



The WORD

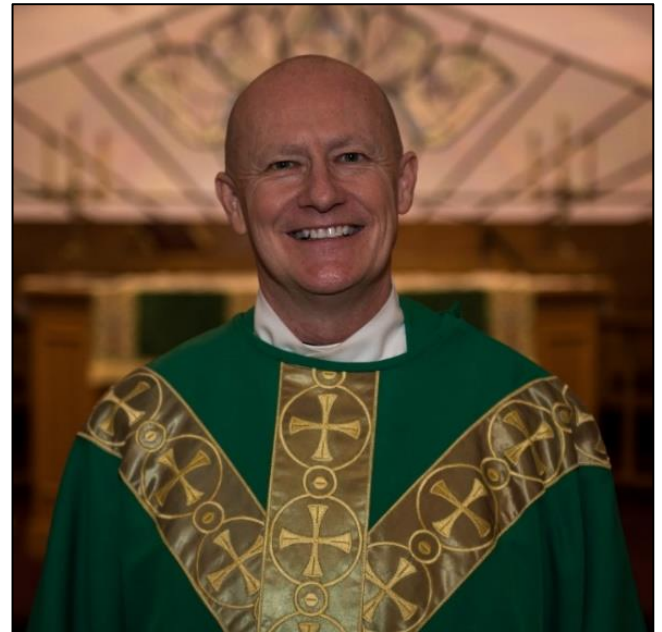
November 2020

Dear Friends,

As we approach Thanksgiving and the holiday season, many of us are feeling unsure of what lies ahead. The future is not certain and many of us will not be able to enjoy the many traditions we have come to love at this time of year. Because this year will be different, I want to encourage everyone to be intentional about the practice of Gratitude. Being grateful is a spiritual practice that gives our souls strength and enables us to see light in the darkness. I cannot explain why it works, but I can say that when I take time each day to make a list of things for which I am grateful, I am stronger emotionally and able to live in the light.

I want to suggest that for the month of November we all engage in a Gratitude practice. The one that I find most effective is making a list of ten items each day for which I am grateful. One of the rules I follow is that I can't repeat items on the list for three days. That helps me dig deeper into what is important in my life. I have found that being grateful for what I have in my life, gives me energy and connection to God's world. As the Apostle Paul said, "In all things, give thanks." Paul faced death, shipwrecks and a variety of difficult circumstances and yet, he was able to carry Christ's message of salvation to the Gentiles. He was able to be joyful.

As an opportunity for us to be grateful, we are working on a Thanksgiving service that will be online on the day of Thanksgiving. It will premiere at a certain time, but you will be able to watch it at



your convenience. The service will include music and a reflection on Gratitude. I encourage you to adopt an intentional practice of gratitude beginning on the first of November and continuing until the day of Thanksgiving. Let's offer up the entire month of November as an offering to God by being Grateful.

When Elie Wiesel accepted the Nobel Peace Prize he said, "No one is as capable of gratitude as one who has emerged from the kingdom of night. We know that every moment is a moment of grace, every hour an offering; not to share them would mean to betray them. Our lives no longer belong to us alone; they belong to those who need us desperately."

Those who have struggled, who have known suffering are often the most grateful people I know because they consider each moment a gift. When we understand that each moment in our lives is a gift, our lives become gifts, gifts that we want to share. A gratitude practice is not just about feeling good or having energy. More than anything it is about receiving a gift. The gift of life.

Gratitude Blessings,



Vestry Notes – October 20th Meeting

The Vestry used the October meeting to share the mutual concerns of each member. Fr. Rich set forth his vision for St. Timothy's.

The Vestry approved a contract to have work done on the church's parking lot. Cracks will be repaired first and then the parking lot will be sealed in the spring. Parking spaces will be marked with wider spaces.

The Worship committee is in the process of formulating plans for worship services for Thanksgiving and the Christmas season. More information will be announced closer to the events.

“Conversation and Coffee” with the Rector and Senior Warden was successful with twenty people attending. Plans are to have an evening Conversation meeting in November so that those working during the day will be able to participate.

~ submitted by Carmela Condro



Shawl Ministry News

Several months ago, I called Pastor Dan Johnson, Pine Ridge Retreat Center, and asked him if the Lakota needed hats, scarves or sweaters. He replied that the Lakota really needed blankets, which now have been provided. On Wednesday, September 30th, a box was posted to the Pine Ridge Retreat Center, Pine Ridge, South Dakota. The box contained nine blankets, four hats, seven headbands and eight scarves. The hats, headbands and scarves were what remained in the Shawl Ministry storage bins.

