

### St. Timothy's Episcopal Church Newsletter • Herndon, VA

### From the Rector: Lost in the Crowd

#### by the Rev. Brad Rundlett

Back in the old days, when I was a young boy, the only place open on Sunday was the church; every business closed for the day. And if your neighbors didn't see you in church someone would be knocking on your door later that same day to see why you didn't show up to thank God for all your blessings. There weren't many excuses that would get you off the hook.

Goodness gracious how things have changed! Sunday is now as busy as any other day of the week. All stores are open. There are lots of sporting events on Sundays. Household chores have to get done, and it is the only day of rest we workaholics have. God took a day off; is it my fault The Almighty and I chose the same day?

Going to church is now one option among many options, and the more we excuse ourselves the less important we imagine church actually is. If we opt out our children will grow up believing worship and Sunday school are an antiquated waste of time. And faith and a faith community will occupy a continually shrinking presence in our lives.

Yes the pews are hard. Yes we all have other important things to do. Yes the church is always asking for more money and more Sunday school teachers (etc.), and the sermons do interrupt everyone's nap time.

But the benefits of spending time with God in church are inestimable!

It is ironic that Church is one of the easiest things to drop from a busy schedule; yet, it is essential for our spiritual health. We don't often realize how important it is until damage is done. There are a lot of important and good activities to chose from; I urge you to make attending church a priority. +

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## Youth mission trip: Eucharist in Action

#### by Bob Henry

Once again this year, the Saint Timothy's Youth Group participated in the service mission trip to Dungannon, Virginia. This year, the educational theme of the trip, July 26-August 1, revolved around the four essential actions of Eucharist: Take, Bless, Break, Give.

This year marked the 27th year our region of the Diocese, Region V, has taken youth on this trip to the poorest county in Virginia. The group consisted of 54 student and adult participants from 5 Region V churches, with a cumulative total of 128 years of Dungannon mission experience! Saint Timothy's sent 18 people; Mike Colie was the most experienced member, with 12 previous years of Dungannon mission experience.



## Food Drive & LINK Changes

#### by Shon Buery

Many changes have come to LINK in the past few years. This summer we bid farewell to St. Timothy's longtime LINK rep, Rob Duchesneau, who retired and relocated to Arizona. Rob served for more than 22 years on the LINK board. We appreciate his commitment and service and wish him the best.

In addition to creating a LINK website and Facebook page, LINK has established new partnerships with many area busifrom area elementary schools. Students who don't eat all the food provided with their school lunch are encouraged to donate the food to the LINK refrigerator where it is picked up weekly by volunteers. This program, which expanded into Loudoun County this year, yields dozens of gallons of milk each week.

Recently, LINK established a monthly mobile food pantry that distributes food to anyone who visits. Partnering with the Capital Area Food Bank, LINK

Last year the congregation donated over 800 lbs. of food during this event. Let's make it 1,000 lbs. this year!

nesses and community groups. Scout troops and other student-based groups regularly collect food and volunteer at the LINK pantry. In February an Eagle Scout candidate from St. Tim's, Keenan Peck collected over 2,400 lbs. of food from donors at area grocery stores. Keenan, his father Gerritt, and Rob Duchesneau delivered the donations to the LINK pantry. As an all-volunteer organization, LINK depends on the many volunteers who provide support.

LINK continues to deliver a week's worth of groceries to clients in Herndon, Sterling and Ashburn five days a week, 52 weeks a year. That's a great deal of food and many, many donors and volunteers are required to serve this need.

In the past two years, LINK has begun collecting surplus food such as milk, yogurt and fruit buys food with donated money and distributes the food on the second Tuesday of each month. The mobile pantry offers a variety of fresh vegetables and baked goods.

Throughout September, St. Timothy's is collecting nonperishable food for LINK. On Sunday, September 28, a Stuffa-Truck event will be held in the parking lot during all three services. Needed items include: peanut butter, jelly, spaghetti, pasta sauce, canned meat/tuna, cereal, rice, kidney /black beans and chili. Bring donations to the grocery cart in Henry Hall, or drop them off at the LINK collection truck on the 28th. For more details about LINK and to learn how you might volunteer or donate, please see the website, www.linkagainsthunger.org or contact shonbeury@aol.com. Thank you for putting your faith to work! +

# Cornerstones Walk to Help the Homeless

#### by Jill Norcross

Please join all of Cornerstones' faith community partners as we walk to Help the Homeless on October 19, 2014 at 12:30 p.m. beginning at the Embry Rucker Shelter.

