

The Word

St. Timothy's Episcopal Church Newsletter • Herndon, VA

September 2018

Dear Friends,

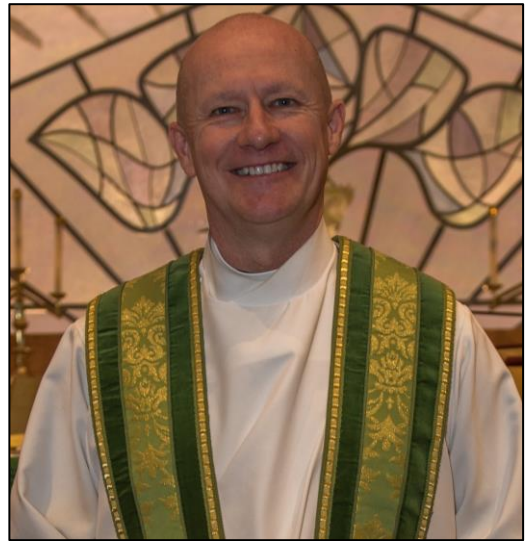
As I mentioned last month we have lots of new stuff happening at St. Timothy's. This fall we will have three onetime events that I am categorizing as adult education opportunities, but all ages are invited. Below are short descriptions of these three offerings.

Sacristy Show and Tell

Have you ever wondered why we cover the bread and wine with a cloth on Sunday mornings? Have you thought about the significance of pouring water into the wine before communion? What does it mean? On Sunday, September 23rd, immediately following the 10:00 am service in the sanctuary, we will have a onetime "Sacristy Show and Tell" led by Father Rich. This event is open to everyone who has some curiosity about why we do the things we do. It will be a mixture of history, theology, symbolism, and fun! Come join us for about 20-30 minutes as we tour the church and sacristy to look at the goings on behind the scenes.

Centering Prayer Workshop

Based in the Christian contemplative tradition, Centering Prayer is a way of responding to God's invitation to enter loving intimacy with the Kingdom of God within ourselves. This meditation practice asks us to devote time regularly to consent to the Divine within us and to surrender all that we are into that Divine Healing Presence. The workshop will be led by Fr. Rich on Saturday, October 13, 2018, from 10:00 a.m. until 2:00 p.m. in B-1. The workshop will include history, psychology, a video, prayer, Bible Study, meditation and of course, lunch. The cost of the workshop is \$20.00 to cover lunch and expenses.



Places are limited to 12. Please sign up at www.signupgenius.com.

Newcomer Brunch

On Sunday, November 18, 2018, from 11:30 a.m. - 1:00 p.m., I am inviting all Newcomers at St. Timothy's to a lunch and discussion on Being an Episcopalian. I will be leading the presentation and discussion and we will do two things. First, I will be presenting some basic material about what it means to be Episcopalian i.e., the Middle Way, Historic Continuity, and What We Mean by Church. Second, I will be answering your questions about Anglicanism and the Episcopal Church. The lunch, presentation, and discussion will be in the Henry Hall. We have a lot of Newcomers at St. Timothy's and this is one way we can help answer questions and meet others who are new like ourselves. Invitations will be sent, but please sign up at www.signupgenius.com.

Please join us for each of these opportunities to learn more about our faith and what make us unique as Episcopalians.

Blessings,



Fr. Rich



Joy of Living for Seniors Ministry

The Joy of Living for Seniors Ministry is proud to present a **free information session about dementia.**

SEPTEMBER 16, 2018
11:30 am in Henry Hall
(Light lunch will be provided)

Recognizing Dementia- a free learning session in September

Dementia Friendly America is a national public-private partnership whose mission in part is ... to more effectively support and serve those across America who are living with dementia and all the people who care for them.

The Town of Herndon was the first community in Virginia to become Dementia Friendly!

- When we are leaving a concert and come across a person using a cane, we make sure to give them plenty of room to navigate.

- When the elevator doors open and we see someone exiting who is using a walker, we hold the door open for them.

