



The WORD

February 2020

Dear Friends,

As we move through the Season of Epiphany, I would like to offer a theme for your consideration. Let me preface that theme with a bit of context. The focus of the Epiphany Season is to show who Jesus is through his miracles and healings. The Season of Epiphany is about revealing the special God-nature that was in the person of Jesus Christ. In a sense, this is the foundation of why we follow Jesus. It was not just because he was a nice guy who said, "Let's love each other". We follow Jesus because we believe that he has shown us through his miracles and healings that he is the Son of God in a way that is unique and salvific.

And so, each Sunday in Epiphany we hear about his mighty deeds (miracles and healings), and we are empowered to take that message to a broken world that needs both miracles and healings. The theme I want to suggest for your consideration is healing a broken world one action at a time. It is in this way that you and I are partners of Christ in the redemption of the world. Each time you and I offer care, support and healing we are furthering Christ's mission of miracle and healing. Each action we take that makes the world better or gives grace and mercy to those who need it, is a participation in the ministry that Christ gave to his followers.

In our baptisms we are buried with Christ that we may participate in a Resurrection like his. It is also in our baptisms that we are adopted as God's sons and daughters and grafted into his ministry. His ministry of miracles and healings is now the ministry that each of us shares with him. The reason I am suggesting this as a theme for consideration is because the Season of Epiphany shows us what our

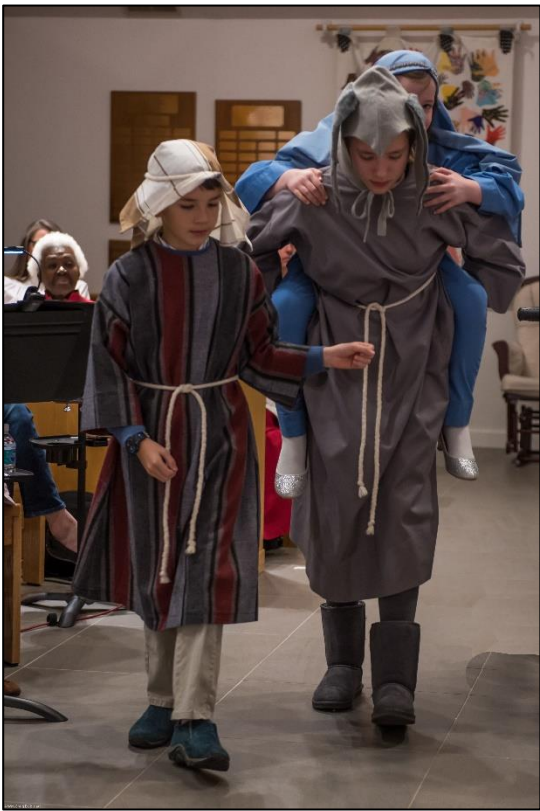


work as Jesus' followers is to be about. Our work is about making miracles and healing a broken and hurting world.

So, here are my questions. How are you making miracles and healing a broken and hurting world? What is it you do every day to be Jesus' follower? How are you helping to redeem this world for God's Kingdom?

Epiphany Blessings,

Fr. Ricketts



Epiphany
Play



A Sparkle for Christ

Is it reasonable to believe in Jesus Christ? In other words, is the Christian faith something that a person can treasure in their mind besides their heart? What we believe as Christians does not have to be something abstract that is inevitably deprived of any reasonable foundation. As a theistic worldview that proclaims the existence of God, who fully manifested himself in Jesus Christ, Christianity enjoys the support of both the arguments of natural theology for the existence of God and of the historical evidence for authenticity of the life and ministry of Jesus of Nazareth.

The possibility to inquire intellectually into the truth claims of Christianity is open to everyone who is interested and willing to love God with all their mind. By doing so, it is possible to embrace a reasonable faith. Many philosophical, historical and scientific tools can help in carrying out an investigation into topics that hold so much meaning for our lives, such as the cause of the existence of all reality, the reason for the existence of life in the universe, the objectivity of moral values and duties and the resurrection of Jesus of Nazareth from the dead. Sometimes it is really just a matter of digging a little deeper to uncover the truth. For instance, it might sound amazing to hear that our universe might have been plausibly fine-tuned to host intelligent life. Moreover, it might be surprising to realize that there are historical sources about Jesus of Nazareth that date back to within just a couple of years or even months, after his crucifixion.

