



# The WORD

April 2020

Dear Friends,

I am writing to you at an odd time in the life of our church and our country. We are approaching the holiest time of the year but are unable to gather in person. This has not happened in over 100 years, but it needs to be said that this is a more common occurrence in the life of the church than we realize. In the 1300s, the Black Death swept Europe in waves. It was much more deadly and much easier to contract than COVID-19. I don't want to downplay the significance of what is happening, but it bears noting that there are many times in the life of the church when we have not been able to gather in person. As a matter of fact, many of those times resulted in stronger community and a clearer sense of the purpose of the church. Namely, we are here for each other, even when the Body is stressed with dis-ease.

This week I have seen several examples of Saint Timothy's members taking care of each other. I can also say that I have personally experienced God's love through the actions of individuals from Saint Timothy's. While we are not able to gather in person and probably will not be for some time, we are still taking care of each other. Perhaps that is what makes the church stronger. When life is difficult and scary, one of our brothers or sisters embodies God's love and we are saved. In times of hardship that is what builds the Body.

Holy Week and Easter are going to be different this year. But the love that is embodied in our liturgical gatherings is going to continue to shine even when



we can't gather in person. When we bear one another's burdens, take care of each other, and reach out to each other, we are embodying this Christ-like love that calls us to gather in the first place.

My friends, do not lose heart. Our church is strong and can weather this season just like we have many times in the past. Please reach out and connect to our members by phone, email, or card, especially the elderly and the vulnerable who are surely feeling isolated and afraid. If you can connect with them, you are embodying God's love, and this is pleasing to God. It will also strengthen the church as we comfort each other and show the love that is within us.

One example I have not shared yet is as follows: Saint Timothy's is hosting a blood drive on Friday, April 3<sup>rd</sup>, in Henry Hall. The American Red Cross estimates that over 200,000 donors have stopped giving blood during this pandemic. Our staff will be there—taking appropriate precautions and social distancing—to make sure that Saint Timothy's supports the community of Herndon and the United States at this time of dire need. Not all of our ministries are taking place in our building like they used to, but many of those ministries continue in new and adaptive ways. The blood drive has been adapted in order to make it as safe as possible. Our gathering for worship will adapt, too, and each of us can continue to practice the love of Jesus that is in our hearts as we care for our neighbor, and we might never have to leave our homes.

Holy Week Blessings,



### Christian Education Corner

We have some exciting news and some fun virtual meet up opportunities for St. Timothy's Families:

First, I invite you to join a private Facebook group for Christian Education at Saint

Timothy's. It is my hope that we use this community page for helping us stay connected during this time of social distancing. Here is a link to the page.

<https://www.facebook.com/groups/967548046976551/>

Next, Christian Education will host 2 different Zoom meet-ups. Wednesday night meet ups will be planned weekly.

The link for this opportunity is here:

### Join Zoom Meeting

<https://zoom.us/j/849330992?pwd=clZuNmZzeFEyUUQxU0N4SFVzZzVrQT09>

**Meeting ID: 849 330 992**

**Password: 316**

The next type of Zoom meet-up will be on Sunday mornings at 11 am. I would like to offer a Sunday School class option. There will again be breakout rooms, Godly Play/I wonder ages 3-grade 6 and Middle/High School groups. There will be a facilitator in each room. I hope in the future to have an adult forum break out room. The link for this opportunity is here.

### Join Zoom Meeting

<https://zoom.us/j/447365123?pwd=YVY4YjJEL0FhSkIyWHpsUmVaSEppdz09>

**Meeting ID: 447 365 123**

**Password: 316**

It is my hope that your family worships virtually. The National Cathedral and other churches have been live streaming or taping worship opportunities. They are posted on the [COVID-19 Resource page](#) on the diocesan website.

Holy Week is coming up. I would like to do a drive-by drop off of Easter Worship Bags, designed for kids 2-12. Please fill out this google form with your information if you would like to be included. <https://forms.gle/ui9XUy2mrCBDEE3C6>

Finally, I don't know about your kids but mine love using flipgrid. It is a great way for kids to interact. I use it in my classroom all the time. I created a flipgrid for Saint Timothy kids to use. This week's topic is to create a bible story using any medium they wish. I can't wait to see how creative they will be. The flip grid is located here <https://flipgrid.com/sttimsce> and the password is Herndonva.