More than 1,200 people are homeless on any given night in Fairfax County. Almost one-third of those are children. Every night children and adults sleep in 70 beds at the Embry Rucker Community Shelter. The funds raised through the walks in previous years have been a major source of financial resources for Cornerstones. Additionally, this annual event—with participation by the Cornerstones staff, board members, and the members of our supporting religious organizations (SROs) like you—is a key event to raise awareness of homelessness in our midst. Help the Homeless Walk has become a tradition in our community, and we want to keep it going until people in Fairfax County no longer need to live on the streets and in the woods.

I am very proud that St. Timothy's has always supported this event. I am asking you to walk on behalf of our neighbors in need of a place to live. Your participation will not only raise critical funds, but also let others know that there is a need. Unfortunately the Fannie Mae Foundation has ended their institutional support of this event, so we will do what we can to close the gap.

We will start from the Embry Rucker Shelter and walk to St. Anne's Episcopal Church on Wainwright. This route will take us through Reston Town Center and is less than 3 miles round trip. At the church, we will have refreshments and a rest before we head back to the shelter.

Please save the date and plan to be there. Registration is open online at www.cornerstonesva.org/events\_list/hth/. We will also need volunteers to help us on that day. As always, you can call or email me with any questions at 703-587-4098 or jillnorcross@verizon.net. +

## Pipe Organ Renovation

Did you know? Renovation of our 1870 Tracker pipe organ would mean we would have a "new" instrument!

When reputable pipe organ builders and restorers refer to renovating a pipe organ they are indicating that the manual chests and other parts will be releathered, new wooden trackers with threaded wires/hand adjustable nuts will be installed, and old worn gaskets replaced. Those 1870 Tracker parts that are viable and appropriate will be kept. Essentially, the insides of the organ are restored to its original quality. Mr. J. Allen Farmer, a noted North Carolina restorer, recently stated about our J.D. Moore organ, "It's really amazing that with all of its leaks, bad repairs and worn parts it produces sounds that are full, rich, warm and inviting to the listener. Is this organ worth preserving? Can it become a viable and reliable church organ? In my opinion, most definitely, yes." Mr. Eliot Freese, a maintainer and restorer of organs, wrote the following after playing and inspecting the organ, "The history of the organ is very like that of the transformation of a human being; for surely we all possess a marvelous inner life that requires images of the divine to be recalled, and to come into the world for service through service. As we begin this discussion of the restoration of your instrument, let us observe at least seven ways in which the organ in your sanctuary is a manifestation of the spiritual life: authenticity, continuity, inspiration, humanity, universality, longevity, and organic." +

### Choir Retreat

Thursday, September 4, 2014 7:00 pm -9:00 pm Henry Hall

Join us for food, fellowship, and of course, music, at our Choir Retreat! All past, present and future choir members, and interested newcomers, please join us at the choir retreat as we learn new music for the upcoming fall and begin our first rehearsal. For more information, please email Filippa Duke at filippad@saint-timothys.org. +

## Kick off Fall with Music Ministry

#### by Filippa Duke

I love the fall, with the excitement of its new beginnings of school and the program year at St. Timothy's. There's something about starting a new routine that gives energy and purpose to all of your

other daily tasks and drudgeries. This fall, I'd like to invite each one of you to consider participating in one of the ministries at St. Timothy's. We have places available for each of you, whether it be ringing bells, playing an instrument or singing in a variety of choirs.

We have several fun, food-filled events to get everyone excited and ready for the new year. Our Adult Choir will be starting with a fun-filled Choir Retreat on Thursday, September 4. And for all other groups, we're kicking off the fall with a Welcome Back Cook-out on Saturday, September 13th at the home of John and Susy Nixon. All

#### Children's Choir I

Grades 1-2

Monday: 5:00 pm -5:45 pm

#### Children's Choir II

Grades 3-6

Monday: 6:00 pm -6:45 pm

#### Handbell Choir

Grade 7- Adult

Wednesday: 7:00-8:30

#### St. Timothy's Choir

Grade 7-Adult

Thursday: 7:00 pm -8:30 pm

To register or ask questions, please email Filippa Duke at filippad@saint-timothys.org

members and families of those in ANY of the music ministries are invited- it's a great time to have fun and fellowship.

