



ST. TIMOTHY'S EPISCOPAL
EST. HERNDON, VA • 1868

432 Van Buren Street
Herndon, VA 20170
p: 703-437-3790
www.saint-timothys.org

Sunday, January 22, 2023

Third Sunday after the Epiphany

8 a.m.



Weekly Services:

Sunday, 8:00 a.m.

Holy Eucharist Rite I, spoken

Sunday, 10:00 a.m.

Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

Saint Timothy's Mission Statement

**SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.**

Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

Children are welcome to stay with parents in the Sanctuary. For your convenience, there are also rocking chairs located at the back of the sanctuary to soothe little ones and worship bags with quiet activities in the Narthex.

We invite you to share in Holy Communion. To receive, come forward and kneel/stand at an open space on the altar rail. Both bread and wine will be offered (or a rice wafer/separate chalice for those allergic to wheat/ gluten intolerant). If you do not wish to receive communion, we invite you to come forward for a blessing. Please indicate that by placing your arms across your chest.

Staff

Church office hours are 9:00 AM to 3:00 PM Monday through Friday.

The Rev. Charles R. Cowherd, Priest-in-Charge (x12)

priest@saint-timothys.org

The Rev. Franklin Morales, Spanish Service Priest

latinoministry@saint-timothys.org

Deb Angerman, Bookkeeper (x13)

bookkeeper@saint-timothys.org

Julio Cuellar, Spanish Service Music Director

juliocuellarmusic@yahoo.com

Todd Grivetti, Organist/Choirmaster (x16)

music@saint-timothys.org

Allyson Showalter, Preschool Director (x14)

sttimothyspreschool432@gmail.com

Debbie Stolar, Parish Administrator (x10)

office@saint-timothys.org

Vestry

Co-Sr. Warden – Betsy Bosworth (2025)

Co-Sr. Warden – Carolyn Hamm (2025)

Jr. Warden – Maria LaWalt (2025)

Tom Davis (2024)

David Dopsovic (2024)

Hugh Masters (2023)

Kristie Rudolph (2025)

Ralph Tildon (2023)

Paige Williamson (2024)

Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

HOLY EUCHARIST- RITE I

The Word of God

At the tolling of the bell, please stand.

Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Blessed be God: Father, Son, and Holy Spirit

People: And blessed be his kingdom, now and forever. Amen.

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Celebrant: Lord, have mercy upon us.

The Collect for the Day (BCP 163)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and all the whole world may perceive the glory of his marvelous works; who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from Isaiah 9:1-4

There will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness--on them light has shined. You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 27:1, 5-13 (Read responsively)

1 The LORD is my light and my salvation;
whom then shall I fear? *

**the LORD is the strength of my life;
of whom then shall I be afraid?**

5 One thing have I asked of the LORD;
one thing I seek; *

that I may dwell in the house of the LORD all the days of my life;

6 To behold the fair beauty of the LORD *
and to seek him in his temple.

7 For in the day of trouble he shall keep me safe in his shelter; *
**he shall hide me in the secrecy of his dwelling
and set me high upon a rock.**

8 Even now he lifts up my head *
above my enemies round about me.

9 Therefore I will offer in his dwelling an oblation
with sounds of great gladness; *
I will sing and make music to the LORD.

10 Hearken to my voice, O LORD, when I call; *
have mercy on me and answer me.

11 You speak in my heart and say, "Seek my face." *
Your face, LORD, will I seek.

12 Hide not your face from me, *
nor turn away your servant in displeasure.

13 You have been my helper;
cast me not away; *
do not forsake me, O God of my salvation.

A Reading from 1 Corinthians 1:10-18

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ

been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Please stand.

Holy Gospel: Matthew 4:12-23

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: “Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles - the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned.” From that time Jesus began to proclaim, “Repent, for the kingdom of heaven has come near.” As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, “Follow me, and I will make you fish for people.” Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him. Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, Lord Christ.**

Please be seated.

Sermon

The Rev. Charles R. Cowherd

Please stand.

The Nicene Creed (BCP 326)

People: We believe in one God,
the Father Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man;
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried;
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand, or kneel, as you are able.

The Prayers of the People (BCP 328)

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Confession of Sin (BCP 331)

Celebrant: Let us humbly confess our sins unto Almighty God:

**People: Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy way,
to the glory of thy Name. Amen.**

Absolution (BCP 332)

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *(John 3:16)*
Please stand

The Peace (BCP 332)

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Welcome & Announcements

The Offering

The Holy Communion

The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.**

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

Stand or kneel, as you are able.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction (BCP 337)

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia.**

The Invitation (BCP 338)

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Administration of Communion

Post-Communion Prayer (BCP 339)

Celebrant: Let us pray.

All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Celebrant: May the Sun of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Please stand.

Dismissal (BCP 340)

Celebrant: Let us go forth in the name of Christ.

People: Thanks be to God.

PRAYER LIST:

(Please email careteam@saint-timothys.org with any prayer concerns.)