With the purpose of overcoming intellectual obstacles to the Christian faith, St. Timothy's has launched "A Sparkle for Christ Class". The class provides educational material in support of theological doctrines of Christianity. The class is held each Sunday from 9 am to 10 am in the "Upper Room".

If anyone desires to celebrate the upcoming memorial of the resurrection of Jesus Christ with increased confidence this year, then this invitation to experience a sparkle for their Christian faith is warmly extended to them.

Peace of the Lord.

~ submitted by Antonio Izzo

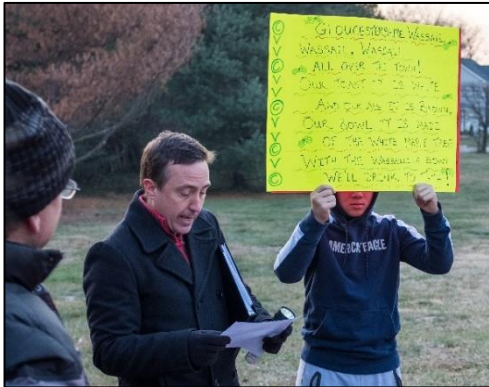
Vestry Notes

St. Timothy's usually has chairpersons and liaisons to lead our ministries. The liaisons report to the Vestry on initiatives and actions undertaken by the ministry. Every ministry has a vestry liaison appointed by the Vestry. At the January Vestry meeting, the first with the new 2020 Vestry, members chose the ministry they will represent. Their choices are as follows:

| <u>Ministry/Position</u> | <u>Vestry Member</u> |
|--------------------------|----------------------------------|
| Ad Hoc/Emergency | |
| Preparedness: | Brian Flusche |
| Building and Grounds: | John Nixon |
| Christian Formation: | Alex Schumann |
| Communications: | Catherine Lamoureux |
| Fellowship/Newcomers: | John Druitt |
| Finance: | Andrew Hamm |
| Hospitality: | Allison Dodd |
| Latino Ministry: | Tatiana Martinez |
| Pastoral Care: | Nancy Miller and Ralph Tildon |
| Service: | Catherine Lamb |
| Worship: | Carmela Condro |
| Registrar: | Rose Berberich |
| Treasurer: | Duane Hartge |

In other business, the Vestry voted to approve Fr. Rich's selection of Associate Rector Fr. Pedro Geraldo Cuevas Feliz. He is currently Interim Pastor at Grace Episcopal Church in Alexandria until May. He also attends Virginia Theological Seminary and is in his second year of study working toward his Masters in Divinity. He will be on staff for ten hours a week.

~ submitted by Carmela Condro



December Revels



Christian Education News

Summer 2020 Vision Survey



The Christian Education committee would like to hear from you. We are visioning for Summer 2020 and want to offer Christian Education that meets the needs of as many families



as possible. Please scan here.

Or you can follow this link to take a quick survey:
<https://forms.gle/B15HwFNz2Uj6hSDs5>

Club 456



Club 456 is a ministry designed for 4th, 5th and 6th graders. The club meets once a month on Sunday after church. Participants are invited to go on Club 456 outings where they will enjoy

fellowship and fun with their friends. This group will also work on a number of mission projects throughout the year. Club 456 will foster relationships with peers and encourage discipleship through service. The next meeting is February 2nd following the 10 am service.



Confirmation Save the Dates



We are excited to offer confirmation instruction this Winter/Spring 2020 to youth interested in being Confirmed into the Episcopal church. The recommended age is 8th grade through 12th grade. The main component

will be a mentoring book study and those study dates will be selected by the mentor/mentee (about 3-4 sessions). Other important dates include:

May 17th - Episcopal 101 with Father Rich (luncheon following church)

June 7th - Confirmation with the Bishop.