The Shawl Ministry is now seeking places to donate supplies of lap robes, shawls and baby blankets. The organizations to which items are usually donated are not accepting things because of the pandemic. We still will keep a supply of baby blankets, shawls and lap robes for St. Timothy's.

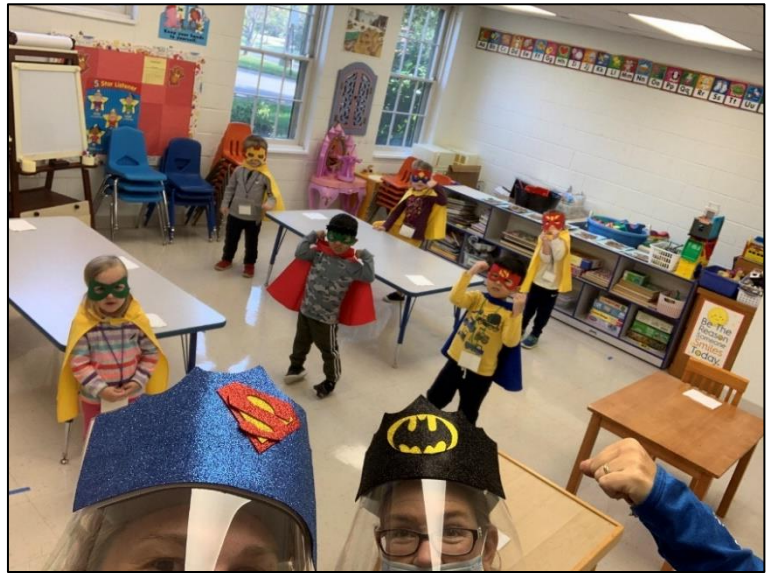
~ submitted by Florita Tildon



"Let It Go"

Let it go,
Let it out.
Let it all unravel.
Let it free,
And it will be,
A path on which to travel.

~ verse by Michael Leunig



St. Timothy's Pre-School opened its doors on September 14th to in-person preschool. The school currently has three classes and will be opening another 3-year-old class in November. The staff works hard to provide a safe environment for the children to come to learn and have fun.

photos provided by Monica Despina

How Are You Doing?

That question is one that is very prominent in our lives today and is asked of all the people we know. But what about the ones we do not know? This question concerned me and others in the church family and we have started to write to as many people as we can to let them know that they are not forgotten and are included in our daily thoughts and prayers.

So, if you receive such a letter, we hope you will know that it comes with care and best wishes. We are not asking for any formal response, but I am sure that Fr. Rich would like to know that you are O.K., so if you are able to let him know by email, letter or a phone call, that would be wonderful.

We all fervently hope that we shall be able to worship together in the church very soon, but meanwhile we can pray for each other each day and help when and wherever we can. If you feel moved to help us in this endeavor to contact all members of the church family, please contact me (jillcoxva@verizon.net) and I will suggest a group of names.

~ submitted by Jill Cox



Drive-Thru Food Drive for LINK

Thank you to the many people who made time to drop off donations for LINK during the Drive Thru Food Drive on October 11th. Additional donations were collected through October 25th, including through St. Timothy's Pre-School, filling another SUV. You truly made a difference in people's lives by donating. Although the outdoor services were canceled, Service Ministry collected about 1,000 pounds of food for our neighbors. In addition to supplementing the holiday food packs, LINK will distribute in November and December, the donations will be used to provide weekly deliveries of emergency food assistance to LINK families. If you want to donate again, please see the LINK information detailed separately in this issue of *The Word*.

If you are interested in volunteering with LINK during the holiday season please see the LINK website (www.linkagainsthunger.org) or contact Shon Beury (shonbeury@aol.com) for more information.

Thank you for putting your faith to work to serve our neighbors.

~ submitted by Shon Beury



photos provided by Shon Beury

Worried About Your Drinking?

Virtual resources for those suffering during COVID-19

If you think you might have a problem with alcohol, we understand what you are facing.



Alcoholics Anonymous

We're anonymous. You will be too.

