

The Word

St. Timothy's Episcopal Church Newsletter • Herndon, VA

March 2018

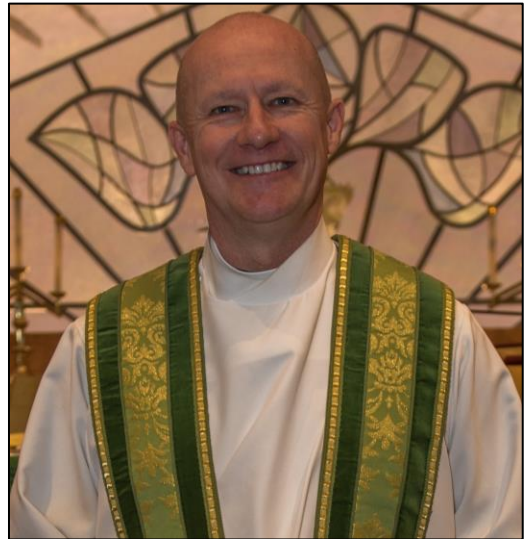
A Message from our Rector

Dear Friends,

Lent is an important season in the church year. It is the season of preparation for the holiest time in our year: Easter! The significance of Easter cannot be understated. It is literally the event on which we base our beliefs and hopes. There is nothing in the Christian Tradition that is not understood in the light of the Resurrection, and everything we do is influenced by that one event. The Resurrection of Jesus from the dead is the defining event for Christians. This makes the preparation for the celebration of this event almost as important. Lent is not just a fun time to count down the days until we get our Easter baskets. Rather, it is a spiritual journey to live into the Resurrection event, the heart of our faith.

Both Lent and the liturgy of Holy Week are consciously designed for those who participate to join in the events that led up to Jesus' crucifixion and resurrection. To the extent we participate in Lent and especially Holy Week, we join with Jesus in a real sense in his life, death, and resurrection. It is not just symbolic, although there is much symbolism there. What we do is an actual reenactment of those mighty deeds that God has done for humanity. We literally live into the events that happened 2000 years ago. In a sense we are transported to the actual time and place of those events through our reenactment.

If you want to be a follower of Jesus, it means participating. It means living into what he did and how he lived. Lent is the season when we focus on doing more of that. The idea behind this season of preparation is that each year we become a little more Christ like. We become a little less like the broken people we started out as, and more like the



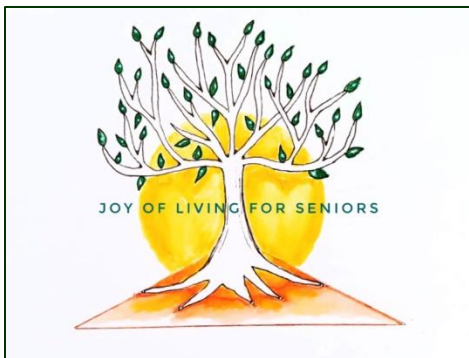
whole people God calls us to be. We do this through our participation in the Lenten Journey. The Christian message can be explained by saying we let go of the old and put on the new creation. What we do in the season of Lent is to change more of our old into more of the new.

Of course, our success in this endeavor depends in large part on our effort. What we put into something is what we get out of it. If we don't observe Lent, then we won't get anything out of it. When Easter comes we will be the same as we were before Ash Wednesday. If we want to be changed, then we need put some effort into it. With that in mind, I want to call of our St. Timothy's people to make an effort. Observe Lent with gusto and intention. In a takeoff from the last presidential election, let's Make Lent Great Again.

Holy Lent,

Fr. Rich





New Ministry – Joy of Living

We are excited to announce a new ministry at St Timothy's:

Joy of Living Senior Ministry

Our Mission:

The Joy of Living Senior Ministry seeks to enhance the lives of the seniors (aged 55+) of St Timothy's Episcopal Church and the surrounding area by encouraging them to grow in the Lord and live fuller, more meaningful lives through education, information and fellowship.

When:

Join us on the first and third Tuesdays of every month at 11am in the Narthex.

Mark your Calendars:

Attend our first session on Tuesday, March 6 2018 at 11:00 am in the Narthex. We will spend our time sharing ideas about how the Joy of Living Ministry can help us navigate the golden years and learning more about each other.

A light lunch will be served.

Sign Up:

Sign up in Henry Hall after the 8 and 10 a.m. services on Sunday.