To register, scan the QR code or follow the link: <https://forms.gle/BUcJv4oGTbrjJeEz7>

~ submitted by Alyssa Stoffer

I AM A CHILD IN CHURCH

I do not contemplate theology in silence

I rarely enjoy stillness

I cannot practice total obedience

I am not satisfied only with what's right in front of me

INSTEAD, I LEARN MY FAITH

from copying the clergy's footsteps

from seeing the icons on the other side *again*

from joining the festal shouts, even when there are none

BUT MOST OF ALL

from the affection of my family

and the love and understanding of my parish family

and from the unending forgiveness for my mistakes.

LET ME WORSHIP

with all my senses,

singing and exalting Him above all forever.



Spring is Coming!

And so is St. Timothy's annual parish retreat at Shrine Mont. Mark your calendar now to spend May 1st – 3rd at our beautiful diocesan conference center in Orkney Springs, Virginia. The program this year will focus on "The Gifts of Community: God's Gifts to Us, Our Gifts to Each Other.". Planned with participation by our entire parish family in mind, the sessions will include intergenerational activities and hands-on projects to both enjoy and inspire. Not to worry, there will be plenty of free time to indulge your favorite leisure-time activity as well, as Shrine Mont offers everything from hiking to porch-settin', campfires to hayrides, labyrinths and solitude ... whatever it is that most refreshes your spirit! The cost of the weekend includes two nights' lodging and six delicious home-cooked meals.

Spaces fill quickly for this popular parish event, so sign up early. Brochures and registration forms will be available in Henry Hall in the next couple of weeks. Questions or comments? Would you like to join the planning committee? Contact Susy Nixon at senixon@verizon.net.

Note: Please also consider a contribution to our Shrine Mont scholarship fund, to allow members to attend who might not otherwise be able to. Many thanks.

~ submitted by Donna McGrath

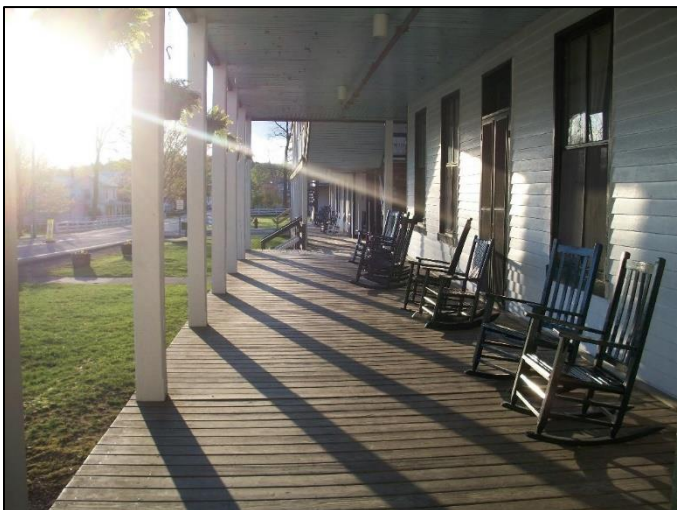


photo by Donna McGrath

Backpack Meals for Clearview Elementary School

Helping Hands, Feeding Friends

One in six children in America does not have enough to eat. That includes more than 23,000 children in Fairfax County alone. In 2019, St. Timothy's congregation stood together and said "We can do something to help," and we did. In two separate drives, we packed and donated more than 425 backpack meals to Clearview Elementary School for the students in need. As a reference point, that was three full van loads, stuffed to the gills! (The photo below shows half of the donations, with Clearview Elementary students helping to unload.)



We received wonderful and supportive feedback from St. Timothy's. Parishioners appreciated the very relevant, local community we supported, children were excited to write special, encouraging notes to other kids, and everyone enjoyed the easy ability to bring in food and lend a quick hand packing a meal after service. We have heard you, and we will continue this program and partnership.

Students who participate in the free and reduced-price school meal program at Clearview Elementary School do not have access to this source of food that their families rely on when school is closed. The Service Ministry identified an upcoming long weekend when Clearview needs additional meals. This is our opportunity. We have committed to filling this unmet need and we need your help to make sure that children in our community go home with healthy food to eat. We will be asking for food

donations to be brought in February 2nd and 9th and will need help packing meals between the 8 am and 10 am services on Sunday, Feb 9th. Specific food requests are listed below. Children can also help to make valentines to include in the meal packs. This is an opportunity for everyone to get involved and we need your help.