I know this is a bunch of information. Thank you for reading and I hope to see you (virtually) soon!

~ submitted by Alyssa Stoffer



~ submitted by Dean Rohrbaugh

Contributions from Parishioners during Our Time Apart



~ submitted by Susy Nixon



I have gotten back to drawing. I find myself focusing on new life and wildlife. It has been rewarding and a good distraction from fear and worry. God is in control. I pray for His continued protection, His healing for those who suffer. Amen

~ submitted by Tricia Mussante





~ submitted by Donna McGrath



~ submitted by Natalie Dubishar



### *A Message from the Editors*

We hope that you and your loved ones are staying safe and healthy. We want you to know that we will be publishing *The Word* through the Coronavirus pandemic. Our church family at St. Timothy's continues to be the church even though we cannot be physically together at the present time.

As such, we welcome your contributions to the upcoming monthly newsletters in the form of articles, reflections, shared experiences on how you and your loved ones are managing during this time, photos of nature, drawings, artwork, poetry that you'd like us to publish in *The Word*. Contributions from the youngest members of our Church Family are very welcome as well.

Yours in Christ, Susy and Ching

### *Creation Care Means You, Too!*

The Creation Care Task Force (web link: <http://www.caringforgodscreations.com/default.asp> - formerly known as the Diocesan Stewardship of Creation Committee) is not just about recycling recyclable products in order to protect and preserve God's amazing Creation for future generations. It is also about the food choices we make that are better for our health and for Creation. This includes reducing the use of plastics and non-compostable or non-recyclable items in the products and food we purchase. Danielle Capezuto (the newest member of St. Timothy's Creation Care Task Force) aptly demonstrated this at our fellowship hour on Sunday, March 1<sup>st</sup>. She treated us to multiple food items that were not only good for you but also good for the environment. Other than the flour tortillas, every food item served on March 1<sup>st</sup> did not come in plastic wrapping from the grocery store, was served on reusable plates with reusable utensils and was labelled to help us better educate ourselves in how to be even better stewards of Creation. Wow! Yes, it involves changes to long-term habits. It involves more effort to find food choices without extra non-recyclable plastic wrap. It is a move in the right direction to better care for God's amazing Creation. If you loved Danielle's food choices, you are in luck. Here is one of her recipes. Look for

more in future editions of St. Timothy's e-News and *The Word*. Thanks be to God for Danielle and all stewards of Creation. If you want to help or continue to dialogue on this important topic, speak to Danielle or Craig or anyone seen recycling at St. Timothy's. Remember to use your tablet or smartphone to download the Sunday Bulletin. It is just as easy to read and it reduces our paper usage.

~ submitted by Craig Dubishar



### *Classic Breakfast Burrito (serves 2)*

**Ingredients:** 2 slices of smoked bacon, 2 large eggs, 2 slices of pepper-jack cheese, 1 Roma tomato, 2 tortillas

1. Add bacon to a cold pan, then cook on high heat until very dark on both sides. Remove bacon to a plate.
2. Remove most of the rendered bacon fat, but reserve one tbsp in the pan. Add eggs and cook over medium heat in whatever style you prefer (e.g., scrambled).
3. Assemble tortillas by stuffing with bacon, egg, slice of cheese and chopped fresh tomato.

*A note from the Stewardship of Creation: consider buying cage-free eggs in paper carton packaging. The egg shells and carton are both compostable.*

~ submitted by Danielle Capezuto





Easter Vigil 2019



### *The Road to Emmaus*

Emmaus – how far along the dusty road  
Would two men walk, with such a load  
Of sadness, grief and sheer despair  
That few could truly share.  
They walked for miles, just talking  
To the stranger, who was walking  
Away from Jerusalem and seemed unaware  
Of all that had happened while they were there.

Yet he listened as they related  
How their leader had been fated  
To lose his life in method cruel  
Administered by those who rule.  
They told of miracles and of healing  
And how their rabbi was revealing  
His father's love for all his flock,  
How a dear friend was named "The Rock".