Questions/Comments:

Contact Janet Dopsovic at jgdops@gmail.com

CLOSETS – ATTICS – BASEMENTS

Do you have closets, an attic or a basement full of items you do not use? Here is an opportunity for you to clean out all those treasures you have been saving. On Saturday, June 2nd (rain date is June 9th) we are planning an outdoor Giant Yard Sale to raise funds for St. Timothy's. All you have to do is reserve a table for your items and sell them at the yard sale. Whatever is sold will be donated to St. Tim's. Whatever you do not sell, you are asked to take it back home or to The Bargain Loft or The Clothes Closet. You may not want to bring an old outdated TV that you have to lug back home. Contact Mindy Rohrbaugh to reserve a table at mindyrohrbaugh@hotmail.com or [703-435-9653](tel:703-435-9653). Questions? Contact Carmela Condro at ccondro@verizon.net or [703-620-1110](tel:703-620-1110).



St. Timothy's Serves Hypothermia Clients on Sundays in March

Once again, St. Timothy's will be preparing and serving dinner for clients of the North County Hypothermia Shelter on Sundays in March (March 4, 11, 18 and 25). Please sign up to provide a part of this meal or to volunteer to serve the meal. You

don't have to do it all yourself! We are using Sign-Up Genius to organize volunteers - please visit: <http://www.signupgenius.com/go/10c0a4baead2aa46-sttimothys> or contact Jill Norcross at jillnorcross@verizon.net, 703-587-4098 and she can sign you up.

You prepare your portion of the meal at home and then bring your food, ready to serve and enough to feed 40 adults, to the North County Hypothermia Shelter at 5:30 pm, located in the North County Human Services Building, 1850 Cameron Glen Drive in Reston, just ¼ mile from the Embry Rucker Shelter and Reston Regional Library. Drive around to the back of the building and follow signs to the shelter. In addition to the meal, two volunteers are needed each Sunday to serve the dinner between 5:30 - 7:30 pm.

This is a great service opportunity for your family, ministry and friends (on-site volunteers need to be 18 years or older). Thanks in advance for your time, talent and generosity in support of Cornerstones and our homeless neighbors.

-“Service Ministry – putting your faith to work”



Creating a Sustainable Church: Ensuring St. Timothy's will be around for another 150 years

Part II- Expenses

In order for St. Timothy's to be truly effective, it must provide not only a regular place for worship but also programs involving outreach. The facility entrusted to us by previous generations has been and will be the center for many of these outreach activities. To be successful, these programs require many hours of volunteer time in addition to adequate financial resources and a paid staff. For example, our current annual budget breaks down as follows: \$6,299.00 per week for salaries and \$5,186.00 per week to operate the facility, leaving \$1,392.00 per week and \$1,424.00 per week respectively to spend on St. Tim's and Diocesan programs. These figures amount to a total of \$14,300.00 in weekly expenditures.

While spending slightly over \$2,800.00 per week on programs, much of which benefit the community, is not an insignificant amount, we believe there are more good works we can and should do if only we had additional resources. Hopefully, familiarity with these figures will result in increased contributions on everyone's part.

In this series, we will discuss some creative ways to increase our giving so we can increase our service to the community. Please keep in mind that at any time you can call St. Timothy's and make arrangements to increase your giving.

The Story of the Flood (from the Epic of Gilgamesh)

The Epic of Gilgamesh, written in about 1700 B.C., is the oldest story written in any language. I was reminded of it at church on Sunday, February 18, near the end of the reading of the story of the Flood and God's Covenant with Noah.

This story was probably told for about 1000 years before it was written down. At the start of the story there is a description of "Babel" (noise and confusion) which precedes the flood. In the Hebrew Bible, these stories are reversed in time, though the stories are similar, especially that of the Flood.

In the Epic, a group of gods makes the decision to eradicate mankind, but the supreme god, Ea, warns Gilgamesh and instructs him to build a boat of specific dimensions and to take his family and animals on board. On the seventh day a dove is released, but returns after finding no resting place. The released swallow returns too, but finally a released raven does not return. Gilgamesh sees a mountain top, and he makes a sacrifice and libation. He lights 14 cauldrons on stands and heaps them full with burning cedar, cane, wood and myrtle, which pleases the gods.



Ishtar, the sun goddess, appears and promises never to leave again, but does not tell Enlil, whom she blames for the disaster which has all but annihilated mankind. However, Enlil does come and takes Gilgamesh and his wife and banishes them to live at the mouth of the rivers, some distance away. Ur is near the mouth of the River Euphrates, and we all know who left that region to travel to Canaan at Jehovah's instructions!