Please contact Amy Hein at amymhein@gmail.com with any questions, suggestions or offers of help for this project. If you enjoyed this project, have ideas for other opportunities, or want to get more involved, please consider stopping by a Service Ministry meeting (7:30 pm on the 2nd Monday of the month). Thank you for *putting your faith to work* to serve our community.

Food collection/drop-off: Sunday, February 2nd and 9th

Lunch packing: 9-10 am, Sunday, February 9th

| Last Names | Food Item | Examples |
|------------|----------------------------|---|
| A-E | Breakfast Items and Snacks | <ul style="list-style-type: none"> · Cereal bars · Oatmeal packs · Individual boxes of cereal (lower sugar varieties) · Pretzels, Goldfish packs, Granola bars · Popcorn: pre-popped or microwave unpopped · Fruit cups, dried fruit, nuts (no applesauce pouches—they tend to get punctured) |

| | | |
|--|------------------------|---|
| F-S | Lunch and Dinner Items | <ul style="list-style-type: none"> · Tuna/chicken & cracker kits · Soup cans · Whole grain individual pasta meals · Individual or boxed mac and cheese · Shelf-stable individual prepared meals (e.g., Dinty Moore, Chef Boyardee, Hamburger Helper) |
| T-Z | Drinks | <ul style="list-style-type: none"> · Shelf-stable milk boxes |
| <p>*All items must be individually wrapped. Any leftover items at the end of this drive will be donated to the LINK food pantry.</p> | | |

~ submitted by Amy Hein
(photos provided by Amy Hein)

St. Timothy's Prayer List 101

Have you ever wondered about the Prayer List that appears in each week in the bulletin and eNews? Do you want to know how to add someone to the Prayer List? Do you have time to more intentionally pray for the individuals who need our prayers? Not sure what to do when someone you know is struggling? We hope this article can answer all of your questions.

First, please email all prayer requests to Prayer@saint-timothys.org with the name of the person and prayer request. If you do not have access to email, call the church office at 703-437-3790 and leave your request. You can ask for prayers for people both in and outside of our parish. We pray for anyone who needs God's healing grace.

Prayer request details are only sent to the Pastoral Care Team distribution list. The Pastoral Care Team keeps these requests confidential but prays for the individuals and their needs. Only first names are included in the bulletin and eNews. Prayer requests will remain on the Prayer List for three Sundays,

with the exception of Thanksgivings, which remain for one week. Long-term requests for individuals with a prolonged illness will remain on the Prayer List for two months.

If you are interested in being added to the Pastoral Care Team e-mail list, please also email Prayer@saint-timothys.org to receive the weekly Prayer List email updates. We ask all Pastoral Care Team members to intentionally pray for these individuals.

Prayer list requests can be amended or extended at any time by sending a message to Prayer@saint-timothys.org. If you have any additional questions or need other information, please do not hesitate to reach out.

~ submitted by Jill Norcross

The Leap Year Saint

It may not be generally known that each day of the year is dedicated to a variety of “saints”, both those known from the Bible or legend, etc., and others not so famous.

Surely the man commemorated in the book, “Holy Women, Holy Men” (published by Church Publishing Inc.) for February 29th will fall into the latter category and I quote:

JOHN CASSIAN

ABBOT AT MARSEILLES A.D. 433

John Cassian struggled with the problems of living the Christian life in a time when the world seemed to be falling apart. In doing so, he laid the foundations for what would be the spirituality of the Western Church

Born in Romania around 365, Cassian traveled as a young man to a monastery in Bethlehem and later moved to Egypt where he sought the tutelage of great founders of the ascetic movement of the desert fathers such as Antony and Macarius.

At the heart of the desert monasticism was the idea that the image of God in each person, tarnished by sin but not destroyed, yearns to and has the capacity to love God with the purity of heart with which God loves us. Their aim was to rid themselves of the anxieties and distractions that called their attention away from loving God.

