



The WORD

Dear Friends,

This month we move into the Season of Lent on February 17th. We will hear again the call of the church to a time of repentance and self-discipline. We usually respond with strategies for making our lives healthier or saner. Sometimes we give up a food that we indulge in too much or we take on a practice of readings that will inspire us. These are perfectly appropriate ways of observing Lent in preparation for our Easter celebration. I want to continue to urge you to identify your own practices as you prepare for Holy Week, whether they are giving up or taking on.

This year, however, the pandemic has thrown me off of my usual desire to adhere to my traditional practices of giving up and taking on. I suspect many of you are, like me, off center spiritually, and might be having a more difficult time identifying appropriate Lenten disciplines to practice.

I want to suggest one that is in response to the pandemic and that will help our community. There are forty days in Lent. Let's practice a discipline of connection. We are entering the second year of this pandemic and more than anything we have been cut off from each other. Let's be intentional about connecting to each other during this time. Each day we can make a phone call, write a letter, send an email, or yell across the street to our neighbor. You get the idea. It is a discipline of connection with each other.



I also want to let you know that our Ash Wednesday service will be at Noon on Wednesday, February 17th via Zoom. In accordance with the guidelines distributed by the Bishop, we will hold a virtual service where ashes will be blessed from the church. These ashes will need to be collected prior to service by each family. It is absolutely 100% permissible for a member of each family to distribute the ashes in their home. This includes young people, too.

Let me say again, each family will need to collect their own ashes. If ashes are not available a smudge of dirt will work, too. When the ashes are applied the phrase, which I will remind everyone about on

the 17th, is “Remember you are dust and to dust you shall return.” It is a pretty simple reminder.

Finally, let me suggest that because of the pandemic it is even more important this year to observe Lent in some fashion. Our religious practices are most effecting in difficult times because they tie us to God in a practical and embodied way. Our spiritual practices are most in need when life gets difficult. I encourage you to observe a Lenten discipline especially if you have never done so. I don’t suggest it will be easy, but I do say it will be meaningful.

Blessings as we prepare for Lent,

Fr. Rick +

The Guild of St. Isidore

Did you know that St. Isidore of Seville (b. circa 560, d. 636) is the patron saint of the internet? Odd, given that St. Isidore was Bishop of Seville in 600 AD – a few years before the internet was created! Born youngest into a family of saints (two brothers and a sister), St. Isidore was not going to be left behind in the fog of history.

The main thing that helped connect him to the incalculable content of the internet is his twenty-book opus, *Etymologiae* (also known as *Origines*), where “he sought to set out the origins of as many things as he could, from language to law, from biology to agriculture, from Church history to road building. He tried to share as much knowledge as there was to be shared and is therefore seen as someone who had in mind the great potential of sharing that comes through the internet.” Written in simple Latin, *Etymologiae* was considered the encyclopedia of all human knowledge for a thousand years.

Here is a fun fact: according to that wonder of the web, Wikipedia, St. Isidore invented the period, comma, and colon.

And so, our digital ministry, tech team, and communications gurus will henceforth be known as the Guild of St. Isidore. With jobs at all skill levels,

we invite you to join us as we grow this ministry for our future.

~ submitted by Catherine Lamoureux



Shrine Mont

The annual parish retreat at Shrine Mont has been postponed until the weekend of September 17th – 19th, in hopes that it will be safe to gather as a community by then. An additional option is for individuals and families to go for a weekend at Shrine Mont on their own during the spring. You can contact Shrine Mont directly at (540) 856-2141. Folks could even coordinate with other parishioners to go on the same weekend we were originally scheduled to go (April 30th – May 2nd). Shrine Mont’s current rates for a weekend (Friday dinner through Sunday lunch) are as follows:

- Diocesan Double per person: \$169.28
- Diocesan Single per person: \$222.18
- Children’s rate (4-12) per person: \$74.06

Current COVID guidelines are on the next page.

~ submitted by Susy Nixon



During this temporary time, Shrine Mont will do the following for staff and guest safety and care.
as of July 16, 2020

Before you arrive:

- After an "airing out period" when guests depart, Shrine Mont housekeeping will sanitize all rooms and spaces to meet the guidelines for killing the virus.
- We have removed all blankets, bedspreads, pillows, pillow cases, towels and washcloths
- We will make the beds with fresh sheets provided by our linen service and provide bath mats.
- We will provide wrapped plastic cups.

During your stay, Shrine Mont will do the following

- Soap will be at each sink to encourage hand washing along with paper towels for drying.
- Shrine Mont will not provide maid service during rentals. Tied trash bags will be picked up each morning from the front porch of the cottage. Extra trash bags are in the bottom of each trash can.
- Shrine Mont staff will be screened and temp checked daily, wear masks when visible to guests and practice safe social distancing at all times.
- Shrine Mont will screen and temp check guests upon arrival and daily
- If maintenance is needed in the cottages, staff will wear a mask and gloves and will plan maintenance procedures when the cottage is vacant.

Guests will be expected to do the following:

- Wash hands regularly
- Wear a mask in public buildings
- Practice safe social distancing and pay particular attention to avoid close contact with guests in other cottages.
- Wear masks outside where you find yourselves having to be closer than 6 ft to others. This might happen on a trail if you see other hikers.
- Bring your own blankets, pillows, pillowcases, wash cloths and towels.
- Bring your own sports equipment, and other entertainment
- Abide by Shrine Mont's quiet time at 10:00 pm
- When you leave, please empty the refrigerator, turn off all lights, fans, air conditioning (if applicable) and pull the door closed.
- Have a good time!

Additional information.

