



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothis.org

Sunday, January 29, 2023

Fourth Sunday after the Epiphany

10 a.m.



'... who humbles himself will be exalted.' - "... el que se humilla, será engrandecido." / Art by: eldiario.com.co

Weekly Services:

Sunday, 8:00 a.m.	Holy Eucharist Rite I, spoken
Sunday, 10:00 a.m.	Holy Eucharist Rite II with choir (Godly Play for ages 3–9 in Rm. B-1)
Sábado, 7:00 p.m.	Santa Eucaristía Rito II, en español

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

The Rev. Franklin Morales, Spanish Service Priest

Deb Angerman, Bookkeeper (x13)

Julio Cuellar, Latino Service Musician

Todd Grivetti, Organist/Choirmaster (x16)

Allyson Showalter, Preschool Director (x14)

Debbie Stolar, Parish Administrator (x10)

priest@saint-timothis.org

latinoministry@saint-timothis.org

bookkeeper@saint-timothis.org

juliocuellarmusic@yahoo.com

music@saint-timothis.org

sttimothispreschool432@gmail.com

office@saint-timothis.org

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary or they may head downstairs for Godly Play after the reading of the Collect. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

HOLY EUCHARIST The Word of God

Prelude

Liebster Jesu
At the tolling of the bell, all stand.

J. S. Bach

Opening Hymn (569)

God the Omnipotent

Russia

Opening Acclamations (BCP 355)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his Kingdom, now and for ever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria (S278)

Glory to God

Mathias

The Collect for the Day (BCP 215) – *Children may head downstairs after this reading.*

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

|| 7 Whoever does these things *
shall never be overthrown.

A Reading from 1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand as you are able.

Gradual Hymn (440)

Blessed Jesus, At Thy Word

Liebster Jesu

Holy Gospel: Matthew 5:1-12

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: “Blessed are the poor in spirit, for theirs is the kingdom of heaven. “Blessed are those who mourn, for they will be comforted. “Blessed are the meek, for they will inherit the earth. “Blessed are those who hunger and thirst for righteousness, for they will be filled. “Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God. “Blessed are the peacemakers, for they will be called children of God. “Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven. “Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon

The Rev. Charles R. Cowherd

Please stand as you are able.

The Nicene Creed (BCP 358)

People: **We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand or kneel, as you are able.

The Prayers of the People, Form I (BCP 383)

With all our heart and with all our mind, let us pray to the Lord, saying “Lord, have mercy.”

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city of Herndon, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For those who travel on land, on water, or in the air, or through outer space, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of Saint Timothy and all the saints, let us commend ourselves, and one another, and all our life, to Christ God.

To you, O Lord our God.

Silence.

Celebrant will add a concluding collect.

Confession of Sin (BCP 360)

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us; and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.

Amen.

Absolution (BCP 360)

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please stand.

The Peace (BCP 360)

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Welcome & Announcements

Offertory Sentence

The Offering

Holy Communion- Eucharistic Prayer C (BCP 369)

Choral Anthem

Blest Are They

David Haas

Blest are they, the poor in spirit, theirs is the kingdom of God.
Blest are they, full of sorrow, they shall be consoled.
Rejoice and be glad! Blessed are you, holy are you!
Rejoice and be glad! Yours is the kingdom of God!

Blest are they, the lowly ones, they shall inherit the earth.
Blest are they who hunger and thirst, they shall have their fill.

Blest are they who show mercy, mercy shall be theirs.
Blest are they, the pure of heart, they shall see God!

Blest are they who seek peace, they are the children of God.
Blest are they who suffer in faith, the glory of God is theirs.

Blest are you who suffer hate, all because of me.
Rejoice and be glad, yours is the kingdom; shine for all to see.

Please stand as you are able.

Presentation Hymn

Praise God, From Whom All Blessings Flow

Puer nobis

The musical notation is written on two staves in G major (one sharp). The first staff contains the melody for the first line of lyrics: "Praise God, from whom all blessings flow; praise him, all creatures here be - low;". The second staff contains the melody for the second line of lyrics: "praise him a - bove, ye heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost." The piece concludes with a double bar line.

The Great Thanksgiving (BCP 369)

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: **Glory to you for ever and ever.**

Celebrant: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People: **By your will they were created and have their being.**

Celebrant: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People: **Have mercy, Lord, for we are sinners in your sight.**

Celebrant: Again and again, you called us to return. Through prophets and sages you revealed righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People: **By his blood, he reconciled us.**

By his wounds, we are healed.

Celebrant: And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus (S128)

Holy, Holy, Holy Lord

Mathias

Please stand or kneel, as you are able.

