



**ST. TIMOTHY'S EPISCOPAL**  
EST. HERNDON, VA • 1868

432 Van Buren Street  
Herndon, VA 20170  
p: 703-437-3790  
[www.saint-timothys.org](http://www.saint-timothys.org)

Sunday, March 6, 2022

*The First Sunday in Lent*

8 a.m.



*Jesus is Tempted to Abandon Serving God / Jesús en el desierto. – Credits: Theology of Word*

**Weekly Services:**

Sunday, 8:00 a.m.

Sunday, 10:00 a.m.

Saturday, 7:00 p.m.

Sábado, 7:00 p.m.

Holy Eucharist Rite I, spoken

Holy Eucharist Rite II with choir

Holy Eucharist Rite II, in Spanish

Santa Eucaristía Rito II, en español

**Opportunities for Children:**

Sunday, 10 a.m.

Godly Play (*ages 3 & potty trained – age 9*) – Room B-1

**Saint Timothy's Mission Statement**

SAINT TIMOTHY'S MISSION IS TO RESTORE ALL PEOPLE TO UNITY WITH  
GOD AND EACH OTHER IN CHRIST.

**We appreciate your practice of COVID-Safe guidelines, including wearing a face mask that covers your nose and mouth and maintaining a safe distance from other unrelated worshippers.**

## Information For Our First Time Guests



All children are welcome to stay with parents in the Sanctuary during worship. For your convenience, there are two rocking chairs located at the back of the sanctuary to help soothe fussy children. Please feel free to use them when needed. If you prefer, the Toddler Room at the end of the hall to the right outside the Sanctuary also has rockers and a few small toys you are welcome to use.



Our Bishop, Susan Goff, has reminded us that by long held tradition, Holy Communion in one kind (either the bread or the wine) is full and complete Communion. Therefore, she has directed that until further notice, Communion bread be offered as the one kind.

We invite you to share in the Sacrament of Holy Communion. To receive, come forward and accept the bread in its cup or from the tongs. Place the wafer in your mouth when you feel at a safe enough distance from others to lift your mask. If you are allergic to wheat or are gluten intolerant, please ask the person serving bread to give you a rice wafer.

If you do not wish to receive Holy Communion, we invite you to come forward for a blessing during Holy Communion. Place your arms across your chest to signify your desire for a blessing.

### Staff

*Regular church office hours are 9:00 AM to 3:00 PM Mondays, Wednesdays & Fridays.*

[Deb Angermann](#), Bookkeeper (x13)

[Julio Cuellar](#), Spanish Service Music Director

[Todd Grivetti](#), Organist/Choirmaster (x16)

[Alecia Moroz](#), Parish Admin/Communications Director (x10)

[Nora St. Arnold](#), Preschool Director (14)

### Vestry

**Co-Sr. Warden** – Betsy Bosworth (2025)

**Co-Sr. Warden** – Carolyn Hamm (2025)

**Jr. Warden** – Maria LaWalt (2025)

Tom Davis (2024)

David Dopsovic (2024)

Tatiana Martinez (2023)

Hugh Masters (Alt – 2023)

Kristie Rudolph (2025)

Ralph Tildon (2023)

Paige Williamson (2024)

### Trustees

Tom McLenigan

Keith Sinclair

Deke Smith

**Don't forget to place your phone on silent/vibrate during today's service. Thank you!**

# The First Sunday in Lent

Holy Eucharist: Rite I

## The Word of God

*At the tolling of the bell, all stand.*

### The Opening Acclamation (BCP 323)

Celebrant: Bless the Lord who forgiveth all our sins;

People: **His mercy endureth for ever.**

### The Collect for Purity (BCP 323)

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### Summary of the Law (BCP 324)

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

### Kyrie (BCP 324)

Celebrant: Lord, have mercy upon us.

People: **Christ, have mercy upon us.**

Celebrant: Lord, have mercy upon us.

### The Collect of the Day (BCP 325)

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Let us pray.

Celebrant: Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

## **The Lessons**

### **A Reading from Deuteronomy 26:1-11**

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader: The Word of the Lord.