Personally I love the connections in all the ancient writings. It proves that we do not live in isolation and that values in most societies are so very similar.

Talk about history repeating itself! We would do well to recognize or learn from it.

Jill Cox

Membership Records Update for Adult Children of Members

Any families in the system that have children turning 21 this year, please note the following information about our records update. Adult children (turning 21 or older) are being designated as their own record and will be labeled as a friend and family member of the church. If the adult child is an active member, please have them supply their current address, phone number, and email address to St. Timothy's or if easier, email the information to nikki.omalley@gmail.com. If the adult child does not contact us, they will not receive regular mailings or birthday greetings, so please encourage them to do so if they still attend. Thank you!



2017 Vestry with Liaison Assignments

Eugene Nkomba (2019) –Co-Warden
nkomba@gmail.com
703-715-8667

Susy Nixon (2019)- Co-Warden
senixon@verizon.net
703-437-0370

Terms Expire 2021

Catherine Lamoureux- Youth Group / Mission
catherine@lamoureux.us
703.391.7807

Andrew Hamm- Building & Grounds
andyhamm@verizon.net
703.435.0438

Adaku Nwachukwu- Communications
adaku.nwachukwu@gmail.com
301.572.9001

Carmela Condro- Worship
ccondro@verizon.net
703.620.1110

Terms Expire 2020

Vidai Genovez (Andres) - Spanish Service/Misa en Espanol
vidaigenovez@live.com

Elizabeth Witter – Pastoral Care
egwitter789@gmail.com
703-244-7940 (C)

Sandy Wright – Fellowship
quiltdiva730@gmail.com

Gerritt Peck – Service
gpeck14@su.edu
571-232-0113

Terms Expire 2019

Hollis Colie – Formation
hollis211@gmail.com
703-499-7936 (C)

Bill Outerbridge – Stewardship
outerbridge@aol.com
703-860-8537





St. Timothy's Episcopal Church

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www.saint-timothys.org

The Word is published monthly and emailed to members and friends the first week of the month. It also appears on the website. If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of The Word are also available in the office.

Service Times:

Saturday: 7:30 pm Santa Eucharista

Sundays: 8:00 am Eucharist, Rite 1

Sundays 10:00 am Rite II service with Holy Communion

Godly Play ages 3-2nd grade

SPARK+, 3rd-5th grade

Christian Ed

Nursery Care

Wednesday: 12:15 pm, Eucharist and Healing Service

Rector

The Rev. Dr. Rich Bardusch

Interim Director of Music

Mr. Roger Long

rogerl@saint-timothys.org

703.437.3790 x.16

Bookkeeper

Ms. Fernanda Marinkovic

bookkeeper@saint-timothys.org

703.437.3790 x.13

Welcome New Members

Please be aware that there are MANY active congregants who have been attending and donating to St. Timothy's for many years that are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's.

Non-registered congregants can participate in all aspects of church worship with the exception of serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded the more delegates we can send to the conventions, giving us a stronger vote in Diocese matters.

If we don't have an email address for you and your family, or if your email has changed, update your information at www.saint-timothys.org or send the information to office@saint-timothys.org.

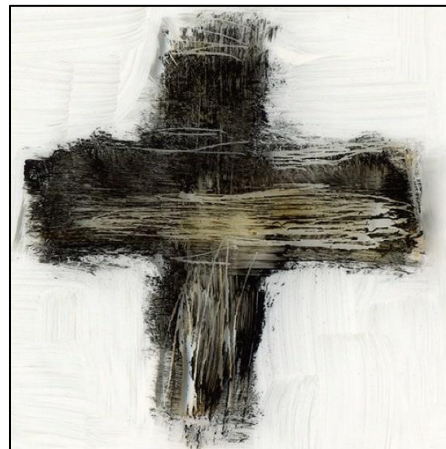
To transfer your membership to St. Tim's or to find out if you are a registered member, contact Nikki O'Malley (nikki.omalley@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

Submission Deadline for the next issue:

Wednesday, March 28, 2018

Submit to Ian Smith at

ids227@gmail.com





St. Timothy's Episcopal Church parishioners work hard to feed hungry mouths on Shrove Tuesday, also known as Pancake Day, a fun pre-Lent Episcopal tradition!