



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, February 19, 2023

Last Sunday after the Epiphany

10 a.m.



Weekly Services:

Sunday, 8:00 a.m. Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m. Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m. Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

The Rev. Franklin Morales, Latino Service Priest

Deb Angerman, Bookkeeper (x13)

Julio Cuellar, Latino Service Musician

Todd Grivetti, Organist/Choirmaster (x16)

Allyson Showalter, Preschool Director (x14)

Debbie Stolar, Parish Administrator (x10)

priest@saint-timothys.org

latinoministry@saint-timothys.org

bookkeeper@saint-timothys.org

juliocuellarusic@yahoo.com

music@saint-timothys.org

sttimotherspreschool432@gmail.com

office@saint-timothys.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST

The Word of God

Prelude

Homage to Bach

Hans-André Stamm
(Liz Yanagihara Horwitz, flute)

At the tolling of the bell, all stand.

Opening Hymn (460)

Alleluia! Sing to Jesus

Hyfrydol

Opening Acclamations (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his Kingdom, now and for ever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria (S278)

Glory to God

Mathias

The Collect for the Day (BCP 217) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

6 Moses and Aaron among his priests,
and Samuel among those who call upon his Name,*
they called upon the LORD, and he answered them.

7 He spoke to them out of the pillar of cloud;*
they kept his testimonies and the decree that he gave them.

8 O LORD our God, you answered them indeed;*
you were a God who forgave them,
yet punished them for their evil deeds.

|| 9 Proclaim the greatness of the LORD our God
and worship him upon his holy hill;*
for the LORD our God is the Holy One.

A Reading from 2 Peter 1:16-21

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, “This is my Son, my Beloved, with whom I am well pleased.” We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one’s own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand as you are able.

Gradual Hymn (134)

O Light of Light, Love Given Birth

Jesu dulcis memoria

Holy Gospel: Matthew 17:1-9

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, “Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.” While he was still

speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, “This is my Son, the Beloved; with him I am well pleased; listen to him!” When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, “Get up and do not be afraid.” And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, “Tell no one about the vision until after the Son of Man has been raised from the dead.”

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sermon

Carol Beckett

Please stand as you are able.

The Nicene Creed (BCP 358)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form I (BCP 383)

With all our heart and with all our mind, let us pray to the Lord, saying “Lord, have mercy.”

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city of Herndon, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For those who travel on land, on water, or in the air, or through outer space, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of Saint Timothy and all the saints, let us commend ourselves, and one another, and all our life, to Christ God.

To you, O Lord our God.

Silence.

Celebrant will add a concluding collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us; and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Welcome & Announcements

Offertory Sentence

The Offering

Holy Communion- Eucharistic Prayer C (BCP 369)

Choral Anthem

Beautiful Savior

Robert Lee

Fairest Lord Jesus, Ruler of all nature,
O Thou of God and man the Son,
Thee will I cherish, Thee will I honor,
Thou, my soul's glory, joy and crown.

Fair are the meadows, fairer still the woodlands,
Robed in the blooming garb of spring;
Jesus is fairer, Jesus is purer,
Who makes the woeful heart to sing.

Beautiful Savior! Lord of all the nations!
Son of God and Son of Man!
Glory and honor, praise, adoration,
Now and forever more be Thine.

Please stand as you are able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Puer nobis

The musical notation is written on two staves in G major (one sharp). The first staff contains the melody for the first line of lyrics: "Praise God, from whom all blessings flow; praise him, all creatures here be - low;". The second staff contains the melody for the second line of lyrics: "praise him a - bove, ye heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost." The piece concludes with a double bar line.

The Great Thanksgiving (BCP 369)

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: **Glory to you for ever and ever.**

Celebrant: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People: **By your will they were created and have their being.**

Celebrant: From the primal elements you brought forth the human race, and blessed us with

memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People: **Have mercy, Lord, for we are sinners in your sight.**

Celebrant: Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People: **By his blood, he reconciled us.
By his wounds, we are healed.**

Celebrant: And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus (S128)

Holy, Holy, Holy Lord

Mathias

Please stand or kneel, as you are able.

Celebrant: And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People: **We celebrate his death and resurrection, as we await the day of his coming.**

Celebrant: Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People: **Risen Lord, be known to us in the breaking of the Bread.**

Celebrant: Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

Fraction Anthem (S165)

Jesus, Lamb of God

Matthias

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (318)

Here, O My Lord

Nyack

Please stand or kneel, as you are able.

Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Blessing

Celebrant: May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Closing Hymn (122)

Alleluia, Song of Gladness

Lauda anima

Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Postlude

Blue Bossa
(Liz Yanagihara Horwitz, flute)

Gary Shocker

*Flowers are given by St. Timothy's Church
In celebration of Kaworu (Carol) Yanagihara's 100th birthday*

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Clay Barr (brother of Eric Barr), Robert Maley (brother of Rose Berberich)

Health: Pauline, Liz W., Lourdes Valles, Brenda Weeden (mother of Joe Weeden), Peter Hwochinsky (back surgery), Desmond Quaye, Leonard Johnson (Covid)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law, Robert Mendenhall (cancer)

Vestry

Sr. Warden - Maria LaWalt (2025)

Jr. Warden – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

THIS WEEK at ST. TIMOTHY'S

Sunday, February 19

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Lenten Adult Forum - Sanctuary

9:15 AM Adult Choir Warm-up - Music Room

10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream

7:30 PM Serenity Seekers AA - Virtual

Monday, February 20 – Office Closed

12:15 PM Monday Gratitude AA

4:00 PM DanceWorx - Narthex

6:30 PM Boy Scout Troop 159

7:00 PM Hope For Today

7:30 PM Service Ministry Meeting - Narthex

8:30 PM Monday Night Milkshake Group AA

Tuesday, February 21

4:00 PM DanceWorx

Wednesday, February 22

12:00 PM Ash Wednesday Service - Sanctuary

4:00 PM DanceWorx

7:00 PM Ash Wednesday Service - Sanctuary

7:30 PM Latino Ministry Prayer - Offsite

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

Thursday, February 23

12:15 PM Came to Believe AA

7:00 PM Choir Rehearsal - Music Room

7:00 PM Debtors Anonymus

Friday, February 24

10:00 AM Friday Gratitude AA

9:30 PM Friday Night Lights AA

Saturday, February 25

8:00 AM MOST Breakfast

9:00 AM Altar Guild Set-Up - Sanctuary

7:00 PM Rite II Santa Eucaristía - Sanctuary

LENTEN SUNDAY ADULT FORUM – TODAY at 9AM

Join us in the Sanctuary to hear Parishioner Ronald Boggio lead us in a Lenten series entitled: “The Integration of Psychology and Spirituality.” This six-session series of presentations will explore how a healthy spirituality can be enhanced by an understanding of psychological development. Topics covered will include concepts from child development, Jungian psychology, and a biblical view of the human person. We will also explore the significance of how a mature understanding of the cross and resurrection of Jesus and the Eucharist can inform a sound spirituality and discuss some ideas on prayer.

ASH WEDNESDAY SERVICES with IMPOSITION of ASHES

Ash Wednesday services, with Imposition of Ashes, will be on February 22nd. There will be a 12 pm and 7 pm service in the Sanctuary. The 7 pm can also be viewed by Live Stream.

HENRY HALL GETS A FACELIFT!

Painting of Henry Hall will begin February 20th. The hall will be closed until completion.

THANK YOU!

A special thank you goes out to Elaine Horsfield for updating the children’s worship bags, Jim Showalter for fixing the parking lot signs, and Andy Hamm for filling in the potholes in the parking lot!! Your efforts are truly appreciated by all.

SAVE THE DATE! – LADIES LUNCHEON – APRIL 23RD at 11 AM

Women of St. Timothy’s, please put “Ladies Luncheon” on your calendars for after the 10 o’clock service on Sunday, April 23rd. The Community Engagement is planning a fun-filled event to encourage the development of closer connections within our church family. We hope most, if not all, of you will be able to attend.

ST. TIMOTHY’S PRESCHOOL REGISTRATION FOR 2023 - 2024

It’s hard to believe it but it’s already time to register for the upcoming school year. St. Timothy’s Preschool is currently accepting applicants for all age ranges.

Please visit the (newly updated and redesigned!) website at www.sttimothypreschool.com or contact Allyson Showalter, St. Timothy’s Preschool Director, at sttimothypreschool432@gmail.com.

OFFERING ENVELOPES

Offering envelopes are available and may be picked up at the church office. If you need them mailed to you, please call the church office or email at office@saint-timothys.org.