While many meetings are not currently taking place in person, we have many meetings taking place online. Please see below for resources:

Online Meeting Directory

<http://aa-intergroup.org/directory.php>



Northern Virginia Intergroup

<https://nvintergroup.org/>



Speak with a member of AA

703.293.9753 (local) or
1.800.208.8649

Open
24/7

Local, in-person meetings when resumed, please visit

<https://aavirginia.org/meetings>



Alcoholics helping other Alcoholics stay sober since 1935.

Opportunities to Put Your Faith to Work

- **LINK Annual Food Drive and Holiday Food Distribution** **Now through Dec 19th**
 - Collection of non-perishable food donations through November; labeled collection bins at church entrances:
 - Trinity Presbyterian, 651 Dranesville Road, Herndon (Tuesday, Thursday, Sunday)
 - Herndon United Methodist Church, 701 Bennett Street, Herndon (anytime)
 - Thanksgiving and Christmas food distributions have been restructured this year for safety; volunteers are needed to sort and pack donations and distribute food to clients
 - For more information go to [Volunteer for LINK Holiday Programs](#)
- **Angel Tree (new format and schedule this year)** **Now through Nov 10th**
 - Gift cards only in lieu of physical gifts; each child may choose two \$25 cards
 - St. Timothy's goal is to support 35 children (70 gift cards @ \$25 = \$2,450 total)
 - Parishioners are asked to donate to the Service Ministry Fund by **November 10th** by mailing a check made out to St. Timothy's with "Service Fund" on the memo line, or by credit card [Donate to Service Fund](#)
 - Service Ministry will purchase, sort and deliver the gift cards on November 19th
- **The Closet of the Greater Herndon Area, Inc.** **October 26th - 31st**
 - The annual *Everything Christmas Sale* will be held in the parking lot of the First Baptist Church, 681 Elden Street, Herndon, VA
 - Hours are Monday - Friday, October 26th - 30th, 11 am - 4 pm
 - Saturday, October 31st from 9 am - 2 pm
 - For more about The Closet volunteer opportunities: [The Closet of Greater Herndon](#)
- **Cornerstones Thanksgiving Food Drive** **November 16th - 20th**
 - Drive-up, contact free drop off at St. John Neumann Catholic Church, 11900 Lawyers Road, Reston, VA
 - Monday - Thursday, November 16th - 19th, 9 am - 3 pm
 - Friday November 20th, 9 am - 6 pm
 - For a shopping list go to: [Thanksgiving Food Drive](#)
 - Alternative: purchase a \$50 food box from the North Point Giant November 1st – 14th (includes a \$25 Giant Gift Card); boxes will be delivered directly to Cornerstones
- **Winter Coat Drive** **Now through January 9th**
 - Cornerstones & Hunter Mill District Supervisor's Office are partnering to collect new or gently used clean coats, hats, scarves, gloves. Collections points are:
 - Cornerstones Main Office, 11150 Sunset Hills Road, Suite 210, Reston, VA 20190 (October 13th through November 6th, 9 am - 5 pm, Monday – Friday)
 - North County Government, 1801 Cameron Glen Dr, Reston, VA 20190 (Saturdays only, November 14th, December 12th and January 9th, 10 am - 1 pm)
- **Fairfax County Collections for Nonprofits:** **Ongoing**
 - Fairfax County is collecting items for area nonprofits that support the homeless (supplies have been depleted during the pandemic)
 - Additional information: [Fairfax County Emergency Services Wishlist for Nonprofits](#)
- **Hypothermia Dinners** **March 2021**
 - St. Timothy's will provide dinner for 25 guests at the North County Hypothermia Shelter on Saturday and Sunday, March 27th & 28th, 2021.
 - Stay tuned to the *eNews* for further information.

For additional information contact service@saint-timothy.org

In Old Age

Was the sixteen-year-old ever as eager for knowledge as the eighty-year-old?

Missed opportunities through circumstance, obstinacy, lack of foresight mold a life.

How to crowd all those years into the few remaining and how to share it all with the young?

Experience may not have increased wisdom, but awareness is enhanced and appreciated.

Art, music, the written word all explored but with tolerance now and openness

To new ideas, ancient histories, foreign cultures and meditation if not prayer.

Regret for methods and procedures which do not encourage the young to be excited

About the world, the environment, the search for spirited fulfillment, other than wealth.

Turn the clock back to sixteen? Not without the experience and knowledge of choice

But no regrets, just the wish for peace and kindness, love and affection,

And books, paint, scenery, history, beauty. The love of a child, the smell of a new-born baby,

Before the leaves fall for the final time and cover the ground with wondrous color.