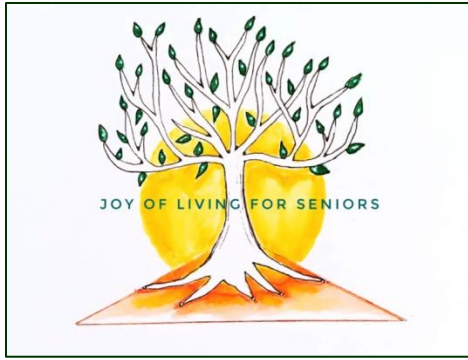
- When we meet someone in a wheelchair, we don't stand over them to talk, we squat down to their eye level.

We've all been publicly trained to be kind, compassionate and helpful to someone we understand to have a disability.

But because dementia is an invisible disability, we don't always recognize the fact that they need us to help them by being kind and compassionate.

Please help us plan for lunch by signing up through St Timothy's website or on the sign-up sheet in Henry Hall.





Joy of Living Senior Ministry

The Joy of Living Senior Ministry seeks to enhance the lives of the seniors (aged 55+) of St. Timothy's Episcopal Church and the surrounding area by encouraging them to grow in the Lord and live fuller, more meaningful lives through education, information and fellowship.

The Joy of Living for Seniors Ministry generally meets on the first and third Tuesdays each month at 11am-12:30 p.m. We provide a light lunch for in-house sessions and ask for a donation to offset costs.

Please sign up for any and all events you wish to by whichever is easiest for you:

- Sign-Up Genius on the St Tim's Website
- Email joyofliving@saint-timothy's.com
- Use the sign-up sheets on the JOL table

After our summer hiatus, we're back to serve you! We have a lot planned in the upcoming months – check us out!

Sunday, September 16: The ministry is hosting the discussion from Dementia Friendly America (following the 10 a.m. service).

Tuesday, September 18: we will have a social during our regularly-scheduled sessions.

Tuesday, October 2: we will be learning about Medicare 101.

Tuesday, October 16: our own Det. Jay LaWalt will do a presentation on safety.

Tuesday, November 6: Fr Rich will be leading a discussion (hopefully with a local Rabbi) on the two-state solution.

Tuesday, November 20: No meeting.

Tuesday, December 4: we're planning a field trip to the Museum of the Bible in DC. Details to follow.

Tuesday, December 18: we'll have a Christmas Party for the ministry.

Tuesday, January 15: Dean Rohrbaugh will lead a presentation on Turbo Tax and briefly review tax law changes.

Questions/comments? Please chat with Janet Dopsovic, Carmella Condro, Becky Donnelly, Helen Guest, or Mindy Rohrbaugh. You can also send us an email: joyofliving@saint-timothy's.org.



Red Doors

Sometime this fall you may notice that the main doors by the office are going to get a cleaning and painting. We are restoring the doors to the traditional red used by most Episcopal churches.

Perhaps you are wondering why so many Episcopal churches paint their doors red? That is a great question. Episcopalians paint their doors red to remind ourselves that we enter the church only through the Blood of Christ. It is a hearkening back to the first Passover when the Israelites fled Egypt. When the first born of the Egyptians was killed by the Angel of Death in Exodus 12, God instructed the Israelites to sacrifice a lamb and paint their door posts with its blood. The blood was a sign to the Angel of Death to “pass over” that house and not kill the first born, thus sparing the Israelite children. That is why the Jews call it the Passover, because the Angel of Death passed over their home. That is also why after the breaking of the bread in our Eucharistic liturgy we say “Christ our Passover is sacrificed for us. Therefore, let us keep the Feast.” Christ’s death is the sacrifice that delivers us from the Angel of Death, just like the sacrificial lamb delivered the Israelites. We paint our doors red (Christ’s Blood) to remind ourselves that because of Christ’s sacrifice the Angel of Death passes over us, too. So this fall when the doors become red, remember that the Angel of Death no longer has power over you because through our baptisms we have entered the church through the Blood of Christ.