How they were all sent to spread the news  
Of that new kingdom and change the views  
Of sanctimonious Pharisees, who quoted law  
Without compassion for the sick and poor.  
The stranger began to quote the Scriptures  
And explain to them the true measures  
Of fulfillment that had come  
In that one life that they and some

Had witnessed throughout three years.  
And although they were now in tears,  
Their loved one was alive, not dead  
And a Comforter would be sent instead  
To continue his work throughout the nations  
And thousands would declare vocations  
To prove and worship without ceasing,  
Believers' numbers still increasing.

As darkness fell they implored the stranger  
To stay the night and avoid the danger  
Of the stony, lonely road ahead  
And join them in food and rest in bed.  
The table was set and the blessing said,  
Then the stranger broke the bread.  
Suddenly the two knew that their Lord  
Had indeed arisen and was abroad

In this world, which in faith, still waits  
For the Kingdom of Love and the saints  
Have proclaimed the Good News in all ages  
Through speech and action and words on pages.  
"We have seen Him! He is here!"  
So the disciples could revere  
The resurrected Christ, the Messiah,  
And receive the Breath in wind and fire.

What sign to us will there be?  
How shall we also hear and see  
Our Blessed Lord of grace and love  
Who reigns in glory in heaven above.  
Each time that the bread is broken  
And wise words of Scripture spoken,  
He is at our side, close by,  
No need to look beyond the sky.

He is Risen! He is Risen indeed!!

~ submitted by Jill Cox



**2020 Vestry with Liaison Assignments**

Carmela Condro (2021) – *Senior Warden/Worship*  
[ccondro@verizon.net](mailto:ccondro@verizon.net)  
703-620-1110

Brian Flusche (2022)– *Junior Warden/  
Ad Hoc/Emergency Preparedness*  
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719-235-7658

**Terms Expire 2023**

Catherine Lamb – *Service*  
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703-615-6522

Tatiana Martínez – *Latino Ministry*  
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**Terms Expire 2022**

Allison Dodd – *Hospitality*  
[aahedley@yahoo.com](mailto:aahedley@yahoo.com)  
202-365-7595

John Druitt – *Fellowship/Newcomers*  
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John Nixon – *Buildings and Grounds*  
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Nancy Miller – *Pastoral Care*  
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571-271-1966



*Pictured left to right: John Nixon, Carmela Condro, Tatiana Martinez, John Druitt, Rose Berberich (Registrar), Nancy Miller, Catherine Lamb, Andrew Hamm, Ralph Tildon, Brian Flusche, Allison Dodd, Catherine Lamoureux, Fr. Rich Bardusch and Alex Schumann (not pictured: Duane Hartge, Treasurer)*





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**Service Times**

Saturday: 7:00 pm	Santa Eucharista
Sunday: 8:00 am	Eucharist, Rite I
10:00 am	Eucharist, Rite II
	Godly Play (ages 3 and potty trained through grade 2)
	I Wonder (grades 3-6)
	Echo (grades 7-12)
	Nursery Care
Wednesdays: 12:15 pm	Eucharist and Healing Service

**Rector**

The Rev. Dr. Rich Bardusch  
[rbardusch@saint-timothys.org](mailto:rbardusch@saint-timothys.org)  
703-437-3790 x12

**Director of Music**

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703-437-4767

**Welcome New Members**

(no new members this month)

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

**Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded, the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.**

If we do not have an email address for you and your family, or if your email has changed, update your information at [www.saint-timothys.org](http://www.saint-timothys.org) or send the information to [office@saint-timothys.org](mailto:office@saint-timothys.org).

To transfer your membership to St. Timothy's or to find out if you are a registered member, contact Mindy Rohrbaugh ([blessed2boma@gmail.com](mailto:blessed2boma@gmail.com)) or fill out the Parishioner Information Form: [www.saint-timothys.org/uploads/docs/info-form.pdf](http://www.saint-timothys.org/uploads/docs/info-form.pdf)

**Editors of *The Word***

Ms. Susan Nixon and Ms. Ching Fang-Weeden

*The Word* is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office ([office@saint-timothys.org](mailto:office@saint-timothys.org)). Copies of *The Word* are also available in the office.

Unless otherwise noted, all photographs are by Wm. Craig Dubishar, © Wm. Craig Dubishar.

**Submission deadline for the May issue:  
Wednesday, April 24, 2020**

**Submit articles to:  
[wordeditor@saint-timothys.org](mailto:wordeditor@saint-timothys.org)**



*Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.*

*But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.*

*~ John 20:1-18  
Easter*