~ submitted by Jill Cox

Thank You to a Young Link Volunteer

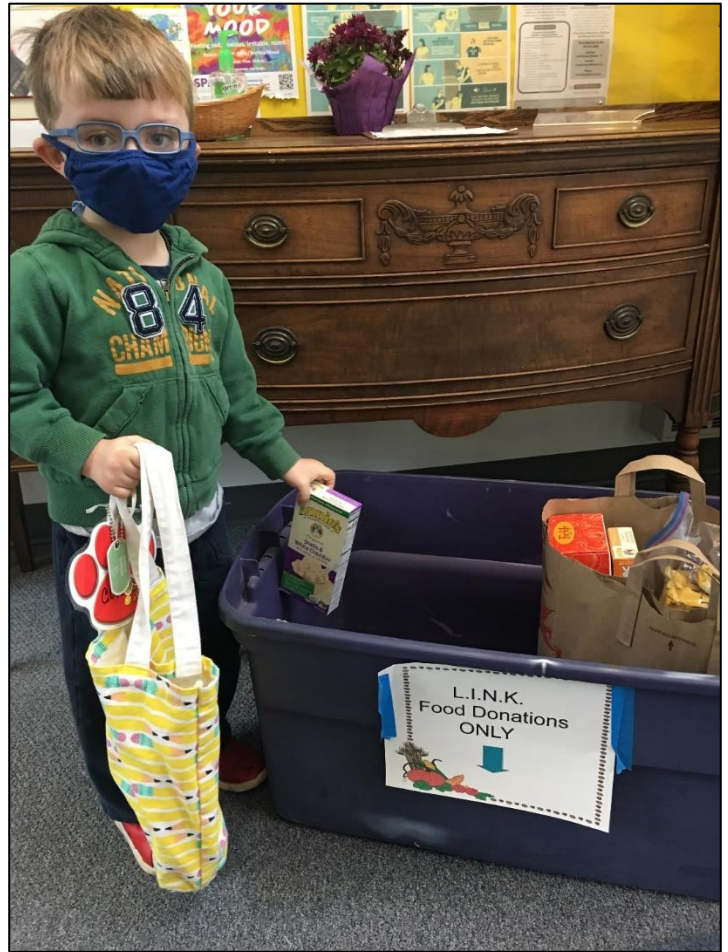


photo provided by Monica Despina



2020 Vestry with Liaison Assignments

Carmela Condro (2021) – *Senior Warden/Worship*
ccondro@verizon.net
703-620-1110

Brian Flusche (2022)– *Junior Warden/
Ad Hoc/Emergency Preparedness*
fluscheb@gmail.com
719-235-7658

Terms Expire 2023

Catherine Lamb – *Service*
Catherine_michaels@hotmail.com
703-615-6522

Tatiana Martínez – *Latino Ministry*
Tatymartinez2002@yahoo.com
410-980-4739

Alex Schumann – *Christian Formation*
alexbmalin@gmail.com
571-442-6461

Ralph Tildon – *Pastoral Care*
rtildon1@verizon.net
703-464-9377

Terms Expire 2022

Allison Dodd – *Hospitality*
aahedley@yahoo.com
202-365-7595

John Druitt – *Fellowship/Newcomers*
druitt@aol.com
703-989-0770

John Nixon – *Buildings and Grounds*
jnixon@verizon.net
703-973-8005

Terms Expire 2021

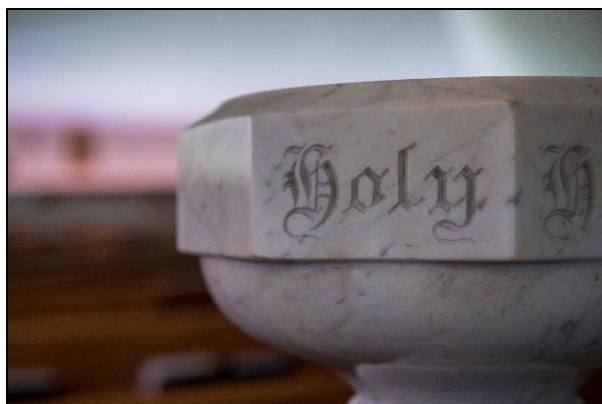
Andrew Hamm – *Finance*
andyhamm@verizon.net
703-435-0438