Being a Book Worm

Just in case no one has noticed, I love reading! I not only love the feel of paper as I read, but I am also in awe of all the talent that is displayed in the words written on it and how much I have learned about subjects I would never have approached during my life without the references or even

nuances contained in the many paragraphs. I now have 17 notebooks filled with comments and quotations! Pity my poor family who have to decide whether any of them want them! I do hope that perhaps a great grandchild will inherit them and introduce them to books which may well have disappeared from shelves or never get recorded on whatever device is evolved in their lifetimes!

I have just read a book that places Agatha Christie on that same Orient Express where she involved Hercule Poirot in a mystery murder during an avalanche which stranded the train. Agatha has fled from England after the notoriety of her divorce from Archie Christie who deserts her and her daughter to marry another woman. In 1926 this is quite disgraceful and fills the tabloids of the day, so Agatha goes to Iraq, formerly called Mesopotamia. If you wish to read this novel it is called “Woman on the Orient Express” by Lindsay Jayne Ashford. The episode that jumped out for me was Agatha’s visit, with Max Mallowan whom she later marries, to the center of the Yezidi tribal religion near Mosul – the shrine Sheikh’Aid. “Shaitan” is the religion of this group. They worship “Satan”, but not as devil worship, but as one of the Seven Angels created by God and they respect and recognize Jesus as a prophet whose time has not yet come but who will come to save the world.

The creation story revealed in the writings of this group is quite lovely, but their rejection of Eve is a little disturbing in that the two beings created by God on earth were tested to see if either “being” could produce offspring without the help of the other. They were each given a jar in which to put their seed. Eve’s only produced weeds and rotting material, while Adams produced a lovely boy child who became revered as “Shahid bin Jer” (Son of Jar).

I could write much about what I discovered, but, of course you can too by typing “Yezidi” into the “search” category of your computer. I found some fascinating details about the Kurdish people and their charity in sheltering Armenians when they faced extermination under the Ottoman Empire. There are lovely descriptions in the aforementioned novel of the scenery and the temple of the “Peacock Angel” and of the blue-eyed, pale complexioned Kurdish people. I have looked up the British

Mandate on Mesopotamia in 1920 which has such an impact on current politics in the Middle East. The Mandate issued by the League of Nations at the 1920 meeting in San Remo, awarded the British the control of an uninterrupted territorial swathe running from the Persian Gulf to the Mediterranean and administrative control over Palestine, Transjordan and Mesopotamia, (Iraq).

All I can say is: "Get reading"!

Respectfully submitted,

Jill Cox

Holiday Bazaar- Crafters and Vendors Needed

We are looking for crafters and vendors in the community for our November 11th Holiday Bazaar. If you have friends or neighbors who create crafts or sell ready-made products, consider inviting them to register for a table space by emailing Carmela Condro. ccondro@verizon.net

Have you been thinking of ideas for a theme basket for the Bazaar? A ministry could work together and fill a basket valued at \$20-\$30 to sell to the highest bidder. For example, the Joy of Living group agreed to contribute to our basket silent raffle. Aren't you curious what their basket will hold?

Collect your excess Christmas decorations which are taking up space in your closets and place them in a Christmas box which you will find in Henry Hall. These decorations will be sold at the Bazaar. All you bakers will also have an opportunity to donate goodies to the Bake Sale table. Buy treats and freeze them for your Thanksgiving guests.



New Perspective Sunday Just for Fun!

On Sunday, September 30, we celebrate New Perspective Sunday. As a way of helping our members understand what it is like to enter a new space we are having this New Perspective Sunday. What does that mean? I am asking everyone to change their seats for that one Sunday. We all have that certain place we like to sit in church. Some people call it "their Pew." Week after week we sit in them and our perspective is the same. This one Sunday I would like you to sit somewhere you have never sat before. I want to see what you think about having a new perspective.

Additionally, we are encouraging everyone to meet someone new at whatever worship service you attend on the weekend of September 30th. You will know they are new, unless you are new, because you won't know them. When you introduce yourself, ask them how long they have been attending St. Timothy's and what drew them here. You might find some amazing answers. This is an opportunity for us to have some fun and to learn that just finding a new seat can shift our perspective a lot, and that meeting a new person shifts it even more. Don't worry; the next Sunday you can go right back to your usual seats, but we want you to continue meeting new people. Give it a shot and let us know!