Cassian was initiated into the tradition before political pressures forced him to leave Egypt in about 399. He moved to southern Gaul and there founded a house for monks and later a house for women religious. Though Cassian’s goal was, like his desert mentors, the perfection of the individual soul, he insisted that no one should embark on a monastic vocation alone. One should enter a house where other monks are pursuing the same goal, live according to a time-tested rule and thereby gain the guidance and companionship of the community.

Though Cassian remained committed to the desert ideal of individual perfection, his insistence on the necessity of Christian community and loving moderation was the basis for Benedictine monasticism, which eventually became the basic spirituality of the Western Church. It was perhaps, a paradox that only in community could the Christian “lose sight of earthly things in proportion to the inspiration of its purity in that... with the inner gate of the soul it sees the glorified Jesus coming in the splendor of His majesty”.

There are many similarities to the conditions we face today that we can discern in this short passage about the early church – just re-read the first paragraph! His views on “community” resonate with us also – I know that I need my St. Timothy’s family to strengthen my resolve to live as Christian a life as possible (and how often I fail!).

We are left with the dilemma of how we will recall this early follower of Christ – until 2024! Will we reflect upon his philosophy on February 28th, when the day is dedicated to two women – Anna Julia Hayward Cooper and Elizabeth Evelyn Wright – who lived in the mid-19th century, both to parents of mixed racial backgrounds and perhaps more relevant for comment during Black History Month

or perhaps on March 1st when the patron saint of Wales, David, is commemorated. Only time will tell!

~ submitted by Jill Cox

Attic Cleanout - A Big Thank You

Mindy Rohrbaugh, Carol Sinclair, Boy Scout Troop 159 and the Troop leaders volunteered their time on a Saturday morning in January to help clean out St. Timothy's attic. Not one more item could have been added to the storage area and there was very little walking space remaining. After numerous trips to the dumpster, transporting of items to the shed and the donation of items to the Closet, the attic has been cleared of many years of clutter. Everything is labelled and neatly organized so items can be easily found.

Thank you to all the individuals who had donated so much of their time. This project could not have been completed without all the helping hands.

~ submitted by Carmela Condro
(photos provided by Carmela Condro)



Before



After

Announcements and Upcoming Events

Service Ministry

The Service Ministry invites you to join us on Sunday, February 23rd, for a ministry showcase to learn more about the many programs Service supports and promotes. The showcase, in Henry Hall following the 8:00 am and 10:00 am services, will feature information about the key ministry outreach efforts. These community programs include the Backpack Meal Program which is a partnership with Clearview Elementary, Cornerstones, The Closet, LINK, Scrip and VisionWalk. Ministry liaisons to each program will participate to share their experiences and answer questions about the many neighbors impacted by the service of St. Timothy's volunteers. This is only a portion of the

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| | <p>programs Service Ministry promotes. We welcome the opportunity to share details of the many activities sponsored by Service Ministry throughout the year. Please plan to come by on February 23rd to learn more about ways to serve our community. Contact service@saint-timothys.org or Shon Beury, shonbeury@aol.com, ministry chair for more information. <i>Thank you for putting your faith to work.</i></p> |
| <p><i>Adult Christian Education</i></p> | <p>St. Timothy’s Episcopal Church has launched “A Sparkle for Christ Class”. During the next months, this adult Christian education class will be held each Sunday from 9 a.m. to 10 a.m. in the Upper Room. The class provides educational material in support of theological doctrines of Christianity, with the purpose of overcoming intellectual obstacles to the Christian faith. The class has a structured program. Each lesson includes a presentation of theological topics and allows a discussion among the participants. Bringing a Bible and taking notes is encouraged. Please contact the parish office with any questions.</p> |
| <p><i>Centering Prayer</i></p> | <p>The first and third Saturday of the month from 10:00 am to 11:30 am in room B-1 Please consider joining Father Rich and the Centering Prayer group for quiet meditation and fellowship.</p> |
| <p><i>Bible Study</i></p> | <p>Wednesdays from 10:00 am to 11:00 am in St. Timothy’s kitchen. If you have questions or would like to join, please contact Nikki O’Malley at nikki.omalley@gmail.com.</p> |
| <p><i>Shawl Ministry</i></p> | <p>The first Wednesday of each month from 6:30 pm to 8:30 pm and the second Tuesday of each month, from 1:00 pm to 3:00 pm in the Narthex.</p> |



