

St. Timothy's Episcopal Church Newsletter • Herndon, VA

June 2018

Dear Friends,

I am writing to ask for your help. Because of recent deaths and families moving out of town, our church is experiencing a financial shortfall this year. We need approximately \$60,000.00 in order to close our deficit and return to a balanced budget. I am asking those who give to St. Timothy's as well as those who have never given to help us erase the deficit. We have 128 pledge units, but we have many more who participate in the life of the parish. If each one of us gave an extra \$20.00 per week for the next six months, the deficit would disappear. Some of you may prefer to make a onetime contribution. Others can give more than what I am requesting. Please help us raise the necessary funds!

You know as well as I do that St. Timothy changes the lives of thousands of people in Herndon and around the world each year. The ministries we have are vital to creating a safe and healthy community here and across America. Whether it is Haiti or Lakota or our Latino neighbors, we make a difference. We need you to help us continue to change lives.

While this is a short term request and one I believe we will meet with courage and faith, I want you to know that the Vestry is working on long term solutions to address a changing financial landscape. But in order to get back to a healthy financial situation we need our whole family to step up and make both a financial and a time and talent contribution.



If you would like to talk about these issues and what you can do to help, please call me at 703-437-3790. Your ideas and suggestions will be greatly appreciated.

Blessings,

The Rev. Dr. Rich Bardusch

"No eye has seen, no ear has heard, nor the heart conceived what God has in store for them that love the Lord." I Corinthians 2:9

**Creating a Sustainable Church -** Ensuring Saint Timothy's will be around for another 150 years

Chapter V- Growing the Reserve Fund

Saint Timothy's has not adequately funded the Capital Assets Reserve Fund, and consequently, the Reserve Fund, which is used to pay for capital repairs and replacements, is in trouble. The Fund currently contains approximately \$ 63,000.00, having recently signed a \$21,000.00 contract to replace the HVAC system which services the music room and nursery. At the moment, a major concern is the condition of the remaining five HVAC systems which heat and cool St. Timothy's. These systems are out of date and will most likely have to be replaced, sooner rather than later, because the systems require use of the refrigerant Freon, whose manufacture and importation have been prohibited by law effective January 1, 2020.

Another pressing capital repair involves the condition of Henry Hall. It needs to be repainted and the tile flooring replaced. Clearly, the amount currently in the Reserve Fund is woefully inadequate to pay for these repairs. Simply put St. Tim's needs to find a mechanism very soon to fund its Reserve Fund or run the real risk of having the building where we worship and minister to the community fall into a state of disrepair. The Vestry is actively working on a way forward.





### Joy of Living Senior Ministry

We enjoyed camaraderie and fellowship while hiking through Runnymede Park on May  $8^{th}$ . Fr Rich told us he found himself between a rock and a hard place!

### Our Mission:

The Joy of Living Senior Ministry seeks to enhance the lives of the seniors (aged 55+) of St. Timothy's Episcopal Church and the surrounding area by encouraging them to grow in the Lord and live fuller, more meaningful lives through education, information and fellowship.

### When:

Join us on the first and third Tuesdays of every month at 11am in the Narthex.

### Mark your Calendars:

We will spend our time sharing ideas about how the Joy of Living Ministry can help us navigate the golden years and learning more about each other.

A light lunch will be served.

#### Sign Up:

Sign up through the "Sign-up Genius" link on the St. Timothy's website.

Questions/Comments: Contact Janet Dopsovic at <a href="mailto:jgdops@gmail.com">jgdops@gmail.com</a>

### Rogation Days

While singing the first hymn on Sunday May 6<sup>th</sup>, I suddenly noted the word "Rogation" alongside the hymn writers name as published in the hymnal and with a start I realized that we were approaching the end of Eastertide and indeed that the following Thursday, May 10<sup>th</sup> was the day we should be

celebrating Ascension Day, which was a school holiday when I was young.

The word "rogation" comes from the Latin "rogare" which means "to ask" and many places in England still observe the custom of "Beating the Bounds" of the parish to confirm the boundaries and to ask for a blessing upon the newly sown seeds and plants and to pray for a good harvest. The custom goes back to medieval times when a bad harvest could mean disaster for the small population. Among the more well-known places still observing this custom are the Tower of London and its church, All Hallows by the Tower, Brasenose College, Oxford and the Queen's local parish church at Sandringham in Norfolk. I love the advertisement for a small parish, Yates Common, which invites parishioners to meet at the "kissing gate" at 11.00 a.m. to begin the walk around the parish.