**People: Thanks be to God.**

### **Psalms 91:1-2, 9-16 *Qui habitat* (Spoken responsively)**

1 He who dwells in the shelter of the Most High, \*  
**abides under the shadow of the Almighty.**

2 He shall say to the LORD,  
"You are my refuge and my stronghold, \*  
**my God in whom I put my trust."**

9 Because you have made the LORD your refuge, \*  
**and the Most High your habitation,**

10 There shall no evil happen to you, \*  
**neither shall any plague come near your dwelling.**

- 11 For he shall give his angels charge over you, \*  
**to keep you in all your ways.**
- 12 They shall bear you in their hands, \*  
**lest you dash your foot against a stone.**
- 13 You shall tread upon the lion and adder; \*  
**you shall trample the young lion and the serpent under your feet.**
- 14 Because he is bound to me in love,  
therefore will I deliver him; \*  
**I will protect him, because he knows my Name.**
- 15 He shall call upon me, and I will answer him; \*  
**I am with him in trouble;**  
**I will rescue him and bring him to honor.**
- 16 With long life will I satisfy him, \*  
**and show him my salvation.**

### **A Reading from Romans 10:8b-13**

"The word is near you,  
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader: The Word of the Lord.

**People: Thanks be to God.**

*Please stand.*

### **Holy Gospel: Luke 4:1-13**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Luke.

**People: Glory be to thee, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are

the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,  
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,  
to protect you,'

and

'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Celebrant:       The Gospel of the Lord.

People:           **Praise be to thee, Lord Christ.**

*Please be seated.*

**Sermon**

**Rev. Alex Allain**

## The Nicene Creed (BCP 326)

We believe in one God,

the Father Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man;

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried;

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son;

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

*Please be seated or kneel, as you are able.*

## **The Prayers of the People (BCP 328)**

Leader: Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. **Amen.**

Give grace, O heavenly Father, to all bishops and other ministers especially to Michael, Susan, Jennifer, and Porter that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. **Amen.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. **Amen.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joe our president, Glenn our governor, and Sheila our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. **Amen.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. **Amen.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Timothy and all thy saints, that with them we may be partakers of thy heavenly kingdom. **Amen.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



### **Confession of Sin (BCP 330)**

Celebrant: Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

**All:** Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

### **Absolution (BCP 332)**

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

### **The Comfortable Words (BCP 332)**

Celebrant: Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heave laden, and I will refresh you. *Matthew 11:28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3:16*

*Please stand.*

### **The Peace (BCP 332)**

Celebrant: The peace of the Lord be always with you.

**People:** And with thy spirit.

*Please be seated.*

### **Welcome & Announcements**

## The Offering

### Offertory Sentence

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

*Please stand.*

## The Holy Communion

*Our Bishop, Susan Goff, has reminded us that by long held tradition, Holy Communion in one kind (either the bread or the wine) is full and complete Communion. Therefore, she has directed Communion bread be offered as the one kind until further notice.*

*To receive, come forward and accept the bread in its cup or from the tongs. Place the wafer in your mouth when you feel at a safe enough distance from others to lift your mask. If you are allergic to wheat or are gluten intolerant, please ask the person serving bread to give you a rice wafer.*

*If you do not wish to receive Holy Communion, we invite you to come forward for a blessing. Place your arms across your chest to signify your desire for a blessing.*

## The Great Thanksgiving (Prayer II, BCP 340)

Celebrant: The Lord be with you.

**People: And with thy spirit.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks unto our Lord God.

**People: It is meet and right so to do.**

Celebrant: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, because thou didst give Jesus Christ, thine only Son, to be born for us; who, by the mighty power of the Holy Ghost, was made very Man of the substance of the Virgin Mary his mother; that we might be delivered from the bondage of sin, and receive power to become thy children. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## The Sanctus & Benedictus (BCP 334)

**All: Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

*Stand or kneel, as you are able.*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies.

Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

**Amen.**

And now as our Savior Christ has taught us, we are bold to say,

**All:** Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **The Fraction (BCP 337)**

**Celebrant:** Christ our Passover is sacrificed for us.  
**People:** Therefore let us keep the feast.

*Please be seated until the usher releases your pew to advance to the communion rail.*

### **The Administration of Communion (BCP 338)**

**Celebrant:** The Gifts of God for the People of God.

*Please kneel.*

### **Postcommunion Prayer (BCP 339)**

**Celebrant:** Let us pray.

**All:** Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### **The Blessing**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

*Please stand.*

### **Dismissal (BCP 340)**

**Celebrant:** Let us go forth in the name of Christ.  
**People:** Thanks be to God!