Rest of the Soul: Jerry (brother of Kay Redditt), Topher Rodgers, Robert Weeden (father of Joe Weeden), Muriel Turner

Health: Pauline, Liz W., Lourdes Valles, Brenda Weeden (mother of Joe Weeden)

Long Term: Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sarah (recovering from brain surgery), Brad Rundlett, Catherine Hutcheon (Long Covid), David & Mabel Tettyfio (stroke, arthritis), Brian Law

THIS WEEK at ST. TIMOTHY'S

Sunday, January 22

- 8:00 AM Rite I Holy Eucharist - Sanctuary
- 9:15 AM Adult Choir Warm-up - Music Room
- 10:00 AM Rite II Holy Eucharist - Sanctuary/Livestream
- 11:00 AM 2023 Annual Meeting – Henry Hall
- 7:30 PM Serenity Seekers AA - Virtual

Monday, January 23

- 12:15 PM Monday Gratitude AA
- 4:00 PM DanceWorx - Narthex
- 6:30 PM Boy Scout Troop 159
- 7:00 PM Hope For Today
- 8:30 PM Monday Night Milkshake Group AA

Tuesday, January 24

- 4:00 PM DanceWorx
- 7:00 PM Vestry Meeting - Narthex

Wednesday, January 25

- 4:00 PM DanceWorx
- 7:30 PM Worship Meeting - ZOOM
- 7:30 PM SA Meeting
- 8:00 PM New Hopefuls AA

Thursday, January 26

- 12:15 PM Came to Believe AA
- 7:00 PM Choir Rehearsal - Music Room
- 7:00 PM Debtors Anonymous

Friday, January 27

- 10:00 AM Friday Gratitude AA
- 9:30 PM Friday Night Lights AA

Saturday, January 28

- 8:00 AM MOST Breakfast
- 9:00 AM Altar Guild Set-Up - Sanctuary
- 7:00 PM Rite II Santa Eucaristía - Sanctuary

ST. TIMOTHY'S 2023 ANNUAL MEETING – TODAY at 11 AM

Please join us in Henry Hall to hear about, discuss, and participate in various topics such as: Vestry Elections, Church Ministry Reports, 2023 Budget, and much more. Lunch will be provided!

ALTAR FLOWERS

Are you interested in celebrating an occasion (birthday/anniversary) or remembering a loved one? Consider donating flowers for the altar! The upcoming dates are available, January 29, February 5, and February 12, and then every Sunday starting again on April 16, after the season of Lent.

GIRL SCOUT COOKIES FOR SALE!

Savannah Lamb, a member of St. Timothy's congregation, is a second-year girl scout and she is excited to be selling girl scout cookies! Please email, text or call Catherine Lamb to get a list of cookies available and place an order. Catherine_michaels@hotmail.com or 540-818-9479. Thank you in advance for supporting a great organization, providing invaluable experience for young entrepreneur girls.

RED CROSS BLOOD DRIVE – FEBRUARY 8

Sign up to donate blood the next American Red Cross blood drive at St. Timothy's, Wednesday February 8 from 10 AM to 3:30 PM, in Henry Hall. Schedule a donation at redcrossblood.org.

GUEST PREACHER - The Rev. Dr. Mark Jefferson, Sunday Feb. 5, 2023

St. Timothy's is excited to welcome the Rev. Dr. Mark Jefferson, Assistant Professor of Homiletics at Virginia Theological Seminary (VTS), as our guest preacher on **Sunday, February 5th, for both our 8 and 10 AM services**. VTS is honoring its 200th anniversary on October 15, 2023, and in contribution to this effort, Dr. Jefferson is currently preaching 200 sermons locally, nationally, and internationally in the years leading up to the Historic Bicentenary.

Please come to hear an inspiring and wise word from Dr. Jefferson from the pulpit and get a chance to meet and ask him questions during a special **Sunday Adult Forum** at 9 AM in between the services in the Sanctuary.

THE CLOSET – ST. TIMOTHY'S VOLUNTEER DAYS

St. Timothy's supports The Closet of Greater Herndon (845 Station Street, Herndon) by providing volunteers once a month for 3 hours. Our upcoming volunteer dates are: **Saturday, February 4**, and **Saturday March 4**. If you would like to volunteer, please reach out to Holly Hartge at 703-785-8797 or email her at mhhvirginia@verizon.net.

PINE RIDGE 2023 SERVICE TRIP – MAY 20 - 27

Cost per person: \$1,245.00. This fee covers the flight, local transportation, food, accommodations, and materials. A non-refundable deposit of \$850.00 is due by March 4th. Payment in full is due by April 21, 2023. **Must be 18 years or older.**

RSVP deadline: March 4, 2023. Prior to the trip you will need to complete a health outline. If you have any questions, please contact Ralph Tildon at rtildon1@verizon.net.

YOUTH SERVICE MISSION TRIP OPPORTUNITY to DUNGANNON

The North Fairfax Region is sponsoring “An Appalachia Service Trip for High School Students, College Students and Young Adults Service through Construction, Teaching, and Scientific Research.”

The dates are July 8 to 15, 2023 and participants will travel by car to St. Paul, VA located in the Appalachian Mountains in southwestern Virginia and stay in housing offered by the Diocese of Southwest Virginia. The mission gives an opportunity to volunteer for building/home repair projects, teaching elementary school students in the community, or scientific research at Estanoa Wetlands Learning Center. Adult Chaperones are required for all youth. More information with costs, etc. can be found on the “Moving Mountains Mission” webpage: www.m3trips.com

Questions, contact trip organizer Clifton Poole from St. Anne's Reston at pooleone@gmail.com.