Celebrant: And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People: **We celebrate his death and resurrection, as we await the day of his coming.**

Celebrant: Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People: **Risen Lord, be known to us in the breaking of the Bread.**

Celebrant: Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now as our Savior Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem (S165)

Jesus, Lamb of God

Matthias

The Invitation (BCP 364)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Communion Hymn (656)

Blest Are the Pure in Heart

Franconia

Please stand or kneel, as you are able.

Postcommunion Prayer (BCP 366)

Celebrant: Let us pray.

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Blessing

Celebrant: May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Closing Hymn (556 v. 1-3, 6-7)

Rejoice, ye Pure in Heart!

Marion

Dismissal (BCP 366)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Postlude

Marion

arr. Franklin Ritter

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Repose of the Soul: Robert Weeden (father of Joe Weeden), Muriel Turner

Health: Pauline, Liz W., Lourdes Valles, Brenda Weeden (mother of Joe Weeden), Peter Hwochinsky (back surgery)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law

Vestry

Sr. Warden - Maria LaWalt (2025)

Jr. Warden – Kristie Rudolph (2025)

Betsy Bosworth (2025)

Tom Davis (2024)

David Dopsovic (2024)

Carolyn Hamm (2025)

Vilma Lemus (2026)

Matt Schumann - Alternate

Paige Williamson (2024)

Rick Wilson – Alternate

Midori Yanagihara (2026)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

THIS WEEK at ST. TIMOTHY'S

Sunday, January 29

8:00 AM Rite I Holy Eucharist - Sanctuary

9:15 AM Adult Choir Warm-up - Music Room

10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream

7:30 PM Serenity Seekers AA - Virtual

Monday, January 30

12:15 PM Monday Gratitude AA

4:00 PM DanceWorx - Narthex

6:30 PM Boy Scout Troop 159

7:00 PM Hope For Today

8:30 PM Monday Night Milkshake Group AA

Tuesday, January 31

4:00 PM DanceWorx

7:30 PM Latino Prayer Meeting – Offsite

Wednesday, February 1

1:00 PM Shawl Ministry – Narthex

4:00 PM Community Engagement - Kitchen

4:00 PM DanceWorx

7:30 PM Latino Ministry Prayer - Offsite

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

Thursday, February 2

12:15 PM Came to Believe AA

7:00 PM Choir Rehearsal - Music Room

7:00 PM Debtors Anonymous

Friday, February 3

10:00 AM Friday Gratitude AA

9:30 PM Friday Night Lights AA

Saturday, February 4

9:00 AM Altar Guild Set-Up - Sanctuary

7:00 PM Rite II Santa Eucaristía - Sanctuary

GIVING STATEMENTS 2022

The 2022 giving statements will be available for pickup today in the Narthex. Those not picked up will be mailed by January 31st. If you have any questions, please contact office@saint-timothys.org.

GUEST PREACHER- The Rev. Dr. Mark Jefferson, Sunday Feb. 5, 2023

St. Timothy's is excited to welcome the Rev. Dr. Mark Jefferson, Assistant Professor of Homiletics at Virginia Theological Seminary (VTS), as our guest preacher on **Sunday, February 5th, for both our 8 and 10 AM services**. VTS is honoring its 200th anniversary on October 15, 2023, and in contribution to this effort, Dr. Jefferson is currently preaching 200 sermons locally, nationally, and internationally in the years leading up to the Historic Bicentenary.

Please come to hear an inspiring and wise word from Dr. Jefferson from the pulpit and get a chance to meet and ask him questions during a special **Sunday Adult Forum** at 9 AM in between the services in the Sanctuary.

MURIEL TURNER FUNERAL – FEBRUARY 11 AT 11 AM

The funeral service for Muriel Turner will be held at St. Timothy's Episcopal Church on Saturday February 11, 2023 at 11 am. A reception will follow in Henry Hall. A complete obituary can be found on the Adams-Green Funeral Home website.

Interment at Arlington Cemetery next to her husband will be held at a later date.

Please keep the Turner family in your prayers at this time.

ALTAR FLOWERS

Are you interested in celebrating an occasion (birthday/anniversary) or remembering a loved one?

Consider donating flowers for the altar! The upcoming dates available are for February 5 and then every Sunday starting again on April 16, after the season of Lent.

THE CLOSET – ST. TIMOTHY'S VOLUNTEER DAYS

St. Timothy's supports The Closet of Greater Herndon (845 Station Street, Herndon) by providing volunteers once a month for 3 hours. Our upcoming volunteer dates are: **Saturday, February 4**, and **Saturday March 4**. If you would like to volunteer, please reach out to Holly Hartge at 703-785-8797 or email her at mhhvirginia@verizon.net.

RED CROSS BLOOD DRIVE – FEBRUARY 8

Sign up to donate blood the next American Red Cross blood drive at St. Timothy's, Wednesday February 8 from 10 AM to 3:30 PM, in Henry Hall. Schedule a donation at redcrossblood.org.