



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

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Sunday October 2, 2022

*Seventeenth Sunday after Pentecost (Proper 22)*

8 a.m.



*Mustard Seed – Semilla de Mostaza / Photo by Google*

### **Weekly Services:**

Sunday, 8:00 a.m.

Holy Eucharist Rite I, spoken

Sunday, 10:00 a.m.

Holy Eucharist Rite II with Choir (Godly Play for ages 3–9 in Rm. B-1)

Sábado, 7:00 p.m.

Santa Eucaristía Rito II, en español

### **Saint Timothy's Mission Statement**

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE  
TO UNITY WITH GOD AND EACH OTHER IN CHRIST.

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## Information For Our First-Time Guests

We invite you to fill out a Welcome Card in the pew rack in front of you or on the podium in the Narthex. Please place the completed card in the offertory plate or give it to an usher.

All children are welcome to stay with parents in the Sanctuary during worship. For your convenience, there are rocking chairs located at the back of the sanctuary and in Toddler Room (at the end of the hall to the right outside the Sanctuary) which also has a few small toys you are welcome to use.

We invite you to share in Holy Communion. To receive, come forward and accept the bread (or a rice wafer for those allergic to wheat or gluten intolerant.) If you do not wish to receive communion, we invite you to come forward for a blessing (placing your arms across your chest).

## Staff

*Church office hours are 9:00 AM to 3:00 PM Monday through Friday.*

**The Rev. Charles R. Cowherd**, Priest-in-Charge (x12)

[priest@saint-timothys.org](mailto:priest@saint-timothys.org)

**The Rev. Franklin Morales**, Spanish Service Priest

[latinoministry@saint-timothys.org](mailto:latinoministry@saint-timothys.org)

**Deb Angerman**, Bookkeeper (x13)

[bookkeeper@saint-timothys.org](mailto:bookkeeper@saint-timothys.org)

**Julio Cuellar**, Spanish Service Music Director

[juliocuellarmusic@yahoo.com](mailto:juliocuellarmusic@yahoo.com)

**Todd Grivetti**, Organist/Choirmaster (x16)

[music@saint-timothys.org](mailto:music@saint-timothys.org)

**Allyson Showalter**, Preschool Director (x14)

[sttimothypreschool432@gmail.com](mailto:sttimothypreschool432@gmail.com)

**Debbie Stolar**, Parish Administrator (x10)

[office@saint-timothys.org](mailto:office@saint-timothys.org)

## Vestry

**Co-Sr. Warden** – Betsy Bosworth (2025)

**Co-Sr. Warden** – Carolyn Hamm (2025)

**Jr. Warden** – Maria LaWalt (2025)

Tom Davis (2024)

David Dopsovic (2024)

Hugh Masters (2023)

Kristie Rudolph (2025)

Ralph Tildon (2023)

Paige Williamson (2024)

## Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

*Flowers are given by Pam Love  
In Thanksgiving for her birthday & Sting's*

# HOLY EUCHARIST- RITE I

## The Word of God

*At the tolling of the bell, please stand.*

### Opening Acclamation and Collect for Purity (BCP 323)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

**People: And blessed be his kingdom, now and forever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### Gloria (BCP 324)

**All: Glory be to God on high,  
and on earth peace, good will towards men.  
We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thee thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.  
O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
art most high in the glory of God the Father. Amen.**

### The Collect for the Day (BCP 182)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Almighty and everlasting God, who art always more ready to hear than we to pray, and art wont to give more than either we desire or deserve: Pour down upon us the abundance of thy mercy, forgiving us those things whereof our conscience is afraid, and giving us those good things which we are not worthy to ask, but through the merits and mediation of Jesus Christ thy Son our Lord; who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## **The Lessons**

### **A Reading from Lamentations 1:1-6**

How lonely sits the city  
that once was full of people!  
How like a widow she has become,  
she that was great among the nations!  
She that was a princess among the provinces  
has become a vassal.  
She weeps bitterly in the night,  
with tears on her cheeks;  
among all her lovers  
she has no one to comfort her;  
all her friends have dealt treacherously with her,  
they have become her enemies.  
Judah has gone into exile with suffering  
and hard servitude;  
she lives now among the nations,  
and finds no resting place;  
her pursuers have all overtaken her  
in the midst of her distress.  
The roads to Zion mourn,  
for no one comes to the festivals;  
all her gates are desolate,  
her priests groan;  
her young girls grieve,  
and her lot is bitter.  
Her foes have become the masters,  
her enemies prosper,  
because the LORD has made her suffer  
for the multitude of her transgressions;  
her children have gone away,  
captives before the foe.  
From daughter Zion has departed  
all her majesty.