As you organize your schedules, mark your calendars and develop your back-to-school routine, mark us in! And, as always, please call or email me with questions- I'd love to hear from YOU! +

## **Music Ministry Cookout**

Thursday, September 13, 2014 6:00 pm The Nixons House

We're kicking off the Fall with a Welcome Back Cookout at the home of John and Susy Nixon (12712 Builders Road, Herndon). All members and families of those in ANY of the music ministries, including handbells, children's and adult choir are invited. Please bring an item to grill and a dish to share. Email Filippa Duke at filippad@saint-timoths.org to RSVP.

## Fall Sunday School Changes

#### **by Christine Hoyle**

Earlier this summer I put together a committee whose task it was to call all parents and youth about the J2A and Rite 13 programs, elicit your opinions on the programs and ask what they were looking for from Christian Education. During the 2013/2014 school year the J2A class averaged 3 youth per class, having to cancel once due to lack of students. The Rite 13 class averaged 3 per class as well and had to cancel 6 times due to lack of students, meaning either one or no students came to class. A class cannot be held with only one student and one leader. The committee worked for several months calling parents and youth, reviewing the data and coming up with some new ideas for the 2014/2015 school year.

Parents and youth said they liked the idea of the J2A/Rite 13 program, but they just couldn't commit to coming to class weekly. The youth said there was no consistency on who (other youth) would be there from week to week, so they got discouraged and didn't want to go to class. Others commented that they felt if they missed a week they might not be able to catch up the following week, so they choose not to go to class the following week. Lastly, several parents and youth said they felt torn about going to class or going to service and they didn't like that they had to choose between the two.

Because the J2A/Rite 13 program is discussion based, it was difficult to continue the program with an average of only 3 youth in each class. We agreed to put the J2A/Rite 13 program on the "back burner" and try something new for this upcoming year. We will continue to have two different classes - one for grades 6-8 and one for grades 9-12, but we are going to lay the classes out differently. We are also going to have three leaders for each group who will alternate teaching and attending class. For example, for week 1 there will be a "main" lead teacher, one leader who will be the assistant and then the third person will be off. The second week the assistant will be the "main" lead, the person who was off the previous week will be the assistant and the person who had been the "main" lead the week before will be off. We believe this will allow the youth and leaders to have "bonding" time and will help our leaders be able to fit teaching into their busy schedules.

The classes will look like this:

Week 1 – Bible class (2 teachers present)

Week 2 - speaker or service project. This will most likely be combined 6th-12th graders and the leaders (2) will just be present or may help with the service project.

Week 3 – Grades 6-8: Bible class (2 teachers present), Grades 9-12: the group will go to service together, sit as a group and then go out to brunch.

Week 4 - Youth Group Meeting - I will lead this and no leaders need to be there.

Class time will be 9:30 a.m. and will be 45 minutes long so the youth can go to the service for the Peace and Eucharist (with the exception of week 3 for grades 9-12).

On weeks where youth have a Bible class it will be a program called "re:form". Re:form is a fun youth program with discussions and projects. We heard from several youth that they wanted more fun in the Christian Education program since they had to be serious all week during school, so we hope that the new re:form program, along with the new weekly Christian Education format, are engaging and enjoyable. The committee also agreed that food should be involved! St. Timothy's will provide snacks for the first month of September and then youth and parents will sign up for a snack date after that.

The month of September will be a little different: Our first day of class will be September 14. Each class will meet their leaders and have a "get to know you" meeting. The second week, September 21st, we will have our first car wash of the year, so we will not have classes. Youth and parents are encouraged to help with the car wash. Money raised will go towards the Pilgrimage fund. On September 27 we will have our first Youth Group meeting in the upper room.

A full calendar will be provided once the leaders set up their final agenda. Parents, please let me know if you are interested in helping! Youth, if there are people you would like to see as your leaders, please let me know and I can contact them!

If you have any questions or comments, please do not hesitate to send me an email: christineh@saint-timothys.org

#### Dungannon: continued from page 1

The group gathered at Saint Timothy's Friday night to load tools and gear and gather in the sanctuary for an evening service. They broke bread together and asked for God's blessing for safety and strength during the week ahead. The mission participants reassembled at Saint Timothy's and divided up into the chaperone vehicles to depart Saint Timothy's just after 7 Saturday morning.

The next six days were focused on the mission work, working on projects that had been assembled, blessed and divided up among various work teams. Experiences and fellowship were shared through contact with the Scott Count residents and within the mission trip participants. Youth experienced giving a helping hand to the community and to each other: decks were built; roofs

revitalized; structures painted or repainted; plumbing restored; milkshakes consumed; birthdays and project completions celebrated; lessons learned; and lives transformed through action.