In the English Hymnal, published in 1986, there are several hymns suggested for three Rogation Days preceding Ascension day (Roman Catholics celebrate on one day only, April 25<sup>th</sup>). Among them is "We Plough the Fields and Scatter" which we seem to reserve for the harvest season. Quite often the Litany is sung as the group moves around the parish.

This reference to "tradition" seemed to fit in with the subject of customs brought to the Americas by many immigrants over the centuries which was discussed at Shrine Mont the previous day, but this is one which has not survived here in Herndon, but perhaps we should walk around our church and lovely grounds and thank God for all that we receive and enjoy every day.

Jill Cox

### G.K. Chesterton

On June 13th, the birthday of Gilbert Keith Chesterton is noted in "Holy Women, Holy Men," published by Church Publishing, N.Y. Many people will recognize this author, normally recognized by initials only, as the author of the "Father Brown" stories currently dramatized on PBS each week, but Chesterton has quite an admired reputation as a writer of Christian apologetics as well as literary criticism, fiction and fantasy, satire and these genres

often come together as in his famous novel *The Man Who Was Thursday*, which combines a mystery with Christian imagery and symbolism. Recommended reading!

Chesterton's early life was spent considering many areas of religion and spiritualism and what he called "orthodoxy." His spiritual journey eventually took him towards conversion to the Roman Catholic Church in 1922.

His works *Orthodoxy* and *The Everlasting Man* defended Christian faith in very skeptic times. He satirized, with a unique blend of wit and religious fervor, the viewpoints of those who tried to disparage faith as irrational and unnecessary. His works influenced other intellectual figures as disparate as Ernest Hemingway and Dorothy Sayers and he is widely respected figure in both Protestant and Catholic communities alike.

Jill Cox



Membership Records Update for Adult Children of Members

Any families in the system that have children turning 21 this year, please note the following information about our records update. Adult children (turning 21 or older) are being designated as their own record and will be labeled as a friend and family member of the church. If the adult child is an active member, please have them supply their current address, phone number, and email address to St. Timothy's or if easier, email the information to nikki.omalley@gmail.com. If the adult child

does not contact us, they will not receive regular mailings or birthday greetings, so please encourage them to do so if they still attend. Thank you!

# Dementia Friendly America



Recognizing Dementia- a free learning session in September

Dementia Friendly America is a national publicprivate partnership whose mission in part is ... to more effectively support and serve those across America who are living with dementia and all the people who care for them.

The Town of Herndon was the first community in Virginia to become Dementia Friendly!

- When we are leaving a concert and come across a person using a cane, we make sure to give them plenty of room to navigate.
- When the elevator doors open and we see someone exiting who is using a walker, we hold the door open for them.
- When we meet someone in a wheelchair, we don't stand over them to talk, we squat down to their eye level.

We've all been publicly trained to be kind, compassionate and helpful to someone we understand to have a disability.

But because dementia is an invisible disability, we don't always recognize the fact that they need us to help them by being kind and compassionate.

In September, St Timothy's will host a free session to learn how to recognize the signs of dementia and valuable tips on how to communicate with those living with dementia.

Look for the Sign-Up Genius link on our website – coming soon.



### **Altar Flower Donations**

Dear Friends,

I am writing to let you know that the Altar Guild would like to invite members of the parish to bring in flowers from their yards from now until frost for the Altar. The flowers need to be in the cooler in the kitchen by Friday afternoon so that they can be arranged on Saturday by the Altar Guild. The Altar Guild will continue to accept donations of \$50.00 or more for each Sunday the flowers are in Memoriam of someone. However, it will help tremendously if we can have some flowers from our own lovely gardens.

Please contact Mary McLenigan (mpmhokie@verizon.net) or Carol Sinclair (csinclair83@msn.com) one week prior if you wish to donate flowers. A week's notice is necessary to ensure recognition for the contribution is put in the bulletin. Flowers will be arranged by the Altar Guild so more than one person's flowers may be in an arrangement. Also, specific flower requests made in Memoriam will have priority. We will do our best to use the flowers we receive, but aesthetics will decide how they are to be arranged. Please note that blue/purple flowers will not be accepted due to the fact that this color does not show up at a distance and appear as "holes" in the arrangement.

Flower Blessings,

Father Rich

### Troop 159's Day at the park

If you went to Frying Pan Farm Park for their Spring Farm Day on May 12, you might have seen Troop 159 present at one of the tables there! Our table was about invasive plants, which are a pressing environmental issue in Fairfax County. Through the entire event, we got 186 visitors- and it's surprising that many of them didn't know the extent of this problem. Foreign plants and animals that invade native forests may seem like a foreign concept as well, but these invaders can actually be found in your own backyard! While we had plenty of activities and handouts for the kids (sticker and word searches galore!) we were also able to spread the word about the invasive plant cleanups happening at the park in August under the IMA program.