Thanks.

Fr. Rich

The Outdoor Chapel Restoration

St. Timothy's outdoor chapel has been restored as part of an Eagle Scout project by the son of the Eagle Scout who built the original chapel almost 30 years ago. Kyle Tiller and his father, John Tiller, are responsible for our beautiful outdoor chapel. John's parents, Jackie and Charlie Clattenburg, were long time members of St. Timothy's and supported John when he completed his Eagle project. John in turn supported his son, Kyle, and now we have a beautifully refurbished chapel. If you look closely at the front of the altar table, you will see two plaques commemorating the father and son Eagle Scouts.

Many thanks to both Kyle and John!

Altar Flower Donations

Dear Friends,

I am writing to let you know that the Altar Guild would like to invite members of the parish to bring in flowers from their yards from now until frost for the Altar. The flowers need to be in the cooler in the kitchen by Friday afternoon so that they can be arranged on Saturday by the Altar Guild. The Altar Guild will continue to accept donations of \$50.00 or more for each Sunday the flowers are in Memoriam of someone. However, it will help tremendously if we can have some flowers from our own lovely gardens.

Please contact Mary McLenigan (mpmhokie@verizon.net) or Carol Sinclair (csinclair83@msn.com) one week prior if you wish to donate flowers. A week's notice is necessary to ensure recognition for the contribution is put in the bulletin. Flowers will be arranged by the Altar Guild so more than one person's flowers may be in an arrangement. Also, specific flower requests made in Memoriam will have priority. We will do our best to use the flowers we receive, but aesthetics will decide how they are to be arranged.

Please note that blue/purple flowers will not be accepted due to the fact that this color does not show up at a distance and appear as "holes" in the arrangement.

Flower Blessings, Father Rich

Things That Must Be Banished From Life

Such is the chapter heading of the commentary by William Barclay upon Ephesians 4 : 25 – 32 which we read on August 12th and formed a major part of Fr. Rich's homily.

Barclay divides his remarks into several categories the first being the following:

"There must be no more falsehood" and says further, that there is more than one kind of lie in the world. For instance there is the lie of speech; sometimes deliberate and sometimes almost unconscious. He cites an interesting piece by Dr. Johnson in regard to bringing up children "Accustom your children constantly to this (the telling of truth); if a thing happened at one window, and they, when relating it, say that it happened at another, do not let it pass, but instantly check them; you do not know where deviation from truth will end...It is more from carelessness about truth than from intentional lying, that there is so much falsehood in the world." Truth demands a deliberate effort.

There is also the lie of silence and maybe it is even more common. The author, Andre Maurois (1885-1967) uses a phrase "the menace of things unsaid" which gives much thought to the times when one has sat by and given approval by silence to something known to be wrong

"There must be anger in Christian life, but it must be the right kind of anger". Bad temper and irritability are not defensible, but there is the kind of bad temper without which the world would be a poorer place. Barclay cites the anger of British statesmen such as Wilberforce who railed against slavery for 19 years and succeeded in abolishing the slave trade in 1807 in the U.K. and went on to try to abolish the slave trade abroad, but ill-health compelled him to retire from public life in 1825 and he died in 1833.



Barclay also quotes Lord Shaftesbury (1801-1885), who was an early reformer against the labor conditions of the 19th Century. He was chairman of the Ragged Schools Union for 40 years (an original building still exists in the Docklands area of London near Three Mills in Stratford if you would ever like to see the records of this movement – my observation!) Shaftesbury also assisted Florence Nightingale in her schemes for army welfare. No veterans associations, etc. in the 19th Century.

Barclay refers to the phrase “The man who was a thief must become an honest workman”. Paul gave this necessary advice, for in the ancient world thieving was rampant. It was very common for people to steal in public places such as the docks and above all the public baths and to quote Barclay, “Paul does not say ‘Become an honest workman so that you may support yourself.’ He says: ‘Become an honest workman so that you may have something to give away for those who are poorer than yourself.’”