The Mission Trip to Dungannon is more than an opportunity for our youth to spend a week doing meaningful work with their friends. It's a mission of gathering together for fun, fellowship, discovery, and growth in an environment that enables active appreciation and reflection. While much is given in time and effort, what the participants receive is unquantifiable. +



## **Backpack Drive Success**

#### by Jill Norcross

Thank you members of St. Timothy's for donating 43 backpacks to Cornerstones. Thanks to your generosity, a record number of backpacks were received for this year's Back-to-School Drive as nearly 3,000 back packs were donated to local students in need at 17 schools. Thank you for supporting Cornerstones and our children.







### St. Timothy's Episcopal Church

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The Word is published monthly and emailed to members and friends on the first weekday of each month. It also appears on the website (www.saint-timothys.org). If you wish to receive a copy by mail, please notify the church office (office@saint-timothys.org). Copies of The Word are also available in the office.

# Submission deadline for the next issue: Friday, September 26, 2014

Questions, articles, or ideas, and comments for The Word are always welcome. Send materials via email to wordeditor@sainttimothys.org and put "The Word" in the subject line. Photos are also welcome; please identify key people in photos. Articles or letters may be edited.

### Welcome, New Registered Members!

We welcome the following people who have been officially recorded as members during the past month:

Peter R. Gleason Stephanie Eskins-Gleason

We have *many* active congregants who have been attending and donating to St. Timothy's for many years who are not registered members. Our goal is to aid the transfer of all congregants interested in being registered members of St. Timothy's. Non-registered members can participate in all aspects of church worship except serving on the Vestry and participating in elections. However, the more registered members St. Timothy's has recorded the more delegates we can send to the conventions (thus giving us a stronger vote in Diocese matters). To transfer your membership to St. Tim's, or to find out if you are a registered member, contact Nikki O'Malley (nikki.omalley@gmail.com) or fill out the Parishioner Information Form: www.saint-timothys.org/uploads/docs/info-form.pdf

### 2014 Vestry

Rick Wilson, Treasurer 703-435-1925 rwilson20@verizon.net

Rose Berberich, Registrar 703-471-4988 rberberich@cox.net

Terms expire Jan. 2015

Carolyn Hamm, Sr. Warden 703-435-0438 carolynhamm@verizon.net

Keith Pinkard, Open Arms 703-758-2583 mapnbuild@verizon.net

Marty Brady, Finance 703-709-6614 mbrady@brooksideinc.com

Jeanne Bennett, Worship/Music 703-442-8542 bennettj@sec.gov

Terms expire 2016

Keith Sinclair, Buildings and Grounds 703-437-4713 ksinclair@msn.com Courtney King, Personnel 615-339-8929 courtneyking 78@comcast.net

Ugo Nwachukwu, Jr. Warden 301-572-9001 ugopeters@yahoo.com

Nikki O'Malley, VoCoSuM 703-481-0729 nikki.omalley@gmail.com

Terms expire 2016

Larry Grantham, Service 703-450-4941 granthamlb@aol.com

Robert Henry, Communications 571-235-9466 rsh27892@gmail.com

**Stephanie Kenis, Stewardship** 703-850-8104 stephanie.kenis@verizon.net

**Bob Kimmel, Christian Ed** & Youth 703-437-3157 rkimmel818@verizon.net

### **Church Information**

Rector
The Rev. Brad Rundlett
703-437-3790 X11
bradr@saint-timothys.org

Associate Rector
The Rev. Leslie Chadwick
703-437-3790 X12
lesliec@saint-timothys.org

Director of Children and Youth Ministries Mrs. Christine Hoyle 703-437-3790 x17 christineh@saint-timothys.org

Music Director & Organist
Ms. Filippa M. Duke
703-437-3790 x16
filippad@saint-timothys.org

Parish Administrator
Mr. Kevin Hamilton
703-437-3790
kevinh@saint-timothys.org

Office Hours
M-Th, 9 a.m. – 6 p.m.
Fri, 9 a.m. – 1 p.m.
For appointments, please call
703-437-3790

Service Times

Sundays 8:00 a.m. Eucharist, Rite I

9:30 & 11 a.m. Eucharist, Rite II Godly Play, ages 3-8 SPARK+, 3-6th grades Nursery Care

9:45 am Journey to Adulthood Rite 13, 7-12th grades

4:00 pm Misa en Espanol

Wednesday 12:15 P.M. Eucharist and Healing Service

Saturday 7:00 P.M. Oracion y Alabanza