offering**

### **The Holy Communion**

#### **The Great Thanksgiving (Prayer II, BCP 340)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

#### **The Sanctus (BCP 334)**

**All: Holy, holy, holy, Lord God of Hosts:**



**Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*Stand or kneel, as you are able.*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**All:           Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation,**

but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **The Fraction (BCP 337)**

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

### **The Invitation (BCP 338)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **Administration of Communion**

### **Post-Communion Prayer (BCP 339)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

### **The Blessing**

Celebrant: May the Sun of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

*Please stand.*

### **Dismissal (BCP 340)**

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Clay Barr (brother of Eric Barr), Robert Maley (brother of Rose Berberich)

**Health:** Pauline, Liz W., Lourdes Valles, Brenda Weeden (mother of Joe Weeden), Peter Hwochinsky (back surgery), Desmond Quaye, Leonard Johnson (Covid)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law, Robert Mendenhall (cancer)

## THIS WEEK at ST. TIMOTHY'S

### Sunday, February 19

8:00 AM Rite I Holy Eucharist – Sanctuary  
9:00 AM Lenten Adult Forum - Sanctuary  
9:15 AM Adult Choir Warm-up - Music Room  
10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream  
7:30 PM Serenity Seekers AA - Virtual

### Monday, February 20 – Office Closed

12:15 PM Monday Gratitude AA  
4:00 PM DanceWorx - Narthex  
6:30 PM Boy Scout Troop 159  
7:00 PM Hope For Today  
7:30 PM Service Ministry Meeting - Narthex  
8:30 PM Monday Night Milkshake Group AA

### Tuesday, February 21

4:00 PM DanceWorx

### Wednesday, February 22

12:00 PM Ash Wednesday Service - Sanctuary  
4:00 PM DanceWorx  
7:00 PM Ash Wednesday Service - Sanctuary  
7:30 PM Latino Ministry Prayer - Offsite  
7:30 PM SA Meeting  
8:00 PM New Hopefuls AA

### Thursday, February 23

12:15 PM Came to Believe AA  
7:00 PM Choir Rehearsal - Music Room  
7:00 PM Debtors Anonymous

### Friday, February 24

10:00 AM Friday Gratitude AA  
9:30 PM Friday Night Lights AA

### Saturday, February 25

8:00 AM MOST Breakfast  
9:00 AM Altar Guild Set-Up - Sanctuary  
7:00 PM Rite II Santa Eucaristia - Sanctuary

## LENTEN SUNDAY ADULT FORUM – TODAY at 9AM

Join us in the Sanctuary to hear Parishioner Ronald Boggio lead us in a Lenten series entitled: “The Integration of Psychology and Spirituality.” This six-session series of presentations will explore how a healthy spirituality can be enhanced by an understanding of psychological development. Topics covered will include concepts from child development, Jungian psychology, and a biblical view of the human person. We will also explore the significance of how a mature understanding of the cross and resurrection of Jesus and the Eucharist can inform a sound spirituality and discuss some ideas on prayer.

## **ASH WEDNESDAY SERVICES with IMPOSITION of ASHES**

Ash Wednesday services, with Imposition of Ashes, will be on February 22<sup>nd</sup>. There will be a 12 pm and 7 pm service in the Sanctuary. The 7 pm can also be viewed by Live Stream.

## **HENRY HALL GETS A FACELIFT!**

Painting of Henry Hall will begin February 20<sup>th</sup>. The hall will be closed until completion.

## **THANK YOU!**

A special thank you goes out to Elaine Horsfield for updating the children's worship bags, Jim Showalter for fixing the parking lot signs, and Andy Hamm for filling in the potholes in the parking lot!! Your efforts are truly appreciated by all.

## **SAVE THE DATE! – LADIES LUNCHEON – APRIL 23RD at 11 AM**

Women of St. Timothy's, please put "Ladies Luncheon" on your calendars for after the 10 o'clock service on Sunday, April 23<sup>rd</sup>. The Community Engagement is planning a fun-filled event to encourage the development of closer connections within our church family. We hope most, if not all, of you will be able to attend.

## **ST. TIMOTHY'S PRESCHOOL REGISTRATION FOR 2023 - 2024**

It's hard to believe it but it's already time to register for the upcoming school year. St. Timothy's Preschool is currently accepting applicants for all age ranges.

Please visit the (newly updated and redesigned!) website at [www.sttimothypreschool.com](http://www.sttimothypreschool.com) or contact Allyson Showalter, St. Timothy's Preschool Director, at [sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com).

## **OFFERING ENVELOPES**

Offering envelopes are available and may be picked up at the church office. If you need them mailed to you, please call the church office or email at [office@saint-timothys.org](mailto:office@saint-timothys.org).