Catherine Lamoureux – *Communications*
catherine@lamoureux.us
540-818-9479

Nancy Miller – *Pastoral Care*
nancymiller5@cox.net
571-271-1966



Pictured left to right: John Nixon, Carmela Condro, Tatiana Martinez, John Druitt, Rose Berberich (Registrar), Nancy Miller, Catherine Lamb, Andrew Hamm, Ralph Tildon, Brian Flusche, Allison Dodd, Catherine Lamoureux, Fr. Rich Bardusch and Alex Schumann (not pictured: Duane Hartge, Treasurer)



St. Timothy's Episcopal Church
432 Van Buren Street, Herndon, VA 20170
Voice: 703-427-3790 Fax: 703-787-9781
www.saint-timothys.org

Rector

The Rev. Dr. Rich Bardusch
rbardusch@saint-timothys.org
703-437-3790 x12

Associate Rector

The Rev. Pedro Cuevas
pcuevas@saint-timothys.org

Director of Music

Mr. Roger Long
rogerl@saint-timothys.org
703-437-3790 x16

Director of Christian Education

vacant

Parish Administrator

Ms. Wanda Rixon
office@saint-timothys.org
703-437-3790 x10

Bookkeeper

Ms. Deb Angerman
bookkeeper@saint-timothys.org
703-437-3790 x13

St. Timothy's Pre-School Director

Ms. Monica Despina
sttimothyspreschool432@gmail.com
703-437-4767

Editor of *The Word*

Ms. Susan Nixon
wordeditor@saint-timothys.org

Service Times

Saturday: 7 pm Outdoor Chapel (Spanish)
Sunday: 8 am Outdoor Chapel (English)
9 am Virtual (English)
10:15 am Outdoor Chapel (English)

Please Note: reservations are required for in-person services due to limited group sizes required because of COVID-19. Please contact the church office by phone or email to make a reservation.

Welcome New Members

(no new members this month)

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded, the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.

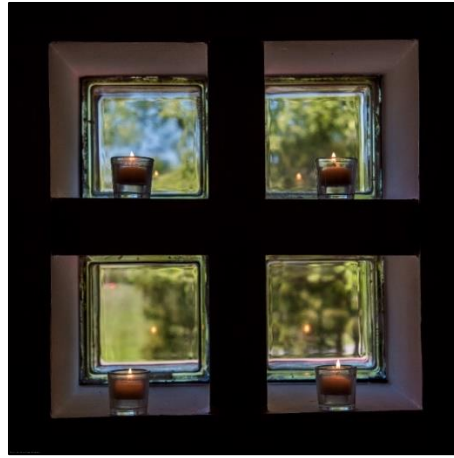
If we do not have an email address for you and your family, or if your email has changed, update your information at www.saint-timothys.org or send the information to office@saint-timothys.org.

To transfer your membership to St. Timothy's or to find out if you are a registered member, contact Mindy Rohrbaugh (blessed2boma@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

The Word is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of *The Word* are also available in the office.

Unless otherwise noted, all photographs are by Wm. Craig Dubishar, © Wm. Craig Dubishar.

**Submission deadline for the December issue:
Monday, November 23, 2020**



For all the saints who from their labors rest, who thee by faith before the world
confessed,
thy name, O Jesus, be forever blest. Alleluia! Alleluia!

Thou wast their rock, their fortress, and their might; thou, Lord, their captain in the
well-fought fight;
thou, in the darkness drear, their one true light. Alleluia! Alleluia!

O may thy soldiers, faithful, true, and bold, fight as the saints who nobly fought of old,
and win with them the victor's crown of gold. Alleluia! Alleluia!

O blest communion, fellowship divine, we feebly struggle, they in glory shine;
yet all are one in thee, for all are thine. Alleluia! Alleluia!

And when the fight is fierce, the warfare long, steals on the ear the distant triumph
song,
and hearts are brave again, and arms are strong. Alleluia! Alleluia!

The golden evening brightens in the west; soon, soon to faithful warrior cometh rest;
sweet is the calm of paradise the blest. Alleluia! Alleluia!

But lo! there breaks a yet more glorious day; the saints triumphant rise in bright array;
the King of glory passes on his way. Alleluia! Alleluia!

From earth's wide bounds, from ocean's farthest coast, through gates of pearl streams in
the countless host,
singing to Father, Son, and Holy Ghost, Alleluia! Alleluia!

~ Hymn 287