Barclay also comments thus, “In modern society no man has overmuch to give away but we do well to remember that the Christian ideal is that we work, not to amass things, but to be able, if need be, to give them away”.

This commentary was first printed in 1956 when conditions in the U.K. were still quite austere following WWII so the above comment may have had more relevance then. Having looked up this fact I find that I am contravening the paragraph in the frontispiece of this volume which says: “All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any

means, electronic or mechanical, including photocopy, recording or information storage and retrieval system, without permission in writing from the publisher. This book is sold, subject to the condition that it shall not, by way of trade or otherwise, lent resold, hired out or otherwise circulated without the publisher’s prior consent.”

A further caveat is printed below:-

“For copyright reasons not for sale in the U.S.A. or Canada”.

I hope you appreciate the risk I am taking by sharing these thoughts with you and have been, in ignorance, for many years. Perhaps the copyright has run out by now and I shall check on Wikipedia or some such search engine to see if they too contravene the above paragraph!!!

Hooray!! It is all in Wikipedia!

Respectfully submitted,

Jill Cox

2018 Vestry with Liaison Assignments

Eugene Nkomba (2019) –Co-Warden
nkomba@gmail.com
703-715-8667

Susy Nixon (2019)- Co-Warden
senixon@verizon.net
703-437-0370

Terms Expire 2021

Catherine Lamoureux- Youth Group / Mission
catherine@lamoureux.us
703-391-7807

Andrew Hamm- Building & Grounds
andyhamm@verizon.net
703-435-0438

Adaku Nwachukwu- Communications
adaku.nwachukwu@gmail.com
301-572-9001

Carmela Condro- Worship
ccondro@verizon.net
703-620-1110

Terms Expire 2020

Vidai Genovez (Andres) - Spanish Service/Misa en Espanol
vidaigenovez@live.com
703-774-2205

Elizabeth Witter – Pastoral Care
egwitter789@gmail.com
703-244-7940 (C)

Sandy Wright – Fellowship
quiltdiva730@gmail.com
703-716-9094 (H)

Gerritt Peck – Service
gpeck14@su.edu
571-232-0113

Terms Expire 2019

Tim Allen – Formation
Timothy.Lee.Allen85@gmail.com

Bill Outerbridge – Stewardship
outerbridge@aol.com
703-860-8537





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www.saint-timothys.org

The Word is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of *The Word* are also available in the office.

Service Times:

Saturday: 7:30 pm Santa Eucharista

Sundays: 8:00 am Eucharist, Rite 1

9:00 am Children's Eucharist

10:00 am Rite II service with Holy Communion

Godly Play ages 3-2nd grade

SPARK+, 3rd-5th grade

Christian Ed

Nursery Care

Wednesday: 12:15 pm, Eucharist and Healing Service

Rector

The Rev. Dr. Rich Bardusch

rbardusch@saint-timothys.org

703.437.3790

Director of Music

Mr. Roger Long

rogerl@saint-timothys.org

703.437.3790 x.16

Bookkeeper

Ms. Fernanda Marinkovic

bookkeeper@saint-timothys.org

703.437.3790 x.13

Welcome New Members

Mila Kecman- Baptism

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.

If we don't have an email address for you and your family, or if your email has changed, update your information at www.saint-timothys.org or send the information to office@saint-timothys.org.

To transfer your membership to St. Tim's or to find out if you are a registered member, contact Nikki O'Malley (nikki.omalley@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

Submission Deadline for the next issue:

Thursday, September 27, 2018

Submit to Ian Smith at

ids227@gmail.com



Jesus and his disciples passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, “The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.” But they did not understand what he was saying and were afraid to ask him.

Then they came to Capernaum; and when he was in the house he asked them, “What were you arguing about on the way?” But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, “Whoever wants to be first must be last of all and servant of all.” Then he took a little child and put it among them; and taking it in his arms, he said to them, “Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.”

Mark 9: 30-37 (New Revised Standard Version Bible)