2020 Vestry with Liaison Assignments

Carmela Condro (2021) – *Senior Warden/Worship*
ccondro@verizon.net
703-620-1110

Brian Flusche (2022)– *Junior Warden/
Ad Hoc/Emergency Preparedness*
fluscheb@gmail.com
719-235-7658

Terms Expire 2023

Catherine Lamb – *Service*
Catherine_michaels@hotmail.com
703-615-6522

Tatiana Martínez – *Latino Ministry*
Tatymartinez2002@yahoo.com

Alex Schumann – *Christian Formation*
alexbmalin@gmail.com
571-442-6461

Ralph Tildon – *Pastoral Care*
rtildon1@aol.com
703-464-9377

Terms Expire 2022

Allison Dodd – *Hospitality*
aahedley@yahoo.com
202-365-7595

John Druitt – *Fellowship/Newcomers*
druitt@aol.com
703-989-0770

John Nixon – *Buildings and Grounds*
jnixon@verizon.net
703-973-8005

Terms Expire 2021

Andrew Hamm – *Finance*
andyhamm@verizon.net
703-435-0438

Catherine Lamoureux – *Communications*
catherine@lamoureux.us
703-391-7807

Nancy Miller – *Pastoral Care*
adaku.nwachukwu@gmail.com
301-775-7870



Pictured left to right: John Nixon, Carmela Condro, Tatiana Martinez, John Druitt, Rose Berberich (Registrar), Nancy Miller, Catherine Lamb, Andrew Hamm, Ralph Tildon, Brian Flusche, Allison Dodd, Catherine Lamoureux, Fr. Rich Bardusch and Alex Schumann (not pictured: Duane Hartge, Treasurer)



St. Timothy's Episcopal Church
432 Van Buren Street, Herndon, VA 20170
Voice: 703-427-3790 Fax: 703-787-9781
www.saint-timothys.org

Service Times

Saturday: 7:00 pm Santa Eucharista
Sunday: 8:00 am Eucharist, Rite I
10:00 am Eucharist, Rite II
Godly Play (ages 3 and potty trained through grade 2)
I Wonder (grades 3-6)
Echo (grades 7-12)
Nursery Care
Wednesdays: 12:15 pm Eucharist and Healing Service

Rector

The Rev. Dr. Rich Bardusch
rbardusch@saint-timothys.org
703-437-3790 x12

Director of Music

Mr. Roger Long
rogerl@saint-timothys.org
703-437-3790 x16

Director of Christian Education

Ms. Alyssa Stoffer
alyssas@saint-timothys.org
703-437-3790 x17

Parish Administrator

Ms. Wanda Rixon
office@saint-timothys.org
703-437-3790 x10

Bookkeeper

Ms. Deb Angerman
bookkeeper@saint-timothys.org
703-437-3790 x13

St. Timothy's Pre-School Director

Ms. Monica Despina
sttimothypreschool432@gmail.com
703-437-4767

Welcome New Members

(no new members this month)

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded, the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.

If we do not have an email address for you and your family, or if your email has changed, update your information at www.saint-timothys.org or send the information to office@saint-timothys.org.

To transfer your membership to St. Timothy's or to find out if you are a registered member, contact Mindy Rohrbaugh (blessed2boma@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

Editors of *The Word*

Ms. Susan Nixon and Ms. Ching Fang-Weeden

The Word is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of *The Word* are also available in the office.

Unless otherwise noted, all photographs are by Wm. Craig Dubishar, © Wm. Craig Dubishar.

**Submission deadline for the March issue:
Saturday, February 22, 2020**

**Submit articles to:
wordeditor@saint-timothys.org**



You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

~ Matthew 5:13-20
Fifth Sunday after Epiphany