Her princes have become like stags  
that find no pasture;  
they fled without strength  
before the pursuer.

Reader: The Word of the Lord.

People: **Thanks be to God.**

### **Psalm 137 (Read responsively)**

- 1 By the waters of Babylon we sat down and wept, \*  
**when we remembered you, O Zion.**
- 2 As for our harps, we hung them up \*  
**on the trees in the midst of that land.**
- 3 For those who led us away captive asked us for a song,  
and our oppressors called for mirth: \*  
**"Sing us one of the songs of Zion."**
- 4 How shall we sing the LORD's song \*  
**upon an alien soil.**
- 5 If I forget you, O Jerusalem, \*  
**let my right hand forget its skill.**
- 6 Let my tongue cleave to the roof of my mouth  
if I do not remember you, \*  
**if I do not set Jerusalem above my highest joy.**
- 7 Remember the day of Jerusalem, O LORD,  
against the people of Edom, \*  
**who said, "Down with it! down with it!  
even to the ground!"**
- 8 O Daughter of Babylon, doomed to destruction, \*  
**happy the one who pays you back  
for what you have done to us!**
- 9 Happy shall he be who takes your little ones, \*  
**and dashes them against the rock!**

### **A Reading from 2<sup>nd</sup> Timothy 1:1-14**

Paul, an apostle of Christ Jesus by the will of God, for the sake of the promise of life that is in Christ Jesus, To Timothy, my beloved child:

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

I am grateful to God-- whom I worship with a clear conscience, as my ancestors did-- when I remember you constantly in my prayers night and day. Recalling your tears, I long to see you so that I may be filled with joy. I am reminded of your sincere faith, a faith that lived

first in your grandmother Lois and your mother Eunice and now, I am sure, lives in you. For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline.

Do not be ashamed, then, of the testimony about our Lord or of me his prisoner, but join with me in suffering for the gospel, relying on the power of God, who saved us and called us with a holy calling, not according to our works but according to his own purpose and grace. This grace was given to us in Christ Jesus before the ages began, but it has now been revealed through the appearing of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a herald and an apostle and a teacher, and for this reason I suffer as I do. But I am not ashamed, for I know the one in whom I have put my trust, and I am sure that he is able to guard until that day what I have entrusted to him. Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus. Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us.

Reader: The Word of the Lord.

People: **Thanks be to God.**

*Please stand.*

### **Holy Gospel: Luke 17:5-10**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: **Glory to you, Lord Christ.**

The apostles said to the Lord, "Increase our faith!" The Lord replied, "If you had faith the size of a mustard seed, you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you. "Who among you would say to your slave who has just come in from plowing or tending sheep in the field, 'Come here at once and take your place at the table'? Would you not rather say to him, 'Prepare supper for me, put on your apron and serve me while I eat and drink; later you may eat and drink'? Do you thank the slave for doing what was commanded? So you also, when you have done all that you were ordered to do, say, 'We are worthless slaves; we have done only what we ought to have done!'"

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, Lord Christ.**

*Please be seated.*

**Sermon**

The Rev. Charles R. Cowherd

*Please stand.*

## **The Nicene Creed (BCP 326)**

People: We believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried;  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son;  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please stand, or kneel, as you are able.*

## **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth,

unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, Susan, Mark, and Charles, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **Confession of Sin (BCP 331)**

Celebrant: Let us humbly confess our sins unto Almighty God:

People: **Almighty God,**

**Father of our Lord Jesus Christ,  
maker of all things, judge of all men:**

**We acknowledge and bewail our manifold sins and wickedness,  
which we from time to time most grievously have committed,  
by thought, word, and deed, against thy divine Majesty,  
provoking most justly thy wrath and indignation against us.**

**We do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us,  
the burden of them is intolerable.**

**Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,**



**forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honor and glory of thy Name;  
through Jesus Christ our Lord. Amen.**

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Celebrant: God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. (*John 3:16*)

*Please stand*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People: And with thy spirit.**

## **Welcome & Announcements**

### **The Offering**

## **The Holy Communion**

### **The Great Thanksgiving (Prayer I, BCP 333)**

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who by water and the Holy Spirit hast made us a new people in Jesus Christ our Lord, to show forth thy glory in all the world.

Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## The Sanctus (BCP 334)

**All:                Holy, holy, holy, Lord God of Hosts:  
                      Heaven and earth are full of thy glory.  
                      Glory be to thee, O Lord Most High.  
                      Blessed is he that cometh in the name of the Lord.  
                      Hosanna in the highest.**

*Stand or kneel, as you are able.*

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction (BCP 337)**

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast. Alleluia.

### **The Prayer of Humble Access (BCP 337)**

**All: We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

### **The Invitation (BCP 338)**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.

## **Administration of Communion**

### **Post-Communion Prayer (BCP 339)**

Celebrant: Let us pray.

**All: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## The Blessing (BCP 339)

Celebrant: The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you forever. **Amen.**

*Please stand.*

## Dismissal (BCP 340)

Celebrant: Alleluia, alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

**People: Thanks be to God. Alleluia, alleluia.**

## PRAYER LIST:

*(Please email [careteam@saint-timothys.org](mailto:careteam@saint-timothys.org) with any prayer concerns.)*

**Rest of the Soul:** Margaret Liljedahl Wagner, Rodger Walter Williams III

**Health:** Florita, Beth (Carolyn Hamm's sister), Catherine Hutcheon, Jane & Bill Perry, Donna O., Ellouise S., the Tetteyfo Family (David, Mabel, and Dora), Maeva Harris Bayfield, Raquel Wright (brain aneurysm), John & Alice Sausville (cancer), Bill Morse (strokes), Lorna Moran (back surgery)

**Long Term:** Sid, Maryanne, Chris W., Donna W., Chris, Chuck and Peggy, Christine Y., Sally. Mariah Lawalt (knee), Sarah (recovering from brain surgery), Brad Rundlett, Muriel Turner

## THIS WEEK at ST. TIMOTHY'S

### Sunday, October 2 – Stewardship Kickoff

8:00 AM Rite I Holy Eucharist – Sanctuary

9:00 AM Worship Service for Holy Trinity Parish

9:15 AM Adult Choir Warm-up – Music Room

10:00 AM Rite II Holy Eucharist – Sanctuary/Livestream

~~4:30 PM Blessing of Animals – Chapel Grounds~~

(Postponed to 10/9/2022 at 4:30 PM)

7:30 PM Serenity Seekers Al-Anon

### Monday, October 3

12:15 PM Monday Gratitude AA

4:00 PM DanceWorx - Narthex

7:00 PM Boy Scout Troop 159

7:00 PM Hope Al-Anon

7:00 PM Herndon/Hunter Woods Group AA- STEP

8:30 PM Herndon/Hunters Woods Group AA

### Tuesday, October 4

4:00 PM DanceWorx

7:30 PM Latino Ministry Prayer Meeting – Zoom

### Wednesday, October 5

10:00 AM Red Cross Blood Drive – Henry Hall

1:00 PM Shawl Ministry – Narthex

4:00 PM Community Engagement – Kitchen

4:00 PM DanceWorx

7:30 PM SA Meeting

8:00 PM New Hopefuls AA

### Thursday, October 6

12:15 PM Came to Believe AA

7:00 PM Debtors Anonymous

7:00 PM Choir Rehearsal - Music Room

### Friday, October 7

10:00 AM Friday Gratitude AA

3:30 PM Harvey Funeral - Sanctuary

6:30 PM Phoenix Reflections - Women's AA

9:30 PM Friday Night Lights AA

### Saturday, October 8

8:30 AM Finance Committee - Zoom

9:00 AM Altar Guild Set-Up-Sanctuary

10:00 AM Overdose Loss Support

7:00 PM Rite II Santa Eucaristia- Sanctuary

8:30 PM Herndon Hunters Woods Grp. AA