Our volunteers at the event. Thank you to everyone who came out to help!

"What's IMA?" you may ask.

The Invasive Management Area Program (IMA) is a volunteer program under the Fairfax County Park Authority that battles invasive plants by removing them and replacing them with native species. The current project, "START at Frying Pan Farm Park," will remove Japanese stiltgrass, an invasive species that has spread across much of the East Coast and is present in every county within Virginia; if you're wondering about the name, this is because our other goal is to START a habit of environmental stewardship within our local community. This focus on long-term conservation is also part of this project's status as a Hornaday project- the

Hornaday Award is a prestigious Scouting award based around substantial effort and contribution to the environment.

Our planned cleanups for August aren't as simple as pulling weeds, however; there's only a short window of time to pull these plants (about two to three weeks,) and we have the weather to contend with as well- in fact, the exact dates will very likely be unclear until July. This is where our biggest challenge lies- in order to get enough volunteers to do this project, we need others in the community to spread the word. If you want to contact us to set up a table at a local event or want to learn more, you can email us at <a href="mailto:fpfpstart@gmail.com">fpfpstart@gmail.com</a> or take a look at our Facebook page here:

https://www.facebook.com/STARTatFPFP/



### 2018 Vestry with Liaison Assignments

Eugene Nkomba (2019) –*Co-Warden* nkomba@gmail.com
703-715-8667

Susy Nixon (2019)- *Co-Warden* senixon@verizon.net 703-437-0370

## Terms Expire 2021

Catherine Lamoureux- Youth Group / Mission catherine@lamoureux.us 703-391-7807

Andrew Hamm- *Building & Grounds* andyhamm@verizon.net 703-435-0438

Adaku Nwachukwu- Communications adaku.nwachukwu@gmail.com 301-572-9001

Carmela Condro- *Worship* ccondro@verizon.net 703-620-1110

### Terms Expire 2020

Vidai Genovez (Andres) - Spanish Service/Misa en Espanol
vidaigenovez@live.com
703-774-2205

Elizabeth Witter – *Pastoral Care* egwitter789@gmail.com 703-244-7940 (C)

Sandy Wright – *Fellowship* quiltdiva730@gmail.com 703-716-9094 (H)

Gerritt Peck – Service gpeck14@su.edu 571-232-0113

# Terms Expire 2019

Tim Allen – Formation
<u>Timothy.Lee.Allen85@gmail.com</u>

Bill Outerbridge – *Stewardship* outerbridge@aol.com
703-860-8537





St. Timothy's Episcopal Church
432 Van Buren Street, Herndon, VA 20170
Voice: 703.427.3790 Fax: 703.787.9781

www.saint-timothys.org

The Word is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office (office@sainttimothys.org). Copies of *The Word* are also available in the office.

### **Service Times:**

Saturday: 7:30 pm Santa Eucharista Sundays: 8:00 am Eucharist, Rite 1 9:00 am Children's Eucharist

10:00 am Rite II service with Holy Communion

Godly Play ages 3-2nd grade SPARK+, 3rd-5th grade Christian Ed

Nursery Care

Wednesday: 12:15 pm, Eucharist and Healing Service

#### **Rector**

The Rev. Dr. Rich Bardusch rbardusch@saint-timothys.org 703.437.3790

### **Director of Music**

Mr. Roger Long rogerl@saint-timothys.org 703.437.3790 x.16

### **Bookkeeper**

Ms. Fernanda Marinkovic bookkeeper@saint-timothys.org 703.437.3790 x.13

#### Welcome New Members

05/20/2018 George Bate (Baptism) Morgan Bate (Baptism) Gillian DiPardo (Baptism) Evelyn Nguyen (Baptism) Cadence Ward (Baptism)

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.

If we don't have an email address for you and your family, or if your email has changed, update your information at <a href="www.saint-timothys.org">www.saint-timothys.org</a> or send the information to <a href="mailto:office@saint-timothys.org">office@saint-timothys.org</a>.

To transfer your membership to St. Tim's or to find out if you are a registered member, contact Nikki O'Malley (nikki.omalley@gmail.com) or fill out the Parishioner

Information Form: www.saint-

timothys.org/uploads/docs/info-form.pdf

Submission Deadline for the next issue: Friday, June 29, 2018 Submit to Ian Smith at ids227@gmail.com



As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for laborers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgement than for that town.

See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves.

Matthew 10: 7-16 (New Revised Standard Version Bible)