- All public spaces in the Virginia House first floor, Brown Hall, Tucker Hall will be open with defined entrance and exit points.
- The swimming pool will be opened limited hours following phase 3 guidelines.
- The Bookstore will be open during hours posted each week
 - No more than 6 people at a time
 - Staff and guests must wear a mask in the bookstore
 - Staff will wipe down the counter and other commonly touched surfaces between visits

Let's Bake, Part Deux!

Here are the answers to the "puzzle" recipe for Scripture Cake, featured in the January edition of *The Word*:

Genesis 18:8 – And he took BUTTER and milk and the calf which he had dressed and set it before them.

Jeremiah 6:20 – To what purpose cometh there to me frankincense from Sheba, and the SWEET CANE from a far country.

Isaiah 101:4 – And my hand hath found as a nest the riches of the peoples, and as one gathered EGGS that are forsaken, have I gathered the earth.

Leviticus 24:5 – And thou shalt take fine FLOUR and bake twelve cakes thereof.

2 Kings 2:20 – And he said, “Bring me a new curse and put SALT therein”.

Amos 4:5 – And offer a sacrifice of thanksgiving of that which is leavened and proclaim free will offerings and publish them (BAKING POWDER).

Exodus 30:23 – Take thou also, unto thee the chief spices; of flowering myrrh, five hundred shekels and of sweet CINNAMON half as much.

2 Chronicles 9:9 – And she gave the king a hundred and twenty talents of gold, and SPICES in great abundance.

Judges 4:19 – And he said unto her, “Give me, I pray thee, a little water to drink, for I am thirsty.” And she opened a bottle of MILK and gave him a drink.

Genesis 43:11 – Carry down the man a present, a little balm and a little HONEY, spices and myrrh, nuts and ALMONDS.

Jeremiah 24:5 – Thou saith Jehovah, God of Israel: Like these good FIGS, so will I regard the captives of Judah whom I have sent out of this place in the land of the Chaldeans.

2 Samuel 16:1 – And when David was a little past the top of the ascent, behold Ziba, the servant of Mephibosheth met him, with a couple of asses

saddled, and upon them two hundred loaves of bread and a hundred cluster of RAISINS.

Genesis 24:45 – And before I had done speaking in my heart, behold Rebekah came forth with her pitcher on her shoulder; and she went down to the fountain, and drew WATER; and I said to her, Let me drink, I pray thee.

~ submitted by Jill Cox

WHAT IS PEACE?

What is peace?

Is it that totally silent moment
Between dark and light
Before the first bird flutters,
The first leaf quivers
And the night creatures scuttle
Back to safety in hole or tree?

What is peace?

Is it those last puffed cries
As an anxious baby sighs
Into sleep in mother's arms.
The moment that beds are filled
With contented children dreaming
Of fun and laughter to come?

What is peace?

Is it that moment of reconciliation
Among groups who,
Realizing futility in insult
And ferocious, useless argument,
Seek arbitration and settlement
So life can contain worth and contentment.

What is peace?

Is it the sudden realization
That a still, calm Voice
Is calling and beckoning one
Into the kingdom of Love.
Which has never been lost,
Just ignored and forgotten.

~ submitted by Jill Cox



**American
Red Cross**

Thank you!



St. Timothy's Episcopal Church

Sponsor Group

January 14th, 2021

Date of Drive

37

Total Number of Donors

4

First Time Donors

32

Units Collected

96

Potential Number of Lives Saved

When you made the decision to host a blood drive, you helped change lives.

2021 Vestry (Liaison Assignments TBD)

John Druitt (2022) – Senior Warden

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Catherine Lamb (2023)– Junior Warden

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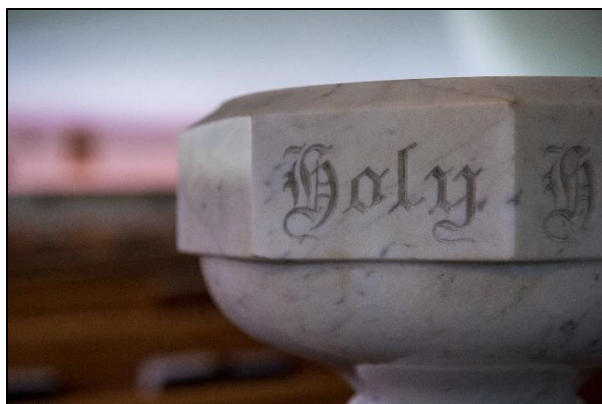
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**WATCH THIS SPACE
FOR PHOTOS OF
YOUR NEW VESTRY**



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Service Times

Saturday: 7 pm	Outdoor Chapel (Spanish)
Sunday: 9 am	Zoom Service (English) (Livestream on YouTube/ Facebook/Website)

Welcome New Members

(no new members this month)

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded, the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.

If we do not have an email address for you and your family, or if your email has changed, update your information at www.saint-timothys.org or send the information to office@saint-timothys.org.

To transfer your membership to St. Timothy's or to find out if you are a registered member, contact Mindy Rohrbaugh (blessed2boma@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

The Word is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of *The Word* are also available in the office.

Unless otherwise noted, all photographs are by Wm. Craig Dubishar, © Wm. Craig Dubishar.

**Submission deadline for the March issue:
Monday, February 22, 2021**



The Lord, the God of gods, has spoken;
he has called the earth from the rising of the sun to its
setting.

Out of Zion, perfect in its beauty,
God reveals himself in glory.

Our God will come and will not keep silence;
before him there is a consuming flame,
and round about him a raging storm.

He calls the heavens and the earth from above
to witness the judgment of his people.

"Gather before me my loyal followers,
those who have made a covenant with me
and sealed it with sacrifice."

Let the heavens declare the rightness of his cause;
for God himself is judge.

~ Psalm 50:1-6
Last Sunday after the Epiphany
New Revised Standard Version